

Alfven turbulence rate in the DeM phase

$n_{\text{tot}} = 1000.0 \text{ cm}^{-3}$ - $B = 2.18\text{e-}05 \text{ } \mu\text{G}$ - $T = 10 \text{ K}$ - $\text{grad}(P_{\text{CR}}) = 1\text{e-}29 \text{ erg cm}^{-4}$

