

## Hit and Run and Stuff

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March 16, 2015

### Abstract

The brain must select its control strategies among an infinite set of possibilities, thereby solving an optimization problem. While this set is infinite and lies in high dimensions, it is bounded by kinematic, neuromuscular, and anatomical constraints, within which the brain must select optimal solutions. We use data from a human index finger with 7 muscles, 4DOF, and 4 output dimensions. For a given force vector at the endpoint, the feasible activation space is a 3D convex polytope, embedded in the 7D unit cube. It is known that explicitly computing the volume of this polytope can become too computationally complex in many instances. We generated random points in the feasible activation space using the Hit-and-Run method, which converged to the uniform distribution. After generating enough points, we computed the distribution of activation across each muscle, shedding light onto the structure of these solution spaces- rather than simply exploring their maximal and minimal values. We also visualize the change in these activation distributions as we march toward maximal feasible force production in a given direction. Using the parallel coordinates method, we visualize the connection between the muscle activations. Once can then explore the feasible activation space, while constraining certain muscles. Although this paper presents a 7 dimensional case of the index finger, our methods extend to systems with up to at least 40 muscles. We challenge the community to map the shapes distributions of each variable in the solution space, thereby providing important contextual information into optimization of motor cortical function in future research.

<sup>26</sup> **1 Author Summary**

<sup>27</sup> **2 Introduction**

<sup>28</sup> Described in a mathematical way the feasible activation set is expressed as follows. For  
<sup>29</sup> a given force vector  $f \in \mathbb{R}^m$ , which are the activations that satisfy

$$\mathbf{f} = A\mathbf{a}, \mathbf{a} \in [0, 1]^n?$$

<sup>30</sup> In our 7-dimensional example  $m = 4$  and  $n = 7$ , typically  $n$  is much larger than  $m$ .  
<sup>31</sup> The constraint  $\mathbf{a} \in [0, 1]^n$  describes that the feasible activation space lies in the  $n$ -  
<sup>32</sup> dimensional unit cube (also called the  $n$ -cube). Each row of the constraint  $\mathbf{f} = A\mathbf{a}$  is a  
<sup>33</sup>  $n - 1$  dimensional hyperplane. Assuming that the rows in  $A$  are linearly independent  
<sup>34</sup> (which is a safe assumption in the muscle system case), the intersection of all  $m$  equality  
<sup>35</sup> constraints constraints is a  $(n - m)$ -dimensional hyperplane. Hence the feasible activation  
<sup>36</sup> set is the polytope given by the intersection of the  $n$ -cube and the  $(n - m)$ -dimensional  
<sup>37</sup> hyperplane. Note that this intersection is empty in the case where the force  $f$  can not  
<sup>38</sup> be generated.

<sup>39</sup> **3 Materials and Methods**

<sup>40</sup> Exact volume calculations for polygons can only be done in reasonable time in up to  
<sup>41</sup> 10 dimensions [2, 5, 6]. We therefore use the so called Hit-and-Run approach, which  
<sup>42</sup> samples points in a given polygon uniformly at random. Given the points for a feasible  
<sup>43</sup> activation space, this method gives us a deeper understanding of its underlying structure.

<sup>44</sup> **3.1 Hit-and-Run**

<sup>45</sup> In this section we introduce the Hit-and-Run algorithm used for sampling in a con-  
<sup>46</sup> vex body  $K$ , was introduced by Smith in 1984 [9]. The mixing time is known to be  
<sup>47</sup>  $\mathcal{O}^*(n^2 R^2 / r^2)$ , where  $R$  and  $r$  are the radii of the inscribed and circumscribed ball of  $K$   
<sup>48</sup> respectively [1, 7]. In the case of the muscles of a limb, we are interested in the polygon  
<sup>49</sup>  $P$  that is given by the set of all possible activations  $\mathbf{a} \in \mathbb{R}^n$  that satisfy

$$\mathbf{f} = A\mathbf{a}, \mathbf{a} \in [0, 1]^n,$$

where  $\mathbf{f} \in \mathbb{R}^m$  is a fixed force vector and  $A = J^{-T} RF_m \in \mathbb{R}^{m \times n}$ .  $P$  is bounded by the  
unit  $n$ -cube since all variables  $a_i$ ,  $i \in [n]$  are bounded by 0 and 1 from below, above  
respectively. Consider the following  $1 \times 3$  example.

$$1 = \frac{10}{3}a_1 - \frac{53}{15}a_2 + 2a_3 \\ a_1, a_2, a_3 \in [0, 1],$$

<sup>50</sup> the set of feasible activations is given by the shaded set in Figure 1.

<sup>51</sup> The Hit-and-Run walk on  $P$  is defined as follows (it works analogously for any convex  
<sup>52</sup> body).

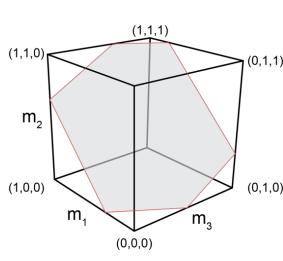


Figure 1: Feasible Activation

- 53     1. Find a given starting point  $\mathbf{p}$  of  $P$  (Figure 2a) .
- 54     2. Generate a random direction through  $\mathbf{p}$  (uniformly at random over all directions)
- 55       (Figure 2b).
- 56     3. Find the intersection points of the random direction with the  $n$ -unit cube (Figure
- 57       2c).
- 58     4. Choose the next point of the sampling algorithm uniformly at random from the
- 59       segment of the line in  $P$  (Figure 2d).
- 60     5. Repeat from (b) the above steps with the new point as the starting point .

61     The implementation of this algorithm is straight forward except for the choice of the  
 62     random direction. How do we sample uniformly at random (u.a.r.) from all directions  
 63     in  $P$ ? Suppose that  $\mathbf{q}$  is a direction in  $P$  and  $p \in P$ . Then by definition of  $P$ ,  $\mathbf{q}$  must  
 64     satisfy  $\mathbf{f} = A(\mathbf{p} + \mathbf{q})$ . Since  $\mathbf{p} \in P$ , we know that  $\mathbf{f} = A\mathbf{p}$  and therefore

$$\mathbf{f} = A(\mathbf{p} + \mathbf{q}) = \mathbf{f} + A\mathbf{q}$$

65     and hence

$$A\mathbf{q} = 0.$$

66     We therefore need to choose directions uniformly at random from all directions in  
 67     the vectorspace

$$V = \{\mathbf{q} \in \mathbb{R}^n | A\mathbf{q} = 0\}.$$

68     As shown by Marsaglia this can be done as follows [8].

- 69     1. Find an orthonormal basis  $b_1, \dots, b_r \in \mathbb{R}^n$  of  $A\mathbf{q} = 0$ .
- 70     2. Choose  $(\lambda_1, \dots, \lambda_r) \in \mathcal{N}(0, 1)^n$  (from the Gaussian distribution).
- 71     3.  $\sum_{i=1}^r \lambda_i b_i$  is a u.a.r. direction.

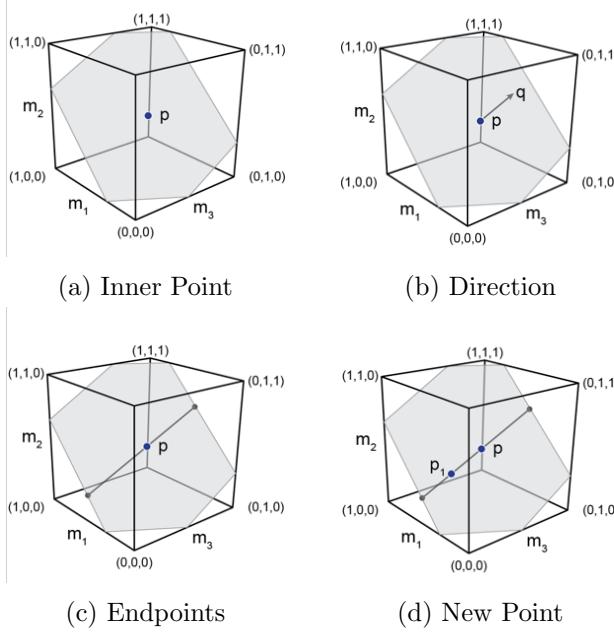


Figure 2: Hit-and-Run Step

72 A basis of a vectorspace  $V$  is a minimal set of vectors that generate  $V$ , and it is  
 73 orthonormal if the vectors are pairwise orthogonal (perpendicular) and have unit length.  
 74 Using basic linear algebra one can find a basis for  $V = \{A\mathbf{q} = 0\}$  and orthogonalize it  
 75 with the well known Gram-Schmidt method (for details see e.g. [3]). Note that in order  
 76 to get the desired u.a.r. distribution the basis needs to be orthonormal. For the limb  
 77 case we can safely assume that the rows of  $A$  are linearly independent and hence the  
 78 number of basis vectors is  $n - m$ .

### 79 3.2 Mixing and Stopping Time

80 In this section we discuss the stopping time of the Hit and Run algorithm. How many  
 81 steps are necessary to reach an approximate uniform distribution? The theoretical bound  
 82  $\mathcal{O}^*(n^2R^2/r^2)$  given in [7] has a very large hidden coefficient which makes the algorithm  
 83 almost infeasible in lower dimensions.

84 These bounds hold for general convex sets. For convex polygons, as in our case, Ge  
 85 et al. showed experimentally that up to about 40 dimensions, 10 million random points  
 86 suffice to get a close to uniform distribution [4]. For our case we generate 10 million points  
 87 and also test whether the mean of each coordinate converges and whether the upper and  
 88 lower bounds for each coordinate are met. In detail for the mean we see that it converges  
 89 after ?? steps. For the upper and lower bounds of the activation we can solve two linear  
 90 program for each coordinate of  $\mathbf{a}$  to find the upper and lower bounds of each  $a_i$ . We see  
 91 that those theoretical bounds match the experimentally obtained bounds.

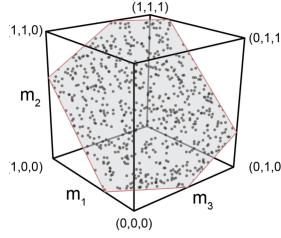


Figure 3: Uniform Distribution

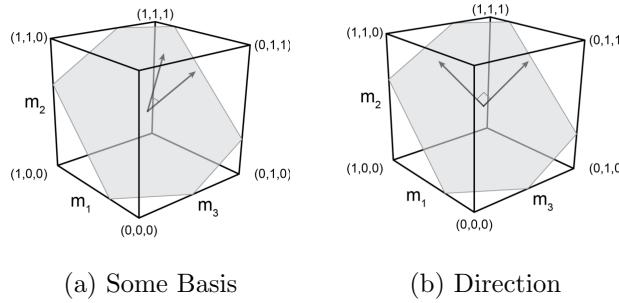


Figure 4: Find Orthonormal Basis

### 92 3.3 Starting Point

93 To find a starting point in

$$\mathbf{f} = A\mathbf{a}, \mathbf{a} \in [0, 1]^n,$$

94 we only need to find a feasible activation vector. For the hit and run algorithm to  
95 mix faster, we do not want the starting point to be in a vertex of the activation space.  
96 Therefore we solve the the following linear program.

$$\begin{aligned} & \text{maximize} && \sum_{i=1}^n \epsilon_i \\ & \text{subject to} && \mathbf{f} = A\mathbf{a} \\ & && a_i \in [\epsilon_i, 1 - \epsilon_i], \quad \forall i \in \{1, \dots, n\} \\ & && \epsilon_i \geq 0, \quad \forall i \in \{1, \dots, n\}. \end{aligned} \tag{1}$$

97 This approach can still fail in theory, but this method has the choose  $\epsilon_i > 0$  and there-  
98 fore  $a_i \neq 0$  or 1. Since for all vertices of the feasible activation space lie on the boundary  
99 of the  $n$ -cube, at least  $n - m$  muscles must have activation 0 or 1. Documentation is  
100 included in our supplementary information.

101 **3.4 Parallel Coordinates: Visualization of the Feasible Activation Space**

102 Citation A common way to visualize higher dimensional data is using parallel coordinates.  
103 To show our sample set of points in the feasible activation space we draw  $n$   
104 parallel lines, which representing the activations of the  $n$  muscles. Each point is then  
105 represented by connecting their coordinates by  $n - 1$  lines.

106 *How many points do we use?*

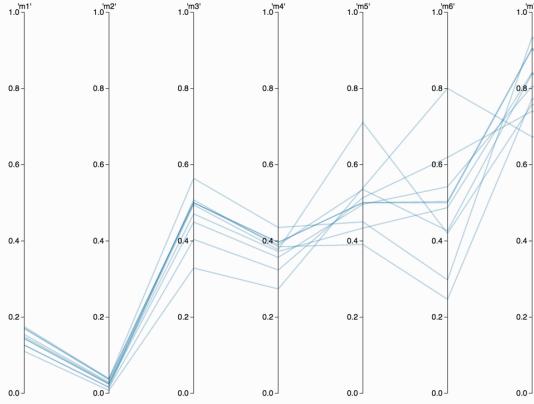


Figure 5: Feasible Activation

107 Using an interactive surface one can now restrict each muscle function to any desired  
108 interval, e.g., figure ??.

109 **NICE FIGURE OF RESTRICTED PARALLEL COORDINATES**

110 For the  $l_1$ ,  $l_2$  and  $l_3$  norm respectively, we added an additional line to represent  
111 the corresponding weight. E.g. for a given point  $\mathbf{a} \in \mathbb{R}^n$  we are interested in  $\sum_{i=1}^n a_i$ ,  
112  $\sqrt{\sum_{i=1}^n a_i^2}$  and  $\sqrt[3]{\sum_{i=1}^n a_i^3}$ . As for the muscles one can restrict the intervals of the weight  
113 functions, to explore the corresponding feasible activation space.

114 **NICE PICTURE WITH WEIGHTS INCLUDED**

115 **4 Results**

116 Many nice figures

117 1. Histograms

118 2. Histograms 3 directions

119 3. PC

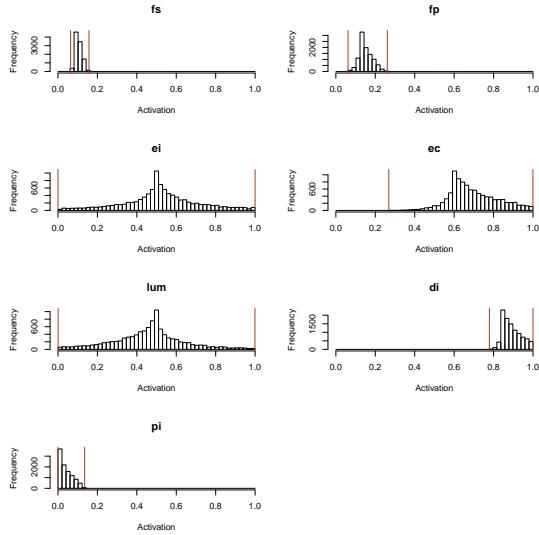


Figure 6: Histogram for Fixed Force

## 120 4.1 Activation Distribution on a Fixed Force Vector

## 121 4.2 Changing Output Force in 3 Directions

122 We discuss different forces into three different directions, which are given by the palmar  
 123 direction ( $x$ -direction), the distal direction ( $y$ -direction) and the sum of them. The  
 124 maximal forces into each direction are given by ??, ?? and ?? respectively. For  $\alpha =$   
 125  $0.1, 0.2, \dots, 0.9$ , we give the histograms where the force is  $\alpha \cdot F_{\max}$ , where  $F_{\max}$  is the  
 126 maximum output force in the corresponding direction.

## 127 4.3 Parallel Coordinates

128 Muscle 5 and 6 same direction and same strength  $\Rightarrow$  Does not matter which one we  
 129 activate for low cost

## 130 5 Discussion

131 Mostly to be written by Brian

### 132 5.1 Distributions

- 133 • Bounding box away from 0 and 1 means muscle is really needed  $\rightarrow$  Already known  
     from the bounding boxes
- 135 • High density  $\rightarrow$  most solutions in that area

136 **5.2 Parallel Coordinates**

- 137 • Parallel lines in PC indicate opposite direction of muscles  
138 • Crossing lines indicate similar direction

139 **5.3 Running Time**

140 The step of the algorithm which are time consuming are finding a starting point, which  
141 solves a linear program and can take exponential running time in worst case. For each  
142 fixed force vector we only have to find a starting point and an orthonormal basis once,  
143 and are hence not of concern for the running time.

144 Running one loop of the hit and run algorithm only needs linear time, therefore the  
145 method will extend to higher dimesions with only linear factor of additinal running time  
146 needed.

147 **6 Acknowledgments**

148 **References**

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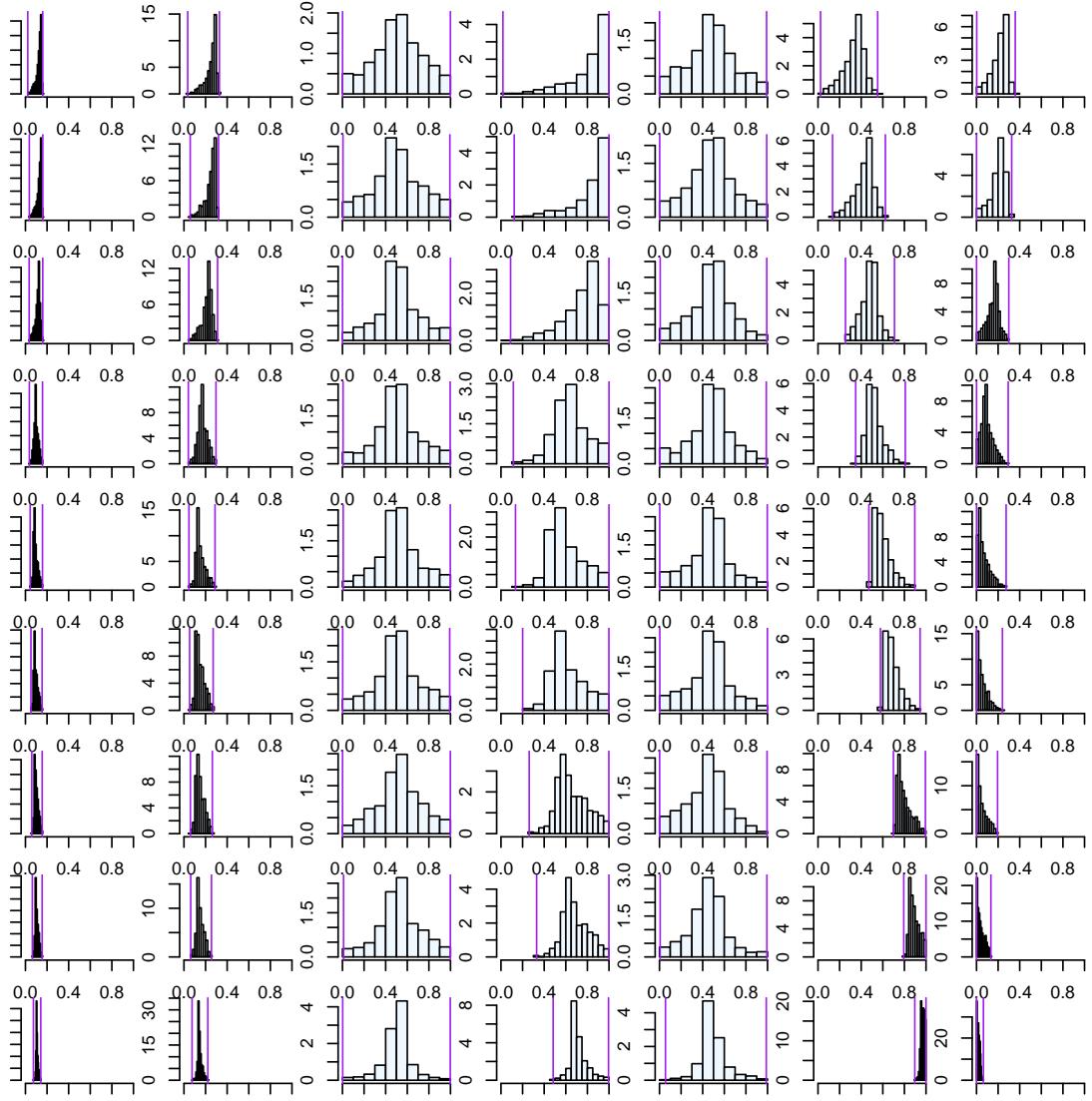


Figure 7: Histogram for  $x$ -Direction

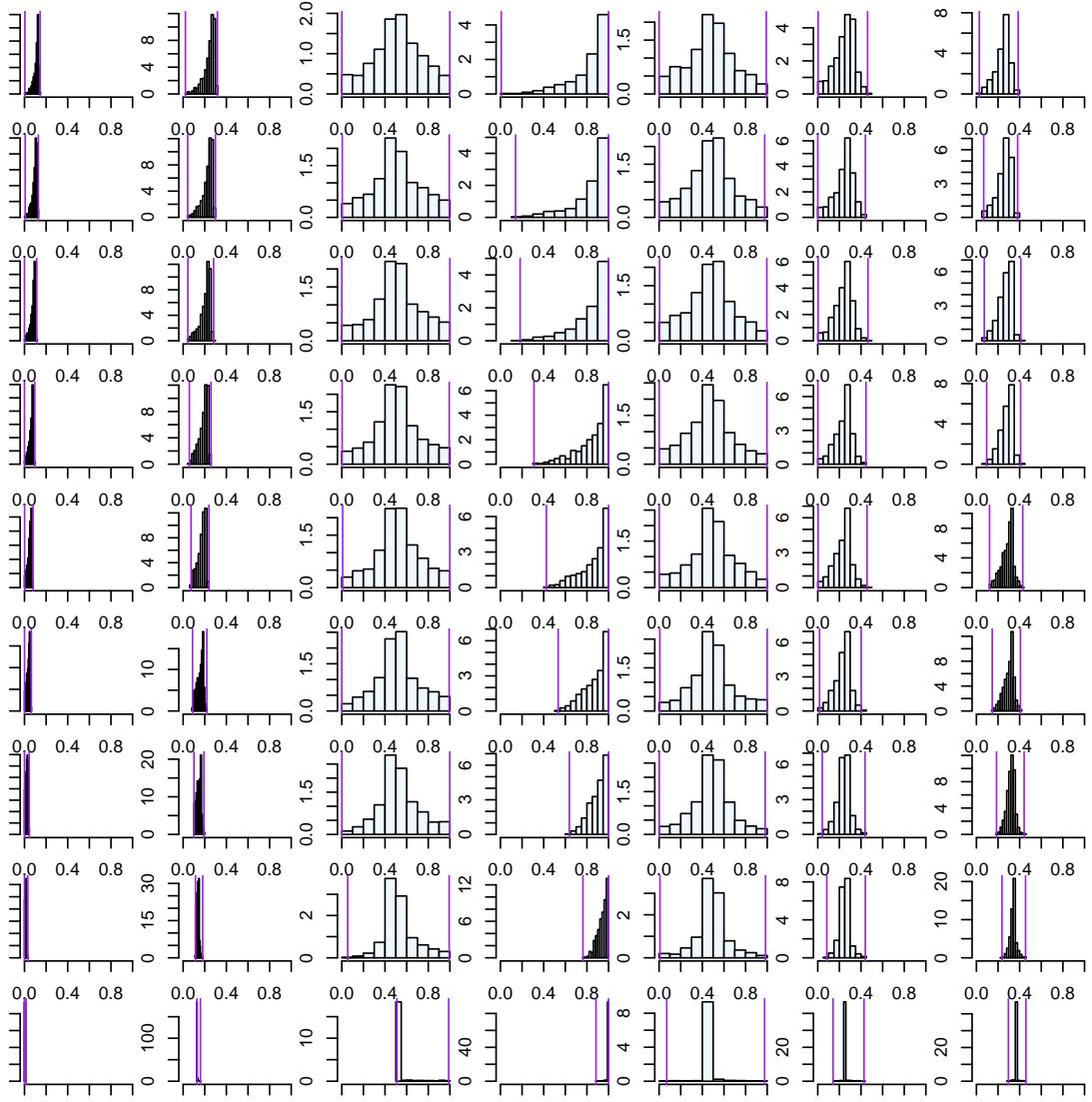


Figure 8: Histogram for  $xy$ -Direction

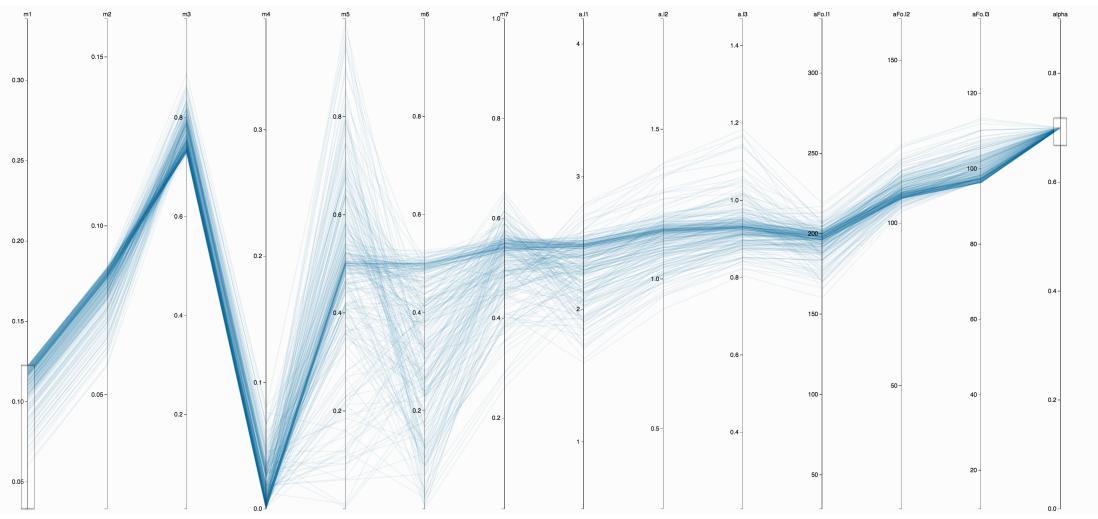


Figure 9: Low for Muscle 1

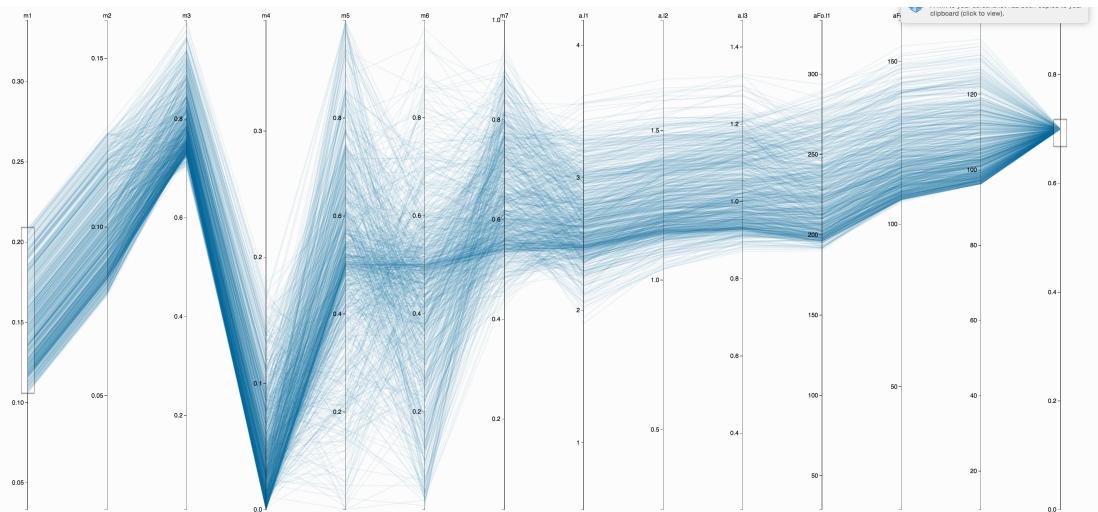


Figure 10: Middle for Muscle 1

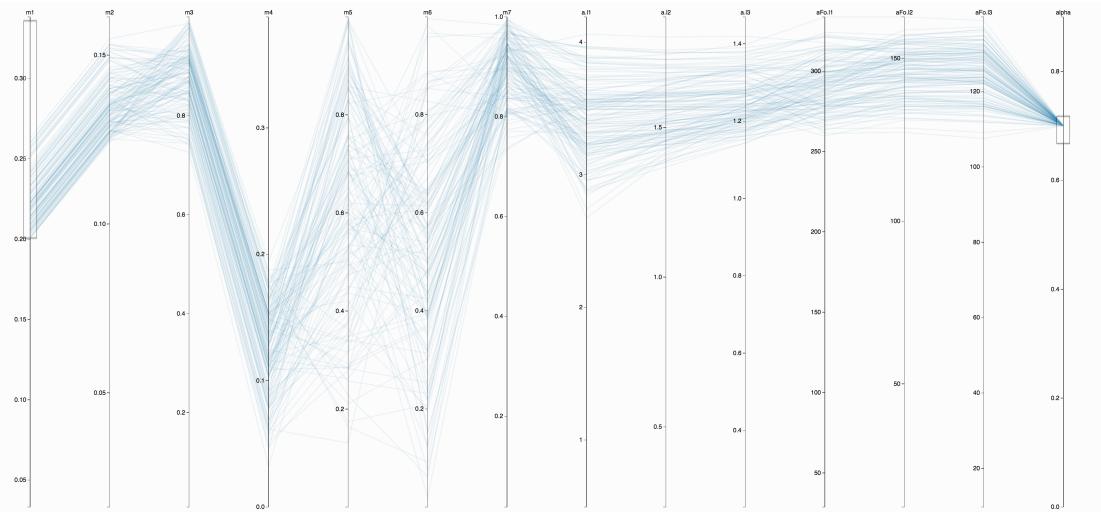


Figure 11: Upper for Muscle 1

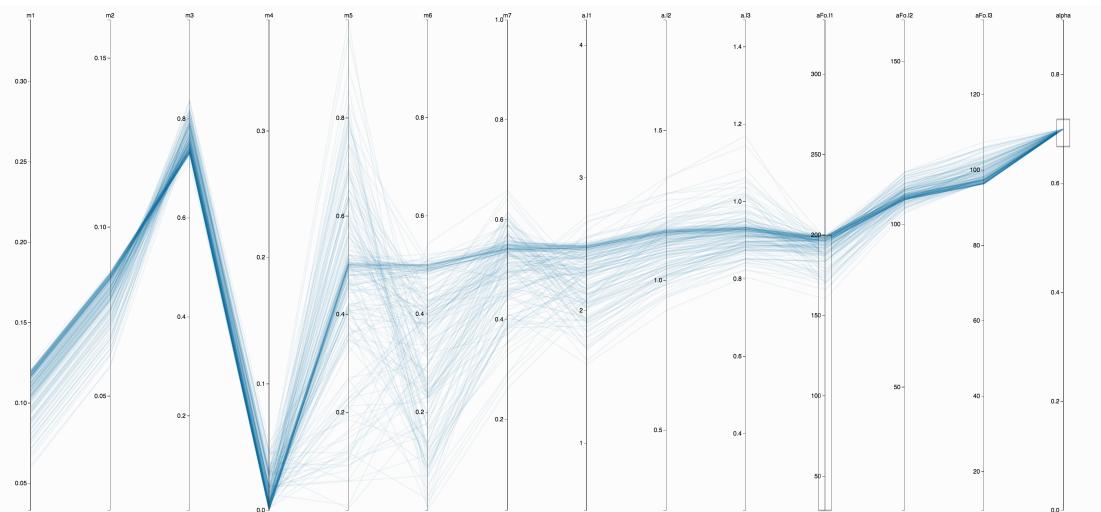


Figure 12: Weighted Cost