goldstone

$$a_p \equiv {\stackrel{p}{\uparrow}} \qquad a_p^{\dagger} \equiv {\stackrel{1}{\downarrow}} \qquad b_a \equiv {\stackrel{a}{\uparrow}} \qquad b_i \equiv {\stackrel{i}{\downarrow}} \qquad b_a^{\dagger} \equiv {\stackrel{1}{\downarrow}} \qquad b_i^{\dagger} \equiv {\stackrel{1}{\downarrow}} \qquad (1)$$

$$a_{q_1q_2\cdots q_n}^{p_1p_2\cdots p_n} \equiv \begin{pmatrix} p_1 & p_2 & p_n \\ \downarrow & \downarrow & \ddots \\ q_1 & q_2 & q_n \end{pmatrix} \qquad \tilde{a}_{q_1q_2\cdots q_n}^{p_1p_2\cdots p_n} \equiv \begin{pmatrix} p_1 & p_2 & p_n \\ \downarrow & \downarrow & \ddots \\ q_1 & q_2 & q_n \end{pmatrix} \qquad (2)$$

$$\left(\frac{1}{n!}\right)^{2} v_{p_{1}p_{2}\dots p_{n}}^{q_{1}q_{2}\dots q_{n}} \tilde{a}_{q_{1}q_{2}\dots q_{n}}^{p_{1}p_{2}\dots p_{n}} \equiv \boxed{\boldsymbol{v}} \longrightarrow \boldsymbol{0} \tag{3}$$

$$h_p^q a_q^p \equiv \bowtie -$$
 (4)

$$\boxtimes \stackrel{\downarrow}{\longrightarrow} = \boxtimes \stackrel{\downarrow}{\longrightarrow} + \boxtimes \stackrel{\longleftarrow}{\longrightarrow} \tag{5}$$

$$\boxtimes \stackrel{\downarrow}{\longrightarrow} = \boxtimes \stackrel{\downarrow}{\longrightarrow} + \boxtimes \stackrel{\downarrow}{\longrightarrow} + \boxtimes \stackrel{\downarrow}{\longrightarrow}$$
 (6)

$$\frac{1}{4}\overline{g}_{pq}^{rs}a_{rs}^{pq} =$$

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