

2022 SUMMER SESSION



CSUN - CTBF



**COMMIT TO BE FIT PROGRAM IS A FREE
ONLINE AND IN-PERSON GROUP FITNESS
PROGRAM THAT AIDS AT HELPING
PEOPLE OF ALL FITNESS LEVELS REACH
THEIR GOALS.**

**EVERY TUESDAY AND THURSDAY
FROM 5:30 TO 6:15 PM.
06/07/22 - 07/28/22**

**JOIN US
ONLINE OR
IN-PERSON**