## Aliquot

## Christoph Bartneck

Swim the smallest unknown aliquot sequence of the number 276.

→Date:09 May 2024 →Pool Size:25 →Units:meters →Length:3400

Warm up			
200	Any	Easy	1
		Aliquot sequence	
2 ×	200	IM 👀:20 80%	2
7 ×	200	FR 🖭:30 70%	3
6 ×	200	Nr 1 ⊙0:40 60%	4
		Warm down	
200	Any	Easy	5

made with: SWINL