



Skate Canada Dance Assessment STAR 1 Dance - Elements

Date: DD / MM / YYYY Candidate: _____ SC # _____

Home Club/Skating School: _____ Assessor: _____

Evaluation Result: **Pass with Honours** ☐ **Pass** ☐ **Retry** ☐

STAR 1 Dance - Elements

Date: DD / MM / YYYY Candidate: _____ Assessor: _____

MANDATORY REQUIREMENTS - Must be Yes for element to receive an overall rating of Silver or better.

All elements: Meets definition of the element.

| ELEMENT | | CRITERIA | RATING | | | OVERALL | COMMENTS |
|--|---|------------------|--------|--------|------|----------------------------|---|
| | | | BRONZE | SILVER | GOLD | | |
| Forward Progressives | Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/> | Accuracy | | | | G <input type="checkbox"/> | CW <input type="checkbox"/> CCW <input type="checkbox"/> |
| | | Edge Quality | | | | S <input type="checkbox"/> | |
| | | Carriage/Clarity | | | | B <input type="checkbox"/> | |
| Forward Chassés | Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/> | Accuracy | | | | G <input type="checkbox"/> | CW <input type="checkbox"/> CCW <input type="checkbox"/> |
| | | Edge Quality | | | | S <input type="checkbox"/> | |
| | | Carriage/Clarity | | | | B <input type="checkbox"/> | |
| Forward Slide Chassés | Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/> | Accuracy | | | | G <input type="checkbox"/> | CW <input type="checkbox"/> CCW <input type="checkbox"/> |
| | | Edge Quality | | | | S <input type="checkbox"/> | |
| | | Carriage/Clarity | | | | B <input type="checkbox"/> | |
| Forward Outside Swing Roll Sequence | Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/> | Accuracy | | | | G <input type="checkbox"/> | RFO <input type="checkbox"/> LFO <input type="checkbox"/> |
| | | Edge Quality | | | | S <input type="checkbox"/> | |
| | | Carriage/Clarity | | | | B <input type="checkbox"/> | |
| Forward Outside Cross Rolls | Mandatory Requirements: Yes: <input type="checkbox"/> No: <input type="checkbox"/> | Accuracy | | | | G <input type="checkbox"/> | RFO <input type="checkbox"/> LFO <input type="checkbox"/> |
| | | Edge Quality | | | | S <input type="checkbox"/> | |
| | | Carriage/Clarity | | | | B <input type="checkbox"/> | |

2 re-skates permitted (must be different elements)

| | | | | |
|--|---------------------------------|---------------|---------------|-------------|
| Result: <input type="checkbox"/> Pass with Honours (4 of 5 elements at Gold) <input type="checkbox"/> Pass (4 of 5 elements at Silver or better) <input type="checkbox"/> Retry | Total Overall Assessment | <u>Bronze</u> | <u>Silver</u> | <u>Gold</u> |
|--|---------------------------------|---------------|---------------|-------------|



Skate Canada Dance Assessment STAR 1 Dance - Elements

Standards of Assessment

| Standards | | | |
|---|----------------------------|--|--------------------------|
| CRITERIA | BRONZE (below standard) | SILVER (standard) | GOLD (above standard) |
| Accuracy Correct steps, technique, pattern. | | Skater executes up to 75% of steps correctly. Technique and neat foot placement are developing. Pattern shape and depth of lobes are developing. | |
| Edge Quality Balance, control, depth of edge, power and flow. | | Weak edges and/or wobbles may be present. <ul style="list-style-type: none">• Reasonable balance, control, agility and form. | |
| Carriage/Clarity Style, body line and posture. | | Skater may demonstrate weak core and unstable posture with inconsistent or weak balance. <ul style="list-style-type: none">• Stable 75% or more of the time Body lines are developing. | |

Additional Comments: