

Docket ID: ED-2017-OS-0074

The "Dear Colleague Letter and Resource Guide on ADHD"

<https://www2.ed.gov/.../ocr/let.../colleague-201607-504-adhd.pdf>

As an older student ADHD, it is very important to me that younger students receive the help they need. The "Dear Colleague Letter and Resource Guide on ADHD" has proven to be a very effective and informative resource in educating parents and teachers about the effects of ADHD on young students.

Throughout my younger years, I received no treatment for my condition and my well-being suffered as a result. I grew up thinking I was lazy and stupid, that I would never be able to connect with my peers. I had no idea that my ADHD was crippling my ability to study, do homework, pay attention, and even socialize. I think if I had begun treatment much sooner, my life in primary school would have been far easier.

Please bear preserving the distribution of this resource in mind going forward. Thank you.