

Binary

Christoph Bartneck

Look at swimming from a binary point of view.
Swim 8 times 300 using 3 bits.

→Date:25 March 2024
→Pool Size:25
→Units:meters
→Length:3000 meters / 120 Laps

Warm Up			
400	Any Easy		1
Binary set			
8 × 300 as	1 as	100 Not FR	2
		100 Not FR	3
		100 Not FR	4
	1 as	100 Not FR	5
		100 Not FR	6
		100 FR	7
	1 as	100 Not FR	8
		100 FR	9
		100 Not FR	10
	1 as	100 Not FR	11
		100 FR	12
		100 FR	13
	1 as	100 FR	14
		100 Not FR	15
		100 Not FR	16
	1 as	100 FR	17
		100 Not FR	18
		100 FR	19
	1 as	100 FR	20
		100 FR	21
		100 Not FR	22
	1 as	100 FR	23
		100 FR	24
		100 FR	25
Warm Down			
200	Any Easy		26