



Shaman Keybinds & Macros Cheatsheet

Key	Spec	Ability	Macro	Type
1	Elemental	Lightning Bolt	<code>#showtooltip Lightning Bolt /use Ancestral Swiftiness /use Nature's Swiftiness /use Ancestral Guidance /startattack /use [@target,harm,nodead][] Lightning Bolt</code>	Rotation
2	Elemental	Chain Lightning	<code>#showtooltip /startattack /use [@target,harm,nodead][] Chain Lightning</code>	Rotation
3	Elemental	Lava Burst	<code>#showtooltip /startattack /use [@target,harm,nodead][] Lava Burst</code>	Rotation
4	Elemental	Primordial Wave	<code>#showtooltip /startattack /use [@target,harm,nodead][] Primordial Wave /use 13 /use 14</code>	Rotation
5	Elemental	Stormkeeper		Rotation
6	Elemental	Wind Shear	<code>#showtooltip /stopcasting /cqs /use [@focus,harm,nodead][@mouseover,harm,nodead][] Wind Shear</code>	Interrupt
7	Elemental	Liquid Magma Totem	<code>#showtooltip /use [@cursor] Liquid Magma Totem</code>	Rotation

Key	Spec	Ability	Macro	Type
8	Elemental	Earth Shock	#showtooltip /startattack /use [@target,harm,nodead][] Earth Shock	Rotation
9	Elemental	Earthquake	#showtooltip /startattack /use [@target,harm,nodead][] Earthquake	AoE
0	Elemental	Totemic Recall		Cooldown
'	Elemental	Storm Elemental		Cooldown
`	Elemental	Bloodlust		Cooldown
Shift+1	Elemental	Ghost Wolf		Movement
Shift+2	Elemental	Spiritwalker's Grace		Movement
Shift+3	Elemental	Capacitor Totem	#showtooltip /cast [@cursor] Capacitor Totem	CC
Shift+4	Elemental	Earthbind Totem	#showtooltip /use [@cursor] Earthbind Totem	CC
Shift+5	Elemental	Cleanse Spirit/Purify Spirit	#showtooltip /use [known:77130,@mouseover,help,nodead] [known:77130,@target,help,nodead] Purify Spirit; [known:77130,@player] Purify Spirit /use [@mouseover,help,nodead][@target,help,nodead] Cleanse Spirit; [@player] Cleanse Spirit	Utility
Shift+6	Elemental	Healing Surge		Self-Healing
Shift+7	Elemental	Earth Elemental		Taunt
Shift+8	Elemental			Utility
Shift+9	Elemental			Utility
Shift+0	Elemental			Cooldown

Key	Spec	Ability	Macro	Type
Shift+'	Elemental	Astral Shift/Stone Bulwark Totem	#showtooltip /use Astral Shift /use Stone Bulwark Totem	Cooldown
Shift+ì	Elemental			Cooldown
Alt+1	Elemental	Spirit Walk		Movement
Alt+2	Elemental			Movement
Alt+3	Elemental	Hex	#showtooltip /use [@focus,exists][@mouseover,harm,nodead] Hex; Hex	CC
Alt+4	Elemental			Utility
Alt+5	Elemental	Flame Shock	#showtooltip /use [@mouseover,harm,nodead][] Flame Shock	Pull
Alt+6	Elemental	Potion/Healthstone	#showtooltip Cavedweller's Delight /use Healthstone /use Cavedweller's Delight	Item
Alt+7	Elemental			Item
Alt+8	Elemental	Azerite Surge		Utility
Alt+9	Elemental	Thunderstorm		AoE
Alt+0	Elemental	Lightning Shield/Earth Shield/ Flametongue Weapon/Skyfury/ Thunderstrike Ward	#showtooltip /castsequence reset=10 Lightning Shield, Earth Shield, Flametongue Weapon(Weapon Imbue), Skyfury, Thunderstrike Ward(Shield Imbue)	Utility
Alt+'	Elemental			Resurrect
Alt+ì	Elemental	Ancestral Spirit		Resurrect
1	Enhancement			Rotation
2	Enhancement			Rotation
3	Enhancement			Rotation

Key	Spec	Ability	Macro	Type
4	Enhancement			Rotation
5	Enhancement			Rotation
6	Enhancement	Wind Shear	#showtooltip /stopcasting /cqs /use [@focus,harm,nodead][@mouseover,harm,nodead][] Wind Shear	Interrupt
7	Enhancement			Rotation
8	Enhancement			Rotation
9	Enhancement			AoE
0	Enhancement			Cooldown
'	Enhancement			Cooldown
`	Enhancement	Bloodlust		Cooldown
Shift+1	Enhancement	Ghost Wolf		Movement
Shift+2	Enhancement	Spiritwalker's Grace		Movement
Shift+3	Enhancement	Capacitor Totem	#showtooltip /cast [@cursor] Capacitor Totem	CC
Shift+4	Enhancement	Earthbind Totem	#showtooltip /use [@cursor] Earthbind Totem	CC
Shift+5	Enhancement			Utility
Shift+6	Enhancement	Healing Surge		Self-Healing
Shift+7	Enhancement	Earth Elemental		Taunt
Shift+8	Enhancement			Utility
Shift+9	Enhancement			Utility
Shift+0	Enhancement			Cooldown

Key	Spec	Ability	Macro	Type
Shift+'	Enhancement			Cooldown
Shift+ì	Enhancement			Cooldown
Alt+1	Enhancement	Spirit Walk		Movement
Alt+2	Enhancement			Movement
Alt+3	Enhancement	Hex	#showtooltip /use [@focus,exists][@mouseover,harm,nodead] Hex; Hex	CC
Alt+4	Enhancement			Utility
Alt+5	Enhancement	Flame Shock	#showtooltip /use [@mouseover,harm,nodead][] Flame Shock	Pull
Alt+6	Enhancement	Potion/Healthstone	#showtooltip Cavedweller's Delight /use Healthstone /use Cavedweller's Delight	Item
Alt+7	Enhancement			Item
Alt+8	Enhancement	Azerite Surge		Utility
Alt+9	Enhancement			AoE
Alt+0	Enhancement			Utility
Alt+'	Enhancement			Resurrect
Alt+ì	Enhancement	Ancestral Spirit		Resurrect
1	Restoration	Chain Heal Chain Lightning	#showtooltip Chain Heal /use [@mouseover,help,nodead][@target,help,nodead] Chain Heal; [@mouseover,harm,nodead][@target,harm,nodead] Chain Lightning	Rotation

Key	Spec	Ability	Macro	Type
2	Restoration	Healing Surge/Nature's Swifttness/Ancestral Guidance Lightning Bolt	#showtooltip Healing Surge /use Ancestral Swifttness /use Nature's Swifttness /use Ancestral Guidance /use [@mouseover,help,nodead][@target,help,nodead] Healing Surge; [@mouseover,harm,nodead][@target,harm,nodead] Lightning Bolt	Rotation
3	Restoration	Healing Wave Lava Burst	#showtooltip Healing Wave /use [@mouseover,help,nodead][@target,help,nodead] Healing Wave; [@mouseover,harm,nodead][@target,harm,nodead] Lava Burst	Rotation
4	Restoration	Cleanse Spirit/Purify Spirit	#showtooltip /use [known:77130,@mouseover,help,nodead] [known:77130,@target,help,nodead] Purify Spirit; [known:77130,@player] Purify Spirit /use [@mouseover,help,nodead][@target,help,nodead] Cleanse Spirit; [@player] Cleanse Spirit	Rotation
5	Restoration	Riptide Flame Shock	#showtooltip /use [@mouseover,help,nodead][@target,help,nodead] Riptide; [@mouseover,harm,nodead][@target,harm,nodead] Flame Shock	Rotation
6	Restoration	Wind Shear	#showtooltip /stopcasting /cqs /use [@focus,harm,nodead][@mouseover,harm,nodead][] Wind Shear	Interrupt
7	Restoration	Healing Stream Totem		Rotation
8	Restoration	Earth Shield	#showtooltip /use [@mouseover,help,nodead] Earth Shield; [@player] Earth Shield	Rotation
9	Restoration	Healing Rain/Surging Totem	#showtooltip /use [known:444995,@cursor] Surging Totem /use [@cursor] Healing Rain	AoE

Key	Spec	Ability	Macro	Type
0	Restoration	Healing Tide Totem		Cooldown
'	Restoration	Ascendance		Cooldown
ì	Restoration	Bloodlust		Cooldown
Shift+1	Restoration	Ghost Wolf		Movement
Shift+2	Restoration	Spirit Walk		Movement
Shift+3	Restoration	Capacitor Totem	#showtooltip /cast [@cursor] Capacitor Totem	CC
Shift+4	Restoration	Earthbind Totem	#showtooltip /use [@cursor] Earthbind Totem	CC
Shift+5	Restoration			Utility
Shift+6	Restoration	Healing Surge		Self-Healing
Shift+7	Restoration	Earth Elemental		Taunt
Shift+8	Restoration	Spirit Link Totem	#showtooltip /use [@cursor] Spirit Link Totem	Utility
Shift+9	Restoration	Totemic Projection	#showtooltip /use [@cursor] Totemic Projection	Utility
Shift+0	Restoration	Tremor Totem		Cooldown
Shift+'	Restoration	Astral Shift/Stone Bulwark Totem	#showtooltip /use Astral Shift /use Stone Bulwark Totem	Cooldown
Shift+ì	Restoration	Poison Cleansing Totem		Cooldown
Alt+1	Restoration	Spiritwalker's Grace		Movement
Alt+2	Restoration			Movement
Alt+3	Restoration	Hex	#showtooltip /use [@focus,exists][@mouseover,harm,nodead] Hex; Hex	CC

Key	Spec	Ability	Macro	Type
Alt+4	Restoration	Water Walking		Utility
Alt+5	Restoration	Flame Shock	#showtooltip /use [@mouseover,harm,nodead][] Flame Shock	Pull
Alt+6	Restoration	Potion/Healthstone	#showtooltip Cavedweller's Delight /use Healthstone /use Cavedweller's Delight	Item
Alt+7	Restoration			Item
Alt+8	Restoration	Azerite Surge		Utility
Alt+9	Restoration	Thunderstorm		AoE
Alt+0	Restoration	Water Shield/Earth Shield/ Earthliving Weapon/Skyfury/ Tidecaller's Guardian	#showtooltip /castsequence reset=10 Water Shield, Earth Shield, Earthliving Weapon, Skyfury, Tidecaller's Guard	Utility
Alt+'	Restoration	Ancestral Vision		Resurrect
Alt+ì	Restoration	Ancestral Spirit		Resurrect
\	All Spec	Mount	#showtooltip /stopcasting /cast [mod:ctrl] Grizzly Hills Packmaster; /cast [noflyable] Grizzly Hills Packmaster; /cast Sky Golem; /dismount	Item
E	All Spec	Drop Totems		Other
Shift+F	All Spec	Focus	/cleartarget [@focus, exists] /focus [@focus,exists] none; [@mouseover,exists][]	Other
Q	All Spec	Toggle Run		Other