

Skate Canada Dance Assessment STAR 1 Dance - Elements

Date: DD / MM / YYYY Candidate: _____ SC # _____

Home Club/Skating School: _____ Assessor: _____

Evaluation Result: **Pass with Honours** ☐ **Pass** ☐ **Retry** ☐

STAR 1 Dance - Elements

Date: DD / MM / YYYY Candidate: _____ Assessor: _____

MANDATORY REQUIREMENTS - Must be Yes for element to receive an overall rating of Silver or better.

All elements: Meets definition of the element.

ELEMENT		CRITERIA	RATING			OVERALL	COMMENTS
			BRONZE	SILVER	GOLD		
Forward Progressives	Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/>	Accuracy				G <input type="checkbox"/>	CW <input type="checkbox"/> CCW <input type="checkbox"/>
		Edge Quality				S <input type="checkbox"/>	
		Carriage/Clarity				B <input type="checkbox"/>	
Forward Chassés	Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/>	Accuracy				G <input type="checkbox"/>	CW <input type="checkbox"/> CCW <input type="checkbox"/>
		Edge Quality				S <input type="checkbox"/>	
		Carriage/Clarity				B <input type="checkbox"/>	
Forward Slide Chassés	Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/>	Accuracy				G <input type="checkbox"/>	CW <input type="checkbox"/> CCW <input type="checkbox"/>
		Edge Quality				S <input type="checkbox"/>	
		Carriage/Clarity				B <input type="checkbox"/>	
Forward Outside Swing Roll Sequence	Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/>	Accuracy				G <input type="checkbox"/>	RFO <input type="checkbox"/> LFO <input type="checkbox"/>
		Edge Quality				S <input type="checkbox"/>	
		Carriage/Clarity				B <input type="checkbox"/>	
Forward Outside Cross Rolls	Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/>	Accuracy				G <input type="checkbox"/>	RFO <input type="checkbox"/> LFO <input type="checkbox"/>
		Edge Quality				S <input type="checkbox"/>	
		Carriage/Clarity				B <input type="checkbox"/>	

2 re-skates permitted (must be different elements)

Result: <input type="checkbox"/> Pass with Honours (4 of 5 elements at Gold) <input type="checkbox"/> Pass (4 of 5 elements at Silver or better) <input type="checkbox"/> Retry	Total Overall Assessment	<u>Bronze</u>	<u>Silver</u>	<u>Gold</u>

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Standards of Assessment

Standards			
CRITERIA	BRONZE (below standard)	SILVER (standard)	GOLD (above standard)
Accuracy Correct steps, technique, pattern.		Skater executes up to 75% of steps correctly. Technique and neat foot placement are developing. Pattern shape and depth of lobes are developing.	
Edge Quality Balance, control, depth of edge, power and flow.		Weak edges and/or wobbles may be present. <ul style="list-style-type: none"> Reasonable balance, control, agility and form. 	
Carriage/Clarity Style, body line and posture.		Skater may demonstrate weak core and unstable posture with inconsistent or weak balance. <ul style="list-style-type: none"> Stable 75% or more of the time Body lines are developing.	

Additional Comments:
