Monk Keybinds & Macros Cheatsheet

Key	Brewmaster No Modifiers	Brewmaster Shift + Button	Mistweaver No Modifiers	Mistweaver Shift + Button	Windwalker No Modifiers	Windwalker Shift + Button	Type	Logitech G600
1	Tiger Palm		Tiger Palm	Soothing Mist	Tiger Palm		Rotation	G9
2	Rising Sun Kick		Rising Sun Kick + Thunder Focus Tea		Rising Sun Kick		Rotation	G10
3	Blackout Kick	Vivify	Blackout Kick	Vivify	Blackout Kick	Vivify	Rotation	G11
4	Keg Smash		Renewing Mist		Fists of Fury		Rotation	G12
5	Bonedust Brew	Exploding Keg	Jadefire Stomp		Whirling Dragon Punch		Rotation	G13
6	Breath of Fire		Enveloping Mist		Strike of the Windlord		Rotation	G14
7	Purifying Brew	Celestial Brew	Sheilun's Gift		Storm, Earth, and Fire		Rotation	G15
8	Spinning Crane Kick		Spinning Crane Kick				Aoe	G16
9	Zen Meditation	Fortifying Brew	Mana Tea	Fortifying Brew	Fortifying Brew		Defense	G17
0	Diffuse Magic	Dampen Harm	Diffuse Magic	Dampen Harm	Diffuse Magic	Dampen Harm	Defense	G18
'	Weapons of Order		Revival		Touch of Karma		Cooldown	G19
ì	Touch of Death		Touch of Death		Touch of Death		Cooldown	G20
Ctrl+1	Chi Torpedo/Chi Roll	Tiger's Lust	Chi Torpedo/Chi Roll	Tiger's Lust	Chi Torpedo/Chi Roll	Tiger's Lust	Movement	GShift+G9
Ctrl+2	Transcendence	Transcendence: Transfer	Transcendence	Transcendence: Transfer	Transcendence	Transcendence: Transfer	Movement	GShift+G10
Ctrl+3	Ring of Peace	Paralysis	Ring of Peace	Paralysis	Ring of Peace	Paralysis	CC	GShift+G11

Key	Brewmaster No Modifiers	Brewmaster Shift + Button	Mistweaver No Modifiers	Mistweaver Shift + Button	Windwalker No Modifiers	Windwalker Shift + Button	Type	Logitech G600
Ctrl+4	Expel Harm		Life Cocoon	Expel Harm	Expel Harm		Healing	GShift+G12
Ctrl+5	Invoke Celestial		Invoke Celestial		Invoke Celestial		Cooldown	GShift+G13
Ctrl+6	Spear Hand Strike	Leg Sweep	Spear Hand Strike	Leg Sweep	Spear Hand Strike	Leg Sweep	Interrupt	GShift+G14
Ctrl+7	Provoke		Detox		Provoke		Utility	GShift+G15
Ctrl+8	Chi Burst/Chi Wave		Chi Burst/Chi Wave		Chi Burst/Chi Wave		Cooldown	GShift+G16
Ctrl+9								GShift+G17
Ctrl+0								GShift+G18
Ctrl+'								GShift+G19
Ctrl+ì								GShift+G20
Q	Toggle Run		Toggle Run		Toggle Run		Other	
E	Loot-A-Rang		Loot-A-Rang		Loot-A-Rang		Item	
F	Interact with target		Interact with target		Interact with target	Set/Clear Focus	Other	
.	Mount		Mount		Mount		Mount	G7

Ability	Macro
Tiger Palm Soothing Mist	``` #showtooltip /use [spec:2,@mouseover,exists,help,nodead,mod:shift][spec:2,@target,exists,help,nodead,mod:shift] Soothing Mist; [spec:2,@player,mod:shift] Soothing Mist; [harm,nodead] Tiger Palm ```
Rising Sun Kick Thunder Focus Tea	``` #showtooltip Rising Sun Kick /stopcasting /cqs /startattack /use [spec:2,known:116680] Thunder Focus Tea /use [harm,nodead] Rising Sun Kick ```
Blackout Kick Vivify	``` #showtooltip /use [@mouseover,exists,help,nodead,mod:shift][@target,exists,help,nodead,mod:shift] Vivify; [@player,mod:shift] Vivify; [harm,nodead] Blackout Kick ```
Fists of Fury Keg Smash Renewing Mist	``` #showtooltip /use [spec:1] Keg Smash /use [spec:2,@mouseover,exists,help,nodead][spec:2,@target,exists,help,nodead] Renewing Mist; [spec:2,@player] Renewing Mist /use [spec:3] Fists of Fury /use 13 /use 14 ```
Bonedust Brew Exploding Keg Jadefire Stomp Whirling Dragon Punch	``` #showtooltip /use [spec:1,mod:shift,@player] Exploding Keg; [spec:1,@player] Bonedust Brew /use [spec:2] Jadefire Stomp /use [spec:3] Whirling Dragon Punch ```
Breath of Fire Enveloping Mist Strike of the Windlord	``` #showtooltip /use [spec:1] Breath of Fire /use [spec:2,@mouseover,exists,help,nodead][spec:2,@target,exists,help,nodead] Enveloping Mist; [spec:2,@player] Enveloping Mist /use [spec:3] Strike of the Windlord ```

Ability	Macro

Celestial Brew
Purifying Brew
Sheilun's Gift
	`#showtooltip`
	`/use [spec:1,mod:shift] Celestial Brew; [spec:1,nomod] Purifying Brew`
	`/use [spec:2,@mouseover,exists,help,nodead][spec:2,@target,exists,help,nodead] Sheilun's Gift;`
	`[spec:2,@player] Sheilun's Gift`
	`/use [spec:3] Storm, Earth, and Fire`

Fortifying Brew
Mana Tea
Zen Meditation
	`#showtooltip`
	`/use [spec:1, mod:shift] Fortifying Brew; [spec:1,nomod] Zen Meditation`
	`/use [spec:2, mod:shift] Fortifying Brew; [spec:2, nomod] Mana Tea`
	`/use [spec:3] Fortifying Brew`

Dampen Harm Diffuse Magic	`#showtooltip` `/use [mod:shift] Dampen Harm; Diffuse Magic`

Chi Torpedo
Chi Roll
Flying Serpent Kick
Tiger's Lust
	`#showtooltip`
	`/use [spec:3,mod:alt] Flying Serpent Kick; [mod:shift, @player] Tiger's Lust; [known:115008] Chi`
	`Torpedo; Roll`

Transcendence Transcendence: Transfer	`#showtooltip` `/use [mod:shift] Transcendence; Transcendence: Transfer`

Paralysis
Ring of Peace
	`#showtooltip`
	`/stopcasting`
	`/cqs`
	`/use [@focus,exists,mod:shift][@mouseover,exists,harm,nodead,mod:shift]`
	`[@target,exists,harm,nodead,mod:shift] Paralysis; [@cursor] Ring of Peace`

Invoke Celestials	`#showtooltip`
	`/use [spec:1,known:132578] Invoke Niuzao, the Black Ox`
	`/use [spec:2,known:325197] Invoke Chi-Ji, the Red Crane`
	`/use [spec:2,known:322118] Invoke Yu'lon, the Jade Serpent`
	`/use [spec:3,known:123904] Invoke Xuen, the White Tiger`

Leg Sweep
Spear Hand Strike
	`#showtooltip`
	`/stopcasting`
	`/cqs`
	`/use [mod:shift] Leg Sweep; [@focus, exists] Spear Hand Strike; Spear Hand Strike`

Ability	Macro

Detox
Provoke
	```#showtooltip```
	```/use [@focus,exists,spec:1/3][@mouseover,exists,harm,nodead,spec:1/3] Provoke; [spec:1/3] Provoke```
	```/use [@mouseover,exists,help,nodead,spec:2][@target,exists,help,nodead,spec:2][@player,spec:2] Detox```

Chi Burst
Chi Wave
	```#showtooltip```
	```/use [known:123986] Chi Burst```
	```/use [known:115098] Chi Wave```

Expel Harm
Life Cocoon
	```#showtooltip```
	```/use [spec:2,mod:shift] Expel Harm; [spec:2,@mouseover,exists,help,nodead] [spec:2,@target,exists,help,nodead] Life Cocoon; [spec:2,@player,nomod] Life Cocoon```
	```/use [spec:1] Expel Harm```
	```/use [spec:3] Expel Harm```