

Are you ready for Dying Matters Awareness Week 2015 - top tips and resources to help you plan

Every year, Dying Matters and its coalition members host a fantastic range of events and activities around the country with the aim of getting people talking about dying, death and bereavement and making plans for their end of life. This year sees the sixth annual Dying Matters Awareness Week, which runs from 18th–24th May 2015, and the coalition needs your help to get as many people as possible thinking, talking and acting.

A Dying Matters Awareness Week event can be large, small or anywhere inbetween, and there are a host of resources to help you to make it a success. This year's theme will focus on the simple message: "Talk, Plan, Live". Three eye-catching postcards represent the three parts of the message, and provide advice and information on the reverse. There are posters and pop-up banners, as well as 'Awareness Packs' with a range of Dying Matters leaflets, DVDs and merchandise. Order your packs or individual resources from the Dying Matters online shop now.

To help you plan, there is a section on the Dying Matters website, where you'll find a step-by-step guide on how to get the most out of your activities, as well as a list of previous events, to give you inspiration. Visit the Awareness Week hub for details on how you can get involved, and keep in touch with Dying Matters via Twitter and Facebook to highlight what's going on in your area. Don't forget to use the #YODO (You Only Die Once) theme, which was so successful during awareness week 2014.