120 laps

5 × **600** as	**1** as	**100** FR	1
		100 D Any Any	2
		100 Not FR	3
	6 IM @_1:45		4
	4 D IM Order Any ↻0:15		5
	3 FR ↻0:15 Pads		6
	2 FR ↻0:15 Pads		7