

overview



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in the box



AutoSense chest sensor



AutoSense wrist sensor



Microsoft Band



smartphone



ECG connectors



ECG electrodes



RIP connectors



device charger with
charging cables

wearing the chest sensor



1. Make sure the chest sensor is powered ON.
2. Wear the chest band under the armpits as shown.



3. Plug the RIP connectors into the left socket in the sensor. Plug the two other ends of the RIP connectors into the chest band (near the buckle).



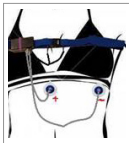
4. Plug the ECG connectors into the right socket in the sensor.



5. Place two electrodes on the body as shown. Proper placement of electrodes on the body is important.



male



female