

## **Social Media Check**

Log out of all your social media profiles.



Google yourself to make sure you aren't missing any! (MySpace: still a thing.)



Check out each account as a random (unlogged in) internet person. Check for\*\*:

- Profanity
- Grammar
- Sexual Content
- Party Pictures
- Political Stuff
- Drug/Alcohol Use
- Violence/Weapons

Delete content you don't like, or lock down your privacy settings (whatever you prefer.)



\*\*Remember, everyone has different personal standards. You never know what a recruiter might find objectionable. Make choices that reflect your values and your risk tolerance.