Elements of High Performing Teams

Element	Applicability
Communication	Team members have strong oral and written communication skills.
	They are comfortable saying what they think, asking for help, sharing new or unpopular ideas, and risking making mistakes.
Commitment	Team members understand how their work fits into the overall scheme of things. They agree that their team's goals are achievable and aligned with the organization's mission and values. Members are willing to put aside personal needs for the benefit of the organization.
Contribution	Members have strong technical and interpersonal skills and have a willingness to learn. A growth mindset.
	These are confident people who take responsibility for getting their part of the project done.
Cooperation	The team excels at working in an inter-dependent environment. Traits necessary are: follow-through, accuracy, creativity, timeliness and spirit.
Conflict Management	Members can shift paradigms to avoid conflict. Traits of optimism, empathy, and affirmations, or positive statements help reduce the potential for team conflict.
Connection	Members are connected to the larger work organization, to team members, and to other work teams. The needs of the organization are considered as the team does its work.
	When team members connect to one another, peer support and volunteerism increase.

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