

## 2023 WASATCH FRONT 100 MILE ENDURANCE RUN MANDATORY IN-TIME CUT OFFS

The Wasatch Front 100 Mile Endurance Run has established mandatory in-time cut offs for certain aid stations. This policy was established to protect both the runners and the aid station volunteers. The following provides an explanation on how these times were determined:

- The “**LAST ARRIVAL TO EVER FINISH**” is the latest in-time on the current course that a runner ever entered a specific aid station and gone on to finish the race from there. Of the many hundreds of runners who have ever arrived at a specific aid station, this is the latest time any runner has gone on to finish the race.
- The “**MANDATORY IN-TIME CUT-OFF**” is a non-negotiable limit established to protect the runners’ safety, and to allow later aid station crews to close at a reasonable time.

Runners arriving in the interval between “LAST ARRIVAL TO EVER FINISH” and “MANDATORY IN-TIME CUT OFF” may continue. Although no runner who arrived within this interval ever finished, they can certainly be allowed to try. This is the only “grace” period for slow runners to increase their pace. They are given a chance. Maybe they will be the one in a thousand who can do it!

**Runners arriving at or after the “MANDATORY IN-TIME CUT OFF” will be automatically DNFed without exception.** Remaining in the race past the mandatory in-time cut off is unkind to both the runner and to later aid station volunteers. The runner can’t finish and would end up at locations without readily available transportation. The later aid station volunteers are forced to idly wait for late runners to arrive, and the runners will sit for many hours waiting for a ride or be forced to hike out with a remote aid station team (Desolation, Rock Springs).

Below is the mandatory in-time cut off table. For example, a runner arriving into Big Mountain at 4:59 PM will be allowed to remain in the race and continue even if they leave after 5:00 PM. A runner arriving into Big Mountain at 5:00 PM will be automatically DNFed.

### MANDATORY IN-TIME CUT OFF

AID STATIONS WITH CUT OFF REQUIREMENT	LAST ARRIVAL TO EVER FINISH	MANDATORY IN-TIME CUT OFF
Bountiful B (16.6)	11:27 AM	12:00 PM
Big Mountain (31.9)	4:13 PM	5:00 PM
Alexander (40.7)	7:40 PM	8:30 PM
Lambs Cyn (47.5)	10:11 PM	11:00 PM
Big Water (56.4)	2:08 AM	2:30 AM
Brighton (69.3)	7:10 AM	7:30 AM
Pole Line Pass (77.2)	10:12 AM	10:30 AM
Staton (89.9)	2:32 PM	2:45 PM