

PRIMACY WEEKLY TO-DO LIST

Do on which day?	Categories
Survive	What are the bare minimum things you need to do to <u>survive</u> the week?
Productive	What things should you do this week to be <u>productive</u> ?
Thrive	What things can you to this week to <u>pursue your own happiness</u> ?
	Purpose/Work
	Family/Friends
	Health/Energy
	Learn/Discover
	Create/Build
	Fun/Happiness
Stop	What things should you <u>stop doing</u> that take you further away from your goals and your happiness?