Markdown Version: 1.4 Markdown Released: 2/10/2025

Blood, Urine, and Mouthwash Sample Survey

[SrvBio_MODULEINTRO_v1r0] Thank you for being part of Connect and for donating your samples. We have some questions about you and your health history. This information will help us better understand your health status, and how it is related to the samples that you donated. If you are not sure of an answer, please make your best guess.

- 1. [SrvBio_SEX_ v2r1] Later questions in this survey will ask about your reproductive health, including your menstrual cycle (if you are menstruating) and your contraceptive use. We want to ask questions that make sense for you. What is your sex?
 - 0 Female
 - 1 Male
- 2. [SrvBio_SYMPTDAY_v1r0] Did you have any of the following symptoms in the 24 hours before you donated your samples? Select all that apply.
 - 0 [SrvBio_COUGHDAY_v1r0] Cough
 - 1 [SrvBio_DIARRDAY_v1r0] Diarrhea
 - 2 [SrvBio_NOSEDAY_v1r0] Stuffy nose (also known as nasal congestion)
 - 3 [SrvBio VOMITDAY v1r0] Feeling sick to your stomach or throwing up
 - 4 [SrvBio_FEVERDAY_v1r0] Fever
 - 88 [SrvBio_NOSYMPTDAY_v1r0] No, I had none of these symptoms
- 3. [SrvBio_EATDRINKBEFORE_v1r0] When did you last eat or drink anything other than water before donating your samples?
 - 0 The same day
 - 1 The day before
 - 2 More than a day before → TO SrvBio_SLEEPTIME_v1r0
- 4. [SrvBio_EATDRINKTIME_v1r0] At about what time did you last eat or drink anything other than water before donating your samples? Select your answer from the drop-down list below. If you are using a phone or tablet, please tap the gray box to enter your response.
 - HH:MM AM/PM
- 5. [SrvBio_SLEEPTIME_v1r0] What time did you go to sleep on the night before donating your samples? Select your answer from the drop-down list below. If you are using a phone or tablet, please tap the gray box to enter your response.
 - HH:MM AM/PM
- 6. [SrvBio_WAKETIME_v1r0] What time did you wake up on the day that you donated your samples? Select your answer from the drop-down list below. If you are using a phone or tablet, please tap the gray box to enter your response.

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HH:MM AM/PM

[SrvBIU_MED_v1r0] Medications

7. [GRID_SRVBLU_MED1_V1R0] Have you taken any of these medications in the past month? If so, please share the last time you took each type of medication before donating your samples. If you are not sure of an answer, please make your best guess.

[Radio button grid, select one each row]	0 No	1 Yes, in	2 Yes, in	3 Yes, in	4 Yes, in
		the past	the past	the past	the past
		day	two days	week	month
[SrvBIU_TYLENOL_v2r0] Tylenol®					
(acetaminophen)					
[SrvBIU_NSAIDS_v2r0] NSAIDs [such as					
aspirin, Advil® (ibuprofen), Aleve®					
(naproxen)]					
[SrvBIU_ACID_v1r0] Medications to lower					
stomach acid [such as Prilosec®, Prevacid®,					
Protonix®, Aciphex®, Omeprazole,					
Nexium [®] , Tagamet [®] , Zantac [®]]					

[DISPLAY SrvBIU_REPROINTRO_v1r0 IF (SrvBio_SEX_v2r1= 0), ELSE, GO TO SrvMtW_ORALHLTH_v1r0]

[SrvBIU_REPROINTRO_v1r0] Reproductive Health

The following questions ask about your menstrual periods, if you are pregnant, and contraceptive use. Your answers will help us understand where your body was in your menstrual cycle when you donated your samples. You may have answered some questions like these on another survey, but the questions below ask about your status on the day that you donated your samples.

- 8. [SrvBIU_MENSTPRD_v2r0] Have you had a menstrual period in the last **12 months**? Please do **not** consider breakthrough bleeding (also known as spotting) as part of the menstrual period. [this question requires a response]
 - 0 No → GO TO SrvBIU_PREGNANT_v1r0
 - 1 Yes
- 9. [SrvBIU_MENST60_v2r0] Have you had a menstrual period in the last **60 days**? Please do **not** consider breakthrough bleeding (also known as spotting) as part of the menstrual period. [this question requires a response]
 - 0 No → GO TO SrvBIU_PREGNANT_v1r0
 - 1 Yes
- 10. [SrvBIU_MENSTART_v2r0] When was the start date of your most recent menstrual period (the first day on which you saw menstrual blood)? Please do **not** consider breakthrough bleeding

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(also known as spotting) as part of the menstrual period. If you are not sure or do not remember, please make your best guess. [this question requires a response]

MM/DD/YYYY

- 11. [SrvBIU PREGNANT v1r0] Are you pregnant now?
 - 0 No
 - 1 Yes → GO TO SrvBlU_BRSTFD_v1r0
- 12. [SrvBIU_PREG3MON_v1r0] Have you been pregnant in the last **three months**?
 - 0 No
 - 1 Yes
- 13. [SrvBIU BRSTFD v1r0] Are you breastfeeding now?
 - 0 No
 - 1 Yes → GO TO SrvBlU_CONTRACEPT_v1r0
- 14. [SrvBIU_BRSTFD3MON_v1r0] Did you breastfeed in the last **three months**?
 - 0 No
 - 1 Yes

[DISPLAY SrvBIU_CONTRACEPT_v1r0 IF (SrvBIU_PREGNANT_v1r0= 0), ELSE, GO TO SrvMtW_ORALHLTH_v1r0]

- 15. [SrvBIU_CONTRACEPT_v1r0] Within the **last month**, have you used hormonal contraceptives? These types of contraceptives include oral contraceptives ("the pill"), injections, implants, skin patches, vaginal rings, and hormonal intrauterine devices (IUDs).
 - 0 No
 - 1 Yes
- 16. [SrvBIU_HORMONE_v1r0] Within the **last month**, have you used prescription hormone therapy to relieve common symptoms of perimenopause and menopause (for example, hot flashes and vaginal dryness), or to reduce bone loss due to lowering levels of estrogen and progesterone?
 - 0 No
 - 1 Yes

Mouthwash Data Collection

- 17. [SrvMtW_ORALHLTH_v1r0] Overall, how would you rate the health of your teeth and gums?
 - 0 Excellent
 - 1 Very Good

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- 2 Good
- 3 Fair
- 4 Poor
- 77 Don't know
- 18. [SrvMtW_MWBEFORE_v1r0] In the **1 hour before** you donated your mouthwash (saliva) sample, did you brush your teeth?
 - 1 Yes
 - 0 No
- 19. [SrvMtW_RINSEBEFORE_v1r0] In the **1 hour before** you donated your mouthwash (saliva) sample, did you rinse out your mouth?
 - 1 Yes
 - 0 No
- 20. [SrvMtW_GUMBEFORE_v1r0] In the **1 hour before** you donated your mouthwash (saliva) sample, did you chew gum?
 - 1 Yes
 - 0 No
- 21. [SrvMtW_TOBACCOBEFORE_v1r0] In the **1 hour before** you donated your mouthwash (saliva) sample, did you smoke, vape, or chew any products (including tobacco)?
 - 1 Yes
 - 0 No

Oral Hygiene Products

22. [SrvMtW_HYGIENE_v1r0] Next, we have a few questions about your oral health and routine that will help us better understand your mouthwash (saliva) sample.

In the last **month**, which of these oral hygiene products have you used? Select all that apply.

- 0 [SrvMtW BRUSH1 v1r0] Toothbrush
- 1 [SrvMtW FLOSS1 v1r0] Floss
- 2 [SrvMtW_WTRPICK1_v1r0] Water-based flosser or pick/jet
- 3 [SrvMtW_TONGUE1_v1r0] Tongue Cleaner or Scraper
- 4 [SrvMtW WHITE1 v1r0] Teeth-whiteners (strips, etc.)
- 5 [SrvMtW_MW1_v1r0] Mouthwash

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- 23. [SrvMtW BRUSH2 v1r0] In the last month, how often did you use a toothbrush?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_FLOSS2_v1r0 IF (SrvMtW_HYGEINE_v1r0= 1)]

- 24. [SrvMtW_FLOSS2_v1r0] In the last month, how often did you use floss?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_WTRPICK2_v1r0 IF (SrvMtW_HYGEINE_v1r0= 2)]

- 25. [SrvMtW_WTRPICK2_v1r0] In the last **month**, how often did you use a water-based flosser or pick/jet?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_TONGUE2_v1r0 IF (SrvMtW_HYGEINE_v1r0= 3)]

- 26. [SrvMtW_TONGUE2_v1r0] In the last **month**, how often did you use a tongue cleaner or scraper?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW WHITE2 v1r0 IF (SrvMtW HYGEINE v1r0=4)]

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- 27. [SrvMtW_WHITE2_v1r0] In the last **month**, how often did you use teeth-whiteners (such as whitening strips)?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

Mouthwash Products

[DISPLAY SrvMtW_MWUSE_v1r0 IF (SrvMtW_HYGEINE_v1r0= 5) ELSE, GO TO SrvMtW PERMTTHLOST v2r0]

- 28. [SrvMtW_MWUSE_v1r0] In the last **month**, which of these mouthwash products have you used? Select all that apply.
 - 0 [SrvMtW_MWALC1_v1r0] Alcohol-based mouthwash (such as Scope® or LISTERINE®)
 - 1 [SrvMtW_MWALCFREE1_v1r0] Alcohol-free mouthwash (such as LISTERINE® Zero)
 - 2 [SrvMtW_MWCHLOR1_v1r0] Chlorhexidine mouthwash (such as Peridex[™], PerioGard®, or Paroex®)
 - 3 [SrvMtW_MWFLUORIDE1_v1r0] Fluoride mouthwash (such as ACT®)
 - 4 [SrvMtW_MWPEROX1_v1r0] Peroxide mouthwash (such as Colgate® Peroxyl® Mouth Sore Rinse)
 - 5 [SrvMtW_MWCETYL1_v1r0] Cetylpyridinium chloride mouthwash (such as Crest® Pro-Health)
 - 6 [SrvMtW_MWSENSITIVE1_v1r0] Mouthwash for sensitive teeth (such as Sensodyne®)
 - 7 [SrvMtW MWDRY1 v1r0] Mouthwash for dry mouth (such as biotène®)

[DISPLAY SrvMtW MWALC v1r0 IF (SrvMtW MWUSE v1r0=0)]

- 29. [SrvMtW_MWALC_v1r0] In the last **month**, how often did you use alcohol-based mouthwash (such as Scope® or LISTERINE®)?
 - 44 Never
 - O Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_MWALCFREE_v1r0 IF (SrvMtW_MWUSE_v1r0= 1)]

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- 30. [SrvMtW_MWALCFREE_v1r0] In the last **month**, how often did you use alcohol-free mouthwash (such as LISTERINE® Zero)?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_MWCHLOR_v1r0 IF (SrvMtW_MWUSE_v1r0= 2)]

- 31. [SrvMtW_MWCHLOR_v1r0] In the last **month**, how often did you use chlorhexidine mouthwash (such as Peridex[™], PerioGard®, or Paroex®)?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_MWFLUORIDE_v1r0 IF (SrvMtW_MWUSE_v1r0= 3)]

- 32. [SrvMtW_MWFLUORIDE_v1r0] In the last **month**, how often did you use fluoride mouthwash (such as ACT®)?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_MWPEROX_v1r0 IF (SrvMtW_MWUSE_v1r0= 4)]

- 33. [SrvMtW_MWPEROX_v1r0] In the last **month**, how often did you use peroxide mouthwash (such as Colgate® Peroxyl® Mouth Sore Rinse)?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

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[DISPLAY SrvMtW_MWCETYL_v1r0 IF (SrvMtW_MWUSE_v1r0= 5)]

- 34. [SrvMtW_MWCETYL_v1r0] In the last **month**, how often did you use cetylpyridinium chloride mouthwash (such as Crest® Pro-Health)?
 - 44 Never
 - O Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_MWSENSITIVE_v1r0 IF (SrvMtW_MWUSE_v1r0= 6)]

- 35. [SrvMtW_MWSENSITIVE_v1r0] In the last **month**, how often did you use mouthwash for sensitive teeth (such as Sensodyne®)?
 - 44 Never
 - 0 Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

[DISPLAY SrvMtW_MWDRY_v1r0 IF (SrvMtW_MWUSE_v1r0= 7)]

- 36. [SrvMtW_MWDRY_v1r0] In the last **month**, how often did you use mouthwash for dry mouth (such as biotène®)?
 - 44 Never
 - O Less than once per week
 - 1 Once or twice per week
 - 2 Three to five times per week
 - 3 Once per day
 - 4 Two or more times per day

Permanent Teeth Lost

- 37. [SrvMtW_PERMTTHLOST_v2r0] Have you lost any of your permanent adult teeth, not including tooth crowns or your wisdom teeth? Select all that apply.
 - 1 [SrvMtW_PERMTTHLOST1_v1r0] Yes, from accident or injury → GO TO SrvMtW TEETHLOSTAI v1r0
 - 2 [SrvMtW_PERMTTHLOST2_v1r0] Yes, from tooth decay or disease → GO TO SrvMtW_TEETHLOSTD_v1r0

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- 3 [SrvMtW_PERMTTHLOST3_v1r0] Yes, for some other reason → GO TO SrvMtW_TEETHLOSTOTH_v1r0
- 0 [SrvMtW_NOPERMTTHLOST_v1r0] No → GO TO SrvMtW_DENTURES_v1r0

NO RESPONSE → GO TO SrvMtW_DENTURES_v1r0

[DISPLAY SrvMtW_TEETHLOSTAI_v2r0 IF (SrvMtW_PERMTTHLOST_v2r0= 1), ELSE GO TO SrvMtW_TEETHLOSTD_v2r0]

- 38. [SrvMtW_TEETHLOSTAI_v2r0] How many teeth have you lost from accident or injury? Do not include tooth crowns or wisdom teeth.
 - 0 1
 - 1 2 to 4
 - 2 5 to 9
 - 3 10 or more
 - 4 More than one, but not sure how many
 - 77 Don't know

[DISPLAY SrvMtW_TEETHLOSTD_v2r0 IF (SrvMtW_PERMTTHLOST_v2r0= 2), ELSE GO TO SrvMtW TEETHLOSTOTH v2r0]

- 39. [SrvMtW_TEETHLOSTD_v2r0] How many teeth have you lost from tooth decay or disease? Do not include tooth crowns or wisdom teeth.
 - 0 1
 - 1 2 to 4
 - 2 5 to 9
 - 3 10 or more
 - 4 More than one, but not sure how many
 - 77 Don't know

[DISPLAY SrvMtW_TEETHLOSTOTH_v2r0 IF (SrvMtW_PERMTTHLOST_v2r0= 3), ELSE GO TO SrvMtW_DENTURES_v1r0]

- 40. [SrvMtW_TEETHLOSTOTH_v2r0] How many teeth have you lost for reasons other than tooth decay or disease, or accident or injury? Do not include tooth crowns or wisdom teeth.
 - 0 1
 - 1 2 to 4
 - 2 5 to 9
 - 3 10 or more
 - 4 More than one, but not sure how many
 - 77 Don't know

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- 41. [SrvMtW_DENTURES_v1r0] Do you currently use any type of dentures or dental appliance? Please select all you have.
 - 1 Dental Bridge [SrvMtW_DENTBRIDGE_v1r0]
 - 2 Partial denture [SrvMtW PARTDENT v1r0]
 - 3 Full denture [SrvMtW_FULLDENT_v1r0]
 - 4 Dental Implants [SrvMtW_DENTIMP_v1r0]
 - Other (such as permanent and removable retainers, Invisalign®, or braces) [SrvMtW DENTOTHER v2r0]
 - 0 No, I have no dentures or dental appliances. [SrvMtW_DENTURES2_v1r0]
 - 77 Don't know [SrvMtW DENTURESDK v1r0]

Oral Health

- 42. [SrvMtW_DENTALCLEAN_v1r0] When did you last have a professional dental cleaning by a dentist or hygienist?
 - 0 In the past month
 - 1 More than a month ago, but in the past 6 months
 - 2 More than 6 months ago, but in the past year
 - More than a year ago, but in the past 2 years
 - 4 More than 2 years ago
 - 77 Don't know
- 43. [SrvMtW_CAVITY_v1r0] Have you ever had a cavity in any of your permanent adult teeth? Please include root caries, which are cavities on the root of the tooth.
 - 1 Yes
 - 0 No
 - 77 Don't know
- 44. [SrvMtW_GUMDISEASE_v1r0] Has a dentist ever told you that you have gum disease (periodontal disease)?
 - 1 Yes
 - 0 No
 - 77 Don't know
- 45. [SrvMtW_GUMTX_v1r0] Have you ever had treatment for gum disease, such as scaling <u>or</u> root planing, sometimes called "deep cleaning"?
 - 1 Yes
 - 0 No

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77 Don't know

- 46. [SrvMtW_ANTIBIO_v1r0] In the **past two months**, have you taken any antibiotic medicine? Common antibiotics include Azithromycin (such as Zithromax®/Z-Paks®), Penicillin (such as Pfizerpen® or Pen-Vee K®), and Amoxicillin (such as Amoxil®) and are generally used to treat infections.
 - 1 Yes → GO TO SrvMtW_ANTIBIOTIME_v1r0
 - 0 No → GO TO END
 - 77 Don't know → GO TO END

NO RESPONSE → GO TO END

- 47. [SrvMtW_ANTIBIOTIME_v1r0] When did you last take antibiotic medicine?
 - 0 Within the last 24 hours
 - 1 More than 24 hours ago, but in the past week
 - 2 More than 1 week ago, but in the past 4 weeks
 - 3 More than 4 weeks ago

Closing remark on submit survey screen: "You have answered all of the questions in this survey. To submit your answers, select the "Submit Survey" button."