Back Squat - 1 Rep M. 20.411 0 0 Back Squat - 1 Rep M. 21.5 20.412 10 Back Squat - 1 Rep M. 22.588 21.501 20 Back Squat - 1 Rep M. 23.677 22.589 30 Back Squat - 1 Rep M. 24.766 23.678 40 Back Squat - 1 Rep M. 25.854 24.767 50 Back Squat - 1 Rep M. 26.943 25.855 60 Back Squat - 1 Rep M. 28.031 26.944 70 Back Squat - 1 Rep M. 30.209 29.121 90 Back Squat - 1 Rep M. 31.297 30.21 100 Back Squat - 1 Rep M. 32.386 31.298 110 Back Squat - 1 Rep M. 33.475 32.387 120 Back Squat - 1 Rep M. 35.652 34.564 140 Back Squat - 1 Rep M. 36.741 35.653 150 Back Squat - 1 Rep M. 38.918 37.83 170 Back Squat - 1 Rep M. 40.007 38.919 180 Back Squat - 1 Rep M. 41.095 40.008 190 Back Squat
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Deals Course 1 Deals 14 201 12 272 220
Back Squat - 1 Rep M: 44.361 43.273 220
Back Squat - 1 Rep M: 45.45 44.362 230
Back Squat - 1 Rep M: 47.627 45.451 240
Back Squat - 1 Rep M: 48.534 47.628 250
Back Squat - 1 Rep M: 49.441 48.535 260
Back Squat - 1 Rep M 50.349 49.442 270
Back Squat - 1 Rep M 51.256 50.35 280
Back Squat - 1 Rep M 52.163 51.257 290
Back Squat - 1 Rep M 53.07 52.164 300
Back Squat - 1 Rep M 53.977 53.071 310
Back Squat - 1 Rep M 54.885 53.978 320
Back Squat - 1 Rep M 55.792 54.886 330
Back Squat - 1 Rep M 56.699 55.793 340
Back Squat - 1 Rep M 57.606 56.7 350
Back Squat - 1 Rep M 58.513 57.607 360
Back Squat - 1 Rep M 59.421 58.514 370
Back Squat - 1 Rep M 60.328 59.422 380
Back Squat - 1 Rep M 61.235 60.329 390
Back Squat - 1 Rep M 62.142 61.236 400
Back Squat - 1 Rep M 63.049 62.143 410
Back Squat - 1 Rep M 63.957 63.05 420
Back Squat - 1 Rep M 64.864 63.958 430

Back Squat - 1 Rep Ma	65.771	64.865	440
Back Squat - 1 Rep M	66.678	65.772	450
Back Squat - 1 Rep Ma	67.585	66.679	460
Back Squat - 1 Rep Ma	68.493	67.586	470
Back Squat - 1 Rep Ma	69.4	68.494	480
Back Squat - 1 Rep Ma	70.307	69.401	490
Back Squat - 1 Rep Ma	72.484	70.308	500
Back Squat - 1 Rep Ma	74.662	72.485	510
Back Squat - 1 Rep Ma	76.839	74.663	520
Back Squat - 1 Rep Ma	79.016	76.84	530
Back Squat - 1 Rep Ma	81.193	79.017	540
Back Squat - 1 Rep Ma	83.371	81.194	550
Back Squat - 1 Rep Ma	85.548	83.372	560
Back Squat - 1 Rep Ma	87.725	85.549	570
Back Squat - 1 Rep Ma	89.903	87.726	580
Back Squat - 1 Rep Ma	92.08	89.904	590
Back Squat - 1 Rep Ma	94.257	92.081	600
Back Squat - 1 Rep Ma	96.434	94.258	610
Back Squat - 1 Rep Ma	98.612	96.435	620
Back Squat - 1 Rep Ma	100.789	98.613	630
Back Squat - 1 Rep Ma	102.966	100.79	640
Back Squat - 1 Rep Ma	105.143	102.967	650
Back Squat - 1 Rep Ma	107.321	105.144	660
Back Squat - 1 Rep Ma	109.498	107.322	670
Back Squat - 1 Rep Ma	111.675	109.499	680
Back Squat - 1 Rep Ma	113.853	111.676	690
Back Squat - 1 Rep Ma	116.03	113.854	700
Back Squat - 1 Rep Ma	118.207	116.031	710
Back Squat - 1 Rep Ma	120.384	118.208	720
Back Squat - 1 Rep Ma	122.562	120.385	730
Back Squat - 1 Rep Ma	124.739	122.563	740
Back Squat - 1 Rep Ma	127.461	124.74	750
Back Squat - 1 Rep Ma	130.182	127.462	760
Back Squat - 1 Rep Ma	132.904	130.183	770
Back Squat - 1 Rep Ma	135.625	132.905	780
Back Squat - 1 Rep Ma	138.347	135.626	790
Back Squat - 1 Rep M	141.069	138.348	800
Back Squat - 1 Rep Ma	143.79	141.07	810
Back Squat - 1 Rep Ma	146.512	143.791	820
Back Squat - 1 Rep Ma	149.233	146.513	830
Back Squat - 1 Rep M	151.955	149.234	840
Back Squat - 1 Rep M		151.956	850
Back Squat - 1 Rep M		154.678	860
Back Squat - 1 Rep M		157.399	870
Back Squat - 1 Rep Ma		160.121	880
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Back Squat -	1 Rep M	165.563	162.842	890
Back Squat -	1 Rep M	173.728	165.564	900
Back Squat -	1 Rep M	181.893	173.729	910
Back Squat -	1 Rep M	190.057	181.894	920
Back Squat -	1 Rep M	198.222	190.058	930
Back Squat -	1 Rep M	206.387	198.223	940
Back Squat -	1 Rep M	219.088	206.388	950
Back Squat -	1 Rep M	231.789	219.089	960
Back Squat -	1 Rep M	244.489	231.79	970
Back Squat -	1 Rep M	257.19	244.49	980
Back Squat -	1 Rep M	269.891	257.191	990
Back Squat -	1 Rep M	400	269.892	1000