

**Dietary Protein and Weight Reduction: A Statement for Healthcare Professionals  
From the Nutrition Committee of the Council on Nutrition, Physical Activity,  
and Metabolism of the American Heart Association**

Sachiko T. St. Jeor, Barbara V. Howard, T. Elaine Prewitt, Vicki Bovee, Terry  
Bazzarre and Robert H. Eckel

*Circulation* 2001;104;1869-1874

DOI: 10.1161/hc4001.096152

Circulation is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX  
72514

Copyright © 2001 American Heart Association. All rights reserved. Print ISSN: 0009-7322. Online  
ISSN: 1524-4539

The online version of this article, along with updated information and services, is  
located on the World Wide Web at:

<http://circ.ahajournals.org/cgi/content/full/104/15/1869>

Subscriptions: Information about subscribing to *Circulation* is online at  
<http://circ.ahajournals.org/subscriptions/>

Permissions: Permissions & Rights Desk, Lippincott Williams & Wilkins, a division of Wolters  
Kluwer Health, 351 West Camden Street, Baltimore, MD 21202-2436. Phone: 410-528-4050. Fax:  
410-528-8550. E-mail:  
[journalpermissions@lww.com](mailto:journalpermissions@lww.com)

Reprints: Information about reprints can be found online at  
<http://www.lww.com/reprints>











