

ADHD really is a big setback for children and adults who have this condition alike. I myself am only thirteen but, growing up to where I am now, isn't easy. I never got the right support that I needed, everybody thought I was mental, teachers didn't bother since I was 'mental'. This may seem quite ambiguous, and, rightly so. I am a vague character. ADHD has shaped my identity in ways people without ADHD or ADD will achieve nor will it happen to them. So please, even though I am young, a teenager, please help others with ADHD and ADD. They need you. They can make a HUGE difference, only if you let them, only if you give them the right support, only if you give them the chance and opportunity.

Thank you for considering.