Recaman Sequence

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Swim the first 10 terms of the Recaman sequence.

→>Date:05 March 2024

→ Pool Size:25 →Units:meters →Length:3000

Warm Up		
400 Any Easy		1
	Recaman set	
1 laps FR ⊙0	:15	2
3 laps FR ⊙0	:15	3
6 laps BK ⊙0	:15	4
2 laps FR ⊙0	:15	5
7 laps FR ⊙0	:15	6
13 laps FR ⊙ 0	:15	7
20 laps BK ⊙ 0	:15	8
12 laps FR ⊙ 0	:15	9
21 laps BK ⊙ 0	:15	10
11 laps FR 👀	:15	11
Warm down		
200 Any Easy 12		

made with: SWINL

