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Weekly Longitudinal Study

Fraley Lab

Addendum data file: metaresearcheli.sav

Core server directory: /research/

File last updated: Dec 1, 2011

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Overview: metaresearcheli.sav is an additional data file that contains some one-shot assessments

that were done at Eli's suggestion. There are two kinds of non-repeated measures data in this file:

1. Single-item measures. This is a collection of 24 single-item (well, dual item in some cases) measures of various constructs (mostly self-control-related constructs) that were collected during a specific time period during the data collection.

The date the data were acquired is listed as a variable (datesingle). The items were rated on a 1 to 7 (strongly agree) scale and are labeled single01-single24 in the datafile.

Destiny Theory

1. If a potential relationship is not meant to be, it will be apparent from the start.
2. Struggles at the beginning of a relationship are a safe sign that the relationship will fail.

Growth Theory

3. A successful relationship evolves through hard work and resolution of incompatibilities.
4. Relationships often fail because people do not try hard enough.

Self-Clarity

5. In general, I have a clear sense of who I am and what I am.
6. My beliefs about myself often conflict with one another.

Dispositional Forgiveness

7. I tend to forgive quickly when someone hurts my feelings.
8. I have a tendency to harbor grudges.

Self-Control

9. I am able to resist temptation and work effectively toward long-term goals.

Self-Esteem

10. I have high self-esteem.

Self-Respect

11. I have a lot of respect for myself.
12. My behaviors are usually consistent with my beliefs and principles.

Entitlement

13. I honestly feel I'm just more deserving than others.
14. I demand the best because I'm worth it.

Rejection Sensitivity

15. I am generally concerned or anxious about whether I will be rejected in social situations.
16. I generally expect that people will accept me.

Promotion Focus

17. It is exceptionally important to me that I fulfill my hopes and aspirations.
18. I have often accomplished things that got me "psyched" to work even harder.

Prevention Focus

19. It is exceptionally important to me that I fulfill my duties and responsibilities.
20. Growing up, I typically obeyed rules and regulations that were established by my parents.

Locomotion (Kruglanski et al., 2000)

21. When I decide to do something, I can't wait to get started.
22. I feel excited just before I am about to reach a goal.

Assessment (Finkel modifying Kumashiro/Rusbult's NSF measure)

23. I like to evaluate all options carefully before making decisions.
24. I make sure to avoid acting hastily when I am trying to achieve a goal.

2. The second set of assessments concerned a source of frustration in the relations-- a recent transgression. Participants described the event (transgression), indicated how many days ago the event took place (daysago) and answered various 1 - 7 (strongly agree) statements about the event and how it made them feel (eli01-eli13). datetransgression represents the date that the questions were answered (not the date of the transgression itself).

The individual items (eli01-eli13) are listed below:

"It is not unusual for people in relationships to have arguments and conflicts. In this section we would like for you to think of something your partner has done this past week that may have been upsetting to you. Provide a 3 to 5 sentence description of what your partner did that upset you. (If there was more than one such incident, only describe the most upsetting incident).
<hr noshade>
"

print "Please rate the following items with respect to this incident.

<hr noshade>
"

```
$eli01 = "I think of my partner's behavior as a betrayal of appropriate conduct between us.";
$eli02 = "I think that my partner's behavior is a serious transgression toward me.";
$eli03 = "This behavior was highly upsetting to me.";
$eli04 = "My partner knows that s/he upset me.";
$eli05 = "My partner has tried to make amends to me for this upsetting behavior.";
$eli06 = "I know that my partner feels bad about engaging in this upsetting behavior.";
$eli07 = "I have forgiven my partner for this behavior.";
$eli08 = "I am tempted to 'get back at' my partner for this behavior.";
$eli09 = "I am tempted to keep distance from my partner as a result of this behavior.";
$eli10 = "I think I should completely forgive my partner for this behavior.";
$eli11 = "Forgiving my partner for this behavior is ultimately in my own best interest.";
$eli12 = "Forgiving my partner for this behavior is likely to help make our relationship excellent.";
$eli13 = "Forgiving my partner for this behavior is the morally appropriate thing to do.";
```

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It was also our intention to have people reflect on the incident described and report on it over time, at random intervals. Unfortunately, due to a coding error, those data were not saved.

The code illustrating what was administered is listed below nonetheless.

```
print "In one of your previous sessions you described a conflict between you and your partner (or, perhaps, a former partner). Here is what you wrote:<BR><blockquote>
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**\$conflictText</blockquote>
**We would like you to answer some questions about that experience now that some time has transpired. (Please note that you may have answered these questions in the past and you may be asked to answer them again in the future. You should answer them with respect to how you feel right now, independently of what you might have said before. Also, please note that if you and the person in question have broken up, the text below will still read 'partner.' Please understand that the text refers to your former partner in such circumstances.) **
<hr noshade>
**";

```
$eli01 = "I think of my partner's behavior as a betrayal of appropriate conduct between us.";
$eli02 = "I think that my partner's behavior was a serious transgression toward me.";
$eli03 = "This behavior was highly upsetting to me.";
$eli04 = "My partner knows that s/he upset me.";
$eli05 = "My partner has tried to make amends to me for this upsetting behavior.";
$eli06 = "I know that my partner feels bad about engaging in this upsetting behavior.";
$eli07 = "I have forgiven my partner for this behavior.";
$eli08 = "I am tempted to 'get back at' my partner for this behavior.";
$eli09 = "I am tempted to keep distance from my partner as a result of this behavior.";
$eli10 = "I think I should completely forgive my partner for this behavior.";
$eli11 = "Forgiving my partner for this behavior is ultimately in my own best interest.";
$eli12 = "Forgiving my partner for this behavior is likely to help make our relationship excellent.";
$eli13 = "Forgiving my partner for this behavior is the morally appropriate thing to do.";
```

```
print "How many days ago do you think this took place? ";
print "<input type=text name=veli15 size=3 maxlength=3> days<BR><BR>";
```

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Variable listing

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pin
datesingle
single01
single02
single03
single04
single05
single06
single07
single08
single09
single10
single11
single12
single13
single14
single15
single16
single17
single18
single19
single20
single21
single22
single23
single24
datetransgression
eli01
eli02
```

eli03
eli04
eli05
eli06
eli07
eli08
eli09
eli10
eli11
eli12
eli13
transgression
daysago
endline