Theorem 1. Let C be an abelian category. Then K(C) (also K^+, K^-, K^b) with standard translation functor and distinguished triangles is triangulated.

Remark 2. C(U) fits as Z in TR1.

Definition 3 (cohomological functor). Assume C is triangulated, A is abelian. Let $F: C \to A$ be an additive functor. We call it cohomological if for any distinguished triangle $X \xrightarrow{u} Y \xrightarrow{v} Z \xrightarrow{w} T(X)$ we have an exact sequence $\ldots \to F(T^i(X)) \to F(T^i(Y)) \to F(T^i(X)) \to F(T^{i+1})(X) \to \ldots$

Definition 4. Let C be a triangulated category, S a localizing class of morphisms in C. We say that S is compatible with triangulation if

- $s \in S \iff T(s) \in S$,
- in TR3, $f, g \in S \implies h \in S$ for any h.

Theorem 5. Let C and S be as above. On $C[S^{-1}]$ we can define

- $T_S: \mathcal{C}[S^{-1}] \to \mathcal{C}[S^{-1}], T_S = T$ on objects and morphisms, i.e. $T(X \stackrel{s}{\leftarrow} Z \stackrel{f}{\to} Y) = T(X) \stackrel{T(s)}{\longleftarrow} T(Z) \stackrel{T(f)}{\longrightarrow} T(Y).$
- $X \xrightarrow{u} Y \xrightarrow{v} Z \xrightarrow{w} T(X)$ is distinguished in $C[S^{-1}]$ if it is isomorphic to a distinguished triangle coming from C.

Then $C[S^{-1}]$ with the structure defined above is triangulated.

Corollary 6. Derived category of an abelian category inherits the triangulated structure from the homotopy category of complexes.