



Monk Keybinds & Macros Cheatsheet

Key	Spec	Ability	Macro	Type
1	Brewmaster	Tiger Palm	<code>#showtooltip /startattack /use Tiger Palm</code>	Rotation
2	Brewmaster	Rising Sun Kick	<code>#showtooltip Rising Sun Kick /stopcasting /cqs /startattack /use [harm,nodead] Rising Sun Kick</code>	Rotation
3	Brewmaster	Blackout Kick		Rotation
4	Brewmaster	Keg Smash		Rotation
5	Brewmaster	Breath of Fire		Rotation
6	Brewmaster	Spear Hand Strike	<code>#showtooltip /stopcasting /cqs /use [@focus,harm,nodead] Spear Hand Strike; Spear Hand Strike</code>	Interrupt
7	Brewmaster	Purifying Brew		Rotation
8	Brewmaster	Celestial Brew		Rotation
9	Brewmaster	Spinning Crane Kick		AoE
0	Brewmaster	Exploding Keg	<code>#showtooltip /use [spec:1, @player] Exploding Keg /use [spec:2] Jadenfire Stomp /use [spec:3] Whirling Dragon Punch /use 13 /use 14</code>	Cooldown

Key	Spec	Ability	Macro	Type
'	Brewmaster	Invoke Niuzao, the Black Ox		Cooldown
ì	Brewmaster	Touch of Death		Cooldown
Shift+1	Brewmaster	Chi Torpedo/Roll		Movement
Shift+2	Brewmaster	Tiger's Lust	#showtooltip /use [@player] Tiger's Lust	Movement
Shift+3	Brewmaster	Leg Sweep		CC
Shift+4	Brewmaster	Ring of Peace		CC
Shift+5	Brewmaster	Expel Harm		Utility
Shift+6	Brewmaster	Vivify	#showtooltip /use [spec:1/3,@player] Vivify /use [spec:2,@mouseover,help,nodead] [spec:2,@target,help,nodead] Vivify; [spec:2,@player] Vivify	Self-Healing
Shift+7	Brewmaster	Provoke	#showtooltip /use [@focus,exists][@mouseover,harm,nodead]Provoke; Provoke	Taunt
Shift+8	Brewmaster	Diffuse Magic		Utility
Shift+9	Brewmaster	Dampen Harm		Utility
Shift+0	Brewmaster	Zen Meditation		Cooldown
Shift+'	Brewmaster	Fortifying Brew		Cooldown
Shift+ì	Brewmaster	Weapons of Order		Cooldown
Alt+1	Brewmaster	Transcendence		Movement
Alt+2	Brewmaster	Transcendence: Transfer		Movement
Alt+3	Brewmaster	Paralysis	#showtooltip /use [@focus,exists][@mouseover,harm,nodead] Paralysis; Paralysis	CC

Key	Spec	Ability	Macro	Type
Alt+4	Brewmaster	Zen Flight		Utility
Alt+5	Brewmaster	Crackling Jade Lightning	#showtooltip /use [@mouseover,harm,nodead][] Crackling Jade Lightning	Pull
Alt+6	Brewmaster	Potion/Healthstone	#showtooltip Cavedweller's Delight /use Healthstone /use Cavedweller's Delight	Item
Alt+7	Brewmaster			Item
Alt+8	Brewmaster			Utility
Alt+9	Brewmaster	Chi Burst		AoE
Alt+0	Brewmaster			Utility
Alt+'	Brewmaster			Resurrect
Alt+ì	Brewmaster	Resuscitate		Resurrect
1	Mistweaver	Tiger Palm	#showtooltip /startattack /use Tiger Palm	Rotation
2	Mistweaver	Rising Sun Kick	#showtooltip Rising Sun Kick /stopcasting /cqs /startattack /use [harm,nodead] Rising Sun Kick	Rotation
3	Mistweaver	Blackout Kick		Rotation
4	Mistweaver	Detox	#showtooltip /use [@mouseover,help,nodead][@target,help,nodead] Detox; [@player] Detox	Rotation
5	Mistweaver	Renewing Mist/Thunder Focus Tea	#showtooltip Renewing Mist /use [known:116680] Thunder Focus Tea /use [@mouseover,help,nodead][@target,help,nodead] Renewing Mist; [@player] Renewing Mist	Rotation

Key	Spec	Ability	Macro	Type
6	Mistweaver	Spear Hand Strike	#showtooltip /stopcasting /cqs /use [@focus,harm,nodead] Spear Hand Strike; Spear Hand Strike	Interrupt
7	Mistweaver	Enveloping Mist	#showtooltip /use [@mouseover,help,nodead][@target,help,nodead] Enveloping Mist; [@player] Enveloping Mist	Rotation
8	Mistweaver	Sheilun's Gift	#showtooltip /use [@mouseover,help,nodead][@target,help,nodead] Sheilun's Gift; [@player] Sheilun's Gift	Rotation
9	Mistweaver	Spinning Crane Kick		AoE
0	Mistweaver	Jadefire Stomp	#showtooltip /use [spec:1, @player] Exploding Keg /use [spec:2] Jadefire Stomp /use [spec:3] Whirling Dragon Punch /use 13 /use 14	Cooldown
'	Mistweaver	Invoke Chi-Ji, the Red Crane/ Invoke Yu'lon, the Jade Serpent	#showtooltip /use [spec:2,known:325197] Invoke Chi-Ji, the Red Crane /use [spec:2,known:322118] Invoke Yu'lon, the Jade Serpent	Cooldown
ì	Mistweaver	Touch of Death		Cooldown
Shift+1	Mistweaver	Chi Torpedo/Roll		Movement
Shift+2	Mistweaver	Tiger's Lust	#showtooltip /use [@player] Tiger's Lust	Movement
Shift+3	Mistweaver	Leg Sweep		CC
Shift+4	Mistweaver	Ring of Peace		CC
Shift+5	Mistweaver	Expel Harm		Utility

Key	Spec	Ability	Macro	Type
Shift+6	Mistweaver	Vivify	#showtooltip /use [spec:1/3,@player] Vivify /use [spec:2,@mouseover,help,nodead] [spec:2,@target,help,nodead] Vivify; [spec:2,@player] Vivify	Self-Healing
Shift+7	Mistweaver	Provoke	#showtooltip /use [@focus,exists][@mouseover,harm,nodead]Provoke; Provoke	Taunt
Shift+8	Mistweaver	Life Cocoon	#showtooltip /use [@mouseover,help,nodead][@target,help,nodead] Life Cocoon; [@player] Life Cocoon	Utility
Shift+9	Mistweaver	Mana Tea		Utility
Shift+0	Mistweaver	Revival		Cooldown
Shift+'	Mistweaver	Fortifying Brew		Cooldown
Shift+ì	Mistweaver	Celestial Conduit		Cooldown
Alt+1	Mistweaver	Transcendence		Movement
Alt+2	Mistweaver	Transcendence: Transfer		Movement
Alt+3	Mistweaver	Paralysis	#showtooltip /use [@focus,exists][@mouseover,harm,nodead] Paralysis; Paralysis	CC
Alt+4	Mistweaver	Zen Flight		Utility
Alt+5	Mistweaver	Crackling Jade Lightning	#showtooltip /use [@mouseover,harm,nodead][] Crackling Jade Lightning	Pull
Alt+6	Mistweaver	Potion/Healthstone	#showtooltip Cavedweller's Delight /use Healthstone /use Cavedweller's Delight	Item
Alt+7	Mistweaver			Item
Alt+8	Mistweaver			Utility

Key	Spec	Ability	Macro	Type
Alt+9	Mistweaver			AoE
Alt+0	Mistweaver			Utility
Alt+'	Mistweaver	Reawaken		Resurrect
Alt+i	Mistweaver	Resuscitate		Resurrect
1	Windwalker	Tiger Palm	#showtooltip /startattack /use Tiger Palm	Rotation
2	Windwalker	Rising Sun Kick	#showtooltip Rising Sun Kick /stopcasting /cqs /startattack /use [harm,nodead] Rising Sun Kick	Rotation
3	Windwalker	Blackout Kick		Rotation
4	Windwalker	Fists of Fury		Rotation
5	Windwalker	Strike of the Windlord		Rotation
6	Windwalker	Spear Hand Strike	#showtooltip /stopcasting /cqs /use [@focus,harm,nodead] Spear Hand Strike; Spear Hand Strike	Interrupt
7	Windwalker	Storm, Earth, and Fire		Rotation
8	Windwalker	Touch of Karma		Rotation
9	Windwalker	Spinning Crane Kick		AoE
0	Windwalker	Whirling Dragon Punch	#showtooltip /use [spec:1, @player] Exploding Keg /use [spec:2] Jadenfire Stomp /use [spec:3] Whirling Dragon Punch /use 13 /use 14	Cooldown

Key	Spec	Ability	Macro	Type
'	Windwalker	Invoke Xuen, the White Tiger		Cooldown
ì	Windwalker	Touch of Death		Cooldown
Shift+1	Windwalker	Chi Torpedo/Roll		Movement
Shift+2	Windwalker	Tiger's Lust	#showtooltip /use [@player] Tiger's Lust	Movement
Shift+3	Windwalker	Leg Sweep		CC
Shift+4	Windwalker	Ring of Peace		CC
Shift+5	Windwalker			Utility
Shift+6	Windwalker	Vivify	#showtooltip /use [spec:1/3,@player] Vivify /use [spec:2,@mouseover,help,nodead] [spec:2,@target,help,nodead] Vivify; [spec:2,@player] Vivify	Self-Healing
Shift+7	Windwalker	Provoke	#showtooltip /use [@focus,exists][@mouseover,harm,nodead]Provoke; Provoke	Taunt
Shift+8	Windwalker			Utility
Shift+9	Windwalker			Utility
Shift+0	Windwalker	Flying Serpent Kick		Cooldown
Shift+'	Windwalker	Fortifying Brew		Cooldown
Shift+ì	Windwalker	Celestial Conduit		Cooldown
Alt+1	Windwalker	Transcendence		Movement
Alt+2	Windwalker	Transcendence: Transfer		Movement
Alt+3	Windwalker	Paralysis	#showtooltip /use [@focus,exists][@mouseover,harm,nodead] Paralysis; Paralysis	CC

Key	Spec	Ability	Macro	Type
Alt+4	Windwalker	Zen Flight		Utility
Alt+5	Windwalker	Crackling Jade Lightning	#showtooltip /use [@mouseover,harm,nodead][] Crackling Jade Lightning	Pull
Alt+6	Windwalker	Potion/Healthstone	#showtooltip Cavedweller's Delight /use Healthstone /use Cavedweller's Delight	Item
Alt+7	Windwalker			Item
Alt+8	Windwalker			Utility
Alt+9	Windwalker			AoE
Alt+0	Windwalker			Utility
Alt+'	Windwalker			Resurrect
Alt+ì	Windwalker	Resuscitate		Resurrect
\	All Spec	Mount	#showtooltip /stopcasting /cast [mod:ctrl] Grizzly Hills Packmaster; /cast [noflyable] Grizzly Hills Packmaster; /cast Sky Golem; /dismount	Item
E	All Spec	Loot-A-Rang		Other
Shift+F	All Spec	Focus	/cleartarget [@focus, exists] /focus [@focus,exists] none; [@mouseover,exists][]	Other
Q	All Spec	Toggle Run		Other