

EMOTION MAP WORKSHEET

Name(s) of the funding program(s) have you applied to:.....

Period(s) of submission(s):.....

STEP 1: With your own understanding, draw/map out the stages of the application process(es). If you have applied for more than one funding program, please choose one that you'd like to work with, or indicate the chosen programs separately.

STEP 2: Indicate your emotion going through each stage using these emoticons: 😊 😞 😐 You're welcome to elaborate if needed.