

Acceleration

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Contents

1	Acceleration	1
2	Accelerated gradient methods	3
2.1	Constant step size	3
2.2	Acceleration of sequences	8
2.3	Accelerated gradient method	10
2.4	AGM for quadratics	13

1 Acceleration of sequences

Algorithm 1: AGM fixed step size

Choose $x_0 \in X$, $0 \leq \beta, \rho \leq 1$. Set $x_{-1} = x_0$ and $k = 0$.

(1) $y_k = x_k + \beta(x_k - x_{k-1})$

(2) $x_{k+1} = \rho y_k$.

(3) Increment k and go to (1).

Lemma 1. Let $\rho \leq 1$ and $\beta^*(\rho)$ be the solution to

$$\frac{(1 + \beta)^2}{\beta} = \frac{4}{\rho}. \quad (1)$$

Then for all $0 \leq \beta \leq \beta^*(\rho)$ and

$$\theta = \rho(1 + \beta) \frac{1 - \sqrt{1 - S}}{2}, \quad q = \rho(1 + \beta) \frac{1 + \sqrt{1 - S}}{2}, \quad S := \frac{4\rho\beta}{\rho^2(1 + \beta)^2} \quad (2)$$

we have

$$x_n = \left(\theta^n + (\rho - \theta) \sum_{k=0}^{n-1} q^{n-1-k} \theta^k \right) x_0. \quad (3)$$

Proof. Let

$$z_k := x_k - \theta x_{k-1} \quad (k \geq 1).$$

We have

$$z_1 = (\rho - \theta)x_0, \quad z_{k+1} = qz_k \quad (k \geq 1)$$

if and only

$$x_{k+1} = (\theta + q)x_k - \theta q x_{k-1},$$

which leads to

$$\theta + q = \rho(1 + \beta), \quad \theta q = \rho\beta$$

Taking squares and subtracting we have

$$(\theta - q)^2 = \rho^2(1 + \beta)^2 - 4\rho\beta \quad (= \rho^2(1 - \beta)^2 - 4\rho\beta(1 - \rho)).$$

The function $\phi(x) = (1 + x)^2/x$ is strictly decreasing and convex on $]0, 1]$ and $\phi(1) = 4$. So for β satisfying (1) we have $S \leq 1$.

$$2\theta = \rho(1 + \beta) - \sqrt{\rho^2(1 + \beta)^2 - 4\rho\beta} \Rightarrow (2)$$

This implies with $\beta \leq 1$ that $\theta \leq \rho$. Finally, it is clear that (3) holds for $n = 0$. Then by induction

$$\begin{aligned} x_{n+1} &= z_{n+1} + \theta x_n = q^n z_1 + \theta x_n = q^n(\rho - \theta)x_0 + \left(\theta^{n+1} + (\rho - \theta) \sum_{k=0}^{n-1} q^{n-1-k} \theta^{k+1} \right) x_0 \\ &= \left(\theta^{n+1} + (\rho - \theta) \sum_{k=1}^n q^{n-k} \theta^k + q^n(\rho - \theta) \right) x_0 = \left(\theta^{n+1} + (\rho - \theta) \sum_{k=0}^n q^{n-k} \theta^k \right) x_0 \end{aligned}$$

□

It follows from (3) that

$$x_n = \left(\theta^n + (\rho - \theta) \sum_{k=0}^{n-1} \left(\frac{\theta}{q} \right)^k q^{n-1} \right) x_0.$$

This expression is minimized if β is chosen such that $q = \theta$.

Theorem 1. *Let $\beta = \beta^*$. Then we have*

$$\beta = \frac{2 - \rho - 2\sqrt{1 - \rho}}{\rho} = 1 + \frac{2\sqrt{1 - \rho} (\sqrt{1 + \rho} - 1)}{\rho} \quad (4)$$

$$x_n = \left(\frac{\rho}{1 + \sqrt{1 - \rho}} \right)^n (1 + 2n\sqrt{1 - \rho}) x_0. \quad (5)$$

Remark 1. For $\rho = 1 - 1/\kappa$, we find $\rho^* = 1 - \frac{1+\kappa^{-\frac{1}{2}}}{1+\kappa^{\frac{1}{2}}} \approx 1 - 1/\sqrt{\kappa}$ and $\beta^* \approx 1 - 2/\sqrt{\kappa}$.

Proof. From (3) we get

$$x_n = \theta^n \left(1 + n \frac{(\rho - \theta)}{\theta} \right) x_0.$$

We have

$$\theta = \rho \frac{1 + \beta}{2}, \quad \frac{(\rho - \theta)}{\theta} = \frac{1 - \beta}{1 + \beta}$$

and

$$\frac{(1 + \beta)^2}{\beta} = \frac{4}{\rho}, \quad \frac{(1 - \beta)^2}{\beta} = \frac{4(1 - \rho)}{\rho} \Rightarrow \frac{1 - \beta}{1 + \beta} = 2\sqrt{1 - \rho}$$

and

$$\beta^2 + (2 - \frac{4}{\rho})\beta = -1 \Rightarrow \left(\beta - \frac{2 - \rho}{\rho} \right)^2 = \frac{(2 - \rho)^2 - \rho^2}{\rho^2} = \frac{4(1 - \rho)}{\rho^2}$$

so we get (4). We have $\beta \geq 0$ since $\sqrt{1 - x} \leq 1 - x/2$ and $\beta \leq 1$ since $1 - \rho \leq \sqrt{1 - \rho}$. We finally have

$$\theta = \rho \frac{1 + \frac{2 - \rho}{\rho} - \frac{2\sqrt{1 - \rho}}{\rho}}{2} = \frac{\rho + 2 - \rho - 2\sqrt{1 - \rho}}{2} = 1 - \sqrt{1 - \rho}$$

□

2 Accelerated gradient methods

2.1 Constant step size

Algorithm 2: AGM fixed step size

Choose $x_0 \in X$, $0 \leq \beta \leq 1$. Set $x_{-1} = x_0$ and $k = 0$.

(1) $y_k = x_k + \beta(x_k - x_{k-1})$

(2) $x_{k+1} = y_k - \frac{1}{L} \nabla f(y_k)$.

(3) Increment k and go to (1).

Let us start with, for any $x \in X$,

$$\begin{cases} f(x_{k+1}) \leq f(y_k) - \frac{1}{2L} \|\nabla f(y_k)\|^2 \\ f(x) \geq f(y_k) + \langle \nabla f(y_k), x - y_k \rangle + \frac{\mu}{2} \|x - y_k\|^2 \end{cases}$$

$$\Rightarrow f(x_{k+1}) - f(x) \leq \langle \nabla f(y_k), y_k - x \rangle - \frac{1}{2L} \|\nabla f(y_k)\|^2 - \frac{\mu}{2} \|x - y_k\|^2$$

Let

$$\begin{aligned} u_k &:= \frac{y_k - (1 - \theta)x_k}{\theta} = x_k + \frac{y_k - x_k}{\theta} = x_k + \frac{\beta}{\theta}(x_k - x_{k-1}) \\ v_k &:= \frac{x_k - (1 - \theta)x_{k-1}}{\theta} = x_k + \frac{(1 - \theta)(x_k - x_{k-1})}{\theta} = x_k + \frac{(1 - \theta)(y_k - x_k)}{\theta\beta} \end{aligned}$$

Using $2ab - a^2 = b^2 - (a - b)^2$ we have

$$\langle \nabla f(y_k), y_k - (1 - \theta)x_k - \theta x^* \rangle - \frac{1}{2L} \|\nabla f(y_k)\|^2 = \frac{L\theta^2}{2} (\|u_k - x^*\|^2 - \|v_{k+1} - x^*\|^2)$$

and

$$\begin{aligned} \theta \|y_k - x^*\|^2 + (1 - \theta) \|y_k - x_k\|^2 &= \|y_k - (1 - \theta)x_k - \theta x^*\|^2 + \theta(1 - \theta) \|x_k - x^*\|^2 \\ &= \theta^2 \|u_k - x^*\|^2 + \theta(1 - \theta) \|x_k - x^*\|^2 \end{aligned}$$

Then with $\rho := 1 - 1/\kappa_f$

$$\Delta f_{k+1} - (1 - \theta)\Delta f_k \leq \frac{\theta^2 L}{2} (\rho \|u_k - x^*\|^2 - \|v_{k+1} - x^*\|^2) - \frac{\theta(1 - \theta)\mu}{2} \|x_k - x^*\|^2$$

Now let

$$\beta \leq \lambda \leq 1 - \theta, \quad w_k = x_k + \frac{\lambda}{\theta}(x_k - x_{k-1})$$

Then

$$\|\mathbf{u}_k - \mathbf{x}^*\|^2 = \|\mathbf{w}_k - \mathbf{x}^*\|^2 + 2\langle \mathbf{w}_k - \mathbf{x}^*, \mathbf{u}_k - \mathbf{w}_k \rangle + \|\mathbf{u}_k - \mathbf{w}_k\|^2$$

$$\text{since } \mathbf{u}_k - \mathbf{w}_k = \frac{\beta - \lambda}{\theta}(\mathbf{x}_k - \mathbf{x}_{k-1}) = \frac{\beta - \lambda}{\theta} \frac{\theta}{\lambda}(\mathbf{w}_k - \mathbf{x}_k)$$

$$\begin{aligned} 2\langle \mathbf{w}_k - \mathbf{x}^*, \mathbf{u}_k - \mathbf{w}_k \rangle &= 2\frac{\beta - \lambda}{\lambda} \langle \mathbf{w}_k - \mathbf{x}^*, \mathbf{w}_k - \mathbf{x}_k \rangle \\ &= \frac{\beta - \lambda}{\lambda} \left(\|\mathbf{w}_k - \mathbf{x}^*\|^2 + \|\mathbf{w}_k - \mathbf{x}_k\|^2 - \|\mathbf{x}_k - \mathbf{x}^*\|^2 \right) \end{aligned}$$

so

$$\begin{aligned} \|\mathbf{u}_k - \mathbf{x}^*\|^2 &= \|\mathbf{w}_k - \mathbf{x}^*\|^2 + 2\langle \mathbf{w}_k - \mathbf{x}^*, \mathbf{u}_k - \mathbf{w}_k \rangle + \|\mathbf{u}_k - \mathbf{w}_k\|^2 \\ &= \|\mathbf{w}_k - \mathbf{x}^*\|^2 + \frac{\beta - \lambda}{\lambda} \left(\|\mathbf{w}_k - \mathbf{x}^*\|^2 + \|\mathbf{w}_k - \mathbf{x}_k\|^2 - \|\mathbf{x}_k - \mathbf{x}^*\|^2 \right) + \|\mathbf{u}_k - \mathbf{w}_k\|^2 \\ &= \left(1 - \frac{\lambda - \beta}{\lambda} \right) \|\mathbf{w}_k - \mathbf{x}^*\|^2 + \frac{\lambda - \beta}{\lambda} \|\mathbf{x}_k - \mathbf{x}^*\|^2 - \frac{\beta(\lambda - \beta)}{\theta^2} \|\mathbf{x}_k - \mathbf{x}_{k-1}\|^2 \end{aligned}$$

$$\text{Similarly with } \mathbf{v}_k - \mathbf{w}_k = \frac{1 - \theta - \lambda}{\theta}(\mathbf{x}_k - \mathbf{x}_{k-1}) = \frac{1 - \theta - \lambda}{\theta} \frac{\theta}{\lambda}(\mathbf{w}_k - \mathbf{x}_k)$$

$$\begin{aligned} 2\langle \mathbf{w}_k - \mathbf{x}^*, \mathbf{v}_k - \mathbf{w}_k \rangle &= 2\frac{1 - \theta - \lambda}{\lambda} \langle \mathbf{w}_k - \mathbf{x}^*, \mathbf{w}_k - \mathbf{x}_k \rangle \\ &= \frac{1 - \theta - \lambda}{\lambda} \left(\|\mathbf{w}_k - \mathbf{x}^*\|^2 + \|\mathbf{w}_k - \mathbf{x}_k\|^2 - \|\mathbf{x}_k - \mathbf{x}^*\|^2 \right) \end{aligned}$$

$$\begin{aligned} \|\mathbf{v}_k - \mathbf{x}^*\|^2 &= \|\mathbf{w}_k - \mathbf{x}^*\|^2 + 2\langle \mathbf{w}_k - \mathbf{x}^*, \mathbf{v}_k - \mathbf{w}_k \rangle + \|\mathbf{v}_k - \mathbf{w}_k\|^2 \\ &= \|\mathbf{w}_k - \mathbf{x}^*\|^2 + \frac{1 - \theta - \lambda}{\lambda} \left(\|\mathbf{w}_k - \mathbf{x}^*\|^2 + \|\mathbf{w}_k - \mathbf{x}_k\|^2 - \|\mathbf{x}_k - \mathbf{x}^*\|^2 \right) + \|\mathbf{v}_k - \mathbf{w}_k\|^2 \\ &= \left(1 + \frac{1 - \theta - \lambda}{\lambda} \right) \|\mathbf{w}_k - \mathbf{x}^*\|^2 - \frac{1 - \theta - \lambda}{\lambda} \|\mathbf{x}_k - \mathbf{x}^*\|^2 + \frac{(1 - \theta)(1 - \theta - \lambda)}{\theta^2} \|\mathbf{x}_k - \mathbf{x}_{k-1}\|^2 \end{aligned}$$

Then we have

$$\begin{aligned} \rho \|\mathbf{u}_k - \mathbf{x}^*\|^2 - \|\mathbf{v}_{k+1} - \mathbf{x}^*\|^2 &= \rho \left(1 - \frac{\lambda - \beta}{\lambda} \right) \|\mathbf{w}_k - \mathbf{x}^*\|^2 - \left(1 + \frac{1 - \theta - \lambda}{\lambda} \right) \|\mathbf{w}_{k+1} - \mathbf{x}^*\|^2 \\ &\quad + \rho \frac{\lambda - \beta}{\lambda} \|\mathbf{x}_k - \mathbf{x}^*\|^2 + \frac{1 - \theta - \lambda}{\lambda} \|\mathbf{x}_{k+1} - \mathbf{x}^*\|^2 \\ &\quad - \rho \frac{\beta(\lambda - \beta)}{\theta^2} \|\mathbf{x}_k - \mathbf{x}_{k-1}\|^2 - \frac{(1 - \theta)(1 - \theta - \lambda)}{\theta^2} \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2 \end{aligned}$$

TEST: for $\lambda = 1 - \theta$ we have $w_k = v_k$ and

$$\begin{aligned} \rho \|u_k - x^*\|^2 - \|v_{k+1} - x^*\|^2 &= \rho \left(1 - \frac{\lambda - \beta}{\lambda} \right) \|v_k - x^*\|^2 - \|v_{k+1} - x^*\|^2 \\ &\quad + \rho \frac{\lambda - \beta}{\lambda} \|x_k - x^*\|^2 - \rho \frac{\beta(\lambda - \beta)}{\theta^2} \|x_k - x_{k-1}\|^2 \end{aligned}$$

..... ALL IN X_k

We have

$$\begin{aligned} \|u_k - x^*\|^2 &= \|x_k - x^*\|^2 + 2\langle x_k - x^*, u_k - x_k \rangle + \|u_k - x_k\|^2 \\ &= \|x_k - x^*\|^2 + 2\frac{\beta}{\theta} \langle x_k - x^*, x_k - x_{k-1} \rangle + \frac{\beta^2}{\theta^2} \|x_k - x_{k-1}\|^2 \\ &= \|x_k - x^*\|^2 + \frac{\beta}{\theta} \left(\|x_k - x^*\|^2 + \|x_k - x_{k-1}\|^2 - \|x_{k-1} - x^*\|^2 \right) + \frac{\beta^2}{\theta^2} \|x_k - x_{k-1}\|^2 \\ &= \frac{\beta + \theta}{\theta} \|x_k - x^*\|^2 + \frac{\beta(\beta + \theta)}{\theta^2} \|x_k - x_{k-1}\|^2 - \frac{\beta}{\theta} \|x_{k-1} - x^*\|^2 \end{aligned}$$

and similarly

$$\|v_k - x^*\|^2 = \frac{1}{\theta} \|x_k - x^*\|^2 + \frac{1 - \theta}{\theta^2} \|x_k - x_{k-1}\|^2 - \frac{1 - \theta}{\theta} \|x_{k-1} - x^*\|^2$$

such that

$$\begin{aligned} \rho \|u_k - x^*\|^2 - \|v_{k+1} - x^*\|^2 &= \frac{1 - \theta + \rho(\beta + \theta)}{\theta} \|x_k - x^*\|^2 - \frac{1}{\theta} \|x_{k+1} - x^*\|^2 - \frac{\beta\rho}{\theta} \|x_{k-1} - x^*\|^2 \\ &\quad + \frac{\rho\beta(\beta + \theta)}{\theta^2} \|x_k - x_{k-1}\|^2 - \frac{1 - \theta}{\theta^2} \|x_{k+1} - x_k\|^2 \end{aligned}$$

Then with

$$\begin{aligned} \frac{\theta L}{2} (1 - \theta + \rho(\beta + \theta)) - \frac{\mu\theta(1 - \theta)}{2} &= \frac{\theta L}{2} \left(1 - \theta + \rho(\beta + \theta) - \frac{1 - \theta}{\kappa_f} \right) \\ &= \frac{\theta L}{2} (\rho(1 - \theta) + \rho(\beta + \theta)) = \frac{\theta L}{2} (\rho(1 + \beta)) \end{aligned}$$

and $e_k := \frac{1}{2} \|x_k - x^*\|^2$, $d_k := \frac{\theta L}{2} \|x_k - x^*\|^2$ we have

$$\Delta f_{k+1} \leq (1 - \theta)\Delta f_k + \theta(\rho(1 + \beta)e_k - e_{k+1} - \beta\rho e_{k-1}) + (\rho\beta(\beta + \theta)d_k - (1 - \theta)d_{k+1})$$

or with $\alpha := \rho\beta(\beta + \theta)$

$$\begin{aligned} \theta\Delta f_{k+1} + (1 - \rho)e_{k+1} + (1 - \theta - \alpha)\frac{L}{2} \|x_{k+1} - x_k\|^2 &\leq (1 - \theta)(\Delta f_k - \Delta f_{k+1}) \\ &\quad + \rho(e_k - e_{k+1}) - \beta\rho(e_{k-1} - e_k) + \frac{L\alpha}{2} \left(\|x_k - x_{k-1}\|^2 - \|x_{k+1} - x_k\|^2 \right) \end{aligned}$$

Let $a_k := \theta \Delta f_k + (1 - \rho)e_k + (1 - \theta - \alpha)\frac{L}{2} \|x_k - x_{k-1}\|^2$. Then

$$\begin{aligned} \sum_{k=n+1}^{\infty} a_k &\leq (1 - \theta)\Delta f_n + \rho e_n - \beta \rho e_{n-1} + \frac{L\alpha}{2} \|x_n - x_{n-1}\|^2 \\ &\leq \max \left\{ \frac{1 - \theta}{\theta}, \frac{\rho}{1 - \rho}, \frac{\alpha}{1 - \theta - \alpha} \right\} a_n \end{aligned}$$

..... WORKS

Let

$$u_k := \frac{1}{\theta} (y_k - (1 - \theta)x_k) = x_k + \frac{y_k - x_k}{\theta}$$

Using $2ab - a^2 = b^2 - (a - b)^2$ we have

$$\langle \nabla f(y_k), \theta u_k - \theta x^* \rangle - \frac{1}{2L} \|\nabla f(y_k)\|^2 = \frac{L}{2} \left(\|\theta u_k - \theta x^*\|^2 - \|x_{k+1} - (1 - \theta)x_k - \theta x^*\|^2 \right)$$

Let

$$v_k := \frac{x_k}{\theta} - \frac{(1 - \theta)x_{k-1}}{\theta} = x_k + \frac{(1 - \theta)(x_k - x_{k-1})}{\theta} = x_k + \frac{(1 - \theta)(y_k - x_k)}{\theta\beta}$$

and $\Delta f_k := f(x_k) - f^*$. We then have with $0 < \theta < 1$

$$\Delta f_{k+1} - (1 - \theta)\Delta f_k \leq \frac{L\theta^2}{2} \left(\|u_k - x^*\|^2 - \|v_{k+1} - x^*\|^2 \right) - \frac{\theta\mu}{2} \|x^* - y_k\|^2 - \frac{(1 - \theta)\mu}{2} \|x_k - y_k\|^2$$

Next we have

$$\begin{aligned} v_k &= y_k + \frac{(1 - \theta - \theta\beta)(y_k - x_k)}{\theta\beta}, \quad u_k = y_k + \frac{(1 - \theta)(y_k - x_k)}{\theta} \\ v_k - u_k &= \frac{(1 - \theta - \beta)(y_k - x_k)}{\theta\beta} = \lambda(v_k - y_k), \quad \lambda := \frac{1 - \theta - \beta}{1 - \theta - \theta\beta}, \end{aligned}$$

such that

$$\begin{aligned} \|u_k - x^*\|^2 &= \|v_k - x^*\|^2 - 2\langle v_k - x^*, v_k - u_k \rangle^2 + \|v_k - u_k\|^2 \\ &= \|v_k - x^*\|^2 - 2\lambda \langle v_k - x^*, v_k - y_k \rangle^2 + \|v_k - u_k\|^2 \\ &= \|v_k - x^*\|^2 - \lambda \left(\|v_k - x^*\|^2 + \|v_k - y_k\|^2 - \|y_k - x^*\|^2 \right) + \|v_k - u_k\|^2 \\ &= (1 - \lambda) \|v_k - x^*\|^2 - \lambda(1 - \lambda) \|v_k - y_k\|^2 + \lambda \|y_k - x^*\|^2 \end{aligned}$$

It follows that

$$\begin{aligned} \Delta f_{k+1} - (1 - \theta)\Delta f_k &\leq \frac{L\theta^2}{2} \left((1 - \lambda) \|v_k - x^*\|^2 - \|v_{k+1} - x^*\|^2 \right) \\ &+ \left(\frac{L\theta^2}{2}\lambda - \frac{\theta\mu}{2} \right) \|x^* - y_k\|^2 - \left(\frac{(1 - \theta)\mu}{2} + \frac{L(1 - \theta - \beta)(1 - \theta)}{2\beta} \right) \|x_k - y_k\|^2 \end{aligned}$$

since

$$\lambda(1 - \lambda) \left(\frac{1 - \theta - \theta\beta}{\theta\beta} \right)^2 = \frac{1 - \theta - \beta}{1 - \theta - \theta\beta} \frac{\beta(1 - \theta)}{1 - \theta - \theta\beta} \left(\frac{1 - \theta - \theta\beta}{\theta\beta} \right)^2 = \frac{(1 - \theta - \beta)(1 - \theta)}{\theta^2\beta}$$

We now chose θ such that $\lambda = \theta$, i.e.

$$\begin{aligned} \theta^{-1} = \frac{1 - \theta - \theta\beta}{1 - \theta - \beta} = 1 + \frac{\beta(1 - \theta)}{1 - \theta - \beta} &\Rightarrow \frac{1 - \theta}{\theta} = \frac{\beta(1 - \theta)}{1 - \theta - \beta} \Rightarrow \\ 1 - \theta - \beta = \theta\beta &\Rightarrow \theta = \frac{1 - \beta}{1 + \beta} \Rightarrow \beta = \frac{1 - \theta}{1 + \theta} \end{aligned}$$

Then

$$\begin{aligned} \Delta f_{k+1} - (1 - \theta)\Delta f_k &\leq \frac{L\theta^2}{2} \left((1 - \theta) \|v_k - x^*\|^2 - \|v_{k+1} - x^*\|^2 \right) \\ &+ \left(\frac{L\theta^3}{2} - \frac{\theta\mu}{2} \right) \|x^* - y_k\|^2 - \left(\frac{(1 - \theta)\mu}{2} + \frac{L\theta(1 - \theta)}{2} \right) \|x_k - y_k\|^2 \end{aligned}$$

Proposition 1. Suppose that f is μ -strongly convex and ∇f is L -Lipschitz and let $\kappa_f := L/\mu$. Set

$$\theta := \frac{1 - \beta}{1 + \beta}, \quad v_k = x_k + \frac{y_k - x_k}{\theta}, \quad e_k := \Delta f_k + \frac{L\theta^2}{2} \|v_k - x^*\|^2 \quad (6)$$

Under the condition

$$\theta \leq \kappa_f^{-\frac{1}{2}} \quad (7)$$

we have

$$e_{k+1} \leq (1 - \theta)e_k - \frac{1 - \theta}{2} (\mu + L\theta) \|x_k - y_k\|^2 \quad (8)$$

In case $\mu = 0$ we cannot satisfy (7). But we have

$$\begin{aligned} \|x^* - y_k\|^2 &= \|x^* - x_k\|^2 + 2\beta \langle x^* - x_k, x_k - x_{k-1} \rangle + \|y_k - x_k\|^2 \\ &= \|x^* - x_k\|^2 + \beta \left(\|x^* - x_{k-1}\|^2 - \|x^* - x_k\|^2 - \|x_k - x_{k-1}\|^2 \right) + \|y_k - x_k\|^2 \end{aligned}$$

2.2 Acceleration of sequences

Algorithm 3: Acceleration fixed step

Inputs: $x_0 \in X, 0 < \rho < 1, 0 \leq \beta \leq 1$, Set $k = 0$.

(1) $x_{k+1} = \rho((1 + \beta)x_k - \beta x_{k-1})$.

(4) Increment k and go to (1).

Classical two-step analysis

$$\begin{bmatrix} x_{k+1} \\ x_k \end{bmatrix} = \rho \begin{bmatrix} 1 + \beta & -\beta \\ \rho^{-1} & 0 \end{bmatrix} \begin{bmatrix} x_k \\ x_{k-1} \end{bmatrix}$$

$$\begin{bmatrix} 1 & 0 \\ -(1 + \beta) & 1 \end{bmatrix} \begin{bmatrix} x_{k+1} \\ y_{k+1} \end{bmatrix} = \begin{bmatrix} 0 & \rho \\ -\beta & 0 \end{bmatrix} \begin{bmatrix} x_k \\ y_k \end{bmatrix} \quad \begin{bmatrix} 1 & 0 \\ -(1 + \beta) & 1 \end{bmatrix}^{-1} \begin{bmatrix} 0 & \rho \\ -\beta & 0 \end{bmatrix} = \begin{bmatrix} 0 & \rho \\ -\beta & \rho(1 + \beta) \end{bmatrix}$$
$$\begin{bmatrix} x_{k+1} \\ y_{k+1} \end{bmatrix} = \begin{bmatrix} 0 & \rho \\ -\beta & \rho(1 + \beta) \end{bmatrix} \begin{bmatrix} x_k \\ y_k \end{bmatrix} \quad y_{k+1} = (1 + \beta)x_{k+1} - \beta x_k$$

$$\lambda^2 - \rho(1 + \beta)\lambda = -\beta\rho \quad \Leftrightarrow \quad \left(\lambda - \frac{\rho(1 + \beta)}{2} \right)^2 = \frac{\rho^2(1 + \beta)^2}{4} - \frac{4\beta\rho}{4} = \frac{\rho^2 + \beta^2 + 2\beta\rho(\rho - 2)}{4}$$

If

$$\rho(1 + \beta)^2 = 4\beta \quad \Leftrightarrow \quad \beta^2 - 2\beta(2/\rho - 1) = -1 \quad \Leftrightarrow \quad (\beta - (2/\rho - 1))^2 = (2/\rho - 1)^2 - 1$$

we have

$$\lambda = \frac{\rho(1 + \beta)}{2} = \frac{2\beta}{1 + \beta} \tag{9}$$

$$\lambda^2 - (1 + \beta)\lambda = -\rho^{-1}\beta$$
$$\left(\lambda - \frac{1 + \beta}{2} \right)^2 = \frac{1 + 2\beta + \beta^2 - 4\rho^{-1}\beta}{4}$$

$$1 + 2\beta + \beta^2 - 4\rho^{-1}\beta \geq 0 \quad \Leftrightarrow \quad (\beta + (1 - 2\rho^{-1}))^2 \geq (1 - 2\rho^{-1})^2 - 1 = 4(\rho^{-2} - \rho^{-1})$$
$$\Leftrightarrow \quad \beta \geq (2\rho^{-1} - 1) \pm 2\rho^{-1}\sqrt{1 - \rho}$$

$$1 + 2\beta + \beta^2 - 4\rho^{-1}\beta \geq 0 \quad \Leftrightarrow \quad (1 - \beta)^2 \geq 4(\rho^{-1} - 1)\beta$$

$$\begin{aligned}
\phi(x) &= \frac{(1-x)^2}{x} \quad (0 < x < 1) \quad y = \phi(x) \quad \Leftrightarrow \quad -1 = -2x - xy + x^2 \\
&\Leftrightarrow \quad (x - (1 + y/2))^2 = (1 + y/2)^2 - 1 = y^2/4 + y \\
x &= 1 + y/2 - \sqrt{y^2/4 + y} = 1 - \frac{\sqrt{y^2 + 4y} - y}{2} \\
\phi'(x) &= \frac{x^2 - 1}{x^2}, \quad \phi''(x) = 2x^{-3}
\end{aligned}$$

Then

$$\lambda = \frac{1 + \beta}{2} \pm \frac{\sqrt{1 + 2\beta + \beta^2 - 4\rho^{-1}\beta}}{2} = \frac{1 + \beta}{2} \pm \frac{\sqrt{(1 - \beta)^2 - 4(\rho^{-1} - 1)\beta}}{2}$$

Suppose this minimized, if the square root is zero.

$$\begin{aligned}
\beta &= 1 - \frac{\sqrt{y^2 + 4y} - y}{2}, \quad y = 4(\rho^{-1} - 1) = 4\frac{1 - \rho}{\rho}, \\
y^2 + 4y &= \frac{16(1 - \rho)^2 + 16\rho(1 - \rho)}{\rho^2} = 16(1 - \rho)\frac{1 - \rho + \rho}{\rho^2} = \frac{16(1 - \rho)}{\rho^2} \\
\beta &= 1 - \frac{1}{2} \left(\frac{4\sqrt{1 - \rho}}{\rho} - 4\frac{1 - \rho}{\rho} \right) = 1 - 2\frac{\sqrt{1 - \rho} - (1 - \rho)}{\rho}
\end{aligned}$$

and

$$\lambda = \frac{1 + \beta}{2} = 1 - \frac{\sqrt{1 - \rho} - (1 - \rho)}{\rho}$$

If $\rho = 1 - 1/K = (K - 1)/K$

$$\begin{aligned}
\beta &= 1 - 2\frac{\sqrt{1 - \rho} - (1 - \rho)}{\rho} = 1 - 2(K^{-\frac{1}{2}} - K^{-1})\frac{K}{K - 1} = 1 - 2\frac{K^{\frac{1}{2}} - 1}{K - 1} = 1 - \frac{2}{K^{\frac{1}{2}} + 1} \\
\lambda &= 1 - \frac{1}{K^{\frac{1}{2}} + 1}
\end{aligned}$$

Eigenvector

$$\begin{bmatrix} \rho\lambda \\ 1 \end{bmatrix}$$

2.3 Accelerated gradient method

We will use the following fact about geometrical convergence.

Lemma 2. Let $a_n \geq 0, n \in \mathbb{N}$. Then under the condition that there is $C \geq 0$ such that

$$\sum_{k=n+1}^{\infty} a_k \leq C a_n \quad \forall n \in \mathbb{N} \quad (10)$$

we have

$$a_{m+n} \leq (C+1)\rho^m a_n \quad \forall m, n \in \mathbb{N}, \quad \rho = \frac{C}{C+1}. \quad (11)$$

Proof. Let $S_n := \sum_{k=n}^{\infty} a_k$. By (10) we have

$$S_{n+1} \leq C(S_n - S_{n+1}) \Rightarrow S_{n+1} \leq \rho S_n.$$

Then it follows again from (10) by induction that

$$S_{n+m} \leq \rho^m S_n \Rightarrow a_{n+m} \leq S_{n+m} \leq \rho^m S_n = \rho^m (a_n + S_{n+1}) \leq (C+1)\rho^m a_n.$$

□

We will use the following generalization of Lemma 2.

Lemma 3. Let $a_n \geq 0, n \in \mathbb{N}$. Under the condition that there is $C > 0, D \geq 0$ such that

$$\sum_{k=1}^{\infty} a_k \leq C a_0, \quad \sum_{k=n+1}^{\infty} a_k \leq C a_n + D a_{n-1} \quad \forall n \in \mathbb{N}_1 \quad (12)$$

there exists $0 \leq \beta < 1$ such that

$$(1-\beta)a_{n+1} + \beta a_n \leq \rho^n (C+\beta)a_0 \quad (13)$$

with

$$\rho = 1 - 1/E, \quad E \leq C + D + \frac{D}{C+D}, \quad \beta = D/E. \quad (14)$$

Proof. Let $S_n := \sum_{k=n}^{\infty} a_k$. By (12) we have $S_1 \leq C(S_0 - S_1)$ and for $n \geq 1$

$$S_{n+1} \leq C(S_n - S_{n+1}) + D(S_{n-1} - S_n) \Rightarrow (C+1)S_{n+1} \leq (C-D)S_n + DS_{n-1}$$

Let for $n \geq 1$ and $\beta \in \mathbb{R}$

$$\tilde{S}_n := (1-\beta)S_n + \beta S_{n-1}$$

Then we wish to find $E \geq 0$ such that for $n \geq 1$

$$(E+1)\tilde{S}_{n+1} \leq E\tilde{S}_n \quad (15)$$

which amounts to

$$(1 - \beta)(E + 1)S_{n+1} \leq (E - \beta - 2\beta E)S_n + \beta ES_{n-1}$$

Choosing

$$E = \sqrt{D + \frac{(C + D)^2}{4}} + \frac{C + D}{2}, \quad \beta = \sqrt{D + \frac{(C + D)^2}{4}} - \frac{C + D}{2} \quad (16)$$

we have $\beta E = D$ and $E - C - D = \beta$, which shows (15). We have with $\sqrt{1 + 2x} \leq 1 + x$

$$E = \frac{C + D}{2} \left(1 + \sqrt{1 + \frac{4D}{(C + D)^2}} \right) \leq \frac{C + D}{2} \left(2 + \frac{2D}{(C + D)^2} \right) = C + D + \frac{D}{C + D}.$$

Since $E > D$ we have $\beta < 1$. From (15) we find for $n \geq 1$

$$\tilde{S}_{n+1} \leq \rho^n \tilde{S}_1$$

Then

$$\begin{aligned} (1 - \beta)a_{n+1} + \beta a_n &\leq \tilde{S}_n \leq \rho^n \tilde{S}_1 = \rho^n ((1 - \beta)S_1 + \beta S_0) \\ &= \rho^n ((1 - \beta)S_1 + \beta(S_1 + a_0)) = \rho^n (C + \beta)a_0 \end{aligned}$$

□

Algorithm 4: AGM with line search

Inputs: $x_0 \in X$, $t_0 > 0$. Set $y_0 = x_0$ $k = 0$.

- (1) While $f(x_Q^*(t_k, y_k)) > Q^*(t_k, y_k) : t_k = t_k/2$.
 - (2) $x_{k+1} = x_Q^*(t_k, y_k)$.
 - (3) $y_{k+1} = x_{k+1} + \beta_k(x_{k+1} - x_k)$.
 - (4) $t_{k+1} = 2 * t_k$.
 - (5) Increment k and go to (1).
-

We have

$$y_{k+1} = y_k - t_k \nabla f(y_k) + \beta_k(x_{k+1} - x_k)$$

We have

$$\begin{aligned}
f(\mathbf{x}_{k+1}) - f(\mathbf{x}_k) &\leq \frac{1}{2t_k} \left(\|\mathbf{y}_k - \mathbf{x}_k\|^2 - \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2 \right) \\
&= \frac{1}{2t_k} \left(\beta^2 \|\mathbf{x}_k - \mathbf{x}_{k-1}\|^2 - \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2 \right) \\
&\leq \frac{\beta^2}{2L} \left(\|\mathbf{x}_k - \mathbf{x}_{k-1}\|^2 - \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2 \right) - \frac{1 - \beta^2}{2L} \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2
\end{aligned}$$

and

$$\begin{aligned}
\frac{\mu}{2} \|\mathbf{x}_{k+1} - \mathbf{x}^*\|^2 &\leq f(\mathbf{x}_{k+1}) - f(\mathbf{x}^*) \leq \frac{1}{2t_k} \left(\|\mathbf{y}_k - \mathbf{x}^*\|^2 - \|\mathbf{x}_{k+1} - \mathbf{x}^*\|^2 \right) \\
&\leq \frac{L}{2} \left((1 + \delta) \|\mathbf{x}_k - \mathbf{x}^*\|^2 - \|\mathbf{x}_{k+1} - \mathbf{x}^*\|^2 + (1 + \delta^{-1}) \beta_{k-1}^2 \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2 \right)
\end{aligned}$$

so

$$\|\mathbf{x}_{k+1} - \mathbf{x}^*\|^2 \leq \frac{\kappa}{\kappa + 1} \left((1 + \delta) \|\mathbf{x}_k - \mathbf{x}^*\|^2 + (1 + \delta^{-1}) \beta_{k-1}^2 \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2 \right)$$

and

$$\begin{aligned}
\|\mathbf{x}_{k+1} - \mathbf{x}^*\|^2 + \frac{(1 + \delta^{-1})\beta_{k-1}^2}{1 - \beta^2} (f(\mathbf{x}_{k+1}) - f(\mathbf{x}_k)) &\leq \frac{(1 + \delta^{-1})\beta^3}{1 - \beta^2} \left(\|\mathbf{x}_k - \mathbf{x}_{k-1}\|^2 - \|\mathbf{x}_{k+1} - \mathbf{x}_k\|^2 \right) \\
&\quad + (1 + \delta) \frac{\kappa}{\kappa + 1} \|\mathbf{x}_k - \mathbf{x}^*\|^2
\end{aligned}$$

2.4 AGM for quadratics

Let

$$f(\mathbf{x}) = \frac{1}{2} \mathbf{x}^\top \mathbf{A} \mathbf{x} \tag{17}$$

and consider

$$\begin{cases} \mathbf{x}_{k+1} = \mathbf{y}_k - t\mathbf{A}\mathbf{y}_k \\ \mathbf{y}_{k+1} = \mathbf{y}_k + \beta(\mathbf{y}_k - \mathbf{x}_k) - s\mathbf{A}\mathbf{y}_k \end{cases} \tag{18}$$

The iteration reads in matrix-form

$$\begin{bmatrix} \mathbf{x}_{k+1} \\ \mathbf{y}_{k+1} \end{bmatrix} = \begin{bmatrix} 0 & \mathbf{I} - t\mathbf{A} \\ -\beta & (1 + \beta)\mathbf{I} - s\mathbf{A} \end{bmatrix} \begin{bmatrix} \mathbf{x}_k \\ \mathbf{y}_k \end{bmatrix}$$

We have

$$\mathbf{y}_{k+1} = (1 + \beta)(\mathbf{I} - t\mathbf{A})\mathbf{y}_k - \beta(\mathbf{I} - t\mathbf{A})\mathbf{y}_{k-1}$$

Les racines de

$$y^2 - (1 + \beta)\theta y = -\beta\theta$$

sont

$$y = \frac{(1 + \beta)\theta}{2} \pm \sqrt{\frac{(1 + \beta)^2\theta^2}{4} - \beta\theta}$$

2.4.1 Eigenvalues

Let

$$B := (1 + \beta)I - sA, \quad C := I - tA$$

$$Cy = \mu x, \quad -\beta x + By = \mu y$$

$$\Rightarrow$$

$$-\beta Cy + \mu By = \mu^2 y$$

$$\Rightarrow$$

$$\left(\mu - \frac{1}{2}B\right)^2 y = \left(\frac{1}{4}B^2 - \beta C\right)$$

In the Nesterov-scheme we have $s = (1 + \beta)t$ and $t = 1/\lambda_{\max}$, so $B = (1 + \beta)C$ and for any $\lambda \in \sigma(A)$ with $\theta = \theta(\lambda) = 1 - \lambda/\lambda_{\max}$

$$\left(\mu - \frac{1 + \beta}{2}\theta\right)^2 = \frac{(1 + \beta)^2}{4}\theta^2 - \beta\theta$$

so

$$|\mu| = \begin{cases} \frac{1 + \beta}{2}\theta + \sqrt{\frac{(1 + \beta)^2}{4}\theta^2 - \beta\theta} & (1 + \beta)^2\theta \geq 4\beta \\ \sqrt{\beta\theta} & \text{else} \end{cases}$$

With $\phi(x) = \alpha x + \sqrt{\alpha^2 x^2 - \beta x}$ we have $\phi'(x) = \alpha + \frac{2\alpha^2 x - \beta}{2\sqrt{\alpha^2 x^2 - \beta x}} \geq 0$ for $0 \leq x \leq 1$ if $\alpha^2 x^2 \geq \beta x$, so with $\rho = (1 - \lambda_{\min}/\lambda_{\max}) = \theta(\lambda_{\min})$

$$|\mu|(\lambda) = \begin{cases} \frac{1 + \beta}{2}\rho + \frac{\sqrt{\rho}}{2}\sqrt{(1 + \beta)^2\rho - 4\beta} & (1 + \beta)^2\rho \geq 4\beta \\ \sqrt{\beta\rho} & \text{else} \end{cases}$$

Let $\rho = 1 - A^2 = (1 - A)(1 + A)$. Let $\beta := (1 - A)/(1 + A) = \rho/(1 + A)^2$. Then

$$\frac{(1 + \beta)^2 \rho}{4\beta} = \frac{2(1 + A)^2}{4(1 + A)} = \frac{1 + A}{2} \leq 1 \quad (A \leq 1),$$

so

$$|\mu|(\lambda) = \frac{1 - A}{1 + A}$$

Let now

$$\frac{(1 + \beta)^2}{4\beta} = \rho^{-1}, \quad \mu = \sqrt{\beta \rho}$$

$$\begin{bmatrix} -\mu I & I - tA \\ -\beta & (1 + \beta)(I - tA) - \mu I \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix} = 0$$

Then

$$\begin{aligned} (I - tA)y &= \mu x \\ ((1 + \beta)(I - tA) - \mu I)y &= \beta x \end{aligned}$$

i.e.

$$\mu x = \rho y \quad \Leftrightarrow \quad x = \sqrt{\frac{\rho}{\beta}} y$$

2.4.2 Singular values

In order to bound the norm of the iteration matrix, we use the singular values, so

$$\begin{bmatrix} 0 & -\beta \\ I - tA & (1 + \beta)I - sA \end{bmatrix} \begin{bmatrix} 0 & I - tA \\ -\beta & (1 + \beta)I - sA \end{bmatrix} = \begin{bmatrix} \beta^2 & -\beta((1 + \beta)I - sA) \\ -\beta((1 + \beta)I - sA) & ((1 + \beta)I - sA)^2 + (I - tA)^2 \end{bmatrix}$$

Let

$$\begin{bmatrix} \beta^2 I & -\beta((1 + \beta)I - sA) \\ -\beta((1 + \beta)I - sA) & ((1 + \beta)I - sA)^2 + (I - tA)^2 \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix} = \mu^2 \begin{bmatrix} x \\ y \end{bmatrix}$$

or

$$\begin{bmatrix} \beta^2 I & -\beta B \\ -\beta B & B^2 + C^2 \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix} = \mu^2 \begin{bmatrix} x \\ y \end{bmatrix}, \quad B := (1 + \beta)I - sA, \quad C := I - tA$$

so

$$(\mu^2 - \beta^2)x = -\beta By, \quad -\beta Bx + (B^2 + C^2)y = \mu^2 y$$

\Rightarrow

$$\beta^2 B^2 y + (\mu^2 - \beta^2)(B^2 + C^2)y = (\mu^2 - \beta^2)\mu^2 y$$

\Rightarrow

$$(\mu^2 - \beta^2)\mu^2 y = -\beta^2 C^2 y + \mu^2(B^2 + C^2)y$$

\Rightarrow

$$\mu^4 - (\beta^2 I + B^2 + C^2)\mu^2 y = -\beta^2 C^2 y$$

\Rightarrow

$$\left(\mu^2 - \frac{\beta^2 I + B^2 + C^2}{2} \right)^2 y = \left(\frac{\beta^4 I + B^4 + C^4 + 2\beta^2 B^2 - 2\beta^2 C^2 + \beta^2 B^2 C^2}{4} \right) y$$

In the Nesterov-scheme we have $s = (1 + \beta)t$ and $t = 1/\lambda_{\max}$, so $B = (1 + \beta)C$ and

$$\left(\mu^2 - \frac{\beta^2 I + (2 + \beta)C^2}{2} \right)^2 y = \left(\frac{\beta^4 I + (1 + (1 + \beta)^4 + \beta^2(1 + \beta)^2)C^4 + 2\beta^2((1 + \beta)^2 - 1)C^2}{4} \right) y$$

with $\kappa = \lambda_{\max}/\lambda_{\min}$ and $\rho = 1 - 1/\kappa$

.....

Lemma 4. *We have*

$$f(y_k) \leq f(x_k) \quad \Rightarrow \quad f(x_{k+1}) \leq f(x_k) \quad (19)$$

Proof. We have by hypothesis and convexity

$$f(x_{k+1}) \geq f(y_{k+1}) \geq f(x_{k+1}) + \beta(f(x_{k+1}) - f(x_k))$$

□

Lemma 5. *Suppose that*

$$\langle \nabla f(y_k), x_{k+1} - x_k \rangle \leq 0. \quad (20)$$

Proof. By the update rule (20) is equivalent to

$$\langle \nabla f(y_k), y_{k+1} - x_{k+1} \rangle \leq 0, \quad (21)$$

which gives with the update for x_{k+1}

$$\langle \nabla f(y_k), y_{k+1} - y_k \rangle \leq -t \|\nabla f(y_k)\|^2,$$

We have by convexity

$$\begin{aligned} f(\mathbf{y}_k) &\geq f(\mathbf{y}_{k+1}) + \langle \nabla f(\mathbf{y}_{k+1}), \mathbf{y}_k - \mathbf{y}_{k+1} \rangle \\ &= f(\mathbf{y}_{k+1}) + \langle \nabla f(\mathbf{y}_k), \mathbf{y}_k - \mathbf{y}_{k+1} \rangle + \langle \nabla f(\mathbf{y}_{k+1}) - \nabla f(\mathbf{y}_k), \mathbf{y}_k - \mathbf{y}_{k+1} \rangle \end{aligned}$$

□

Proposition 2. Suppose that f is μ -strongly convex and ∇f is L -Lipschitz. Then with $\kappa_f := L/\mu$

$$??? \tag{22}$$

Proof. By the step-length rule we have

$$f(\mathbf{x}_{k+1}) \leq f(\mathbf{y}_k) - \frac{t_k}{2} \|\nabla f(\mathbf{y}_k)\|^2 \tag{23}$$

By convexity we have

$$f(\mathbf{y}_k) \leq f(\mathbf{x}_k) + \langle \nabla f(\mathbf{y}_k), \mathbf{y}_k - \mathbf{x}_k \rangle, \quad f(\mathbf{y}_k) \leq f(\mathbf{x}^*) + \langle \nabla f(\mathbf{y}_k), \mathbf{y}_k - \mathbf{x}^* \rangle.$$

Convex combination with $0 \leq \alpha_k \leq 1$ gives

$$f(\mathbf{y}_k) \leq \alpha_k f(\mathbf{x}_k) + (1 - \alpha_k) f(\mathbf{x}^*) + \langle \nabla f(\mathbf{y}_k), \mathbf{y}_k - \alpha_k \mathbf{x}_k - (1 - \alpha_k) \mathbf{x}^* \rangle$$

With (23), $\Delta f_k := f(\mathbf{x}_k) - f(\mathbf{x}^*)$ and the binomial identity $2ab - a^2 = b^2 - (b - a)^2$ we have

$$\begin{aligned} \Delta f_{k+1} - \alpha_k \Delta f_k &= f(\mathbf{x}_{k+1}) - \alpha_k f(\mathbf{x}_k) - (1 - \alpha_k) f(\mathbf{x}^*) \\ &\leq \langle \nabla f(\mathbf{y}_k), \mathbf{y}_k - \alpha_k \mathbf{x}_k - (1 - \alpha_k) \mathbf{x}^* \rangle - \frac{t_k}{2} \|\nabla f(\mathbf{y}_k)\|^2 \\ &= \frac{1}{2t_k} \left(\|\mathbf{y}_k - \alpha_k \mathbf{x}_k - (1 - \alpha_k) \mathbf{x}^*\|^2 - \|\mathbf{y}_k - \alpha_k \mathbf{x}_k - (1 - \alpha_k) \mathbf{x}^* - t_k \nabla f(\mathbf{y}_k)\|^2 \right) \\ &= \frac{1}{2t_k} \left(\|\mathbf{y}_k - \alpha_k \mathbf{x}_k - (1 - \alpha_k) \mathbf{x}^*\|^2 - \|\mathbf{x}_{k+1} - \alpha_k \mathbf{x}_k - (1 - \alpha_k) \mathbf{x}^*\|^2 \right) \\ &= \frac{(1 - \alpha_k)^2}{2t_k} \left(\left\| \frac{\mathbf{y}_k - \alpha_k \mathbf{x}_k}{1 - \alpha_k} - \mathbf{x}^* \right\|^2 - \left\| \frac{\mathbf{x}_{k+1} - \alpha_k \mathbf{x}_k}{1 - \alpha_k} - \mathbf{x}^* \right\|^2 \right) \end{aligned}$$

Now we want

$$\frac{\mathbf{x}_{k+1} - \alpha_k \mathbf{x}_k}{1 - \alpha_k} = \frac{\mathbf{y}_{k+1} - \alpha_{k+1} \mathbf{x}_{k+1}}{1 - \alpha_{k+1}} \quad \Leftrightarrow \quad \mathbf{y}_{k+1} = \mathbf{x}_{k+1} + \beta_k (\mathbf{x}_{k+1} - \mathbf{x}_k), \quad \beta_k = \frac{\alpha_k (1 - \alpha_{k+1})}{1 - \alpha_k}$$

such that

$$\Delta f_{k+1} \leq \alpha_k \Delta f_k + \frac{(1 - \alpha_k)^2}{2t_k} \left(\|x^* - \xi_k\|^2 - \|x^* - \xi_{k+1}\|^2 \right), \quad \xi_k = y_k + \frac{\alpha_k}{1 - \alpha_k} (y_k - x_k)$$

Or

$$\begin{aligned} (1 + \alpha_k) \Delta f_{k+1} - \alpha_k \Delta f_k &= f(x_{k+1}) - f(x^*) + \alpha_k (f(x_{k+1}) - f(x_k)) \\ &\leq \langle \nabla f(y_k), (1 + \alpha_k)y_k - \alpha_k x_k - x^* \rangle - \frac{t_k(1 + \alpha_k)}{2} \|\nabla f(y_k)\|^2 \\ &= \frac{(1 + \alpha_k)}{2t_k} \left(2 \langle t_k \nabla f(y_k), y_k - \frac{\alpha_k x_k + x^*}{(1 + \alpha_k)} \rangle - \|t_k \nabla f(y_k)\|^2 \right) \\ &= \frac{(1 + \alpha_k)}{2t_k} \left(\left\| y_k - \frac{\alpha_k x_k + x^*}{(1 + \alpha_k)} \right\|^2 - \left\| x_{k+1} - \frac{\alpha_k x_k + x^*}{(1 + \alpha_k)} \right\|^2 \right) \\ &= \frac{1}{2t_k(1 + \alpha_k)} \left(\|(1 + \alpha_k)y_k - \alpha_k x_k - x^*\|^2 - \|(1 + \alpha_k)x_{k+1} - \alpha_k x_k - x^*\|^2 \right) \end{aligned}$$

we want

$$(1 + \alpha_k)y_k - \alpha_k x_k = (1 + \alpha_{k-1})x_k - \alpha_{k-1}x_{k-1}$$

i.e.

$$y_k = x_k + \frac{\alpha_{k-1}}{1 + \alpha_k} (x_k - x_{k-1})$$

Then

$$\Delta f_{k+1} \leq \alpha_k (\Delta f_k - \Delta f_{k+1}) + \frac{1}{2t_k(1 + \alpha_k)} \left(\|x^* - \xi_k\|^2 - \|x^* - \xi_{k+1}\|^2 \right)$$

with

$$\xi_k = x_k + \alpha_{k-1}(x_k - x_{k-1}) \quad (24)$$

$$\xi_k - y_k = \frac{\alpha_k \alpha_{k-1}}{1 + \alpha_k} (x_k - x_{k-1}) = \alpha_k (y_k - x_k) = \frac{\alpha_k}{1 + \alpha_k} (\xi_k - x_k)$$

Let

$$0 < \underline{\alpha} \leq \alpha_k \leq \bar{\alpha} < 1.$$

$$\|x^* - \xi_k\| \leq$$

Then we get

$$(1 - \bar{\alpha}) \sum_{k=n+1}^{\infty} \Delta f_k \leq \bar{\alpha} \Delta f_n + L(1 - \underline{\alpha})^2 \|x^* - \xi_n\|^2 \leq \bar{\alpha} \Delta f_n + 2\kappa_f(1 - \underline{\alpha})^2 (f(\xi_n) - f(x^*))$$

.....

□

If we impose

$$f(\xi_n) \leq f(x_n) \quad \Rightarrow \quad f(\xi_n) - f(x^*) \leq f(x_n) - f(x^*), \quad \underline{\beta} = \alpha \bar{\beta}$$

$$\sum_{k=n+1}^{\infty} \Delta f_k \leq \left(\frac{\bar{\beta} + 2\kappa_f(1 - \alpha\bar{\beta})^2}{1 - \bar{\beta}} \right) \Delta f_n$$

Let

$$\phi(s) := \frac{s + 2\kappa_f(1 - \alpha s)^2}{1 - s}, \quad \phi'(s) := \frac{(1 - 2\alpha s 2\kappa_f(1 - \alpha s))(1 - s) + (s + 2\kappa_f(1 - \alpha s)^2) 2s}{(1 - s)^2}$$

We have

$$\begin{aligned} Q(t_n, y_{n-1}, x_n) &\leq Q(t_n, y_{n-1}, \xi_n) \quad \Rightarrow \\ \langle \nabla f(y_{n-1}), x_n - y_{n-1} \rangle + \frac{1}{2t_n} \|x_n - y_{n-1}\|^2 &\leq \langle \nabla f(y_{n-1}), \xi_n - y_{n-1} \rangle + \frac{1}{2t_n} \|\xi_n - y_{n-1}\|^2 \quad \Rightarrow \\ 0 &\leq 2t_n \langle \nabla f(y_{n-1}), x_n - x_{n-1} \rangle + 2 \langle x_n - y_{n-1}, x_n - x_{n-1} \rangle + \frac{\beta}{1 - \beta} \|x_n - x_{n-1}\|^2 \end{aligned}$$