



# NETWORK CONNECTIVITY FOR IoT

Hari Balakrishnan

Lecture #5

6.S062 Mobile and Sensor Computing

Spring 2017

# NETWORKING: “GLUE” FOR THE IOT

IoT’s “technology push” from the convergence of

- Embedded computing
- Sensing & actuation
- Wireless networks

# THE IOT CONNECTIVITY SOUP



MIT 6.S062 Mobile and Sensor Computing (2016, 2017)

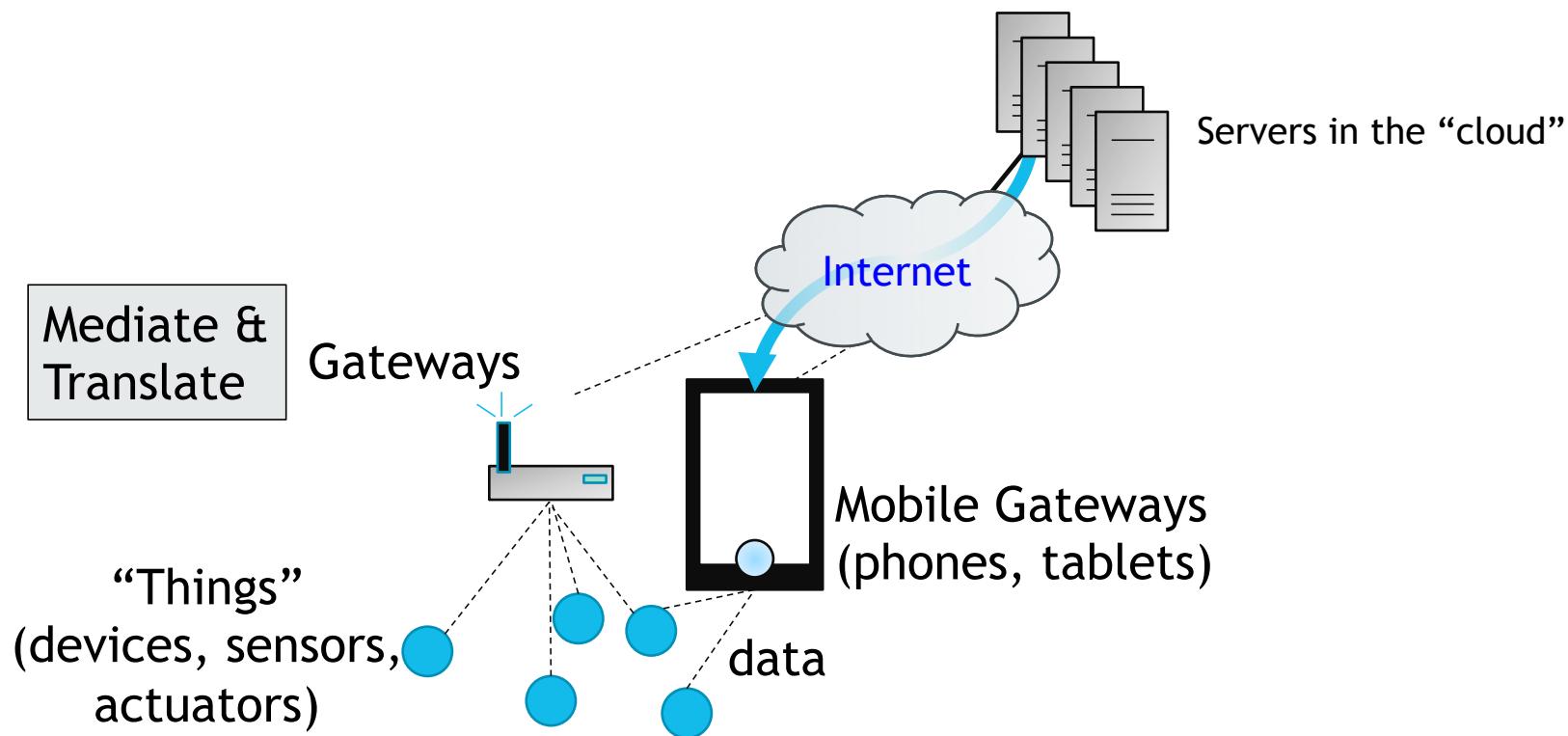
# NETWORKING: “GLUE” FOR THE IOT

Many different approaches, many different proposed standards.  
Much confusion

**One size does not fit all: best network depends on application**

**What are the key organizing principles and ideas?**

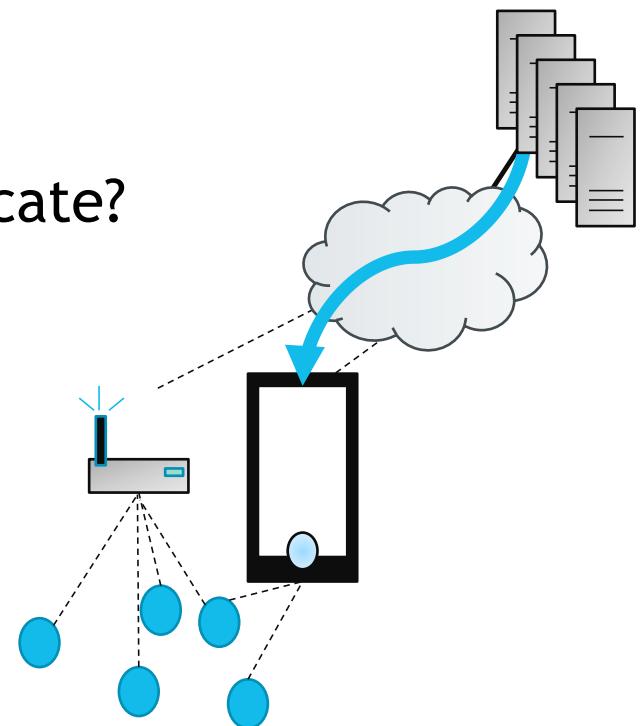
# ARCHITECTURE, SIMPLIFIED



# BUT, IN FACT, A RICH DESIGN SPACE

How should gateways and things communicate?

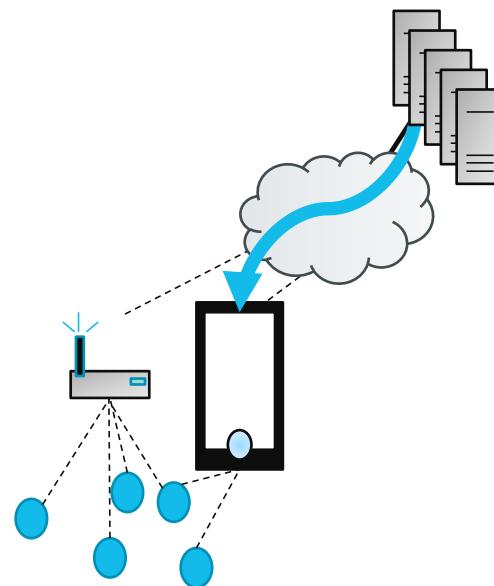
Many answers, many approaches



# CAN'T WE JUST USE THE WIRELESS INTERNET?

Cellular and Wi-Fi

Yes, we can...  
except when we can't!



# WIRELESS INTERNET FOR IOT?

Cellular (LTE/4G, 3G, 2G) and Wi-Fi are

- + Widely available
- + High bandwidth (for most purposes), so can support high-rate apps

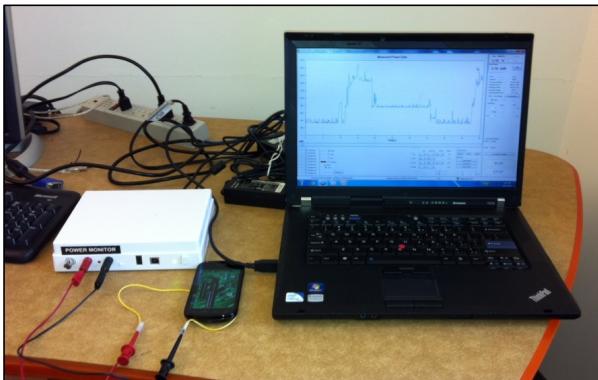
But, each has two big drawbacks

- **High power:** not suitable for battery-operated scenarios
- Cellular: often high cost (esp. per byte if usage-per-thing is low)
- Wi-Fi: OK in most buildings, but not for longer range

Wi-Fi: In-building powered things (speakers, washers, refrigerators, ...)

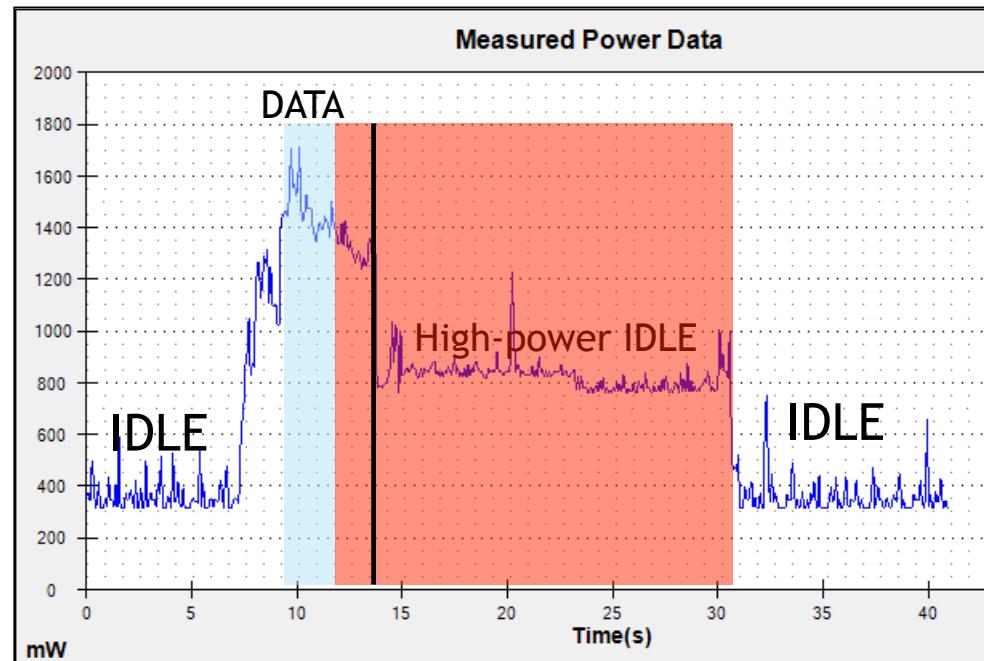
Cellular: High-valued powered things (e.g., “connected car”)

# CELLULAR POWER CONSUMPTION

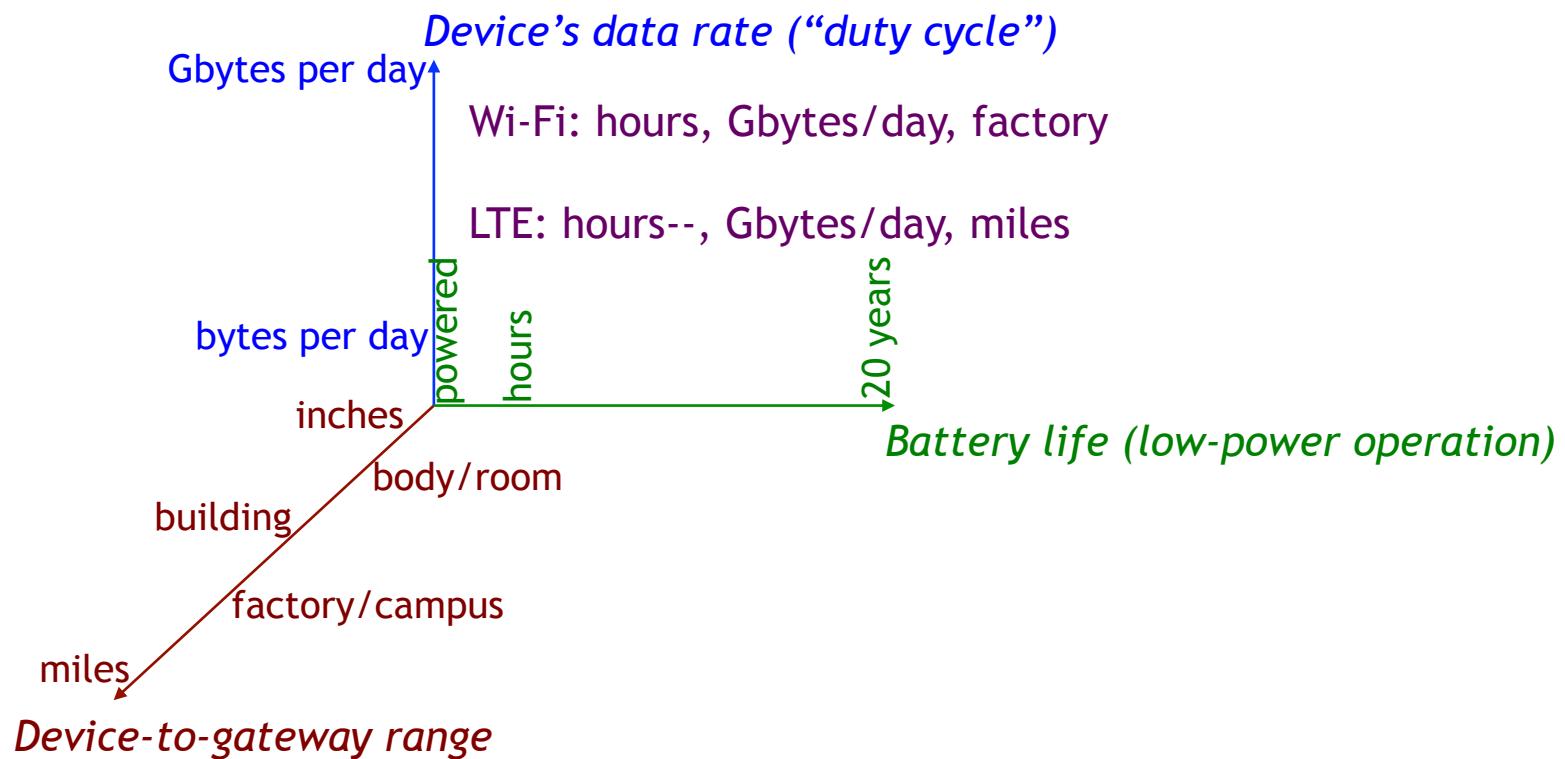


*Power monitor apparatus*

Deng & Balakrishnan, “Traffic-Aware Techniques to Reduce 3G/LTE Energy Consumption,” CoNext 2012.



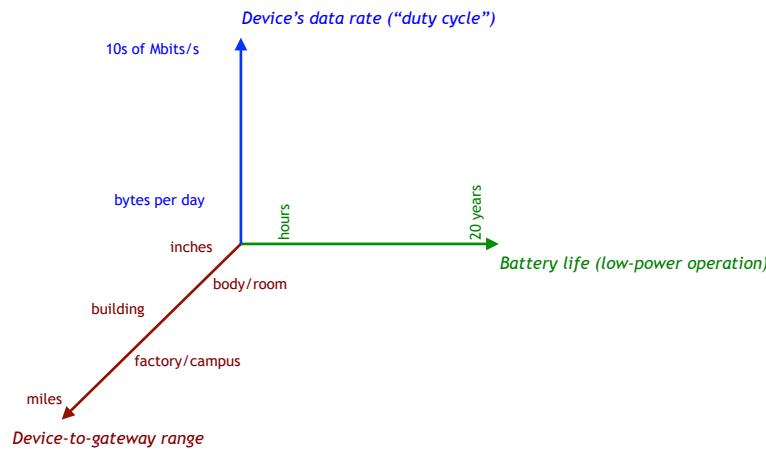
# IOT NETWORK DESIGN SPACE



# WHY SO MANY IOT NETWORKS?

Because engineers love inventing technologies!

But really because you can pick many interesting regions from this design space

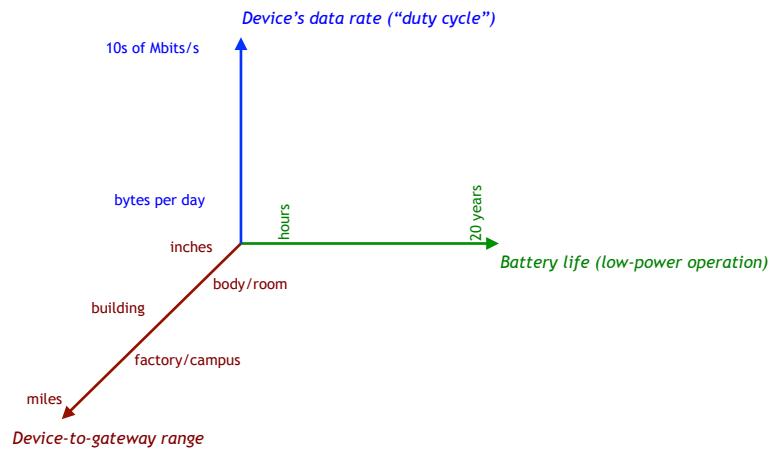


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- And technology evolves fast

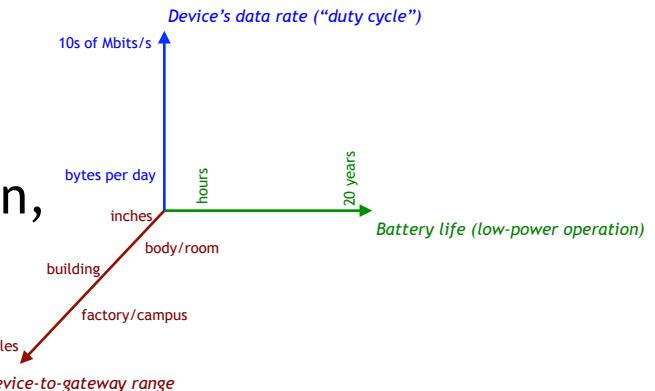


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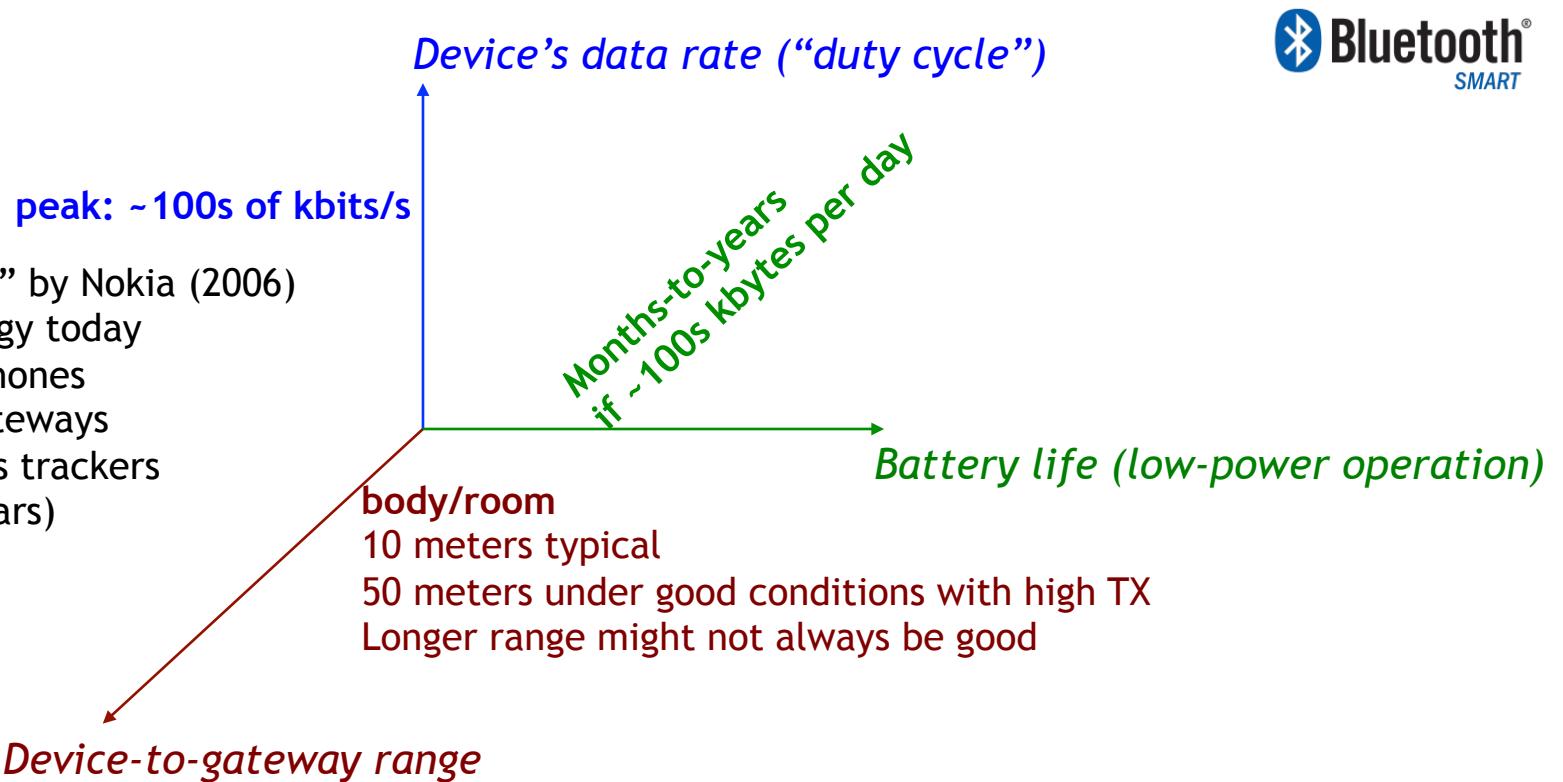
But really because you can pick many interesting regions from this design space

- Note, axes aren't independent
- And technology evolves fast
- And bundling into popular devices speeds-up adoption, changing the economics
  - Cf. Wi-Fi → laptops (without external cards)
  - Bluetooth classic → cell phones → wireless headsets
  - Bluetooth Low Energy (BLE) → iPhone then Android smartphones → “body/room” with months-to-years at low duty cycles



# BODY/ROOM-AREA EXAMPLE: BLE

Started as “Wibree” by Nokia (2006)  
Dominant technology today  
Because of smartphones  
Smartphones as gateways  
Wearables, fitness trackers  
Vehicles (bikes, cars)



# HOW DOES BLE WORK?

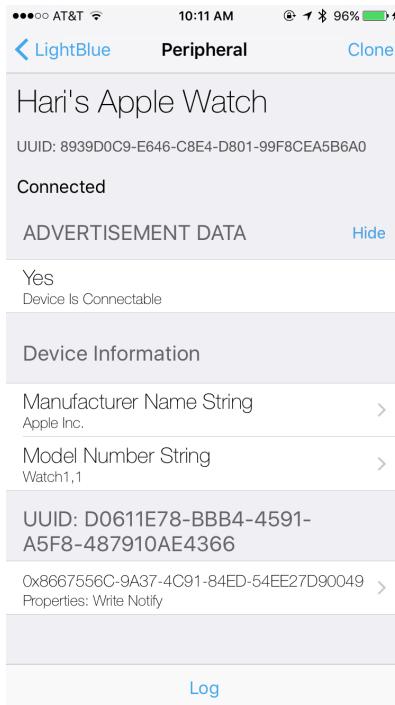
Two parts:

1. Advertisements (aka “beaconing”) for device discovery
2. Connection phase to exchange data

Peripheral: device with data  
Central: gateway



# BLE ADVERTISEMENTS ARE PERIODIC

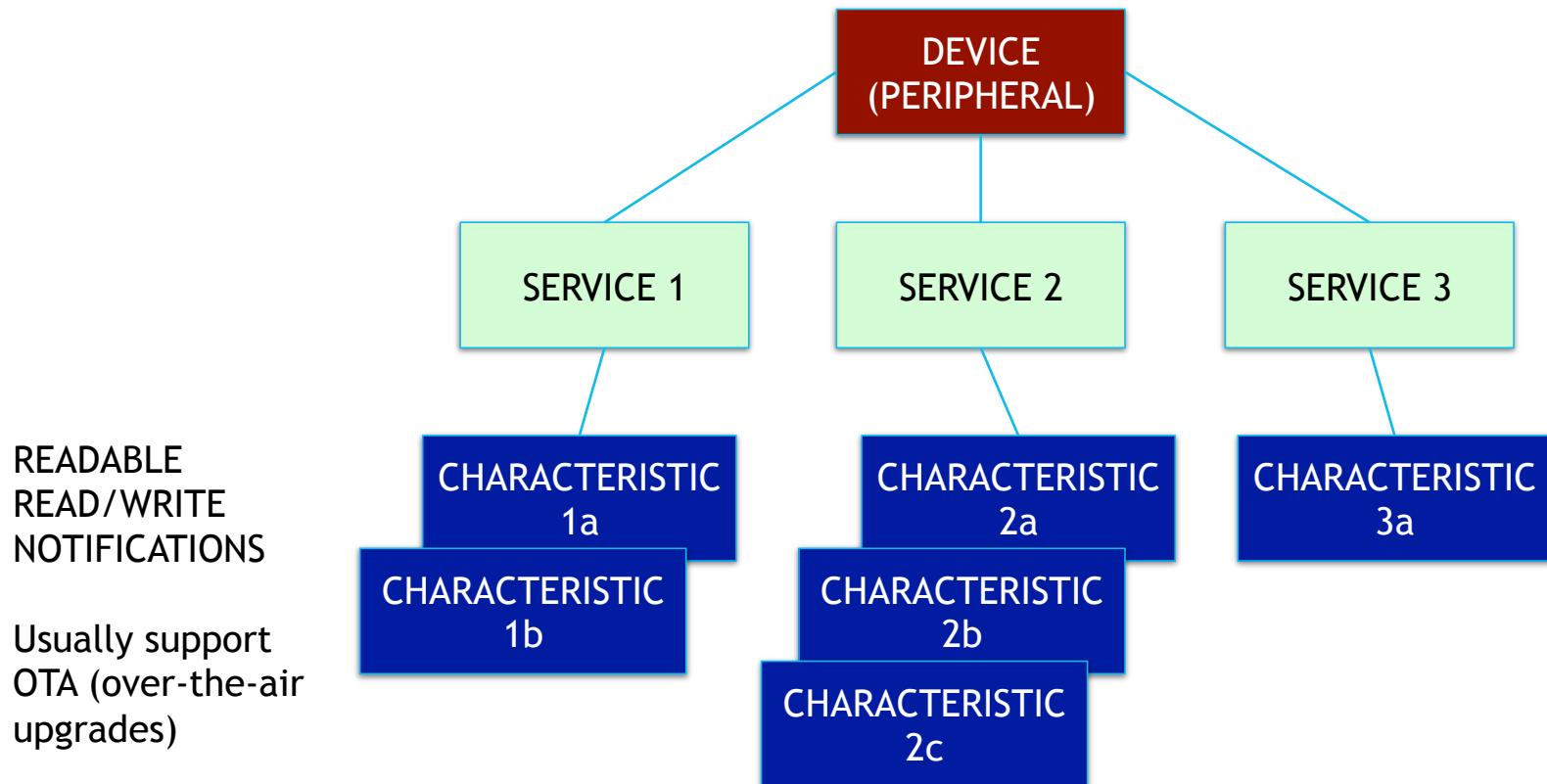


Typical period: 100 ms (“iBeacon”)  
Less frequent is fine  
Triggered advertisements are often a good idea



Trade-off between energy consumed  
and discovery latency

# ON CONNECTION



# ON CONNECTION: MAC PROTOCOL

Central orchestrates data communication

Key idea: time-schedule to reduce energy consumption

On connect: exchange parameters

- Frequency hopping sequence
- Connection interval, i.e., periodicity of data exchange ( $T$  milliseconds)

Every  $T$  milliseconds, Central and Peripheral exchange up to 4 packets,  
alternating turns

Then Peripheral can go back to sleep until next interval

# BATTERY LIFETIME CALCULATION

Consider an IoT system with coin-cell battery-powered nodes

Battery: 250 mAh (milliamp-hours) capacity; 3 Volts

Recall that power = voltage \* current and energy = power \* time

So this battery has 0.75 amp-hour-volts =  $0.75 \times 3600$  Joules = 2.7 kJ of energy

Example of BLE current draw:

Standby: 1 microAmp (typically in the 1-10 microAmp range)

Receive (RX): 3.3 mA

Transmit (TX): 4 mA

Suppose device transmits every second: how long does the battery last?

# BATTERY CALCULATION (CONT.)

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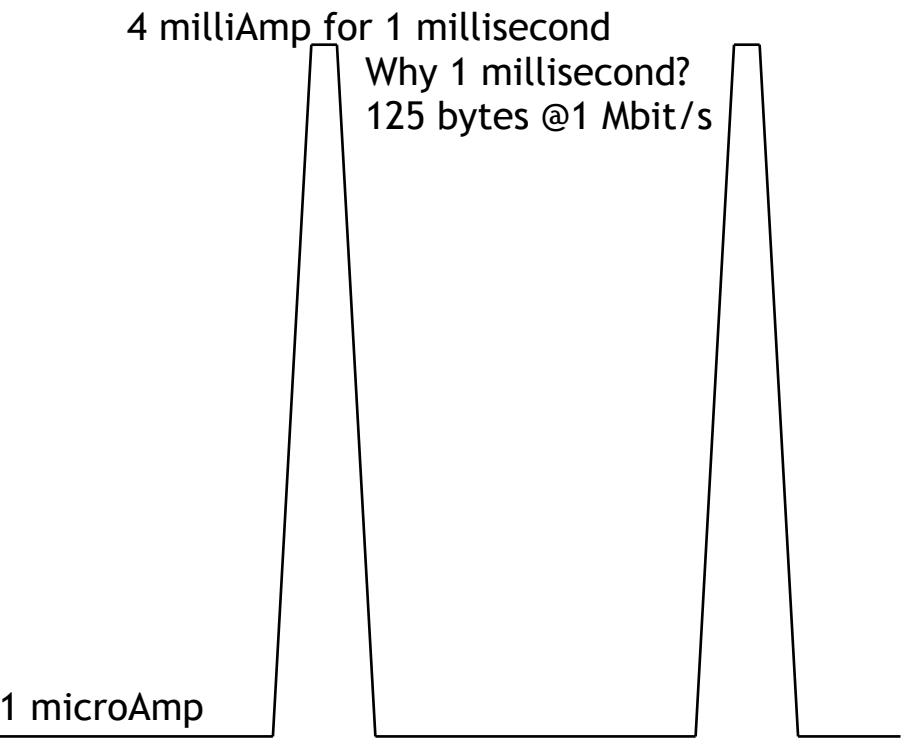
Suppose device transmits every second: how long does the battery last?

4 mA for 1 millisecond

Why 1 millisecond?  
125 bytes @1 Mbit/s

1 microAmp

# BATTERY CALCULATION (CONT.)



Ramp-up and down: 1 milliAmp for 5 milliseconds

Over a 1 second interval, average current is:

$$\begin{aligned} & 4 \text{ microAmps (xmit)} + \\ & 5 \text{ microAmps (ramping)} + \\ & 1 \text{ microAmp (standby)} \\ & = 10 \text{ microAmps} \end{aligned}$$

Therefore, battery lifetime

$$\begin{aligned} & = 250 \text{ mAh} / 10 \text{ microAmps} \\ & = 250 \text{ mAh} / 0.01 \text{ mA} \\ & = 25,000 \text{ hours} \\ & = 2 \text{ years and 10 months} \end{aligned}$$

This works because it's sleeping most of the time!

# “THE IOT GATEWAY PROBLEM” PAPER

Application-level gateways prevalent for IoT today

Usually need a smartphone app to interact with IoT data/devices

Problem: “Siloed” architecture

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Any phone talking with any peripheral device via BLE

- Phone as IPv6 router for peripheral device
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Is this a good idea? Will it work?

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Is this a good idea? Will it work?

Value is in the data, not connectivity

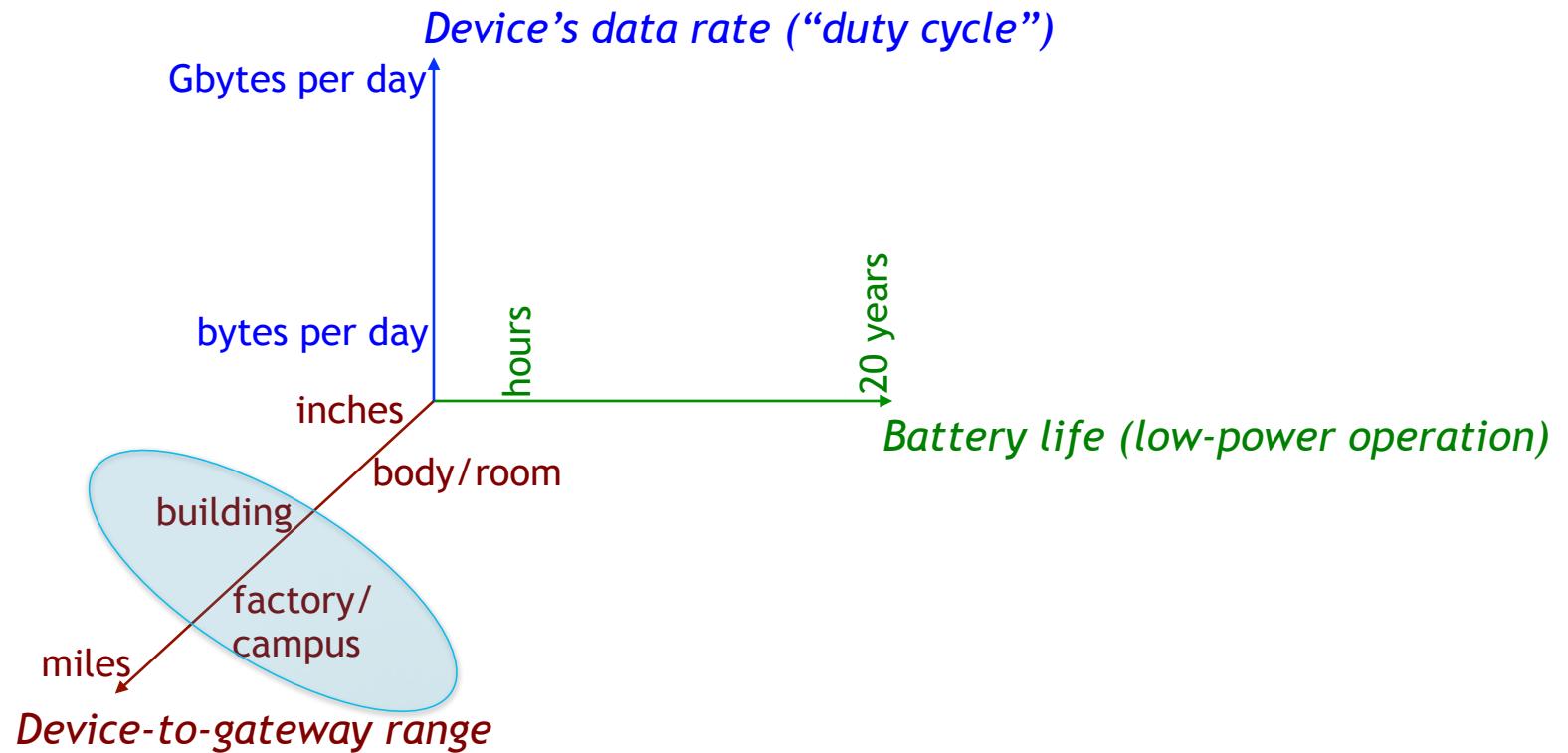
Incentives are a problem

For device makers?

For app developers?

For smartphone users?

# EXTENDING COMMUNICATION RANGE



# EXTENDING RANGE: MESH NETWORKS

## 1980s: DARPA packet radio networks

### The DARPA Packet Radio Network Protocols

JOHN JUBIN AND JANET D. TORNOW, ASSOCIATE, IEEE

Invited Paper

In this paper we describe the current state of the DARPA packet radio network. Fully automatic algorithms and protocols to organize, control, manage, and maintain the packet radio network have been designed, implemented, and tested. By means of protocols, networks of about 50 packet radios with some degree of mobility can be interconnected and controlled by a distributed mode of control. We have described the algorithms and illustrated how the PRNET provides highly reliable network transport and delivery services. The PRNET uses virtual routes, effectively controlling congestion, and fairly allocating the channel in the face of changing link conditions, mobility, and varying traffic loads.

#### INTRODUCTION

In 1973, the Defense Advanced Research Projects Agency (DARPA) initiated development on the feasibility of using packet-switched, point-to-multipoint direct communications to provide reliable computer communications [1]. This development was motivated by the need to provide computer network access to mobile hosts and terminals, and to provide computer communications in a mobile environment. Packet radio, which offers a higher efficiency than that of using a multiple-access channel, particularly with burst traffic [2], the DARPA Packet Radio Network (PRNET) has evolved through the years to a robust, reliable, operational experimental network [3]. The development process has been an interesting, evolutionary nature [4]; as algorithms were designed and refined, so too were the design of the PRNET with increased capabilities were demonstrated. The PRNET has been in daily operation for experimental purposes for nearly ten years. In this paper we describe the current state of the DARPA PRNET.

We begin by providing a summary of the PRNET system concepts, architecture, and physical components in Section II. In Section III, we illustrate the mechanisms by which a packet radio automatically keeps track of a potentially continuously changing network topology. In Section IV, we de-

scribe the algorithms used to route a packet through the packet radio communications subnet. In Section V, we examine the protocols for transmitting packets. In Section VI, we describe some of the hardware capabilities of the packet radios that strongly influence the performance characteristics of the PRNET protocols. We conclude by looking briefly at some applications of packet radio networks and by summarizing the state of the current technology.

#### II. DESCRIPTION OF THE PACKET RADIO SYSTEM

##### A. Broadcast Radio

The PRNET provides, via a common radio channel, the exchange of data between computers that are geographically separated. As a communications medium, broadcast radio (as opposed to wires and antenna-directed radio) provides important advantages to the user of the network. One of the benefits is mobility: a packet radio (PR) can operate while in motion. A packet radio can be easily installed or deployed quickly; there are no wires to set up. Another advantage is the ease of reconfiguration and redeployment. The PRNET protocols take advantage of broadcasting and common-channel properties to allow the PRNET to be expanded, contracted, automated, and dynamically. A group of packet radios having either of these characteristics departs. Having done so, it can function as an autonomous group and may later rejoin the original network or join another group.

The broadcasting and common channel properties of radio do not always help. These properties, for all practical purposes, prohibit the building of a radio that is able to transmit and receive at the same time. Therefore, the PRNET protocols must attempt to schedule each transmission when the intended PR is not itself transmitting. Also, transmitters often reach unintended PRs and interfere with intended receivers. Therefore, the protocols must attempt to schedule each transmission when the intended PR is not receiving another PR's transmission.

##### B. Automated Network Management

The PRNET features fully automated network management. It is self-configuring upon network initialization, reconfigures upon gain or loss of packet radios, and has dy-

## 1990s: mobile ad hoc networks (MANET)

### A Performance Comparison of Multi-Hop Wireless Ad Hoc Network Routing Protocols

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#### Abstract

An ad hoc network is a collection of wireless mobile nodes dynamically forming a temporary network without the use of any existing network infrastructure or centralized administration. Due to the limited transmission range of wireless links, a node can only communicate directly with one node to exchange data with another in the network. In recent years, a variety of new routing protocols targeted specifically at this environment have been proposed. In this paper, we compare the performance of several of these protocols, including a realistic multi-hop wireless ad hoc network model, and present the results of simulations showing the relative performance of four recently proposed ad hoc and mesh network routing protocols: TORA [14, 15], DSR [9, 10, 11], and AODV [17]. To enable these simulations, we extended the ns-2 network simulator [6] to include:

- Node mobility
- A multi-hop physical layer supporting propagation delay, capture effects, and carrier sensing [20]
- A network interface with properties such as transmission power, antenna gain, and receiver sensitivity.
- The IEEE 802.11 Medium Access Control (MAC) protocol using the CSMA/CA mechanism [18] and the IEEE 802.11n physical layer [19]

Our results in this paper are based on simulations of an ad hoc network of 50 wireless mobile nodes moving about and communicating with each other. We analyze the performance of each protocol and explain the design decisions that account for their performance.

#### 1 Introduction

In areas where there is little or no communication infrastructure or the existing infrastructure is expensive or inconvenient to use, wireless mobile users may still be able to communicate through the formation of an *ad hoc network*. In such a network, each mobile node operates as both a host and a router, and can forward data for other mobile nodes in the network that may not be within direct wireless transmission range of each other. Each node participates in an ad hoc network by establishing a radio link with other nodes through the network to any other node. The idea of ad hoc networking is sometimes also called *infrastructureless networking* [13], since the nodes do not rely on a fixed infrastructure to provide connectivity to themselves or form their own network "on the fly." Some examples of the possible forms of ad hoc networking include using laptop computers as participants in an impromptu meeting, having mobile sharing information during a meeting, soldiers relaying information for situational awareness on the battlefield [12, 21], and emergency disaster relief personnel coordinating efforts after a hurricane or earthquake.

This work was supported in part by the National Science Foundation (NSF) under CAREER Award NCC-950272, by an Air Force Materiel Command (AFMC) under AFMPC Contract F33657-95-C-0254, and by grants from IBM Corporation, AT&T Bell Laboratories, and Yih-Chun Hu was also supported by an NSF Graduate Fellowship. The authors would like to thank the anonymous reviewers for their useful comments and suggestions.

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2.1 Physical and Data Link Layer Model

To accurately model the attenuation of radio waves between antennas close to the ground, radio engineers typically use a model that describes the power of a signal as  $1/r^2$  at short distances ( $r$  is the distance between the antennas). At larger distances, the crossover point is called the *reference distance*, and is typically around 100 meters for outdoor low-gain antennas 1.5m above the ground [16]. The reference distance is defined as the distance at which the path loss is 20dB greater than at the reference distance. In practice, our propagation model combines both a free space propagation model and a two-ray ground reflection model. When a transmitter is within the reference distance of the receiver, we use

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# EXTENDING RANGE: MESH NETWORKS

## Late 90s, 2000s: Sensor networks

Next Century Challenges: Scalable Coordination in Sensor Networks

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Ramesh Govindan  
John Heidemann  
Satish Kumar

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### Abstract

Networked sensors—those that coordinate amongst themselves to achieve a larger sensing task—will revolutionize information gathering and processing both in the environment and in remote sensing. In this paper we term these sensor networks as *sensor networks*. The challenges of these sensor networks and the expected dynamics in these environments present unique challenges in the design of distributed systems. We argue that the distributed nature of these sensor networks leads us to hypothesize that sensor network coordination applications may need to be structured differently from traditional network applications. These sensor networks will include reliance on broadcast communication or the configuration required to deploy and operate networked devices. Devices may be battery constrained or subject to hostile environments so that they must be robust to power or common event. In addition, the configuration devices will frequently change in terms of position, reachability, power availability, and connectivity. Simulation results show that LEACH can improve system lifetime by an order of magnitude compared with general-purpose multi-hop approaches.

## An Application-Specific Protocol Architecture for Wireless Microsensor Networks

Wendi B. Heinzelman, Member, IEEE, Anantha P. Chandrakasan, Senior Member, IEEE, and Hari Balakrishnan, Member, IEEE

**Abstract**—Networking together hundreds or thousands of cheap microsensor nodes allows users to accurately monitor a remote environment by intelligently combining the data from individual nodes. These networks require robust wireless communication protocols and energy efficient routing. In this paper, we introduce a new architecture for this scenario. In this paper, we present the challenges different from those posed by existing computer networks. The other members of these networks may be battery constrained and unable to handle large amounts of data. They may also be subject to harsh environments such as toxic gases, high temperatures, and rotating head positions to evenly distribute the energy load among all the nodes. and techniques to enable distributed signal processing. We also propose a distributed clustering algorithm (in which simple local node behavior achieves a desired global objective) which may be necessary for sensor network coordination. In this paper, we describe local node self-organization and their cluster formation. As these devices interact with the physical environment, they, and the network as a whole, will experience a significant range of fault dynamics.

**Index Terms**—Data aggregation, protocol architecture, wireless microsensor networks.

### I. INTRODUCTION

**A**DVANCES in sensor technology, low-power electronics, and low-power radio frequency (RF) design have enabled the development of small, relatively inexpensive and low-power sensors, called *microsensors*, that can be deployed in large numbers to monitor an environment. An important challenge in designing these networks is that they key resources—communication bandwidth and energy—are significantly limited than in a tethered network environment. These constraints require innovative design techniques to use the available bandwidth and energy efficiently.

The notion of “quality” in a microsensor network is very different than in traditional wireless data networks. For sensor networks, the end user does not require all the data in the network because 1) the data from neighboring nodes are highly correlated; 2) the data is often redundant; and 3) the user cares about a higher-level description of events occurring in the environment being monitored. The quality of the network is, therefore, based on the quality of the aggregate data set, so protocols should be designed specifically for the unique, application-specific quality of a sensor network.

This paper builds on the work described in [1] by giving a detailed description and analysis of low-energy adaptive clustering hierarchy (LEACH), an application-specific protocol architecture for wireless microsensor networks. LEACH employs the following techniques to achieve the design goals stated: 1) randomized, adaptive, self-configuring cluster formation; 2) localized control for data transfers; 3) low-energy media access control (MAC); and 4) application-specific data processing such as data compression or aggregation. Simulation results show that LEACH is able to achieve the desired properties of sensor networks.

Manuscript received January 9, 2001; revised July 1, 2001 and August 24, 2001; accepted August 24, 2001. The author contributing the review of this paper was not involved in any way with the work presented here. This work was supported by a Kodak Fellowship. This work was reported in part by the Defense Advanced Research Projects Agency (DARPA) under contract F33657-00-C-0602, the U.S. Air Force Research Laboratory, Air Force Material Command, under Agreement F33657-00-C-0602, and the National Science Foundation (NSF).

W. B. Heinzelman was with the Massachusetts Institute of Technology, Cambridge, MA 02139 USA (e-mail: ananth@mit.edu; heinzelma@mit.edu).

A. P. Chandrakasan and H. Balakrishnan are with the Massachusetts Institute of Technology, Cambridge, MA 02139 USA (e-mail: ananth@mit.edu; harib@mit.edu).

Digital Object Identifier 10.1109/TWC.2002.804190

## 2000s: Mesh networks for Internet

### Architecture and Evaluation of an Unplanned 802.11b Mesh Network

John Bicket, Daniel Aguayo, Sanjit Biswas, Robert Morris  
M.I.T. Computer Science and Artificial Intelligence Laboratory  
jbicket, aguayo, biswas, rtm @csail.mit.edu

### ABSTRACT

This paper evaluates the ability of a wireless mesh architecture to provide performance guarantees while simultaneously facilitating planning of operational links and management. The architecture considered in this paper has unplanned node placement (rather than planned topology), omni-directional antennas (rather than directional links), and no central controller. The mesh provides users with a single point of access to the Internet. An important challenge of this architecture is to ease of deployment. These design decisions contribute to ease of deployment, an important requirement for community wireless networks. However, this architecture carries the risk that lack of planning and coordination of nodes may result in poor performance. For example, it might be necessary to place nodes carefully to ensure connectivity; the omni-directional antennas might prevent nodes from using short radio ranges, or the inefficiency of multi-hop forwarding might reduce the effectiveness of direct connections.

The paper evaluates multiple aspects of the architecture: the ease of node deployment and throughput, the characteristics of individuals operating “hot-spot” access points to which clients directly connect [3, 4]. These access points often provide internet access and are deployed independently. If all Access-point networks do not require much coordination to deploy and operate, but usually do not provide as much coverage per unit coverage as a single-hop access point.

A more ambitious vision for community networks would combine the best characteristics of both network types, operating without extensive planning or central management but still providing performance guarantees for the entire network. This paper provides an evaluation of such an architecture, consisting of the following design decisions:

1. Unconstrained node placement, rather than a topology planned for coverage or performance. The network should work well even if the topology is determined solely by what particular nodes are deployed.
2. Omni-directional antennas, rather than directional antennas used to form particular high-quality links. Users should be able to install an antenna without knowing in advance what nodes the antenna might talk to. Nodes should be able to route data through whatever nodes happen to be present.
3. Multi-hop routing, rather than single-hop base stations or access points. Multi-hop routing can improve coverage and performance despite lack of planning and lack of specifically engineered links.

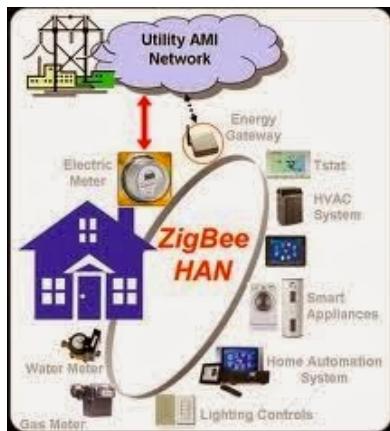


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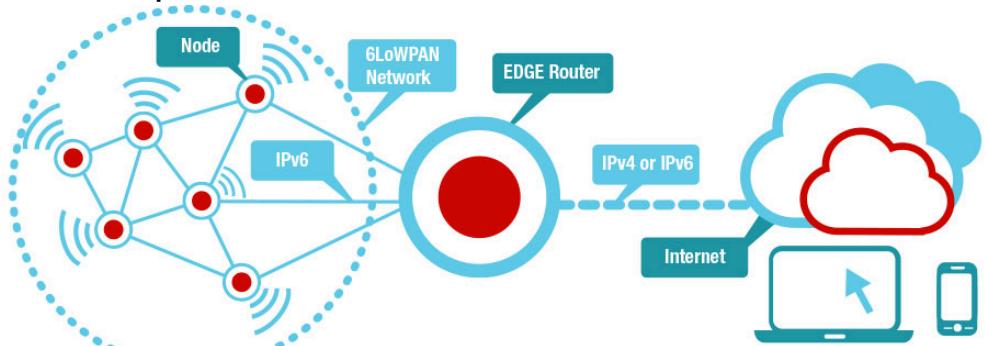
# EXTENDING RANGE: MESH NETWORKS

2010s: Mesh networks for IoT

Zigbee



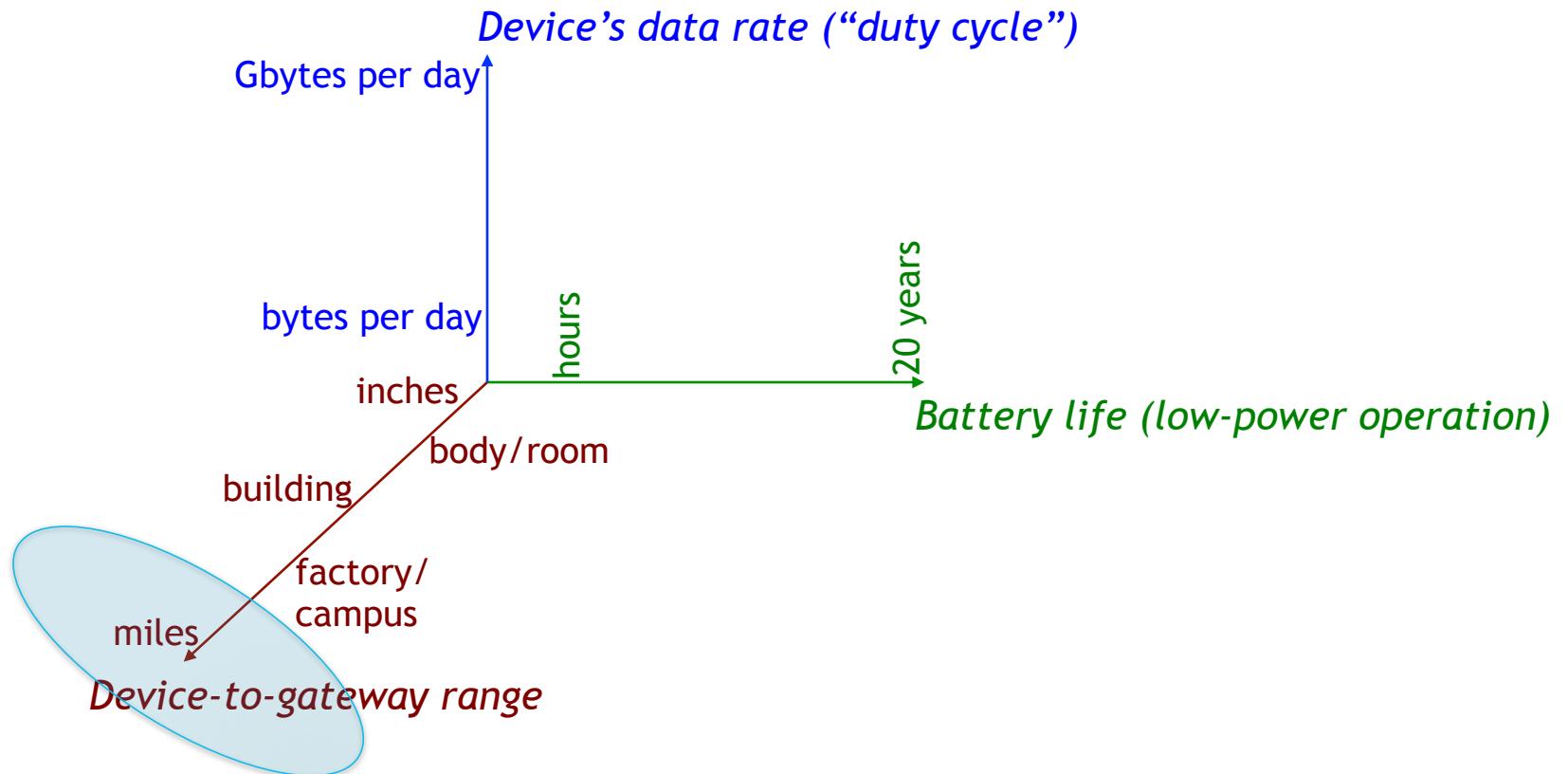
6LoWPAN: IPv6 over low-power wireless personal area networks



<http://processors.wiki.ti.com/index.php/Contiki-6LOWPAN> (Creative commons)

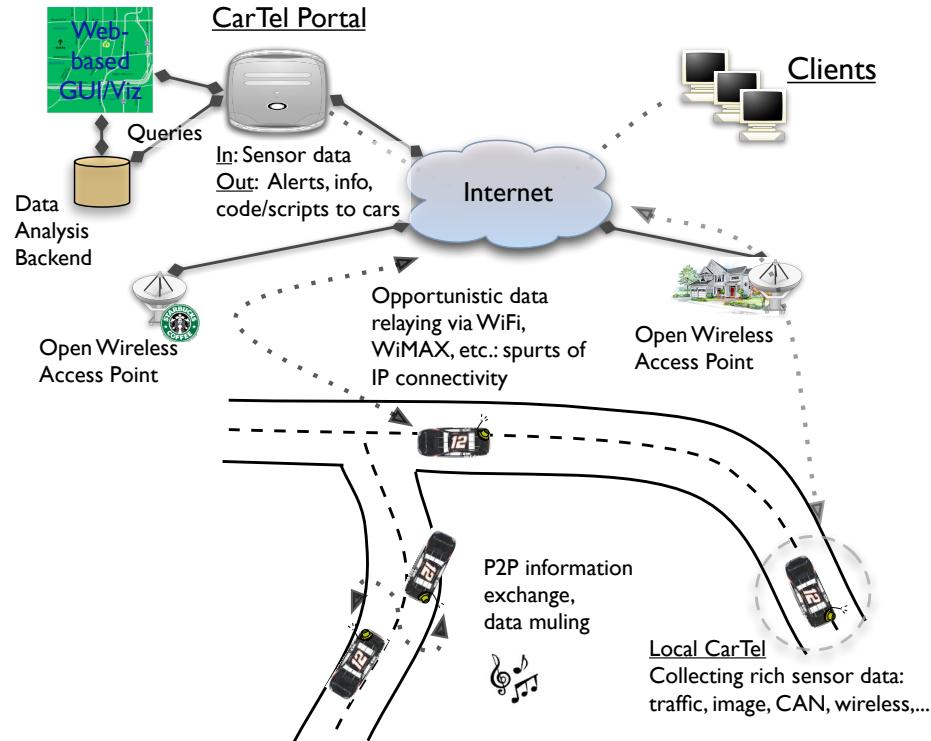
Both (typically) run over the 802.15.4 MAC standard  
Routing protocol with different metrics, such as “expected transmission time”  
Use case: devices communicating with gateway across multiple hops  
Node duty cycles higher, some nodes do much more work

# EVEN LONGER RANGE (CITY-SCALE)



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# WHEN THE INTERNET IS MILES AWAY



Use mobile devices  
as data mules  
Trade-off: delay  
Delay-tolerant network (DTN)



# WHAT IF WE WANT LONG RANGE AND LOW DELAY?

“Long-range IoT networks”

Examples: Sigfox, LoRaWAN, cellular IoT proposals  
(narrowband LTE, etc.)

Low-power designs (months to years of battery life)

**Low or ultra-low throughput** (a few bytes per day to achieve long-enough battery life at a rate of a few kbps)  
Networks like LoRaWAN also include localization capabilities

# WHAT IF WE WANT LONG RANGE AND LOW DELAY

Second choice: Cellular (of course!)

Examples: LTE/4G, etc.

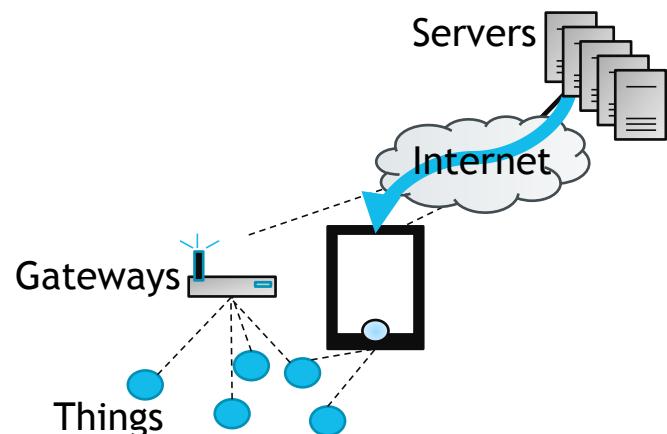
High-power consumption, so only when energy isn't an issue

Variable delay of cellular networks is still a concern for  
**data-intensive, latency-sensitive applications**

(Cf. topic later in the term on continuous object recognition)

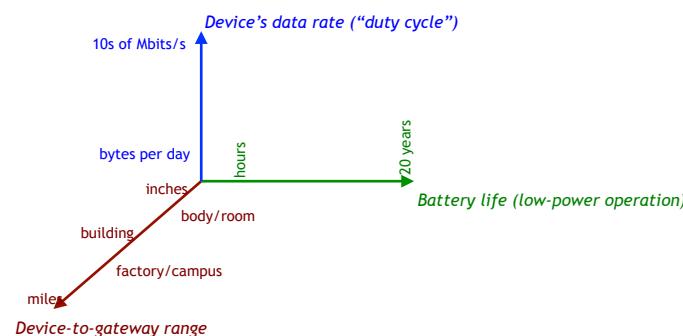
# WHAT HAVE WE LEARNED?

Rich design space for things-gateway communication



Think along three dimensions:

1. data rate/duty cycle
2. battery
3. range



Three case studies

1. Low-power design (Bluetooth LE): advertisement, time-scheduled MAC
2. Range extension techniques: muling & meshing (Zigbee, 6LoWPAN) [next lec]
3. Data-intensive IoT: continuous recognition [later in semester]

# OPEN QUESTIONS AND FUTURE WORK

We are not even at the end of the beginning of IoT!

What if you want city-scale, high-rate, low-power sensing?  
(e.g., high-fidelity vibration, weather, image sensors)

Current systems gated by standby power (microWatts)  
Recent advances have shown nanoWatt standby power  
How will this change IoT networks?

Current IoT apps are “siloed” from each other  
How to integrate them?

# DE-SILOING

Today: build IoT devices/sensors, build an app, build a cloud service

Vertically-integrated: hard to integrate and slows innovation

Gateway functions are repeatedly invented

The issue: real value is in the data, not in the devices!

Possible (non-exclusive) approaches

1. Coordinate access to data via server-side APIs in the cloud
2. Provide access to data in smartphone apps via “kits”  
(HomeKit, Healthkit, Google Fit, ...)
3. Develop a generic gateway (multiple technologies, not just BLE)

# PREDICTIONS

1. Shake-up in standards: multiple winners, but they will divide up the “three-dimensional space”
2. Ultra-low power IoT systems and networks
3. Compute-intensive (data-intensive) IoT systems and networks
4. De-siloed architectures
5. Smarphone-centric v. hidden (ubiquitous) computing