One to One Intro Questions

This worksheet forms a set of questions you can use in your initial one to one to help you understand how to best work with a new member of your team.



When do you feel most low?

What makes you grumpy?

What activities challenge and motivate you?
Tell me about the last time you felt truly energised and enthused about your work?
What type of people do you love working with?
What type of people do you struggle to work with?

How do you handle conflict?
How do you prefer to receive feedback?
How do you like to receive recognition? Publicly, privately?
What is important for you to get from me?

What is the most important thing I can do for you straight away?
What should I not do?
What is the biggest gripe you have with our company?
What is the biggest opportunity you see for yourself?