


DATA ANALYSIS ON 2014 OSMI SURVEY

A thick blue arrow originates from the left edge of the slide and points towards the title text.

Mental Health In Tech

AUTHOR: ANA HORTA

Questions

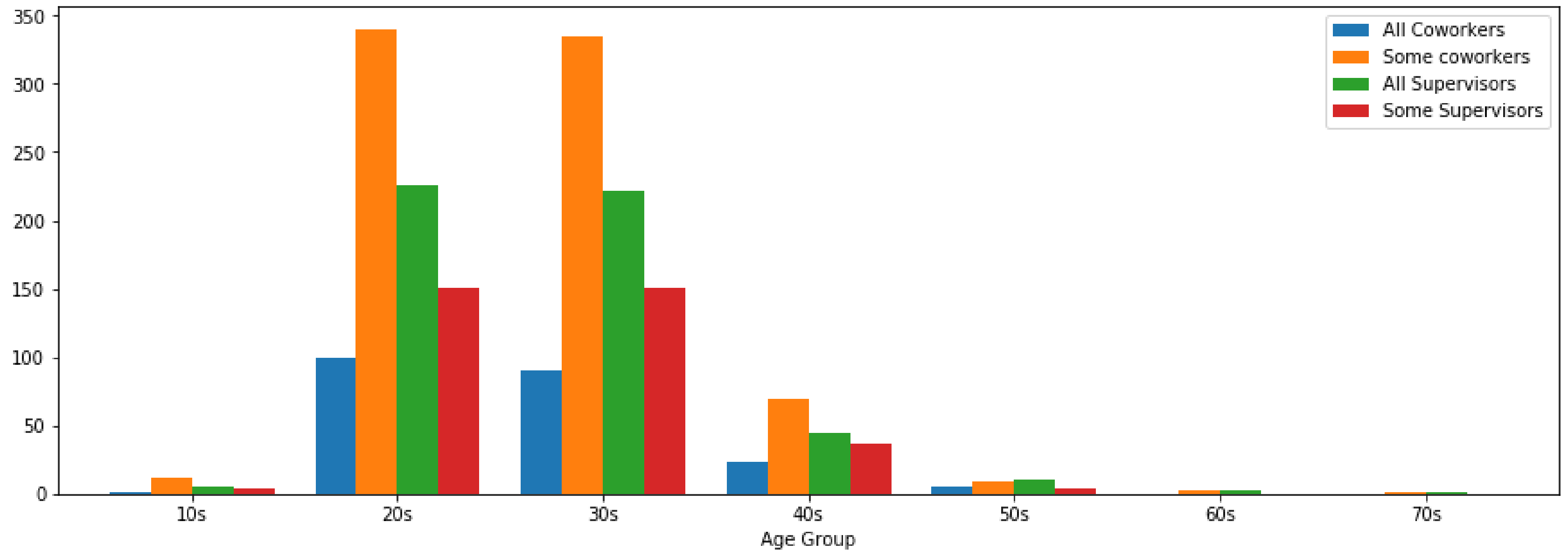


WILLINGNESS TO DISCUSS MENTAL HEALTH ISSUES AT WORK



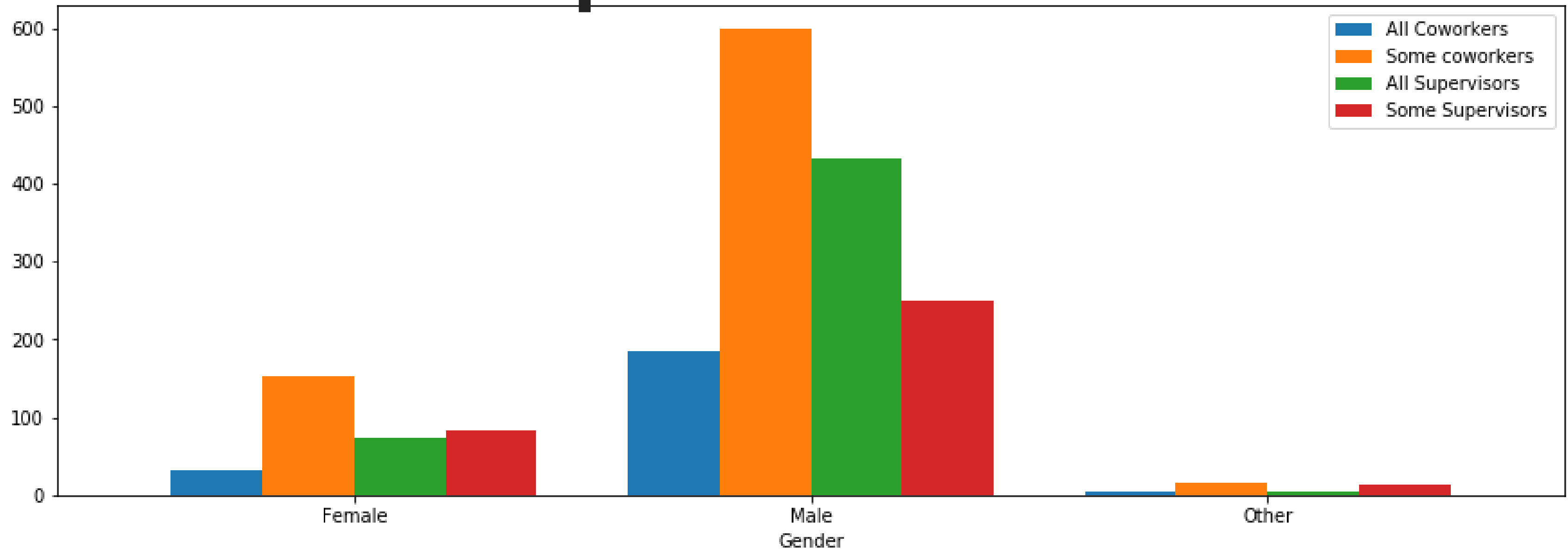
- Part 1: Analysis based on Age & Gender. Is there a particular group that is more willing to speak to supervisors and/or coworkers?
- Part 2: Deeper analysis on companies that do provide mental health support schemes. Are there other contributing factors in the work place environment that encourage/discourage employees to discuss this topic with coworkers and/or supervisor?

Part 1: Mental Health Discussion at Work per Age Group



- The 20s and 30s age groups are more willing to discuss Mental Health issues as opposite to older people.
- Overall, there is a preference for discussing these topics with some but NOT all coworkers followed by a willingness to discuss with all supervisors.
- It is worth noting that regardless of the age, people are more willing to speak to ALL supervisors and not some.

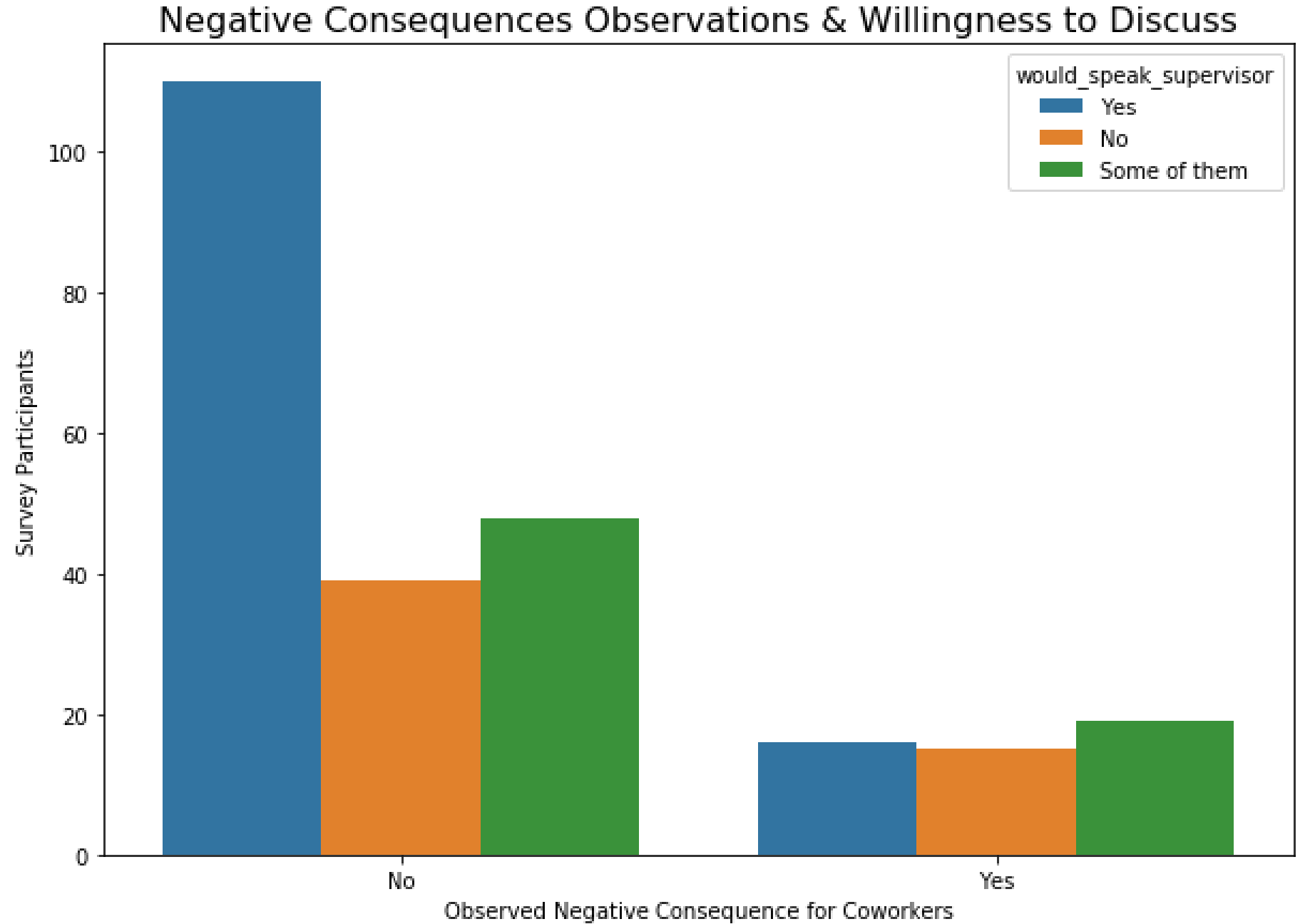
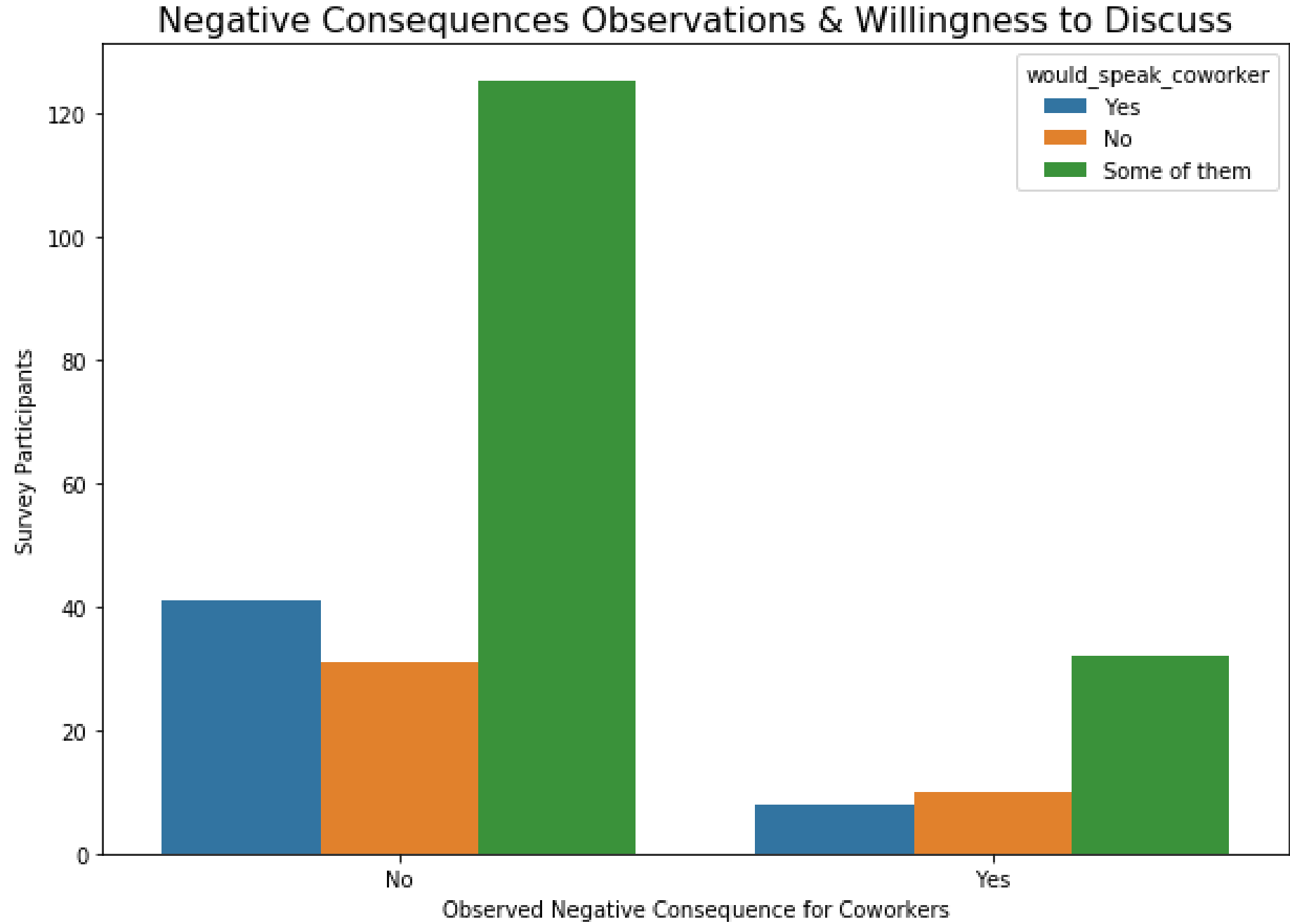
Part 1: Mental Health Discussion at Work per Gender



- Despite the high number of male employees in the Tech industry, these results show a difference in the behavior of male and female employees when it comes to discussions on mental health at work. Although both genders prefer to discuss these topics with some of their coworkers, male employees are more willing to talk directly to their supervisors than women.

Part 2: Observance of Negative Consequences in Companies that Provide Mental Health Support

How does this influence the responses?



CONCLUSIONS

- Participants have observed the occurrence of negative consequences to those who have discussed mental health issues despite the company advocating for mental health support.
 - Among these participants, the majority would speak to some of their coworkers and a smaller number would speak to some of their supervisors.
 - Among the minority, there is a slight preference to speak directly to the supervisor instead of coworkers.
-
- The majority of the participants have NOT observed the occurrence of negative consequences which is reflected in their responses.
 - The majority would speak to ALL of their supervisors but only to SOME coworkers.
 - Despite not witnessing any negative consequences, a similar number of participants would not discuss this topic with either their supervisor nor their coworkers.