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Recommendation 1

Good Morning, JOE PATIENT.

You have 1 new recommendation.

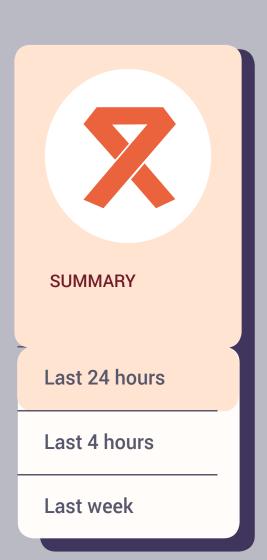
Please see your SUMMARY page for your current health overview.

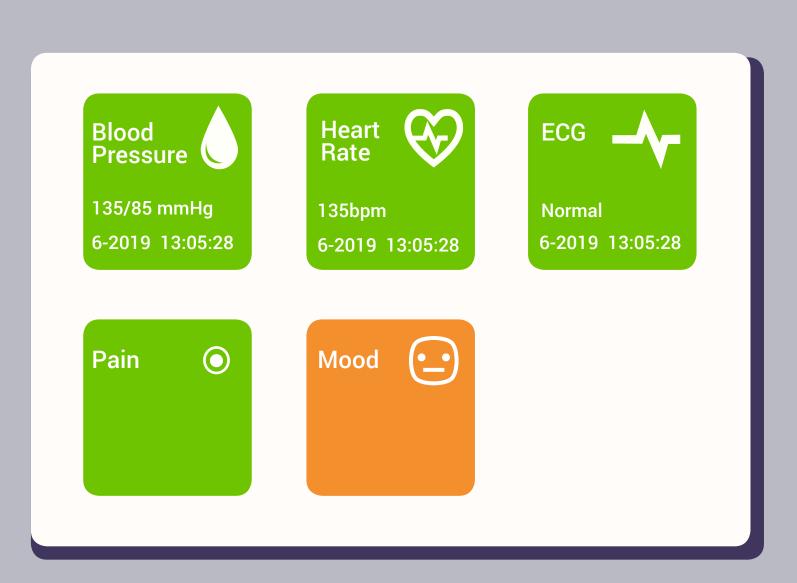










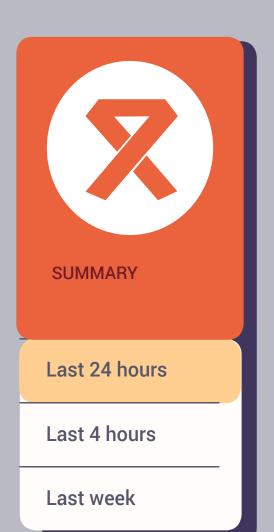


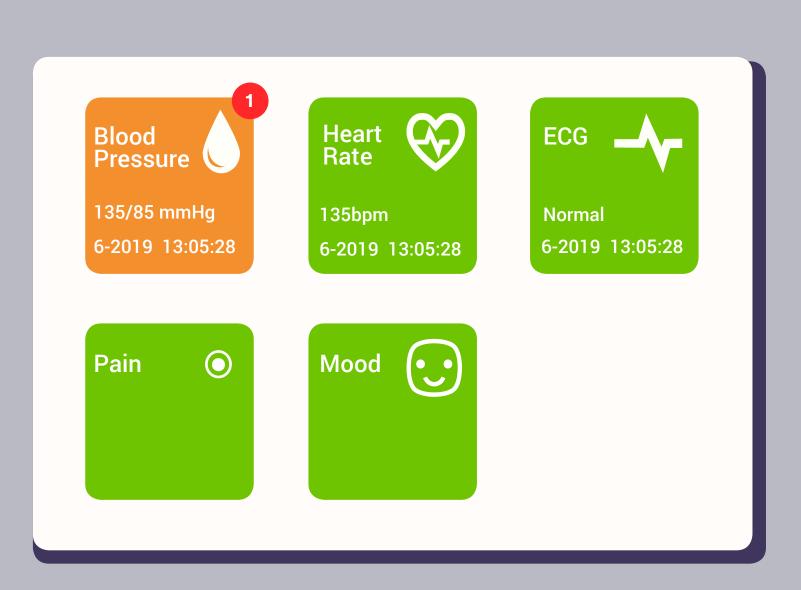










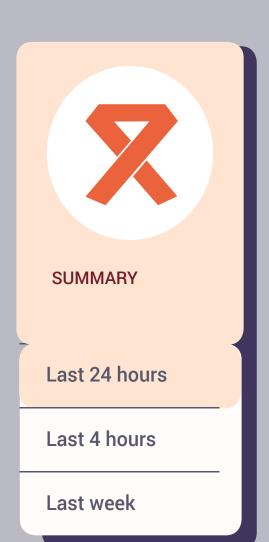


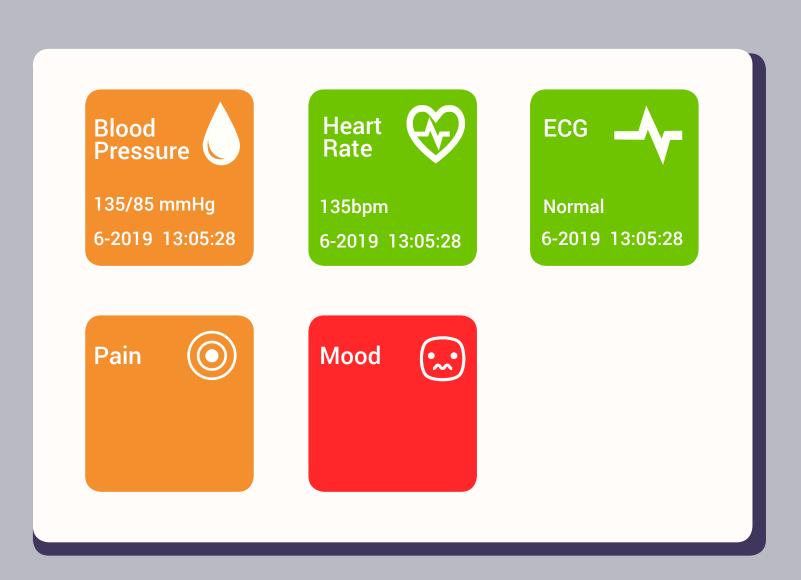






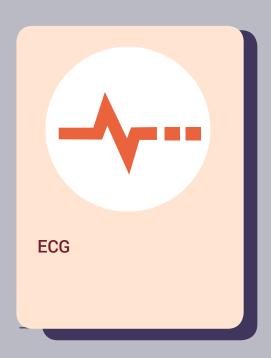




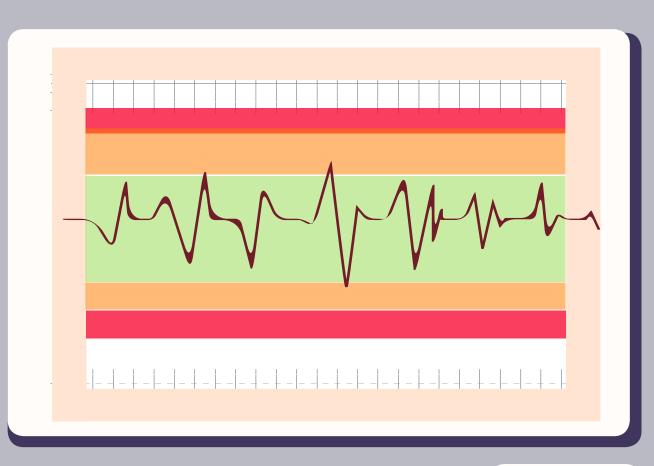








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SOURCE: CLINIC









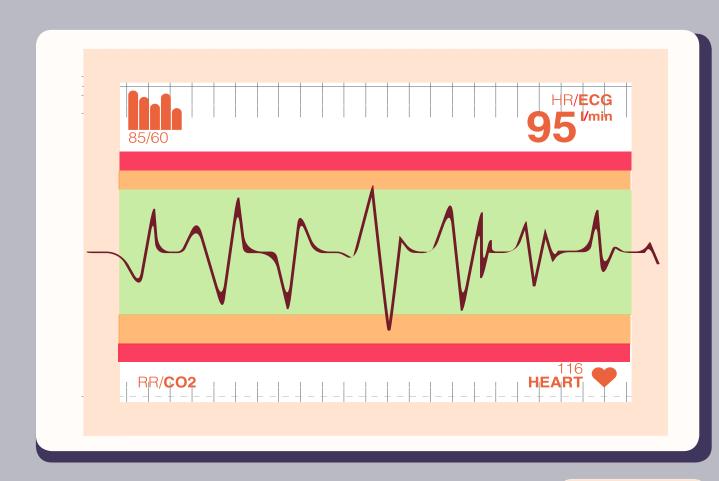


HEART RATE

Last 24 hours

Last 4 hours

Last week



SEND TO GP











Ask CONNIE, our Al medic, for general health advice.

Please note CONNIE is not a substitute for consulting your GP.

JOE PATIENT: I felt dizzy when I first got up.

CONNIE: Have you checked your blood pressure today?

JOE PATIENT: Yes. It's normal.

CONNIE: Do you have any headache or nausea?

JOE PATIENT: No. I feel fine otherwise.

CONNIE: I recommend you monitor your blood pressure and contact a doctor if it falls below the recommended healthy range on your chart, or you develop other symptoms.

SEND TO GP









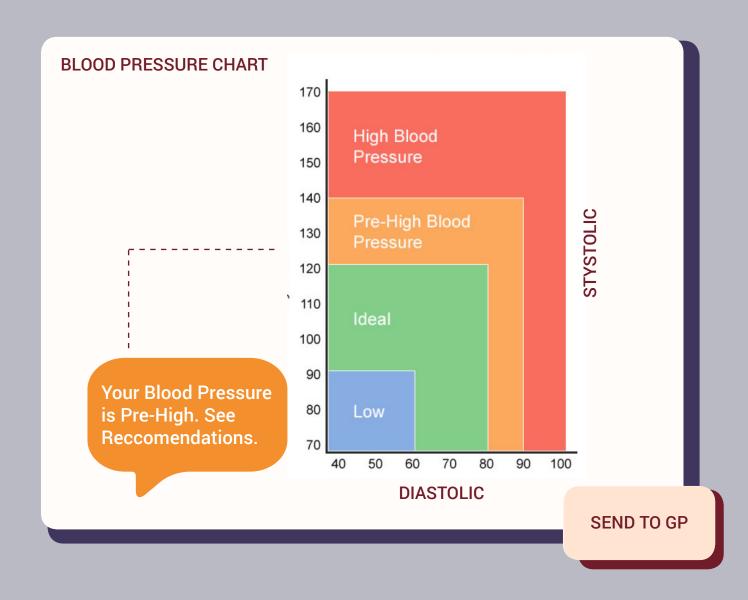


BLOOD PRESSURE

Last 24 hours

Last 4 hours

Last week













MOOD REPORT

Last 24 hours

Last 4 hours

Last week

Which of the below best represents your current MOOD?









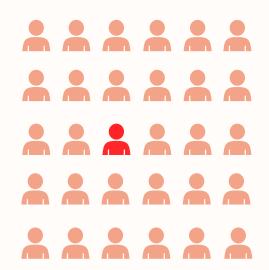




RECOMMENDATIONS

These health tips are based on your data and the latest health research.

You have a one in 30 chance of heart attack within the next 5 years.



If you **stop smoking today**, you can reduce those odds to one in 58.

