

Hobbies and Health

Conversation Club — Week 6

Warmup Conversation—Hobbies

1. What new activity would you like to try doing in your free time?
2. How do you like to spend your free time?
3. What are your hobbies? How long have you had these hobbies?
4. Can you make money from doing your hobby?
5. Does your hobby interfere with your work/study/personal life?
6. Do you spend money on your hobby?
7. Can a hobby be dangerous?
8. Which hobbies are the most popular in your country?
9. Did you have any hobbies when you were a child?
10. Do you think a hobby is different from a sport?
11. Are there any activities that you used to do but don't do anymore? Why did you stop?
12. Are there any hobbies you would like to try?
13. Do people's leisure time activities change as they get older? How?
14. Who do you like to spend your leisure time with?

Mentimeter

Idioms: Free Time / Hobbies

1. Enjoy a cup of joe
2. Go window-shopping
3. Shoot some hoops
4. Chow down at a fast-food joint
5. Paint the town red!
6. Pull an all-nighter
7. Catch a flick
8. Keep it low-key
9. Grab some munchies
10. Hit the road
11. Chill out
12. Have a whale of a time
13. Life and soul of the party





Practice

1. Would you rather shoot some hoops or catch a flick?
2. What do you do when you want to keep it low-key?
3. Do you know someone who is always the life and soul of the party? What makes them so fun?
4. When was the last time you pulled an all-nighter? What were you doing?
5. Are you much of a window shopper?
6. If you were going to paint the town red tonight, what would you do?
7. At what joints do you like to chow down most?

Conversation Questions—Health

1. Do you think you have a healthy lifestyle?
2. Is it possible to have a healthy lifestyle in the modern world? Why?
3. Do you think it is more important for you to eat healthy or tasty food?
4. Do you think diets are useful or not? Have you ever tried to go on a diet? What kind? Did it work?
5. Are you a member of a health spa or gym? How often do you exercise?
6. Do you drink a lot?
7. What is your attitude to smoking?
8. What is a healthy dose of alcohol? Is there such a thing?
9. How many hours of sleep do you usually get each night? Do you think it's enough?
10. Do you often find yourself under stress? What do you stress about?
11. How do you usually cope with stress?
12. Do you think it's better to do whatever you want (eat a lot, drink, smoke, etc.) and die at the age of 60 or be healthy and live to 100?
13. Do you think you will live until a ripe old age? Why or why not?

Health Idioms

1. In bad shape
2. To feel blue
3. To kick the bucket
4. (As) dead as a doornail
5. (As) fit as a fiddle
6. Hard of hearing
7. On one's last legs
8. Living on borrowed time
9. To meet your maker
10. To sleep like a log
11. To go under the knife
12. (The) prime of one's life
13. Pushing up the daisies
14. Racked with pain
15. To recharge one's batteries
16. To hit the sack



Quizlet Live

<https://quizlet.com/390186226/>

How long can you talk?

Question Game

“Homework”

- Practice Quizlet sets:
 - <https://quizlet.com/class/10607276/>
- Speak, speak, speak (in English)!
- <https://juanpinto.me/oranim/conversationclub>