

## Skate Canada Artistic Assessment STAR 5

| Date: DD / MM / YYYY Candidate:  |                                      |                   |              |                       | SC #     | #             |  |       |                |      |  |   |  |
|--|--------------------------------------|-------------------|--------------|-----------------------|----------|---------------|--|-------|----------------|------|--|---|--|
| Home Club/Skating School:  |                                      |                   |              |                       |          |               | Assesso  | or:   |                |      |  |   |  |
| Evaluation Result: Pass w  |                                      | ith Honours  Pass |              |                       |          | Retr          | у 🗆  |       |                |      |  |   |  |
| STAR 5 Artistic (Program Length 2:10 maximum)  Date: DD / MM / YYYY Candidate: Assessor:           |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
|  |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
|  |                                      |                   |              |                       | AM CONTE | NI            |  |       | Element Rating |      |  |   |  |
| Content Requi  | rement                               | Conte             | nt Performed |                       |          | Comments      |  |       | В              | S    |  | G |  |
|  |                                      | 1)                |              |                       |          |               |  |       |                |      |  |   |  |
| ☐ Field Move Sequence or Spiral Sequence 2)  |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| ☐ Artistic Spin  |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| TOTAL:  ☐ 2 of 3 Elements Silver or better   |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| DDOCDANA ACCECCATALT   |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| PROGRAM ASSESSMENT  PROGRAM  RATING  |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| COMPONENTS   |                                      | ITERIA            | BRONZE       | SILVER                | GOLD     |               |  | COMME | NTS            |      |  |   |  |
| Skating Skills Edge Qualit   |                                      | ty*               |              |                       |          |               |  |       |                |      |  |   |  |
| Power*   |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| Transitions  | ansitions Quality/Variety/Difficulty |                   |              |                       |          |               |  |       |                |      |  |   |  |
| Performance Carria   |                                      | Carriage/Clarity  |              |                       |          |               |  |       |                |      |  |   |  |
|  | Projection                           | Projection        |              |                       |          |               |  |       |                |      |  |   |  |
| Composition  | Composition Structure/Purpose        |                   |              |                       |          |               |  |       |                |      |  |   |  |
| Interpretation Character/Rhythm  |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| <b>Program Components Requirement:</b> □ 4 of 7 Criteria Silver or better, including mandatory (*) |                                      |                   |              |                       |          |               |  |       |                |      |  |   |  |
| Content Requirement completed: Program Components Requirement completed:                           |                                      |                   |              |                       | ☐ YES ☐  |               | Both requirements must be YES for an overall assessment of Pass or better. |       |                |      |  |   |  |
| Result:  Pass with Hono Pass (4 of 7 Crit  |                                      |                   |              | Tot<br>Over<br>Assess | rall     | <u>Bronze</u> | <u>Silve</u>   |       | G              | iold |  |   |  |

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## Skate Canada Artistic Assessment STAR 5

## **Standards of Assessment**

| Consistent Criteria Assessment: to be applied at all levels. |  |   |  |  |  |
|--|--|---|--|--|--|
| BRONZE   | SILVER   | GOLD  |  |  |  |
| Movements lack creativity and/or originality.                | Includes few movements or elements of creativity or originality.       | Includes several movements or elements of       |  |  |  |
| Does not reflect the concept/character of the                | Includes several moments that reflect the concept/character of         | creativity and/or originality. Reflects the     |  |  |  |
| program or enhance the musical structure.                    | the program or enhance the musical structure.                          | concept/character of the program and/or enhance |  |  |  |
| Sequences: Flow, control or energy may be limited.           | Sequences: Reasonable flow, energy, control and strength of            | the musical structure.                          |  |  |  |
| <b>Spin</b> : Weak position, unable to centre the spin.      | positions.   | Sequences: Good flow, energy, control and       |  |  |  |
| Automatic Bronze: Element does not meet                      | <b>Spin</b> : Generally, centred with reasonable strength of position. | strength of positions.                          |  |  |  |
| definition.  |  | Spin: Centred with strong positions.            |  |  |  |

| Standards            |  |  |                      |   |  |  |
|----------------------|--|--|----------------------|---|--|--|
| PROGRAM<br>COMPONENT | CRITERIA   | BRONZE<br>(below standard)   | SILVER<br>(standard) | GOLD (above standard)   |  |  |
| Skating Skills       | Edge Quality* Balance, control, edge depth, use of one-foot skating, use of multi directional skating. | Skater demonstrates moderately defined edges.  Skater demonstrates reasonable balance, control, agility and form.                                |                      | Edges correct but may be shallow. Skater demonstrates some examples of control, balance but may be limited.   |  |  |
|                      | Power* Varied use of power, speed, acceleration, flow and glide.                                       | Generation of speed is adequate. Skater generally uses blade pushes.   |                      | Power is developing. Skater generally uses blade pushes to generate and maintain a reasonable amount of speed. Limited evidence of acceleration, changes in speed, flow and glide.  |  |  |
| Transitions          | Quality/Variety/ Difficulty Continuity of movements from one element to the next.                      | The ability to link or connect elements is developing. Elements are linked with minimal connecting steps/movements.  Transitions may be limited. |                      | The ability to link elements is developing. Few elements are linked with connecting steps/movements. Transitions mainly include simple movements while skater is performing crosscuts.  |  |  |
| Performance          | Carriage/Clarity Posture, body line and clarity of movements.  | Skater has reasonable upright carriage with some break in posture. Body lines are reasonable.  |                      | Skater has comfortable upright carriage and generally good posture. Skater demonstrates reasonably strong core. Body lines are generally pleasing. Movements may lack precision and appear rushed or incomplete.  |  |  |
|                      | Projection Projection, physical, emotional involvement, individuality and personality.                 | The skater's confidence is developing. The skater's projection and commitment to the movement is developing.                                     |                      | Skater may appear to lack confidence in their movements. The skater generally does not project to the audience during their performance and may lack commitment to the performance.  Minimal individuality and personality displayed.                                   |  |  |
| Composition          | Structure/Purpose Pattern/ice coverage, purpose and design of movements.                               | Ice coverage patterns are simple and follow a similar direction. The purpose of the program and element placement are developing                 |                      | Ice coverage patterns are simple and generally follow a similar direction. The purpose of the program may be somewhat unclear. Element placement on ice may be similar.   |  |  |
| Interpretation       | Character/Rhythm Expression of music's character/feeling and rhythm.                                   | The skater may demonstrate one or two movements that match the musical timing or highlights of the music.  |                      | Skater's emotional connection to the character of the music is developing with one or two moments evident in the program. Skater may not yet be able to use their body movements, facial expressions and skating technique to reflect the feeling or mood of the music. |  |  |

**Additional Comments:**