Alfven turbulence rate in the DeM phase $n_{\text{tot}} = 1000.0 \text{ cm}^{-3} - B = 2.18 \text{e-05} \ \mu\text{G} - T = 10 \text{ K} - \text{grad}(P_{\text{CR}}) = 1 \text{e-29} \text{ erg cm}^{-4}$ 10⁻² 10⁻³ Alfven turbulence rate 10⁻⁴ 10⁻⁵ 10⁻⁶ 10⁻⁷ 10⁻² 10⁰ 10^{-1} $10^{\overline{6}}$ 10¹ 10² 10³ 10⁵ 10⁷ 10⁴

Mass normalised kinetic energy