

Chapter - 4
Psychological Disorders

Learning Objectives

The unit discusses the concepts of normality and abnormality and the major psychological disorders.

PART A

(1 Mark)

1. The DSM-V is a classification system for (a) psychological disorders (b) physical disorders (c) health disorders (d) emotional disorders.
2. _____ involves a dream like state in which the person has a sense of being separated both from self and from reality : (a) dissociative identity disorder (b) disasociative fugue (c) depersonalization (d) dissociative amnesia.
3. I can control the weather according to my moods. This is a statement made by a person suffering from delusion of _____. (a) Persecution (b) Reference (c) Grandeur (d) Control
4. Biological pre-disposition to a disorder is called _____.
5. What is abnormality ?
6. What are the 4 D'S of abnormal behavior?
7. State two psychological symptoms of GAD.
8. Relationship between body and brain was emphasized by psychological approach. True or false.
9. Anxiety disorders are caused due to which neurotransmitter _____ .
10. Schizophrenic is due to excess activity of _____.
11. Depression is due to low activity of _____ .
12. Child showing stubbornness, extreme disobedience, and hostile behaviour suffer from _____ .
13. Behaviour interfering with the persons ability to carry out daily activities in a constructive way is _____.
14. The concept of four humors was given by _____.
15. What is phobia?

PART B

(2 Marks)

1. What is meant by bi-polar mood disorder ?

2. State the difference between substance dependence and substance abuse.
3. Identify the symptoms associated with PTSD.
4. Explain the concept of unconditional positive regard.
5. What is depersonalisation ?

PART C

(3 Marks)

1. What are the symptoms of OCD?
2. What according to DSM V - TR are the sub-types of schizophrenia?
3. List the symptoms of conversion disorders.
4. What are the symptoms of Separation anxiety disorder?
5. Identify the factors associated with depression.

PART D

(4 Marks)

1. Describe any two behavioural disorders prevalent among children.
2. Differentiate between somatic symptom disorders and dissociative disorders.
3. Can distorted body image result in eating disorders ? Explain eating disorders highlighting the statement.
4. Explain four effects of alcohol.
5. How is behaviour therapy used to treat phobia?

PART E

(6 Marks)

1. What is schizophrenia? Explain its symptoms.
2. Explain the historical background of psychological disorders.
3. Explain the major anxiety disorders and their symptoms.
4. Explain the salient features and types of dissociative disorders.
5. How does substance abuse become addictive ? Give appropriate explanation with examples.