Chapter 13: Modelling count data using the Poisson distribution

STATS 201/8

University of Auckland

Learning Outcomes

In this chapter you will learn about:

- The nature of count data
- Example modelling the number of R packages
- The Poisson Distribution
- The generalized linear model (GLM)
- GLM re-analysis of the example
- The quasi-Poisson correction
- Interpretting the fitted GLM
- Relevant R-code.

Section 13.1 The nature of count data

The nature of count data

In many studies the **response** variable will be a count.

A count variable is one where the measurement is the count of the number of times some event occurs. Obviously, it can only take values that belong to the non-negative integers $\{0,1,2,3...\}$.

In statistical parlance, a count variable is an example of a discrete variable, since the values it can take are discretely separated.

(In contrast, a variable with a Normal Distribution is an example of a continuous variable, since if can take any value on a continuum.)

The nature of count data...

In this course we shall encounter three types of count data:

- 1. Counts of the number of "events" occurring, where ideally, the events occur independently of one another and with no specific upper limit on the maximum number.
- 2. Counts of the number of "successes" from a fixed number of trials. E.g., the number of Heads from tossing a coin 10 times. In this case, the response variable y is the proportion of successes (see Chapter 15).
- 3. Counts of the number of items in a category. E.g., The count of A, B, and C grades in the course.

In this Chapter we focus on the first of the above types. Some examples are given below.

¹Here, "successes" is used generically. E.g., It could be the number of females in a class of 146.

The nature of count data...

Some examples of counting the number of events occurring

- The success of a marketing campaign can be assessed by analysing the change in number of purchases.
- In epidemiology, the spread of an infectious disease can be modelled by observing the number of those infected each day.
- In operations research, a business can run more efficiently by being able to predict the number of customer interactions in a day, and hence the number of staff required.
- In ecology, the success of habitat restoration can be assessed by gathering counts of the number of animals before and after the restoration.
- The efficacy of fluoridation can be assessed by counting the number of tooth cavities in the mouths of subjects.

Question: For which of the above scenarios would it be reasonable to assume that the events being counted are occurring independently?

Analysis of count data

Why do we care?

In some situations linear regression can be successfully used to analyse count data. In fact, you may have already seen this done in this course. However, these are special cases.²

Linear regression is not generally applicable to count data. This is demonstrated in the example below.

²We will soon see an example where an inappropriate application of a linear regression model to count data was responsible for the most expensive human mistake in history (up to that point in time).

Section 13.2 Example: Number of R packages submitted to the Comprehensive R Archive Network (CRAN)

In the following example we will model a count variable (number of R packages submitted to the CRAN over the years) using what we know to date: the *linear model* via the function lm.

We will contrast this to a more general and more appropriate way of modelling counts: the generalized linear model (GLM) via the function glm.

Along the way you will be introduced to a new distribution, the Poisson distribution

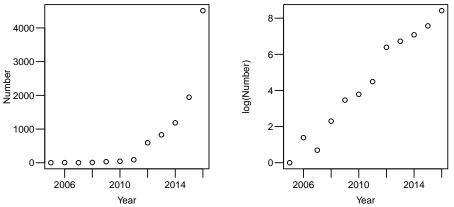
As \mathbb{R} is an open-source programming environment, people are encouraged to submit software packages used in their research for others to access via the CRAN³, which was created in 2005. We would like to understand the nature of its growth. With this in mind, the number of new packages submitted in each year, from 2005 to 2016, has been recorded:

```
> CRAN.df = read.table("Data/CRAN.txt", header=T)
> CRAN.df
   Year Number
  2005
  2006
  2007
  2008
         10
  2009
            32
  2010
          44
  2011
           89
  2012
           594
  2013
           830
10 2014
          1185
11 2015
          1944
12 2016
          4512
```

³You probably downloaded your R installation from the CRAN.

Plotting the data

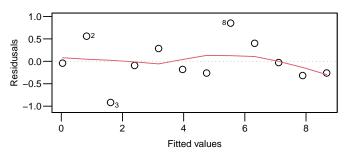
```
> ## One-by-two figure layout
> par(mfrow=c(1,2))
> ## Scatter plot using raw y
> plot(Number ~ Year, data = CRAN.df)
> ## Scatter plot using log y
> plot(log(Number) ~ Year, data = CRAN.df)
```



Analysis via 1m

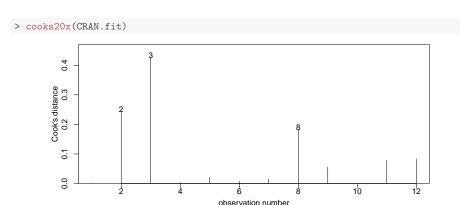
The relationship between year and number of submissions looks reasonably linear on the log scale, so we'll fit a linear model to $\log(Y)$.

```
> CRAN.fit = lm(log(Number) ~ Year, data = CRAN.df)
> plot(CRAN.fit,which=1)
```



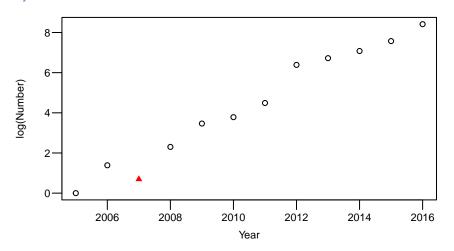
No concerns.

Analysis via 1m



The Cook's distance for observation 3 exceeds our threshold of 0.4. However, with only 12 observations this is perhaps not of great concern.

Analysis via 1m...



Indeed, the third observation in red does not seem to be influential in the exploratory plots. So, we will keep it in the model.

Analysis via 1m...

Analysis via 1m...

Back-transform to get the multiplicative effect of year.

```
> ## Estimated annual multiplier
> exp(CRAN.fit$coef["Year"])
   Year
2.192237
> ## Confidence interval
> exp(confint(CRAN.fit))
             2.5 % 97.5 %
(Intercept) 0.00000 0.00000
Year
        2.00081 2.40198
```

So, the Executive Summary would have said that the median annual number of submissions to CRAN multiplies by between 2.00 to 2.40 times each year. In other words, it increases by between 100% and 140% per annum.

Analysis via 1m...

We will use this model to estimate the median of the distribution of the number of submissions in 2017.

```
> predCRAN.df = data.frame(Year = 2017)
> pred2017 = predict(CRAN.fit, predCRAN.df, interval = "confidence")
>
> ## Prediction on the log scale
> pred2017
     fit. lwr
                      upr
1 9.45978 8.78731 10.13225
> ## Back-transform for the median of the number of submissions in 2017
> exp(pred2017)
      fit
               lwr
                        upr
1 12833.05 6550.586 25140.85
```

So, the Executive Summary would have said that the median of the number of submissions to CRAN in 2017 is between 6550 and 25100.

Comments on the analysis via lm...

There is a well known saying:

"If you only have a hammer, you tend to see every problem as a nail." — Abraham Maslow [Replace "hammer" with "linear model", and "a nail" with "normally distributed"]

We were able to do an analysis with lm (our hammer) by working with the logged data (our normally distributed nails). But, was this really a sensible way to analyse the CRAN data?

Before we answer this question, we'll look at a different methodology that is tailored for the analysis of count data. The first thing we need is a more appropriate type of distribution to replace the normal distribution. One that is tailored for describing the distribution of count data.

Section 13.3 The Poisson Distribution

Statisticians often use the Poisson distribution to describe the behaviour of counts of events that occur randomly in space or time, such as:

- The number of alcohol related arrivals at a hospital.
- The number of dolphins in a pod.
- The number of pods of dolphins sighted during an aerial survey.
- The annual number of road fatalities.
- The annual number of fatal road accidents.

The Poisson is a distribution that takes values on the non-negative integers $\{0,1,2,3,...\}$ and it has no upper limit.

The Poisson distribution is specified by a single parameter, its mean (i.e., expected value). We will write, $Pois(\mu)$ to denote a Poisson distribution with mean of μ .

The probability that the non-negative integer value y will be observed if generated by a Pois(μ) distribution is given by the following formula:

$$\Pr(y) = \frac{\exp(-\mu)\mu^y}{y!} .$$

where $y! = \text{factorial}(y) = 1 \times 2 \times ... \times (y-1) \times y$ (and 0! = 1).

For y = 12 and $\mu = 9.61$, this could be calculated in R using the code

```
> y=12; mu=9.61
> (exp(-mu)*mu^y)/factorial(y)
Γ1] 0.08685078
```

In R, the in-built function dpois(y, μ) calculates these Poisson probabilities. E.g., the probability that y = 12 will be observed from a Pois(9.61) distribution is

```
> dpois(12,9.61)
[1] 0.08685078
```

You can also generate random Poisson values. E.g., here are 20 random values from a Pois(10) distribution,

```
> rpois(20,10)
            11 11 9 15 8 11 12 10 9 16 9 6 8 16 12 7 15
```

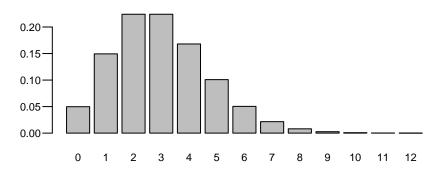
An example

Suppose that a hospital *expects* to handle 3 victims of alcohol related mis-adventure on a Friday night.

Assuming that the *actual* number on any given Friday night can be described by a Poisson distribution with a mean of 3 (Pois(3)), what does the distribution of the number of alchohol victims look like?

An example...

```
> barplot(dpois(0:12,3),names=0:12)
```

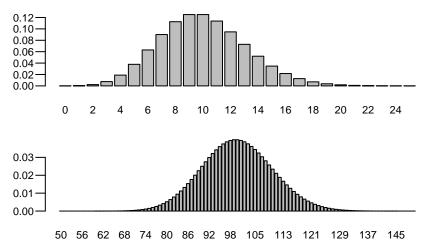


The probabilities for the number of victims from 0 to 20 are:

```
> round(dpois(0:20,3),6)
    0.049787 0.149361 0.224042 0.224042 0.168031 0.100819 0.050409 0.021604
    0.008102 0.002701 0.000810 0.000221 0.000055 0.000013 0.000003 0.000001
[17] 0.000000 0.000000 0.000000 0.000000
```

More Poisson distributions

> par(mfrow=c(2,1)) ## Two-by-One figure layout
> barplot(dpois(0:25,10),names=0:25) ## Pois(10)
> barplot(dpois(50:150,100),names=50:150,las=1) ## Pois(100)



Properties of the Poisson distribution

• Variability increases with the mean μ . In fact, the variance of a $Pois(\mu)$ is also μ . That is, if Y is $Pois(\mu)$ distributed then

$$\mathsf{Var}(Y) = \mathsf{E}(Y) = \mu$$

• The Poisson distribution is right-skewed for small values of μ , but looks very much like a (discretised) normal distribution for large μ .

Properties of the Poisson distribution...

The Poisson distribution is a good distribution to describe count data provided that the events being counted are independent.

- The number of alcohol related arrivals at a hospital could be described by a Poisson distribution provided that the arrivals occur independently...does this seem reasonable to you???
- What about the number of dolphins in a pod?
- What about the number of pods of dolphins sighted during an aerial survev?
- What about annual number of road fatalities?
- What about annual number of fatal road accidents?
- Would it be sensible for an insurance company to assume that the number of earthquake damage claims was Poisson distributed?

Section 13.4 The generalized linear model (GLM)

The generalized linear model

Count data are not normally distributed, so we need to use a model that replaces the normality assumption with something more reasonable, such as assuming the data are Poisson distributed.

We will use a class of models called generalized linear models. They generalize the standard linear model (for normal data) by making it applicable to other types of data.

The linear model of Chaps 1-12 is a special case of a GLM.

The Poisson regression GLM for the CRAN data

We will redo this analysis using a GLM. That is, the model will now assume that the number of packages in a given year is a Poisson random variable:

$$Y \sim \mathsf{Poisson}(\mu)$$

where the Poisson parameter $(\mu = E[Y])$ changes with respect to an x variable as follows:

$$\mu = \exp(\beta_0 + \beta_1 x).$$

Here, x is year and Y is the number of CRAN submissions in that year.

Since β_0 and β_1 can be negative or positive then so can $\beta_0 + \beta_1 x$, but $\mu = \exp(\beta_0 + \beta_1 x) > 0$, as required.

The relationship $\mu = \exp(\beta_0 + \beta_1 x)$ can equivalently be expressed as

$$\log(\mu) = \log E[Y|x] = \beta_0 + \beta_1 x$$

and so sometimes people call this log-linear modelling.

Fitting a generalized linear model in R glm function

Fitting a generalized linear model is the easy part. We simply use the glm function instead of lm, and instruct glm that the response variable is Poisson distributed by giving it the family = poisson argument.

NOTE: Although only a simple change to the R code is required, the methodology "under the hood" is very different. It is no longer based on sums of squares, and instead uses a technique called maximum likelihood.

Maximum likelihood is the most widely used tool in statistical estimation. Linear regression (of normally distributed data) is a special case of maximum likelihood.

For more on maximum likelihood, see STATS 310, 330 and 730.

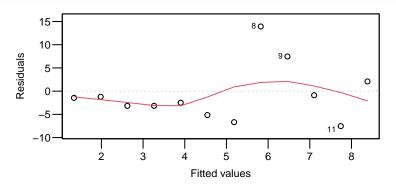
Analysis via glm

```
> CRAN.gfit = glm(Number ~ Year, family = poisson, data = CRAN.df)
> summary(CRAN.gfit)
Call:
glm(formula = Number ~ Year, family = poisson, data = CRAN.df)
Coefficients:
             Estimate Std. Error z value Pr(>|z|)
(Intercept) -1.282e+03 1.384e+01 -92.64 <2e-16 ***
Year 6.401e-01 6.868e-03 93.20 <2e-16 ***
(Dispersion parameter for poisson family taken to be 1)
   Null deviance: 19374.51 on 11 degrees of freedom
Residual deviance: 402.61 on 10 degrees of freedom
```

Assumption checks

First, check the residuals to see if they look random.

```
> plot(CRAN.gfit, which = 1)
```



Hmmm, a strange pattern, though no clear systematic trend in the residuals.

Assumption checks

It is not as easy to check the assumptions of a GLM compared to a linear model.

In the plot of residuals vs fitted values:

- The fitted values on the x-axis are values of the so-called "linear predictor". That is, they are the fitted values $\hat{\beta}_0 + \hat{\beta}_1 x$.
- The residuals on the y-axis are not standard residuals. They are "standardized residuals" and should be approximately normally distributed with mean of 0 and variance of 1 if the Poisson assumption is satisfied and $\mu > 5$ – see STATS 330 for more information. Clearly, the Poisson assumption is not valid here. We shall see a cure for this below.

STATS 330 covers checking of GLMs in greater detail. In particular, it demonstrates the use of simulations to show us when a model is violating assumptions.

Assumption checks...

There is another **very important check** that is essential:

 Checking the Poisson assumption that the variances of the counts are equal to their means.

If the model is correct, then the residual deviance (printed near the bottom of the summary output) is approximately distributed as chi-squared χ_q^2 where q is the degrees of freedom. 5

If the residual deviance is unreasonably large then we have evidence that the model is not valid.

In this example, the residual deviance is 402.61, with 10 df. The P-value is

```
> 1 - pchisq(402.61,10)
[1] 0
```

If this P-value is small then we conclude that our model is not adequate. That is clearly the case with the CRAN data.

⁴Subject to μ not being too small for most observations.

 $^{{}^5\}emph{q}$ is the number of observations minus the number of parameters estimated.

quasi-Poisson correction

The residual deviance check rejected the Poisson GLM fitted to the CRAN data.

Fortunately there is a very simple fix.

If the model is found to be inadequate, there are two possible reasons:

- We do not have the right explanatory terms in the model.
- The Poisson assumption is wrong.

If the residual plot looks OK, then we can rule out the first possibility. In this example, it looks like we have a problem with the Poisson assumption.

The fix is very simple – we just replace family = poisson with family = quasipoisson.6

⁶Those of you who go on to do more advanced STATS courses will encounter advanced methods to handle count data that do not satisfy the Poisson assumption.

quasi-Poisson correction. . .

The family = quasipoisson specification is saying that the data have different variance than if they were Poisson distributed.

Recall, if Y is Poisson then Var(Y) = E(Y). If Y is quasi-Poisson then we assume

$$Var(Y) \propto E(Y)$$
, or $Var(Y) = k E(Y)$

When the data have more variance than we would expect under a Poisson assumption, the consequence of using family = quasipoisson is that the standard errors of the estimated coefficients are increased, compared to using family = poisson.

Without quasi-Poisson correction

Recall:

```
> CRAN.gfit= glm(Number~Year,family=poisson,data=CRAN.df)
> summary(CRAN.gfit)
Call:
glm(formula = Number ~ Year, family = poisson, data = CRAN.df)
Coefficients:
             Estimate Std. Error z value Pr(>|z|)
(Intercept) -1.282e+03 1.384e+01 -92.64 <2e-16 ***
Year 6.401e-01 6.868e-03 93.20 <2e-16 ***
(Dispersion parameter for poisson family taken to be 1)
   Null deviance: 19374.51 on 11 degrees of freedom
Residual deviance: 402.61 on 10 degrees of freedom
```

With quasi-Poisson correction

Compare with:

```
> CRAN.quasigfit = glm(Number ~ Year, family = quasipoisson, data = CRAN.df)
> summary(CRAN.quasigfit)
Call:
glm(formula = Number ~ Year, family = quasipoisson, data = CRAN.df)
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) -1.282e+03 8.889e+01 -14.42 5.09e-08 ***
Year
         6.401e-01 4.411e-02 14.51 4.81e-08 ***
(Dispersion parameter for quasipoisson family taken to be 41.25925)
   Null deviance: 19374.51 on 11 degrees of freedom
Residual deviance: 402.61 on 10 degrees of freedom
```

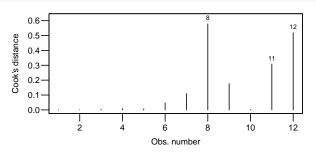
The estimated coefficients are not changed. But, the z-values⁷ in the summary output will decrease in magnitude, and the *P*-value will increase.

⁷In the quasi-Poisson output the z-values are renamed t-values due to it using an estimated variance

Influence

Let's check the influence of the observations.

> plot(CRAN.quasigfit, which = 4)



We see that Observations 8 and 12 exceed our 0.4 threshold. However, this has to be interpretted with caution. Unlike the normal linear regression, in a Poisson regression the observations with higher values of μ are expected to have higher influence than those with lower values of μ .

Section 13.5 Interpretting the GLM output

Inference

Let's look at the estimated rate of annual increase in submissions of R packages to the CRAN.

Recall that our model for the expected number of submissions to the CRAN is

$$\mu = \exp(\beta_0 + \beta_1 \times Year) = \exp(\beta_0) \times \exp(\beta_1)^{Year}$$

so we need to exponentiate our estimate and its confidence interval.

The annual multiplicative effect on μ is $\exp(\beta_1)$, and our estimated value of this effect is $\exp(\hat{\beta}_1)$:

```
> ## The estimated annual multiplier
> exp(CRAN.quasigfit$coef["Year"])
    Year
1.896614
```

Confidence intervals for effects

We can still use the function confint() to get confidence intervals for the parameters.

```
> exp(confint(CRAN.quasigfit))
Waiting for profiling to be done...
              2.5 % 97.5 %
(Intercept) 0.000000 0.000000
       1.745819 2.075781
Year
```

Sometimes you might see confint.default() used instead.

```
> exp(confint.default(CRAN.quasigfit))
               2.5 % 97.5 %
(Intercept) 0.000000 0.000000
          1.739517 2.067898
Year
```

They are doing slightly different things, based on two different approximations. In most cases they give very similar results.

It is generally best to use confint() rather than confint.default(). See STATS 730 for the reason why.

Confidence intervals for effects

So, our Executive Summary would say that the expected annual number of submissions to CRAN multiplies by between 1.75 and 2.08 times each year. That is, it increases by between 75% and 108% per year.

This compares to a median multiplier of between 2.00 and 2.40 times each year from the naive lm fit to log(v).

Note that the GLM model is making statements about the **mean** rather than the **median**. This is because the GLM does not transform y.

Confidence interval for expected number of submissions

And finally, we will use the quasi-Poisson model to estimate the expected number of submissions in 2017. We first calculate the confidence interval on the linear predictor scale, and then exponentiate.

```
> pred2017.quasi=predict(CRAN.quasigfit, predCRAN.df, se.fit=TRUE)
> # CI for log mean
> lower = pred2017.quasi$fit-1.96*pred2017.quasi$se.fit
> upper = pred2017.quasi$fit+1.96*pred2017.quasi$se.fit
> #CI for mean value
> pred2017.ci.mean=exp(c(lower, upper))
> pred2017.ci.mean
6626.596 10383.014
```

So our Executive Summary would say that the expected number of submissions to CRAN in 2017 is between 6600 and 10400.

This compares to the estimated median number being between 6600 and 25100 from the naive lm fit to log(y).

Confidence interval for expected number of submissions...

The above calculations are done for us using the predictGLM function.

The confidence interval on the linear predictor scale is

```
> predictGLM(CRAN.quasigfit, predCRAN.df)
***Estimates and CIs are on the link scale***
       fit.
                lwr
1 9.023387 8.798851 9.247922
```

and on the scale of the response variable is

```
> predictGLM(CRAN.quasigfit, predCRAN.df,type="response")
***Estimates and CIs are on the response scale***
      fit.
               lwr
                        upr
1 8294.82 6626.623 10382.97
```

NOTE: For GLMs, it is not straightforward to obtain prediction intervals for new values of the response. This is left to STATS 330.

Section 13.6 Closing Remarks

Linear vs generalized linear model

The linear model that we fitted to the logged CRAN data on slide 12 has some undesirable properties.

- Logged count data do not have equal variance.⁸
- Logged count data are highly variable for small expected counts.
- Logged count data can not handle a zero count, since log(0) is negative infinity.

The influence plot from the LM fitted to the logged CRAN data showed that the 2nd and 3rd observations were the most influential. This is very dangerous, as these are the most unreliable data points.

⁸In fact, if Y is Poisson, then $Var(log(Y)) = \infty!!!$

Linear vs generalized linear model

A GLM is a more natural way to model count data.

- It does not transform y.
- Inference is about means (rather than medians).
- It accounts for the fact that the variance of Y increases with the mean.
- It implicitly allows the higher counts to have more influence.⁹

The GLM better models the CRAN data:

- The plot of fitted values versus residuals clearly shows the sudden increase at year 8.
- The influence plot better shows the true influence of each observation.
- It results in narrower confidence intervals for the expected annual increase and expected future counts.

⁹This is because the coefficient of variation, CV, is greater for the smaller counts (the CV is the noise-to-signal ratio, $sd(Y)/E[Y] = \frac{1}{\sqrt{n}}$).

Linear vs generalized linear model

The two key points of difference are:

- Y|x is assumed to be a Poisson distributed count variable (rather than a normally distributed continuous variable).
- Instead of our model being of additive form

$$\mathsf{E}[Y|x] = \beta_0 + \beta_1 x + \dots$$

it is of multiplicative form

$$\mathsf{E}[Y|x] = \exp(\beta_0 + \beta_1 x + \dots)$$

or equivalently

$$\log(\mathsf{E}[Y|x]) = \beta_0 + \beta_1 x + \dots$$

NOTE: The GLM transforms the linear model rather than transforming *Y*.

Linear on log scale vs generalized linear model

In Chapter 6 we logged our response variable before fitting the linear model. This assumes that the logged reponses are normally distributed and that

$$\mathsf{E}[\mathsf{log}(Y|x)] = \beta_0 + \beta_1 x + \dots$$

We saw that, under the above model

$$\mathsf{E}[Y|x] \neq \exp(\beta_0 + \beta_1 x + \dots)$$

and that was why we had to make inference about population medians.

In comparison, in the GLM the order of log and E is reversed

$$\log(\mathsf{E}[Y|x]) = \beta_0 + \beta_1 x + \dots$$

Section 13.7 Relevant R-code

Most of the R-code you need for this chapter

We started by identifying what our response is – in this case a count. Therefore our response data is definitely not from a normal distribution. As Y is a count variable we propose to model it using the Poisson distribution.

Instead of using lm we use glm, and add family=poisson.

```
> CRAN.gfit= glm(Number~Year,family=poisson,data=CRAN.df)
> summary(CRAN.gfit)
```

Look at fitted vs residual plot and make sure there's no trend you've missed and/or atypical observations.

```
> plot(CRAN.gfit, which = 1)
```

Do **NOT** check for normality!

Influence can still be assessed using cooks20x, but be aware that larger counts will naturally tend to be more influential than smaller counts.

Most of the R-code you need for this chapter...

To check if the data are consistent with the Poisson model you use

```
> 1 - pchisq(CRAN.gfit$deviance,CRAN.gfit$df.residual)
```

and if the P-value is very small (i.e., less that 0.05) then you can to deal with this using the quasi-Poisson model:

```
> CRAN.quasigfit = glm(Number ~ Year, family = quasipoisson, data = CRAN.df)
```

Once you've chosen your final model you can interpret the effect of the variables as a multiplicative change in the mean or expected value:

```
> exp(confint(CRAN.quasigfit))
```

If you wish to estimate a 95% CI for an expected value use predictGLM, or do it the hard way as follows:

```
> pred2017.quasi=predict(CRAN.quasigfit, predCRAN.df,se.fit=TRUE)
> # CI for log mean
> lower = pred2017.quasi$fit-1.96*pred2017.quasi$se.fit
> upper = pred2017.guasi$fit+1.96*pred2017.guasi$se.fit
> #CI for mean value
> pred2017.ci.mean=exp(c(lower, upper))
> pred2017.ci.mean
```