## **PRIMACY WEEKLY TO-DO LIST**

monday				
		Categories		
		What are the bare minimum things you need to do to survive the week?		
Tuesday				
		What are the things that I should do that are <b>Important for the long term</b> ?		
Wednesday				
wednesday				
	<b>4</b>			
Thursday				
		What are the things that I should <b>stop</b> doing because they are <b>unimportant a</b>	nd wasteful?	
	_			
Friday				
		What one <b>constraint</b> in the following areas, when removed, will unleash a	Areas	
		flood of progress?		
	4		Health	
Saturday/Sunday			Career/Job	
			Family	
			Relationships	
			Learn/Create	
			Hobbies/Fun	