

Docket ID: ED-2017-OS-0074

The "Dear Colleague Letter and Resource Guide on ADHD"

[https:// www2.ed.gov/about/offices/list/ocr/letters/colleague-201607-504-adhd.pdf](https://www2.ed.gov/about/offices/list/ocr/letters/colleague-201607-504-adhd.pdf)

I am a 25-year-old, who was diagnosed with ADHD at a young age. My family did not know about the help that was available until I was done with lower education. These accommodations are a huge benefit that I have seen in my younger siblings and from my wife's work in special education.

Please do not make it more difficult for students to get help. I have avoided getting help in College because of the difficulty of meeting with my doctors, psychiatrist, going through the school's evaluation, then meeting with a school doctor, a school psychiatrist, etc. all while I am working full time and taking 18 credit hours. It is near impossible for me to get those appointments in a timely manner and take time off work to do so.

It already is difficult especially for those suffering from ADHD who have poor time management because of it. Don't make it more difficult.