

Continues Testing

Christoph Bartneck
Swimming the Super Hero Triangles.

~>Date:28 February 2023
~>Pool Size:25
~>Units:meters
~>Length:

8 × 200 as	3 FL	1	
	5 Any	2	
3 × 100 FL		3	
132 ×	100 BK	4	
	100 BK	5	
12 ×	100 BK	6	
	12 × 100 BK	7	
	100 BK	8	
Main set			
100 FR		9	
10000 FR		10	
200 BK		11	
2 × 100 as	1 FR	12	
	1 BK	13	
2060 as	100 FR	14	
	100 BK	15	
	1060 as	1060 BK	16
	800 IM		17
400 FR		18	