CAREER FORWARD GUIDE

Unlock your professional strengths, discover new career possibilities and take charge of your future! The Career Forward Guide is a uniquely powerful tool designed specifically to help you see yourself and your career in a whole new light. The report reveals your interests, motivational needs and those work environments that hold the greatest potential for your success.

Equipped with this new knowledge, the Career Forward Guide supercharges your career search, helping you take full advantage of the media-rich platform provided by The Hilo Project to:

- · Create a compelling job seeker profile;
- Craft an effective 30 90 second marketing video;
- Intelligently explore new career opportunities; and
- Develop useful interview and negotiation strategies.

The Career Forward Guide is powered by The Birkman Method®, an integrated behavioral, motivational, and occupational assessment backed by over 50 years of research and application. The benchmark assessment tool for executives of the world's most prestigious companies, The Hilo Project is pleased to bring the power of The Birkman Method® to everyone.



COLOR KEY



Career Forward Guide

Based on the results of your Birkman assessment, you have been assigned a particular color in each of the five areas included in the Career Forward Guide. Each color is associated with the attributes and behaviors of a particular personality type. Typically, you will have more than one color in your report, each representing a different aspect of your unique personality.



DOER



Ray is a doer. He makes quick decisions and organizes others to get results. Ray is very direct and action-oriented, giving his full attention to the task at hand. He enjoys building, organizing, working with his hands, solving practical problems, and producing an end product he can see and feel. He's objective, competitive, and commanding. If you want something done quickly, Ray's your man.



ANAI Y7FR



Yelena loves working with processes, details, definitions, and rules. She's happiest doing detailed calculations, scheduling, record-keeping, and establishing systematic procedures. Yelena is an excellent person to consult on financial matters because she is always cautious and thorough in her analysis. She is task oriented and prefers indirect communication (e.g. forms, rules and regulations, etc.)



COMMUNICATOR



Greta is a born salesperson with a strong desire to communicate directly and work with people. Every time you see her she is selling, persuading, promoting, motivating, counseling, teaching, or working with people in some way to get results. When she believes in a product, service, or idea, she can sell it. If you want to win friends and influence people, Greta is the right person for the job.



THINKFR



Barry is the best idea person around. He is creative, innovative, and an excellent long-range planner. He enjoys abstract ideas and finding new ways to solve problems. Barry thrives when generating ideas and coming up with the most viable solutions for the problem at hand. He is innovative and introspective, yet may need to be around other creative people to trigger the spark.

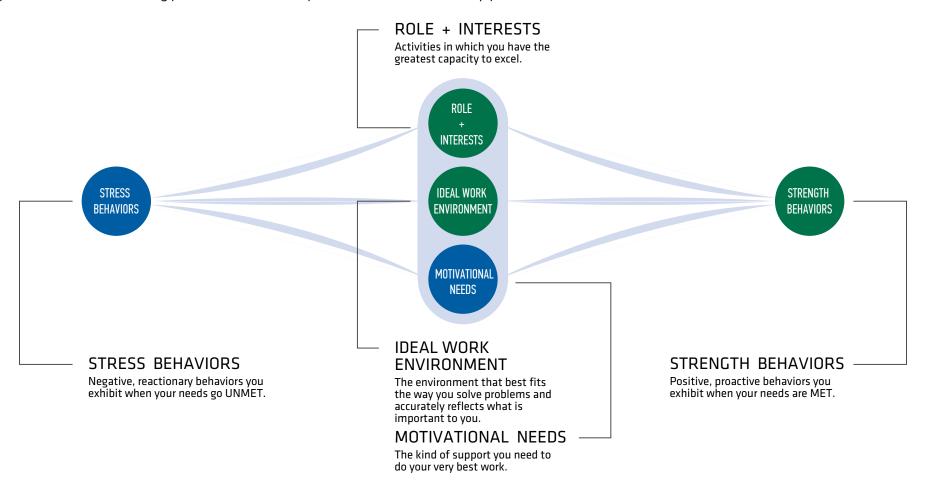
Each color is associated with the attributes and behaviors of a particular personality type.

INTRODUCTION

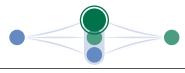


Career Forward Guide

The Birkman Method brings to light specific aspects of your personality that are useful in identifying and building a career that is truly right for you. The Career Forward Guide helps you understand how your interests, motivational needs and an ideal work environment can function together to bring out your strengths. The report also details your stress behaviors, enabling you to find the source of your stress in real-time and keep your career on track.



Use the Career Forward Guide to understand, foster and clearly communicate your most effective behaviors.





Career Forward Guide

ROLE + INTERESTS: COMMUNICATOR

Activities in which you have the greatest capacity to excel.

You will be most effective in roles that also involve:

Motivating and persuading Helping others

When evaluating a role, ensure that it allows for:

Influencing and motivating others through persuasion
Persuading others through education
Advocating for the people
Working on special projects to advance social conditions

DOER

implementing seeing a finished product solving practical problems working through people

COMMUNICATOR

selling + promoting
persuading
motivating people
working with people

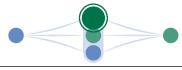
THINKER

planning dealing with abstraction innovating working with ideas

ANALYZER

scheduling doing detailed work working with numbers working with systems

The large GREEN circle details your optimal role within an organization or team.



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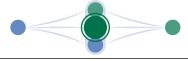
Career Forward Guide

TOP INTERESTS

Activities in which you have the greatest capacity to excel.



Explore career opportunities that involve both areas of interest.



Career Forward Guide



IDEAL WORK ENVIRONMENT: COMMUNICATOR

The environment that best fits the way you solve problems and accurately reflects what is important to you.

DOER

team collaboration implementation practical solutions tangible projects

Target work environments that:

Stress energy and enthusiasm
Offer flexible rules and policies
Encourage competitiveness and individualized rewards
Promotes influential leadership

When evaluating a potential workplace, ask:

Are relationships considered to be the most important part of any process?

Does the department/company recognize and reward for individual performance?

Does the department/company value energy and enthusiasm? Does the environment allow for flexibility within the boundaries of standard operating procedures?

COMMUNICATOR

flexible rules + policies personalized benefits energy + enthusiasm personal engagement

THINKER

idea-driven creativity + imagination vision + possibilities intuitive leadership

ANALYZER

systematic approach stability + accuracy process oriented democratic leadership

The large GREEN circle details your ideal work environment.





MOTIVATIONAL NEEDS: THINKER

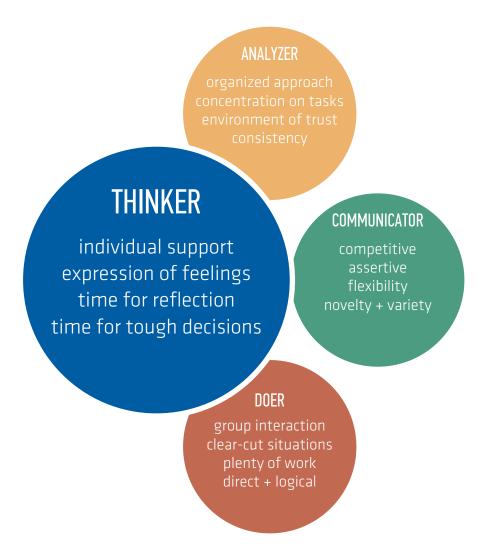
The kind of support you need to do your very best work.

Target opportunities that also offer:

Individual reassurance
Direction by suggestion
Stimulating activities
Freedom to create own schedule

To determine if a career opportunity is a good fit, ask:

Are there opportunities to work independently?
How decisions are typically made within the organization?
What is the communication style within the organization?
How much interaction will I have with my direct manager?
What is my direct manager's leadership style?



The large BLUE circle details the motivational support you need from others and your environment.



BIRKMAN

Career Forward Guide



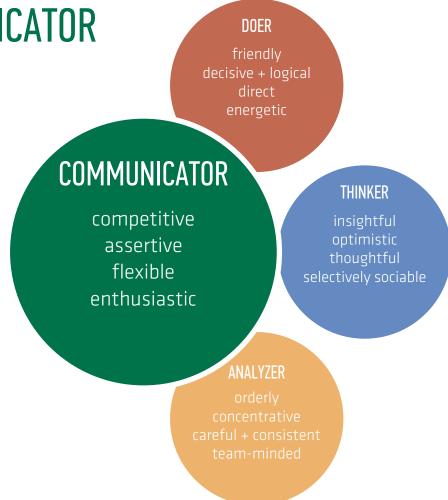
Positive, proactive behaviors you exhibit when your needs are MET.

When at your best, you are also:

Spontaneous Adventurous

In an interview, say that you:

Are self-assertive Encourage healthy competition Enjoy working with others Persuade and motivate others toward action



The large GREEN circle details your strength behaviors.



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Career Forward Guide

STRESS BEHAVIORS: THINKER

Negative, reactionary behaviors you exhibit when your needs go UNMET.

When frustrated and under stress, you may also:

Feel fatigued Become overly sensitive to criticism

To manage stress behaviors when they occur:

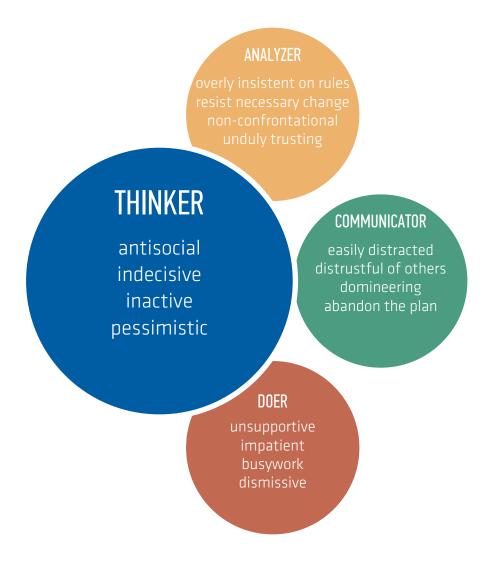
Avoid withdrawing to avoid conflict, express your thoughts persuasively

Find ways to revive your physical energy

Make timely decisions even if you have to modify them later

Do not be overly critical when problems and setbacks arise

Realize that others are just stating the facts as they see them $% \left\{ 1,2,...,n\right\}$



The large BLUE circle details your stress behaviors.

PATRICK J. MOYNIHAN'S SUMMARY



Career Forward Guide

