## A NOTE ON PRODUCTS OF POSITIVE OPERATORS

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**Lemma 0.1.** Let  $A, B \in \mathcal{H}$  where  $A \succ 0$  and B is normal. Then  $AB \succeq 0$  if and only if  $B \succeq 0$  and [A, B] = 0.

**Remark 0.2.** The assumption B is normal is necessary, as a counter example consider

(1) 
$$A = \begin{bmatrix} 2 & 1 \\ 1 & 1 \end{bmatrix} \qquad B = \begin{bmatrix} 1 & 0 \\ 1 & 2 \end{bmatrix}$$

Since the trace and determinant of A are positive and A is Hermitian,  $A \succ 0$ . B is not a positive operator (even though its eigenvalues are positive) since

$$\begin{bmatrix} 1 & -i \end{bmatrix} \begin{bmatrix} 1 & 0 \\ 1 & 2 \end{bmatrix} \begin{bmatrix} 1 \\ i \end{bmatrix} = 3 - i$$

which is not real. Now notice that

$$AB = \begin{bmatrix} 3 & 2 \\ 2 & 2 \end{bmatrix}$$

which is easily seen to be positive.

*Proof.* Since B is normal, we may diagonalize  $B = UDU^{\dagger}$  where U is unitary and D is diagonal. Now

(4) 
$$AB \succeq 0 \Leftrightarrow AUDU^{\dagger} \succeq 0 \Leftrightarrow U^{\dagger}AUD \succeq 0.$$

Now towards a contradiction, suppose D had a non-positive eigenvalue  $\lambda_i$ . We calculate

(5) 
$$\langle e_i, U^{\dagger} A U D e_i \rangle = \lambda_i \langle U^{\dagger} e_i, A U e_i \rangle$$

which contradicts the assumption  $AB \succeq 0$  since  $A \succ 0$ .

For the converse, since [A, B] = 0 and both are non-negative by spectral theorem  $[A^{\frac{1}{2}}, B^{\frac{1}{2}}] = 0$ . Therefore, since  $A^{\dagger} = A$  and  $B^{\dagger} = B$  we have

(6) 
$$AB = A^{\frac{1}{2}}A^{\frac{1}{2}}B^{\frac{1}{2}}B^{\frac{1}{2}} = A^{\frac{1}{2}}B^{\frac{1}{2}}A^{\frac{1}{2}} = \left(A^{\frac{1}{2}}B^{\frac{1}{2}}\right)\left(A^{\frac{1}{2}}B^{\frac{1}{2}}\right)^{\dagger}$$

which is clearly non-negative.