load integer name string obs text (65535) sequence integer serie integer

ActiveRecord::InternalMetadata

value string

Assessment abdomen float (24) abdominal integer axilar_media integer bodyfat float (24) chest float (24) coxa integer done boolean (0) fat_body_mass float (24) fat_weight float (24) goal string height float (24) hip float (24) ideal_max float (24) lcq ideal_max_weight float (24) Imc ideal_min float (24) Role age_max integer Gymcard Exercise ideal_min_weight float (24) age integer age_min integer lean_body_mass float (24) gender string name string ActiveRecord::SchemaMigration Grouptype active boolean (0) grouptype_id integer gender string left_arm string resource_id integer max float (24) name string max float (24) name string left_calf float (24) message string resource_type string ${\it message} \ {\it string}$ left_forearm string min float (24) min float (24) left_thigh float (24) neck float (24) next_assessment_date date peitoral integer result string right_arm string right_calf float (24) right_forearm string right_thigh float (24) shoulder float (24) subescapular integer suprailiaca integer tricipital integer waist float (24) weight float (24) User active boolean (0) address string admin boolean (0) admission_date date allergy text (65535) attachment_content_type string attachment_file_name string attachment_file_size integer attachment_updated_at datetime (0,0) avatar_content_type string avatar_file_name string avatar_file_size integer avatar_updated_at datetime (0,0) birth_date date **Equipment** blood_type string Cycle aquisition_date date * cpf string current_sign_in_at datetime (0,0) max_weight float (24) * index integer name string * U current_sign_in_ip string name string disabilities text (65535) quantity integer * weight float (24) * email string * U encrypted_password string * gender string last_sign_in_at datetime (0,0) last_sign_in_ip string name string obs text (65535) payment_date integer position string remember_created_at datetime (0,0) reset_password_sent_at datetime (0,0) reset_password_token string rg string sign_in_count integer * subscription_date date telephone string Workout