



Skate Canada Dance Assessment Gold C Dance – Gold Rhythm Dance

Date: DD / MM / YYYY Candidate: _____ SC # _____

Home Club/Skating School: _____ Assessor: _____

Evaluation Result: Pass with Honours ☐ Pass ☐ Retry ☐

Gold C Dance – Gold Rhythm Dance

Date: DD / MM / YYYY Candidate: _____ Assessor: _____

PROGRAM CONTENT				
PROGRAM CONTENT REQUIREMENTS	COMMENTS	RATING		
		BRONZE	SILVER	GOLD
<input type="checkbox"/> Pattern Dance: _____ Correct steps and timing mandatory				
<input type="checkbox"/> Step Sequence (MiSt, DiSt, or CiSt)				
<input type="checkbox"/> Twizzle Sequence				
<input type="checkbox"/> Dance Spin (Sp or CoSp)				
Mandatory Requirement: <input type="checkbox"/> 4 of 4 Elements Silver or better				

FULL PROGRAM ASSESSMENT				
CRITERIA	RATING			COMMENTS
	BRONZE	SILVER	GOLD	
Accuracy				
Edge Quality				
Carriage/Clarity				
Character/Rhythm				
Full Program Assessment Requirement: <input type="checkbox"/> 4 of 4 criteria must be Silver or better				

Mandatory Requirement completed:		<input type="checkbox"/> YES <input type="checkbox"/> NO	Both requirements must be YES for an overall assessment of Pass or better.		
Full Program Assessment Requirement completed:		<input type="checkbox"/> YES <input type="checkbox"/> NO			
Result: <input type="checkbox"/> Pass with Honours (4 of 4 Full Program Assessments at Gold) <input type="checkbox"/> Pass (4 of 4 Full Program Assessments at Silver or better) <input type="checkbox"/> Retry		Total Overall Assessment	<u>Bronze</u>	<u>Silver</u>	<u>Gold</u>

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Standards of Assessment

Program Content Standards				
	BRONZE (below standard)	SILVER (standard)		GOLD (above standard)
Pattern Dance		Correct steps, turns, foot placement and timing through full pattern dance.		
Step Sequence		Uses correct skating technique. Edges entering and exiting turns are solid with good flow. Strong posture and balance is solid. Body lines are pleasing and confident in nature. Movements are precise.		
Twizzle Sequence		Position is solid with moderate extension. Body lines are adequate. Edge entering and exiting the turn is solid and strong with good flow, symmetry and control.		
Dance Spin		Position is solid with moderate extension. Body lines are adequate. Strong and consistent speed of revs throughout spin. Exit is controlled. Spin centres quickly. Skater can maintain center from entry to exit when changing position(s) and/or feet.		
Standards				
	CRITERIA	BRONZE (below standard)	SILVER (standard)	GOLD (above standard)
Full Pattern	Accuracy Correct steps, technique, pattern.		Skater executes correct steps with strong technique and neat foot placement. Clear lobes are skated following the pattern.	
	Edge Quality Balance, control, depth of edge, power and flow.		Edges well defined with good depth. Skater moves easily across the ice, handles direction changes easily and maintains strong balance and control throughout. Skater has good power and flow.	
	Carriage/Clarity Style, body line and posture.		Skater demonstrates clear posture and poise. Core balance is strong and solid. Body lines are pleasing and confident. Movements are precise throughout.	
	Character/Rhythm Ability to interpret rhythm.		Skater expresses the music’s character, rhythm, and feeling with confidence and conviction.	

Additional Comments: