German Chocolate Cake III

A spectacular German Chocolate cake made from scratch, using cake flour.

Ingredients

For the Cake

- ½ cup water
- 4 (1 ounce) squares German sweet chocolate
- 1 cup butter, softened
- 2 cups white sugar
- · 4 egg yolks
- 1 teaspoon vanilla extract
- · 1 cup buttermilk
- 2 ½ cups cake flour
- · 1 teaspoon baking soda
- 1/2 teaspoon salt
- · 4 egg whites
- 1 cup white sugar

For the Filling

- 1 cup evaporated milk
- ½ cup butter
- 3 egg yolks, beaten
- 1 1/3 cups flaked coconut
- 1 cup chopped pecans
- 1 teaspoon vanilla extract
- ½ teaspoon shortening
- 1 (1 ounce) square semisweet chocolate

Instructions

Making the Cake

- 1. Preheat oven to 350°F (175°C). Grease and flour three 9-inch round pans.
- 2. Sift together the flour, baking soda, and salt. Set aside.
- 3. In a small saucepan, heat water and chocolate until melted. Remove from heat and allow to cool.
- 4. In a large bowl, cream butter and sugar until light and fluffy.
- 5. Beat in egg yolks one at a time. Blend in the melted chocolate mixture and vanilla.
- 6. Beat in the flour mixture alternately with buttermilk, mixing just until incorporated.
- 7. In a large glass or metal mixing bowl, beat egg whites until stiff peaks form.
- 8. Fold one-third of the egg whites into the batter, then quickly fold in the remaining egg whites until no streaks remain.
- 9. Pour the batter into the prepared pans.
- 10. Bake in the preheated oven for 30 minutes, or until a toothpick inserted into the center comes out clean.
- 11. Allow to cool for 10 minutes in the pans, then turn out onto a wire rack.

Making the Filling

- 1. In a saucepan, combine sugar, evaporated milk, butter, and egg yolks.
- 2. Cook over low heat, stirring constantly until thickened.
- 3. Remove from heat and stir in coconut, pecans, and vanilla.
- 4. Cool until thick enough to spread.

Assembling the Cake

- 1. Spread the filling between the layers and on top of the cake.
- 2. In a small saucepan, melt shortening and chocolate. Stir until smooth.
- 3. Drizzle the melted mixture down the sides of the cake.