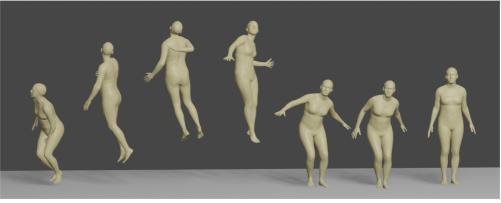


a) A player jumps up and uses one hand to throw the ball towards the hoop, while also adding a spin with their wrist.



b) Jump up and spin in the air.



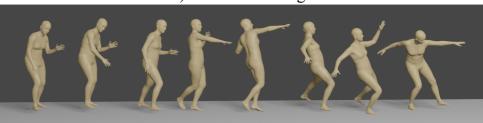
c) A person performs a handstand with both hands, and then spreads their legs into a split position.



d) Swim like a butterfly.



e) Swim like a frog.



e) A man runs forward rapidly and throws a ball.