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**MASTER THESIS**

**BALANCE CONTROL OF HUMANOID ROBOT TEO  
USING FORCE/TORQUE SENSORS**

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El tribunal aprueba la Tesis de Máster titulada "**Balance control of humanoid robot TEO using Force/Torque sensors**" realizada por **María Dolores Pinel del Valle**.

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Tribunal:

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Dr./Dra.

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*A mi familia*



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# **Acknowledgments**

Thanks to all ...



# **Resumen**

Esta tesis desarrolla ...



# **Abstract**

This thesis develops ...



# Chapter 1

## Introduction

Industry was one of the first fields of application of robotics, where the environment is mainly static, the tasks to be performed are repetitive and automated, and human interaction is quite low. For that reason, the idea of designing robots able to work in dynamic environments, with a high variety of tasks and interacting with humans and their environment, was fulfilled thanks to the evolution of new techniques related to robotics. Humanoid robots, physically similar to the human being, meet all that needs. Mainly, the possibility of moving, solves the problem of industrial robots that can only work in fixed areas. Moreover, the provision of artificial intelligence, allows the robot to interact with the surrounding environment in a more natural way, as a human being.

Nevertheless, the possibility of moving brings the problem of stability. Maintaining the humanoid robot in an upright posture and walking is a complex task related to control. For humans, walking is simple and we do it almost unconsciously, so we are not aware of its complexity. It has to be ensured that the robot is in an upright posture in order to not to fall over while it simultaneously is performing a set of movements previously defined to walk. Additionally, if a disturbance appears and leads to an unbalanced situation, humans, unconsciously, try to stabilize moving their own body or the other limbs and the same behaviour is expected for a humanoid robot.

## 1.1 Motivation and origin of the Thesis

## 1.2 Objectives

This Master Thesis deals with the balance control of the humanoid robot TEO using Force-Torque sensors and attempts to discuss problems and issues that should be considered when the control system of a humanoid robot is designed.

The principle objectives of this work are:

- Provide a study of past and current research in the field of humanoid robots.
- Study basic concepts of humanoid's control system. This means the study of general definitions, requirements and basic existing control architectures.
- Propose a control architecture taking into account the functionality of the robot, its technical specifications and its design.
- Implement the results in the real platform. In order to prove the applicability of the designed structure it is necessary to implement it in a physical platform. The platform used in this Master Thesis is the humanoid robot TEO (*Task Environment Operator*) of the Robotics Lab of University Carlos III of Madrid.

# **Chapter 2**

## **Literature review**

### **2.1 Trends in humanoid robotics**

The word “Robot” first appeared in Karel Čapek’s 1921 play *Rossum’s Universal Robots* where the *robots* were human-like machines made to replace human workers. It comes from the Czech word “Robota” which means “labour doing compulsory manual works without receiving any remuneration” or “to make things manually”. Robots are now very widely used in the manufacturing sector. Robotic technology has been developed and refined so successfully that an entire manufacturing process can be handled by robots alone.

The International standard ISO 3873 defines “Robot” as: “An automatically controlled, reprogrammable, multi-purpose, manipulator, programmable in three or more axes, which may be either fixed in place or mobile for use in industrial automation applications”. This definition restricts the area to only one type of robot, the industrial manipulator. But the inclusion of the perception of the environment and a capacity for action with some level of autonomy the robot leaves the manufacturing plant. The continuous evolution of robots needs a more general definition to include other types of robots in the global robotics area. The Oxford dictionary defines “Robot” as “a machine resembling a human being and able to replicate certain human movements and functions automatically”.

Nowadays, the robot is leaving factories and laboratories and slowly entering society in the form of a service robot.

### 2.1.1 General classification of robots

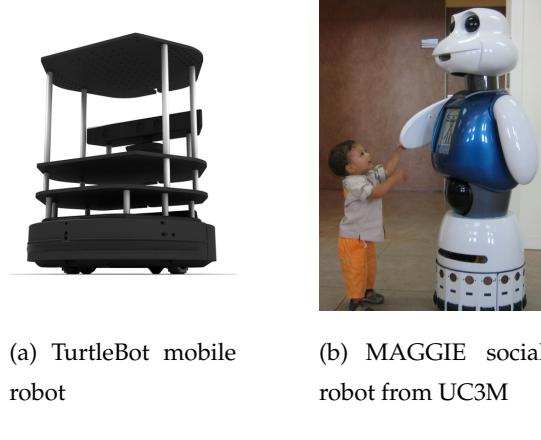
The development of robotics through the ages, makes necessary to do a classification. Based on their ability to make different types of motion, their control architectures differ radically. Five groups of robotic systems can be distinguished by their motion control architecture: industrial, mobile, zoomorphic, anthropomorphic and hybrid robots.

*Industrial robots.* The main characteristic of this group is that all robots are stationary. Industrial robots, including industrial manipulators (Figure 2.1) , are usually designed taking into account different requirements for velocity, load capacity, accessibility, etc. and always have a limited number of degrees of freedom. These robots are structured to move their end effectors in a determined working environment in one or several systems of coordinates. Although, exceptions may exist when a robot is guided in space (with moving platform) in order to perform a task in another environment. These robots are used when it is necessary to attend rather extensive but permanent working zones, working mainly with different types of objects and environments and does not exist human-robot interaction.



Figure 2.1: ABB industrial manipulator

*Mobile robots.* This group has more motion capacity due to implemented wheel based platform systems (Figure 2.2). They can execute different telecontrolled tasks or are driven by the environmental information received from the integrated sensorial system. From the beginning of the sixties mobile robots were designed and implemented within industry. These robots were able to transport parts from one point of the production line to another, guided by pre-planned paths materialized by the electromagnetic or photoelectric bands from circuits mounted into the floor. From the beginning of the seventies a lot of work was related to major autonomy of mobile robots, like providing the mobile robot a vision system. Years later, when more complex and precise sensorial systems appeared, the development of control architectures for mobile robots was concentrated on the superficial intelligence and decision making systems (M. Malfaz, 2012). Mobile robots provided with this kind of control system are usually able to plan motions and avoid obstacles. Today, research is also centred on human-mobile robot interaction (Ramey, Pacheco, Alonso, & A. Castro-Gonzalez, 2011).



(a) TurtleBot mobile robot      (b) MAGGIE social robot from UC3M

Figure 2.2: Mobile robots

*Zoomorphic robots.* This type of robot is characterized by the locomotion system which imitates the locomotion of diverse living beings. Although there can

be a lot of morphological differences between all variations of zoomorphic systems, it is possible to distinguish two basic categories: walking and non-walking zoomorphic architectures. An example of non-walking zoomorphic robot is the modular snake-like robot in Figure 2.4 (a). Walking zoomorphic robots are developed to work in every kind of terrain and they have a really wide range of applications. Animal-like robots try to imitate the movements of animals and are usually constructed for research and entertainment. The control of this kind of robot is more complicated than control of a mobile or industrial robot because of the need to maintain the equilibrium at every stage of motion. Figure 2.4 (b) shows the WildCat walking zoomorphic robot developed by Boston Dynamics.

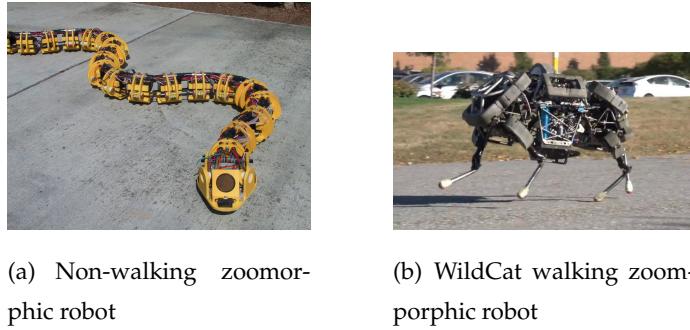


Figure 2.3: Zoomorphic robots

*Anthropomorphic robots (Androids)* or humanoid (bipedal) robots. These robots try to reproduce the body and behaviour of a human being. Presently the research on humanoids is increasing rapidly, although, there still remains a lot of work ahead. One of the basic challenges in this field is to reproduce human-like motion abilities beginning with the bipedal locomotion. The motion control architecture in this case is the most complex compared with the other robot types presented above. The main challenge is being able to control and coordinate in real time the dynamics of the whole body and maintain the equilibrium in the single support phase, i.e. when the robot is supported only by one foot. The control architecture of this kind of robot is an aim of this research work and will

be discussed and developed further in the following chapters. Figure ?? shows two examples of humanoid robots: (a) is Asimo Robot developed by Honda and (b) is TEO robot from UC3M.

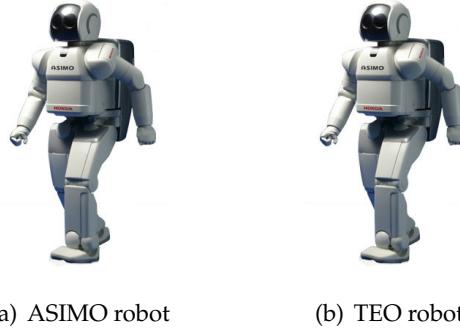


Figure 2.4: Humanoid robots

Another complex aspect related to androids is the ability to reproduce the human upper body, especially the face. The difference between a humanoid robot and android is only skin-deep. The latter looks exactly like a human on the outside, but internally has the mechanics of a humanoid robot. But the human-like appearance can be controversial. In 1970, Masahiro Mori (Mori, MacDorman, & Kageki, 2012) presented his hypothesis about the *Uncanny Valley* (Figure 2.5). Mori's insight was that people would react with revulsion to human-like robots, whose appearance resembled, but did not quite replicate, that of a real human. The Uncanny Valley has become more relevant in the past few years since robots that actually look and move like humans are starting to become a reality. In fact, researchers currently debate over whether they should try to overcome the uncanny valley or simply design robots that are more mechanical in appearance.

*Hybrid robots.* These type of robots combine properties of various types of other robots. Usually they are a combination of a wheelbase (mobile robot) with an anthropomorphic body. Some examples are Justin robot from the German Aerospace Center (DLR) and TIAGO robot from PAL Robotics (Figure 2.6). They

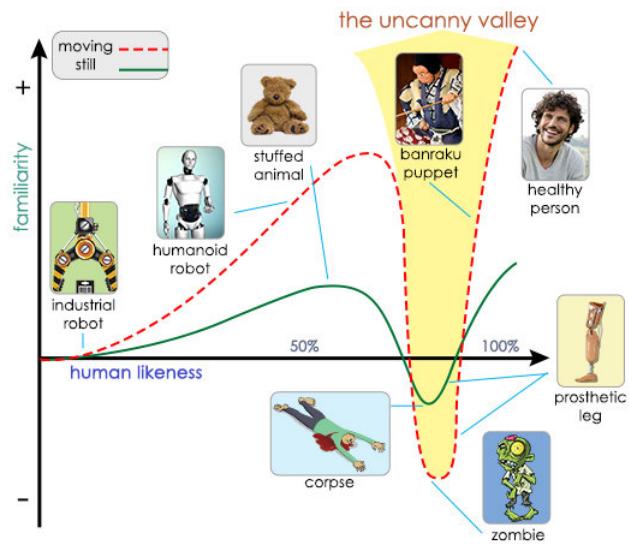


Figure 2.5: Uncanny valley

are both mainly involved in manipulation tasks (grasping, picking and placing, etc.) and the problem of locomotion is not considered as in humanoids.



(a) Justin robot (b) TIAGO robot

Figure 2.6: Hybrid robots

### 2.1.2 Humanoid robots

The history of the development of humanoid robots is curiously long and detailed. Leonardo da Vinci designed and possibly built the first humanoid robot (Figure 2.7). The robot, completely mechanical, was designed to sit up, wave arms and move its head via a flexible neck while opening and closing its jaw.



Figure 2.7: Leonardo da Vinci's mechanical knight

Other designs, related to the appearance of steam power and electricity appeared in the 19<sup>th</sup> Century. They were simple automates that imitated some human movements. The first bipedal machine was constructed by George Moore in 1983 but the real progress was achieved only at the end of the 1960s when the electronics, mechanics and materials became sufficiently advance to create such a complex system as a bipedal robot.

In the middle of the 1960s, the Japan University of Waseda launched different research projects lead by Kato and as a result, the series of WL robots appeared. They were only lower body robots (Figure 2.8).

But the real first works about bipedal robots with humanoid appearance (complete torso) were carried out about 1970 by authors Kato (Kajita, Hirukawa, Harada, & Yokoi, 2005) and Vukobratović (Vukobratovic, Frank, & Juricic, 1970). The first anthropomorphic robot WABOT-1 (Figure 2.9 (a)), was exhibited by Kato in 1973. Using a very simple control diagram, the robot was able to perform a few slow gaits, maintaining its balance at all times. This achievement,

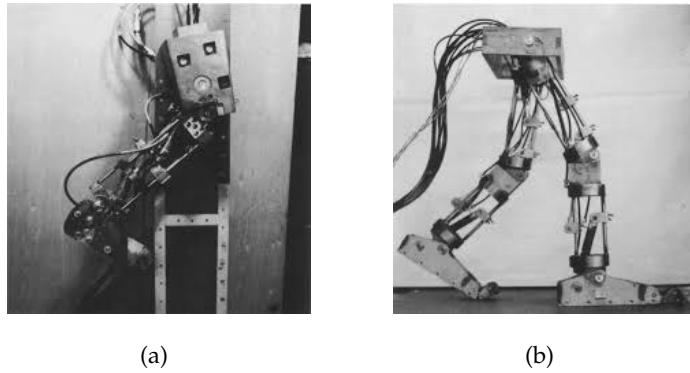


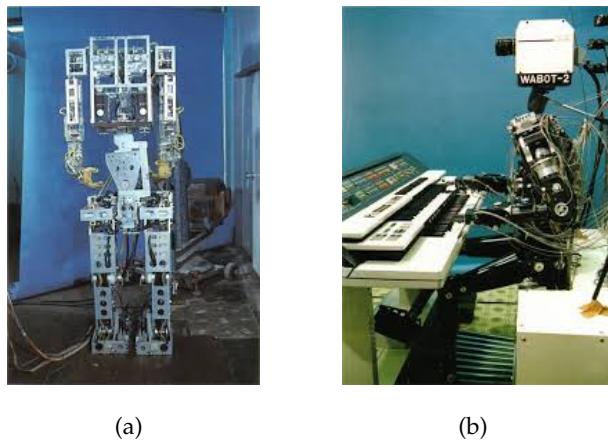
Figure 2.8: (a) WL-1 (b)WL-3

was the first one that encouraged researchers about humanoid robots and their locomotion.

At the same time, Vukobratović and his research team were studying stability in biped systems in the former Yugoslavia, basing on a new stability criterion, presented in 1972, as *Zero-Moment Point* (ZMP) (Vukobratović & Borovac, 2004). Taking into account the dynamic effects produced during a walking, from then until now, the ZMP stability criterion has been the most used in humanoid or biped robotics.

The second prototype WABOT-2 of Waseda University was developed between 1980 and 1984. The robot musician WABOT-2 can converse with a person, read a normal musical score with its eyes and play tunes on an electronic piano. The WABOT-2 can be mentioned as one of the first personal robots.

Years later, the project continued in the Japanese university and the WABIAN series (Figure 2.10) were constructed as improvements of the previous ones. These robots had advances in their degrees of freedom, better mechanical structure, better stability and bigger weight of objects to be transported. The WABIAN series is still in development with its latest prototype WABIAN 2-R. New technologies and materials make a huge difference between this and the first versions. An important advantage of its mechanical design is the use of 2-DOF in

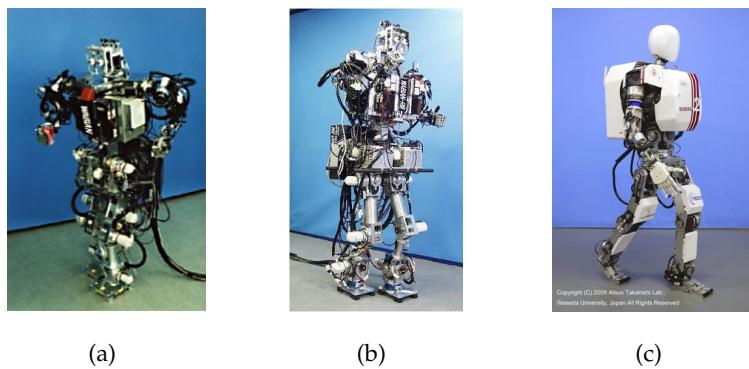


(a)

(b)

Figure 2.9: (a) WABOT-1 (b)WABOT-2

the waist which enables more fluent walking motions.



(a)

(b)

(c)

Figure 2.10: (a) WABIAN (b) WABIAN-RV (c) WABIAN-2R

The development of humanoid robotics was not only at universities also in industry. The Honda Motor Company was one of the main pathfinder industries involved in robotics. In the mid 1980s, they began creating biped walking robots (only lower body parts). But the rise of humanoid robots started with the development of P1 robot in 1993 (Kajita et al., 2005). The project began in secret years before, after the exhibition of WABOT-2 playing the piano. The next version, P2

in 1996 (180 centimetres high and 210 kg weight), was the first humanoid able to walk in a stable enough way and carry its processor and battery on its back. After that, robots P3 and ASIMO were its advanced versions, reducing height and weight of the robot.



Figure 2.11: Honda humanoid prototypes. From left to right: E0 (1986) , E1(1987), E3(1989), E5(1992), P1(1993), P2(1996), P3(1997), ASIMO(2000)

Undoubtedly, ASIMO is the culmination of two decades of research in humanoid robotics by Honda. ASIMO (130 centimetres and 54 kg) is able to run, walk (at 2.7 km/h) on uneven and slope surfaces, climb stairs, grasp objects among other tasks. It also can avoid moving obstacles as it moves through its environment.

Other of the most advanced humanoid robots is the HRP-2 . The Humanoid Robotics Project (HRP) is led by the National Institute of Advanced Industrial Science and Technology (AIST) and Kawada Industries in Japan (Kaneko et al., 2004). The main outcome of this project was HRP-2 which is taller (140 cm) but lighter (58 kg) than Honda's Asimo. HRP-2 was the first finished prototype in the HRP series to demonstrate walking (2 km/h maximum speed) on uneven surfaces, getting up from a fallen position and to interact with humans and help in domestic service tasks. Subsequently, HRP-3 was developed based on the HRP-2 experience with additional dust and splash-proof protection, enhanced

hand coordination, improved cooling systems, and prolonged operation time. In particular, the prototype of HRP-3 (Kanehiro et al., 2006) was developed using a distributed control system and a real-time Ethernet communication network. Later, HRP-4 has a new slim, lighter and athletic mechanical design (weight of 39 kg, height of 151 cm) to improve its functioning in the domestic environment. In addition to the mechanical upgrades, this robot has several key improvements which include LAN and Wireless LAN networks for internal and external communications. Finally, HRP-4c (Kaneko & et al., 2011), also referred to as the cybernetic humanoid robot, is the most recently developed humanoid robot in the HRP series with a female appearance which is 158 cm tall and weighs 43 kg. HRP-4c has human like facial expressions. It should be noted that all the HRP series robots have rigid joints which are controlled by local PID controllers and an online ZMP based trajectory generation.

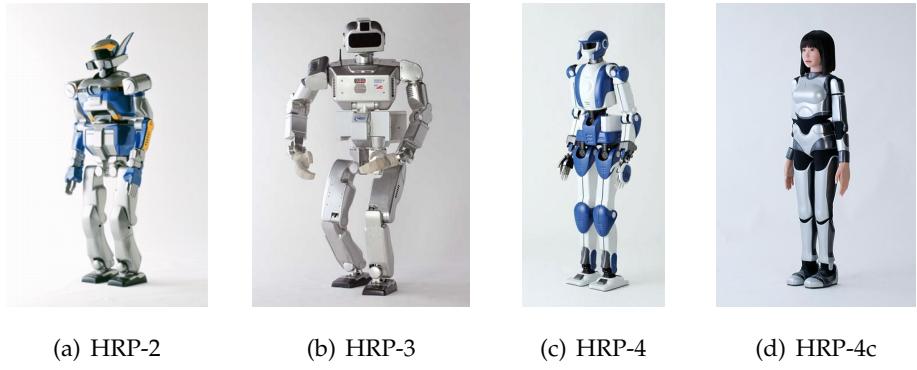


Figure 2.12: HRP series

Meanwhile, the Korean Advanced Institute of Science and Technology (KAIST) has been developing a series of walking robots since 2001 which consist of KHR-1, KHR-2 and KHR-3 where the mechatronic design was evolved over three versions. Hubo (KHR- 3) is the latest humanoid robot developed at KAIST in 2004 which has 41 DoF, stands 125 cm tall and weighs 55 kg as shown in Figure 2.13 (a). The aim of the Hubo project is to provide a reliable platform for imple-

menting dynamic walking, navigation and image processing algorithms (Park, Kim, Lee, & Oh, 2007). In 2008, Hubo was integrated with an android head resembling Albert Einstein. The head used RC servo motors for facial expressions and the robot was called Albert Hubo (Park, Kim, Lee, & Oh, 2008) (Figure 2.13 (b)). In late 2009, a running experiment was reported on Hubo (Cho, Park, & Oh, 2009) with the maximum speed of 3.24 km/h. The tracking control system which used in Hubo humanoid robot is based on independent PD position feedback loops running at 1 kHz which is the traditional approach for trajectory tracking in robotics.

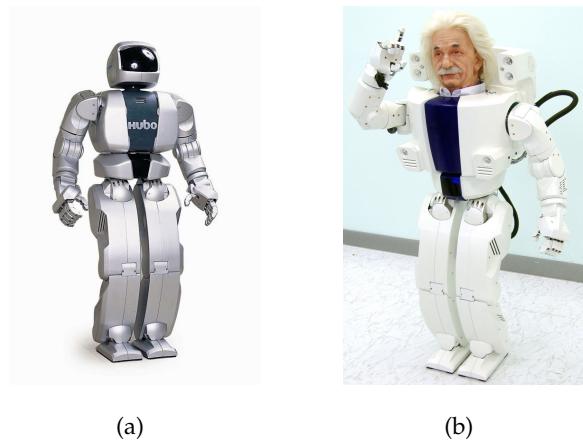


Figure 2.13: (a) HUBO robot (b)Albert HUBO robot

The fastest walking robot is Petman by Boston Dynamics with a human like walking speed of 4.4 miles per hour (7 km/h approx.) (*Boston Dynamics Website*, 2016). The aim of the Petman project is to study the feasibility of chemical testing using a fully articulated robotic mannequin for the US military. Petman weighs 80 kg and stands about 1.75 m tall and has hydraulic actuators which in addition to high power output, provide a degree of compliance to absorb the ground impacts. Currently the robot can walk, go up the stairs, squat and kneel. Recently, Boston Dynamics has received more funding from DARPA (Defense Advanced Research Projects Agency in USA) to develop a more advanced ver-

sion of Petman which is called Atlas.

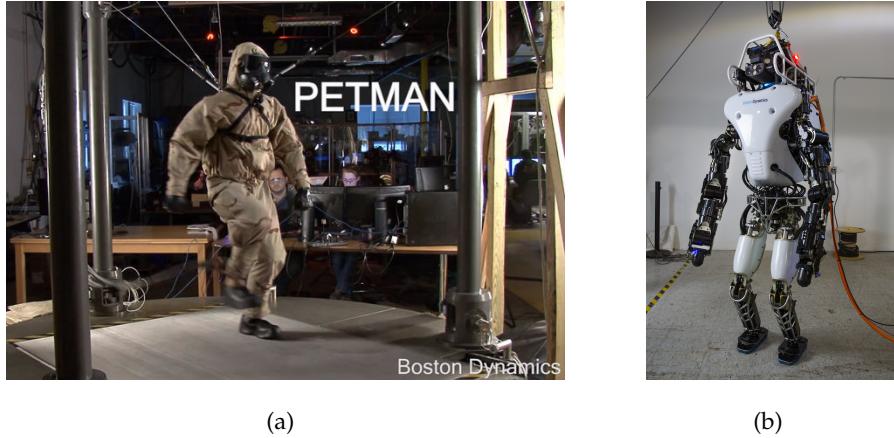


Figure 2.14: (a) PETMAN robot (b)ATLAS robot

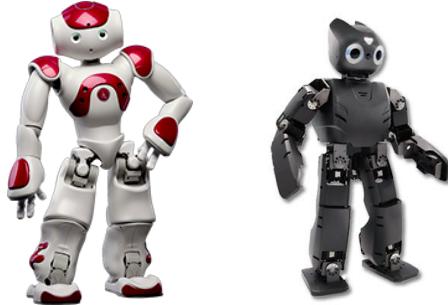
Going to small sized humanoid robots, iCub (from the Instituto Italiano di Tecnologia) is a humanoid robot that was developed in five years by the RobotCub (*The RobotCub Project Website*, 2016) consortium to provide the cognitive science research community with an open source platform to study cognition. In other words, iCub is used as an open source robotic platform to study how a human child learns the basic motor skills as well as learning and recognizing different objects. iCub is a full humanoid robot with a head, arms, hands, waist, and legs that are actuated by 53 motors. It is the size of a 3.5 year old child with a compact, modular, mechatronic architecture, stands 104 cm tall, and weighs less than 23 kg. Its internal communication network is based on CAN, which connects the local DSP joint controllers to the central computer located at its head.

Other open-source small sized humanoids (Figure ??) are NAO humanoid robot (58 cm, 4.3 kg and 21 to 15 DoF) developed by Aldebaran Robotics in Paris, the Fujitsu HOAP-3 humanoid robot (60 cm and 8.8 kg), and the DARwIn-OP (54.5 cm, 2.9 kg, 11 DoF) developed by RoMeLa at Virginia Tech in collaboration with the University of Pennsylvania, Purdue University and Robotis Co.

In Spain, two main projects are being developed. On the one hand the com-



(a) iCub



(b) NAO

(c) DARwIn

Figure 2.15: Mini humanoid robots

pany PAL Robotics develops humanoid robot REEM-C 2.16 which is 1.65 m tall and weighs 80 kg. This robot has grasping ability, object and faces recognition, obstacle avoidance, human-robot interaction and speech and voice recognition in several languages. It is fully compatible with ROS (Robotic Operating System).



Figure 2.16: REEM-C robot from PAL Robotics

On the other hand, the Robotics Lab of the University Carlos III of Madrid launched the humanoid robot project, the Rh-0 in its first phase (2002-2004), the Rh-1 (2005-2007) and finally the Rh-2 (2007-Present). The Rh-1 humanoid robot 2.17 is 1.45 m tall, weighs 48.5 kg, has 21 DOFs, can walk at about 0.8 Km/h (Arbulu et al., 2005), recognizes faces, and responds to voice commands. The

Rh-2 is an improvement of its previous version and it is 165 cm tall, weighs about 63 kg and it has 26 DoF. This platform is the one used in the experimental trials of this work, so its technical characteristics will be seen in Section 3.



Figure 2.17: Rh-1 humanoid robot

## 2.2 Bipedal locomotion

The performance of the artificial bipedal locomotion is a complex problem and human beings have the ideal bipedal locomotion. Therefore the best way to produce such a type of motion for a walking machine is to copy human motion.

Human walking is an automated motion, carried out even unconsciously. This locomotion process is a repetitive execution until some perturbations are detected. In humans, the muscular system modifies forces acting during the walking in order to maintain equilibrium. The study of the human walking and the muscles involved in, brings very complex relationships and it requires some simplifications in anthropomorphic legged mechanisms in order to reduce complexity from the mechanical and control points of view.

The analysis of the human walking is fairly recent. McGeer (McGeer, 1990) built a passive walker in 1990 and showed that his two-legged walker could

reproduce stable gait without any controls. However, the most progress was revealed in the active bipedal locomotion (Hirai, Hirose, Haikawa, & Takenaka, 1998), (Kaneko et al., 2004), (Park et al., 2007). This type of locomotion is developed and implemented as artificial human-like bipedal motion based on the previous planning of each step and the real-time automatic control of its execution.

As locomotion is a complex task, generally the study of the human body is based in three basic planes: sagittal, transversal and frontal (Figure 2.18). It is important to mention that the most important motions related to locomotion occur in the sagittal plane because it coincides with the main walking direction. However, the combination of joints of sagittal and frontal planes, give the stabilization of the locomotion cycle.

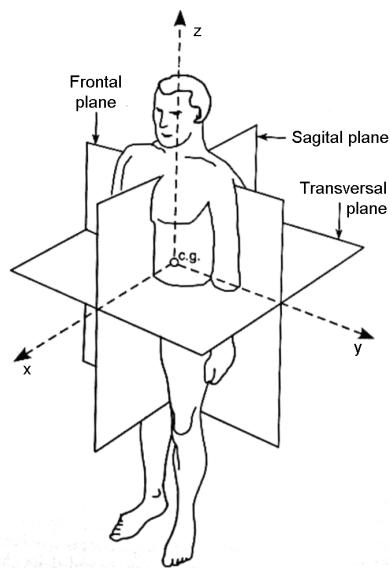


Figure 2.18: Axes division of human body.

The basic characteristic of bipedal locomotion is the permanent change of the situation when the mechanism is supported by one foot (single support phase) and when both feet are in contact with the ground (double support phase). The

second situation is statically stable and there are no additional moments affecting the robot. In terms of balance, the first situation is statically unstable because when one foot is on the ground, the other is transferred from the back to the front position producing lateral accelerations affecting the mechanism and all the weight remains in only one support foot. Thus, the locomotion mechanism changes its structure during a single walking cycle from an open to a closed kinematics chain. Each of these two cases present different dynamical situations and should be taken into account in artificial gait synthesis and control.

Robot walking, as humans, is performed in a three phase cycle (Figure 2.19). The cycle is divided in two, left and right steps. At the begining, the humanoid is in a stable position with both feet on the ground (Figure 2.19 (a)) and all the body weight is transferred form one foot to the other. Then the step generation starts when the right foot leaves the ground in the swinging phase (Figure 2.19 (b), (c) and (d)). After the right foot touches the ground, the next (right) step with the same basic phases is started, and the whole cycle ends (Figure 2.19 (e)).

Swinging phase has also three sub-phases: acceleration, swinging and deceleration (Fig. 2.19 (b), (c) y (d), respectively). The acceleration phase takes its name due to the acceleration of the lifting leg that stops being supported in the ground and gives the impulse to the step. Once the support leg is overtaken, the lifting leg starts the swinging pahse in order to reach the ground with its consequent deceleration.

As in the case of the legs, the same occurs with the feet, what adds complexity to control the walking cycle. During a gait, a human foot has four different phases as one can see in Fig. 2.20. In (a) it is shown how the body weight is supported when the heel is touching the ground. In (b), the foot remains totally plane. In (c), the heel lifts and the weight goes to the front part of the foot. Finally, in (d) the foot is not in contact with the ground and it starts to swing.

Almost all humanoid robots do not have articulated feet, due to the high complexity. They use plane and rigid feet and the control is done in the ankle

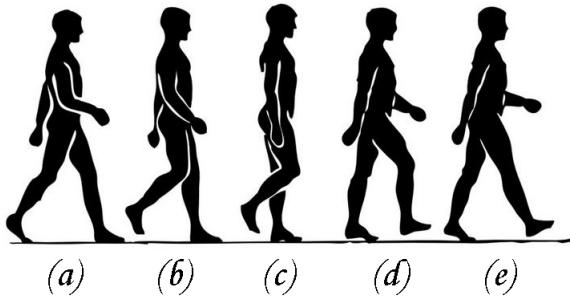


Figure 2.19: Phases of biped walking.

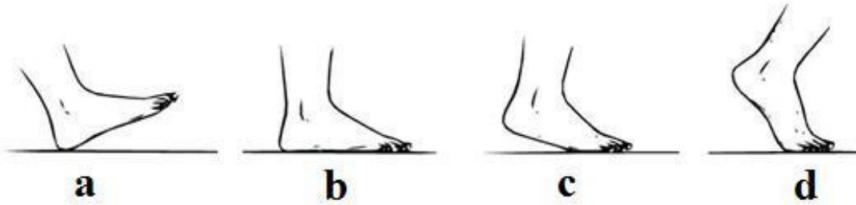


Figure 2.20: Phases of foot support during a walk.

joint. Some of them, as robot HRP-4 (?, ?), have a joint called "active toe joint" which allows the movement of the toes. The reason of this improvement is related to reach a more natural and fluent walking.

However, in order to perform a stable walk, is not only necessary the lower body movement. The upper body is also involved in recovery movements. In an example, if a person stumbles. Unwittingly, he or she would move the opposite arm of the unbalanced leg, or even more, moving the torso in order to not to fall down. In the case of a biped robot, the same strategy is followed, what means a high increase of complexity in the robot stability control.

## 2.3 Biped balance/equilibrium

It is important for humanoid locomotion to avoid overturning during the walking or even to reach an upright position of its body. To prevent falling down, a necessary and sufficient condition is to ensure that there exists a contact area between the foot and the ground and not a line or a point (Vukobratović, Borovac, & Potkonjak, 2007). Given a rectangular-shaped foot, the support area of the robot will be a polygon. In case that only one foot is touching the ground (single-support), the support area is the contact region between the sole and the ground, i.e., the footprint (Fig. 2.3(a)). On the contrary, when both feet are touching the ground (double-support), the support area will be determined by the footprints and the common tangents between them (Fig. 2.3(b)). It means that in double-support phase of the walk, the support area is bigger than in single-support phase, so stability is higher.

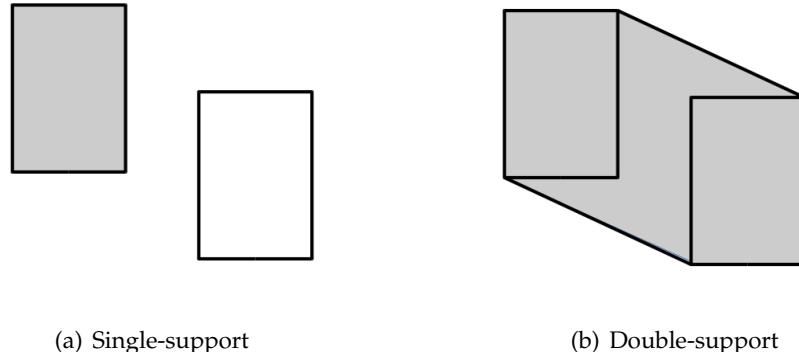


Figure 2.21: Support areas depending on the support type.

## 2.4 Zero Moment Point (ZMP)

In (Vukobratović et al., 2007), Vukobratović makes a distinction between the term “balance” used in the sense of maintaining an upright posture, and “equi-

librium”, taking into account the D'Alembert's principle. The D'Alembert's principle states that the resultant of the external forces and the kinetic reaction acting on a body equals zero (condition of kinetic equilibrium). When the humanoid is falling since it is rotating about one foot edge, the D'Alembert's principle still holds for a point on the foot edge where the pressure force acts. Anyway, this case cannot be contemplated as balanced in the sense of the definition previously provided. This point is called *Center of Pressure (CoP)* and it is known as the point, in a single-support phase, where the pressure forces (normal to the sole) are equivalent to a single resultant force exerted at the point where the resultant moment is zero.

From the concept of the CoP, appears a new term known as *Zero-Moment Point (ZMP)*. The ZMP is a point inside the support area where, always, the resulting dynamic reaction of the biped system is acting. In a more specific definition, the ZMP is a point inside the support area where the resultant of all forces and torques acting on the full body, is equal to zero.

Vukobratović (Vukobratović et al., 2007) explains the difference between the CoP and ZMP: CoP and ZMP coincide only when both are inside the support area. When the ZMP goes to the edge of the support area, the humanoid body loses balance and it will fall down. In that case, the ZMP has no sense existing even the CoP.

Goswami presented that, mathematically was possible that the point could be outside of the support area and continue satisfying the equilibrium conditions (Goswami, 1999). This point, called *Foot Rotation Indicator (FRI)*, is defined as the point on the contact area between the ground and the foot, inside or outside the support area, where the resultant moment of the forces and torques applied on the foot are normal to the surface. Forces and torques applied mean the forces and torques at the ankle joint, and also other external forces, the foot weight and reaction forces between the foot and the ground.

However, Vukobratović, held that the ZMP can only exist inside the support

area of the robot. When the ZMP comes close to the edge, any force or moment applied to the system, will produce a rotation about the foot edge and the robot will fall down. In this case, the reaction force of the ground will be at the foot edge and, therefore, it can not be considered as ZMP because there is no stability ensured. That is why the author suggests to denote the point as *Fictitious ZMP* o *FZMP*, if it is outside the support area.

When the robot walking is enough slow to consider almost static, appears the term *pseudo-ZMP*, which is the projection over the ground of the *Center of Gravity (CoG)* of the system. In such case, lateral accelerations are so small and can be omitted and the *pseudo-ZMP* = *ZMP*. Although the *pseudo-ZMP* do not give precise information about the balance of the mechanism, it can be used in order to make a first approximation in control and design of a humanoid robot.

#### 2.4.1 Equations of ZMP

Let us consider the locomotion mechanism in the single-support phase, with the whole foot in contact with the ground (Fig. 2.22 (a)). To simplify the analysis we can neglect the part of the mechanism above the ankle of the support foot (point A) and replace its influence by the force  $F_A$  and moment  $M_A$ , whereby the weight of the foot itself acts at its gravity center (point G). The foot also experiences the ground reaction at point P, whose action keeps the whole mechanism in equilibrium.

In general, the total ground reaction consists of three components of the force  $R(R_x, R_y, R_z)$  and moment  $M(M_x, M_y, M_z)$  exerted at the foot-ground contact point. During the support phase, it is assumed there is no shifting in the contact point, which means that horizontal reaction force  $R_x$  and  $R_y$  balances the horizontal component of the force  $F_A$ , whereas the vertical reaction moment  $M_z$  represents the moment of friction reaction forces that balances the vertical component of the moment  $M_A$  and the moment induced by the force  $F_A$ .

However, due to an unidirectional nature of the connection between the foot

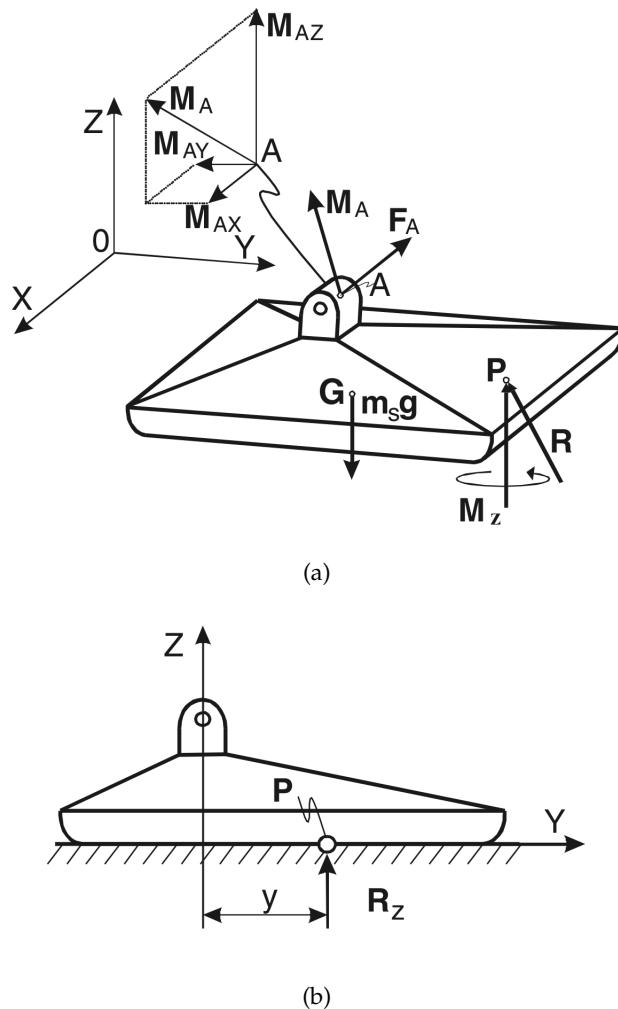


Figure 2.22: Forces acting on the foot of the bipedal mechanism (Vukobratović & Borovac, 2004)

and the ground (it is obvious that the ground reaction force induced by foot action is always oriented upwards) horizontal components of all active moments ( $M_A$ ) can be compensated for only by changing position of the reaction force  $R$  within the support polygon. This is illustrated in Figure 2.22 (b) where a planar case in  $y - z$  plane is represented.

The moment  $M_{Ax}$  is balanced by shifting the acting point of the force  $R_z$ , whose intensity is determined from the equation of balance of all the forces acting on the foot, by the corresponding distance  $y$ . It is necessary to emphasize that all the time the reaction force is within the area covered by the foot, the increase in the ankle moment will be compensated for by changing the position of this force  $R_z$ , and no horizontal components of the moments  $M_x$  and  $M_z$  will exist. This is the reason why in Figure 2.22 at point  $P$  only the  $M_z$  component exists.

However, if the real support polygon is not large enough to encompass the appropriate position of the force  $R$  to balance the action of external moments, the force  $R$  will act at the foot edge and the uncompensated part of the horizontal component of the reaction moment will cause the mechanism's rotation about the foot edge, which can result in the mechanism's overturning. Therefore, it can be said that the necessary and sufficient condition for the locomotion mechanism to be in dynamic equilibrium is that for the point  $P$  on the sole where the ground reaction force is acting,

$$\begin{aligned} M_x &= 0, \\ M_y &= 0. \end{aligned} \quad (2.1)$$

That is why the *Zero-Moment Point* is called the contact point with the ground ( $P$ ) where there no exist shifting, i.e., moments  $M_x$  y  $M_y$  are zero.

From Figure 2.22, static equilibrium equations for the supporting foot are obtained:

$$\sum \vec{F} = 0 \Rightarrow \vec{R} + \vec{F}_A + m_s g = 0 \quad (2.2)$$

$$\sum \vec{M}_O = 0 \Rightarrow \vec{OP} \times \vec{R} + \vec{OG} \times m_s g + M_A + M_z + \vec{OA} \times F_A = 0, \quad (2.3)$$

where  $\vec{OP}$ ,  $\vec{OG}$  and  $\vec{OA}$  are radius vectors from the origin of the coordinate system  $O_{xyz}$  to the ground reaction force acting point ( $P$ ), foot mass center ( $G$ ),

and ankle joint ( $A$ ), respectively, while the foot mass is  $m_s$ . If we place the origin of the coordinate system at the point  $P$  and project Eq. (2.5) onto the z-axis, then the vertical component of the ground reaction momentc (actually, it is the ground friction moment) will be

$$M_z = M_{fr} = -M_A^Z + (\overrightarrow{OA} \times F_A)^Z \quad (2.4)$$

In a general case, this moment is different from zero and can be reduced to zero only by the appropriate dynamics of the overall mechanism. However, the projection of ecuation (2.5) onto the horizontal plane gives:

$$(\overrightarrow{OP} \times \overrightarrow{R})^H + \overrightarrow{OG} \times m_sg + (M_A)^H + (\overrightarrow{OA} \times F_A)^H = 0, \quad (2.5)$$

This equation is a basis for computing the position of the ground reaction force acting point ( $P$ ) which gives the ZMP position.

#### 2.4.2 Relation between COG and ZMP

When a humanoid robot is in the single-support phase during a walking cycle, its dynamics can be represented by a linear inverted pendulum where all body mass is concentrated in the CoG connected to the supporting foot point by means of a massless leg (Kajita, Kanehiro, Kaneko, Yokoi, & Hirukawa, 2001). The pendulum can increase or decrease its length, thus simulating the functioning of the ankle joint.

Now, let us consider that the inverted pendulum instead of only one contact point considered above, has a contact polygon as the surface in contact with the ground (Figure 2.23).

Inertial  $\overrightarrow{F_G}$  and gravity  $m \overrightarrow{g}$  froces act on the point mass located in the COG of the humanoid robot. The contact of the pendulum with the ground produces a reaction force  $\overrightarrow{R}$  and reaction moment  $\overrightarrow{M_P}$  at point  $P$  For any other point of the support polygon (taking point 0 as origin), the moment  $M_0 = [\tau_x, \tau_y, \tau_z]^T$

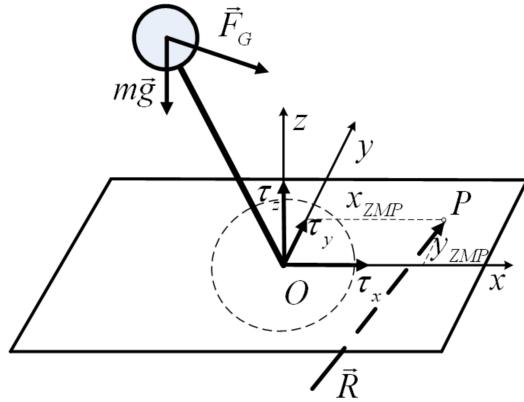


Figure 2.23: 3D Linear Inverted Pendulum with a contact polygon. [CITA](#)

produced by the ground reaction force  $\vec{R}$  is represented:

$$M_0 = M_P + \overrightarrow{OP} \times \vec{R} \quad (2.6)$$

If it is considered point P to be the ZMP of the system, then from the interpretation of the ZMP presented above  $M_P = 0$ . In this case we can denote vector  $\overrightarrow{OP} = [x_{ZMP}, y_{ZMP}, z_{ZMP}]^T$  and eq. (2.6) gives the following equation:

$$\begin{pmatrix} \tau_x \\ \tau_y \\ \tau_z \end{pmatrix} = \begin{pmatrix} x_{ZMP} \\ y_{ZMP} \\ z_{ZMP} \end{pmatrix} \times \vec{R} \quad (2.7)$$

From the other side, applying Newton's law of mechanics to system in Figure 2.23:

$$m\vec{a}_G = \vec{R} - m\vec{g} \quad (2.8)$$

where  $\vec{a}_G = [\ddot{x}, \ddot{y}, \ddot{z}]^T$  is the acceleration of the COG. From equation (2.8) it is obtained:

$$\vec{R} = m \begin{pmatrix} \ddot{x} \\ \ddot{y} \\ \ddot{z} + g \end{pmatrix} \quad (2.9)$$

Substituting equation (2.9) into the equation of balance of moments (2.7) it is obtained:

$$\begin{pmatrix} \tau_x \\ \tau_y \\ \tau_z \end{pmatrix} = m \begin{pmatrix} x_{ZMP} \\ y_{ZMP} \\ z_{ZMP} \end{pmatrix} \times \begin{pmatrix} \ddot{x} \\ \ddot{y} \\ \ddot{z} + g \end{pmatrix} \quad (2.10)$$

After a cross product and taking into account that  $z_{zmp} = 0$ , because the ZMP lies into the ground:

$$\begin{pmatrix} \tau_x \\ \tau_y \\ \tau_z \end{pmatrix} = m \begin{pmatrix} y_{ZMP}(\ddot{z} + g) \\ -x_{ZMP}(\ddot{z} + g) \\ x_{ZMP}\ddot{y} - y_{ZMP}\ddot{x} \end{pmatrix} \quad (2.11)$$

From (2.11), it can be stated the ZMP position of the system:

$$x_{ZMP} = -\frac{\tau_y}{m(\ddot{z} + g)} \quad (2.12)$$

$$y_{ZMP} = \frac{\tau_x}{m(\ddot{z} + g)} \quad (2.13)$$

If it is supposed that the COG always remains within the horizontal plain intersecting the  $z$  axis in the point  $z_c$  (one of the constraints of the 3D-LIPM model), then the vertical component of the COG acceleration  $\ddot{z} = 0$ . Then, finally, equations (2.12) and (2.13) are:

$$x_{ZMP} = -\frac{\tau_y}{mg} \quad (2.14)$$

$$y_{ZMP} = \frac{\tau_x}{mg} \quad (2.15)$$

When the ankle joint is displaced from the ground as in Figure [FIGURE](#), ZMP equations take the form:

$$x_{ZMP} = -\frac{\tau_y + hF_x}{mg} \quad (2.16)$$

$$y_{ZMP} = \frac{\tau_x + hFy}{mg} \quad (2.17)$$

where  $h$  is the distance between the ground and the measuring point, i.e., the height of the sole. These are the *ZMP equations*, without forgetting it was considered before that lateral accelerations of the COG  $\ddot{x} = 0$  and  $\ddot{y} = 0$ . One can see that moments  $\tau_x$  and  $\tau_y$  in  $x$  and  $y$  directions respectively affect the ZMP position of the mechanism and it can loose balance because of their change.

If we take into account these lateral accelerations of the COG, the ZMP can be expressed as a function of the acceleration of the COG as: [REFERENCIA?](#)

$$x_{ZMP} = x_{COG} - \frac{z_c}{g} \ddot{x}_{COG} \quad (2.18)$$

$$y_{ZMP} = y_{COG} - \frac{z_c}{g} \ddot{y}_{COG} \quad (2.19)$$

These equations can only be applied to compute ZMP in single-support phase. In the case of the double-support phase, it is necessary to calculate the weighted average of the sensor measurements form both feet as recommended in (Kajita et al., 2005, pp. 82-83). Therefore, the resulting equations for ZMP in double-support phase are:

$$x_{ZMP} = -\frac{x_{ZMP}^R \cdot F_z^R + x_{ZMP}^L \cdot F_z^L}{F_z^R + F_z^L} \quad (2.20)$$

$$y_{ZMP} = \frac{y_{ZMP}^R \cdot F_z^R + y_{ZMP}^L \cdot F_z^L}{F_z^R + F_z^L} \quad (2.21)$$

where the upper index  $R$  represents the right foot and  $L$  the left one.

### 2.4.3 ZMP areas.

As mentioned before, ZMP is a point in the sole which depends on the forces and moments applied to the robot. Therefore, depending on the magnitude of that forces, ZMP will change and it becomes a dynamic parameter. As suggested

in (Vukobratović et al., 2007), three regions are defined depending on the position of the ZMP as one can see in Fig. 2.24. In the balanced area (safe region), the control action will not actuate. In the nearly critical region, the control action will actuate as a secondary solution. This may be the case of a walking task. As humans do, the robot may use its arms in order to reduce the zero-moment point position closer to the safe region. Finally, in the critical region, the stabilizer will actually disconnect the ongoing task and actuate on the full body. Even if this region is still stable, the balance may be easily lost.

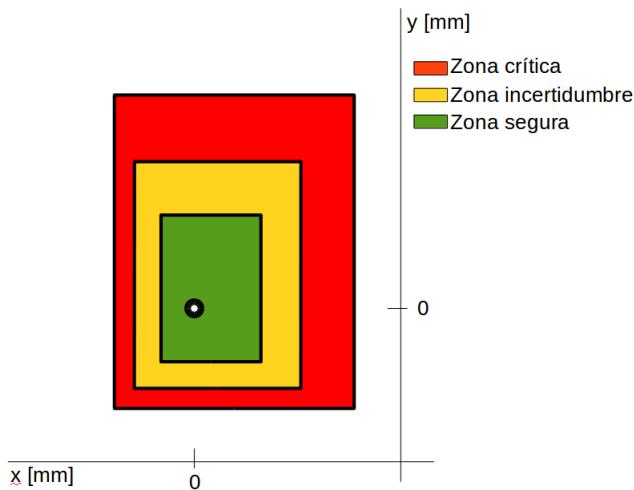


Figure 2.24: ZMP stability regions in single-support.

## 2.5 Biped modeling

Humanoid robots have a very complex dynamics because of their complex mechanical configuration and they require a high computational cost. Figure ??? represents a simplified mechanical configuration of a typical humanoid robot. As one can see, the high number of DOFs due to the precise knowledge of robot dynamics including, mass, location of the centre of mass and moments of inertia of each link, make stable biped locomotion very complex. Thus, different simpli-

fied models of the mechanics have been developed. These methods use limited knowledge of the dynamics and the humanoid is usually represented by a planar inverted pendulum with the base representing the ankle joint and, in case of 3D locomotion, the Three-Dimensional Inverted Pendulum Mode (3D-LIPM) (Kajita et al., 2001).



# Chapter 3

## Platform description

### 3.1 Humanoid robot TEO

Humanoid robot RH-2, also known as TEO (Task Environment Operator), from University Carlos III of Madrid, is an advanced version of humanoid robots RH-0 and RH-1. TEO is 165 cm high overtaking 150 cm of RH-1 and 120 cm of RH-0. It weighs about 60 kg and it can carry about 2 kg of payload. It has 24 DOFs (26 DOFs taking into account head motors), 3 more DOFs than in previous RH versions. In Figure ?? one can see the robot DOFs, besides their movements, being 6 DOFs for each leg, 6 DOFs for each arm, 2 DOFs for the torso and 2 DOFs for the head.

The robot has 4 microprocessors: locomotion, manipulation, artificial vision tasks and last, the main processor which manages the others. The locomotion processor, that controls the legs and the torso, will be responsible for getting the sensors information and maintain the robot in a balance and upright position, being static or in a walking cycle. The manipulation processor controls the movement of the arms and the head. The processor responsible for the computer vision uses a camera with infrared sensor ASUS located in the head.

The communication system is based on the CAN-bus protocol. Making a sagittal and transversal division, there are 4 CAN-bus lines: 1 line per each arm

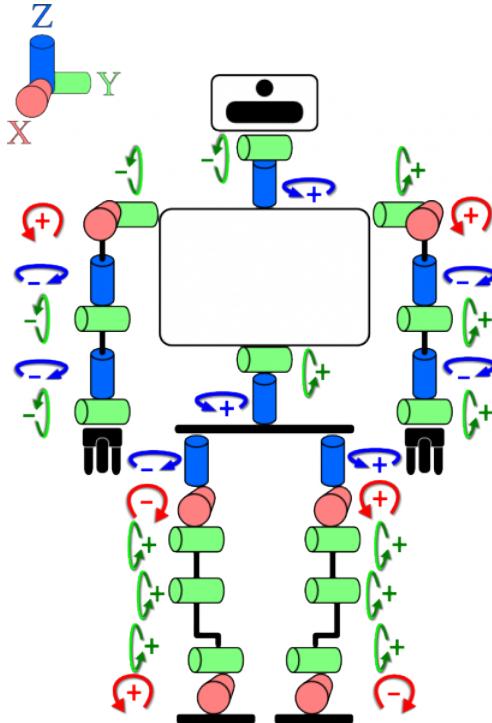


Figure 3.1: Distribución de grados de libertad del robot TEO.

and neck, and 1 line per each leg and torso.

For data acquisition, the robot has Force-Torque sensors located at the robot ankles and wrists, used locomotion and manipulation, respectively. These sensors are plugged into real time data acquisition PCI cards. Including F/T sensors is an important difference and advantage respect RH-2 predecessors. They allow to close the control loop and then, to obtain a kind of feedback which is necessary to accomplish tasks successfully.

### 3.2 Force/Torque sensors

Force-Torque (F-T) sensors are based on strain gauge sensors arranged in such a way that allows to obtain force and moment measures in all axes of the 3D space.

The sensors used in the platform, are the commercial JR3 F-T sensors described in Table 3.1. Look at the full scales difference between the sensors used in the wrists joints and the ones used in the ankle joints. Ankle sensors must be able to support greater forces and moments including the ones exerted by the own robot.

Joint	Model	$F_{x,y}$	$F_z$	$M_{x,y,z}$
Wrist	50M31A	100N	200N	5 Nm
Ankle	85M35A	250N	500N	212Nm

Table 3.1: F-T sensor models and characteristics. [JR3 Inc.]

According to the manufacturer, the two first digits of the model show the sensor diameter, followed by the serie, and the next two digits, the thickness. As mentioned before, the ankle sensors are bigger and they support greater forces and moments. The sensors used in this Master Thesis are the ones mentioned in Table 3.1 for ankle joints.

Serie M sensors include inner electronics in order to filter noise, digital output to use a data acquisition PCI card from the same manufacturer and an analogical output option. The nominal precision of all sensors of serie M is 1% of full scale, and a 1/4000 full scale resolution.

The sensors used in this work, provide the option of acquiring data in International System Units or Imperial System Units, according to Figure FIGURA.

### 3.3 Data Acquisition

The PCI cards used for data acquisition are PCI 1592D from JR3 Inc, which has 4 ports (named as in Figure ???). The sensors are plugged through a 6 or 8 pinout cables (RJ-11 and RJ-45, respectively). In the case of RJ-45, two pinouts are not used. The PCI card uses these cables to receive high speed data and provide power supply to the sensors. About the PCI supply, it is provided by

the PCI slot form the computer where it is installed.

In order to access to received data from the sensors, it is necessary to access to card memory, specifying the memory address for each available data. These addresses can be found at [ANEXO. DATOS DEL FABRICANTE].

It is important to take into account that the forces and torques obtained from the sensors and processed by the card, are in the International System Units. Forces are given in Newton [N] and torques are given in tenths of a newton per meter [ $\text{dN}\cdot\text{m}$ ].

### 3.3.1 Acquisition program

The data acquisition of forces and moments form the sensors is done by user programs by means of the data aquisition card.

The *jr3pci2channelYarp* program (See ANEXOS) reads data from 2 Force/Torque Sensors with a rate of  $40\mu\text{s}$ .

The sequence of the program is the following: reads data from sensors, scales the data to SI units, clusters the data into a YARP Bottle object and sends it through YARP ports.

## Chapter 4

# Control Architecture

### 4.1 Introduction

Vukobratovic (Vukobratovic et al., 1970) was one of the first researchers involved in the stability of bipedal robots, followed by (Kajita et al., 2001) and (Kim & Oh, 2004). In all their studies, the biped robot was usually represented by a planar inverted pendulum with the base representing the foot and the ankle joint. And in the latest control strategies, researchers divide robot balance control into the hip strategy and the ankle strategy **REFERENCIA Y EXTENDER MÁS**. The basis of both strategies are close to the ZMP areas explained in previous sections. When the robot is in a stable posture and a disturbance is applied, depending the magnitude or the application point of that disturbance, the robot will react differently. If the change of the ZMP position remains in a stable area, the control will react by the motion of the ankle joints to recover the robot balance. Nevertheless, if the ZMP position reaches an uncertain-stability area, it will be also necessary to move the hip joints to recover balance. Even a gait will be necessary if the loss of stability is unavoidable.

A humanoid is an electromechanical system, so it should have all type of errors: structure flexion, small backlash between motion parts, etc. Also it will operate in a co-existing environment with humans, so the disturbances are un-

expected at any time. Therefore, the Stabilizer is an essential element to provide stable human-like walking of a humanoid robot. The Stabilizer should perform two basic operations:

1. When the humanoid robot walks, it should correct the robot's walking trajectory in order to provide the secure position at any time of its motion.
2. When the humanoid robot has stopped, it should control its posture.

Thus, the Stabilizer can be decoupled into ZMP and Attitude controllers. This Master Thesis will deal with the issue of maintaining an upright posture while the robot is in a static position, without following a motion pattern.

## 4.2 Single Inverted Pendulum Model

The simple inverted pendulum is the most basic model used to simplify humanoids' body. The basis of the pendulum are a mass  $m$  linked to a pivot point 0 by means of a massless link of longitude  $l$  as in Figure 4.1.

The mass  $m$  represents the total mass of the modelled system, a humanoid robot in this case, located at its Centre of Mass (CoM), and the longitude  $l$  is the distance between the pivot point to the CoM. Its dynamical model in a planar, for example XZ case, is expressed by the equation (4.1), if gravitational force is considered the only force acting in the system.

$$\tau_0 = ml^2\ddot{\theta} - mgl \sin \theta \quad (4.1)$$

where  $\tau_0$  is the torque generated by the ankle joint,  $\theta$  its angular position,  $\ddot{\theta}$  its angular acceleration and  $l$ , the distance between the joint and the CoM. For simplification of a control task, let us make a linearization of nonlinear differential equations, taking the approximation that perturbations are small enough to consider  $\sin \theta = \theta$ . It is not defined how small these angles have to be in practice

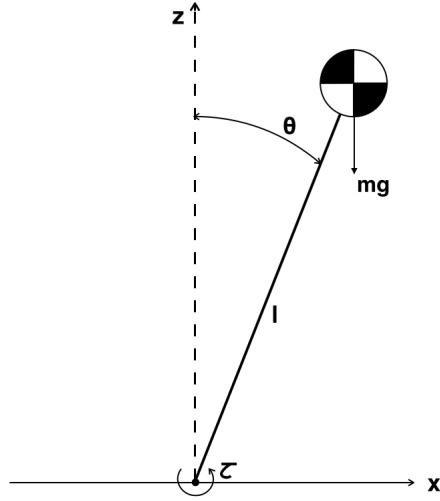


Figure 4.1: Single inverted pendulum.

to apply the linearization assumptions, but in this case it is assumed that  $\theta \leq 5^\circ$ . Then, equation (4.1) changes to linearized equation (4.2)

$$\tau_0 = ml^2\ddot{\theta} - mgl\dot{\theta} \quad (4.2)$$

The main complexity of this model is the fact that equation (4.2) does not give the possibility of controlling the ZMP by angular position of the ankle joint. To overcome this problem, the inverted pendulum model can be slightly modified. The link of the pendulum which connects the ankle joint to the concentrated mass (CoM) is generally assumed to be rigid. However, in the real humanoid mechanism it is flexible because the leg length is relatively long and the mechanical structure suffers from flexibility and small backlashes. Because of this compliance, the humanoid robot exhibits the characteristics of a lightly damped structure (Kim & Oh, 2004). For example, in a static case when the ankle joint is under position control, a pushing external force can easily excite an oscillation. This oscillation exists even when the position error in every joint is zero. This phenomenon is prevalent in the fast dynamical gait; therefore it is very important to implement a control mechanism allowing ZMP fast correction considering the

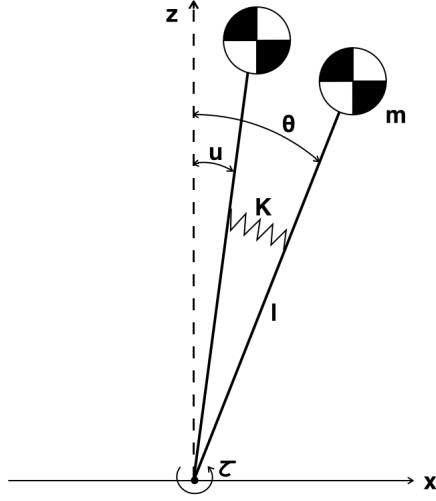


Figure 4.2: Single inverted pendulum with compliant joint.

stiffness of the humanoid robot links. The most suitable model in this case will be a single mass inverted pendulum with compliant joint as shown in Figure 4.2, where  $u$  denotes the ankle joint reference angle and  $\theta$  denotes the actual inclined angle produced by the compliance of the mechanical structure of the humanoid,  $k$  denotes the stiffness of the leg and  $\tau_0$  is the torque produced by the motor of the ankle joint to place the inverted pendulum into the desired angular position. Then, the torque  $\tau_0$  should be expressed as:

$$\tau_0 = k(\theta - u) \quad (4.3)$$

Taking the Laplace transform of equation 4.2, it is obtained:

$$T(s) = mgl\theta(s) - ml^2s^2\theta(s) \quad (4.4)$$

The Laplace transform of equation (4.3) is:

$$T(s) = k(\theta(s) - U(s)) \quad (4.5)$$

Reflecting  $\theta(s)$  from equation (4.5) and placing it into the equation (4.4) and

simplifying, the transfer function is obtained:

$$\frac{T(s)}{U(s)} = k \frac{-s^2 + (\beta - \alpha)}{s^2 + \alpha} \quad (4.6)$$

where:

$$\alpha = \frac{k - mgl}{ml^2} \quad (4.7)$$

$$\beta = \frac{k}{ml^2} \quad (4.8)$$

On the other hand, from equation [REF ECUACION zmp] relating the moment produced by the ground reaction force around  $y$  axis with  $x$  ZMP direction (the planar XZ case of the inverted pendulum is considered) we can get:

$$\tau_y = -mgx_{ZMP} = -F_z x_{ZMP} \quad (4.9)$$

and then the Laplace transform of the equation (4.9) is:

$$\tau_y(s) = -F_z x_{ZMP}(s) \quad (4.10)$$

For the static equilibrium of the system, the moment generated by the motor of the ankle joint should compensate the moment produced by the ground reaction force:

$$\tau_0 = \tau_y \quad (4.11)$$

The relation between  $\tau_y$  and  $x_{ZMP}$  is lineal, therefore, placing (4.10) into (4.6) we get the following transfer function relating ZMP to ankle joint position:

$$\frac{x_{ZMP}(s)}{U(s)} = -k_1 \frac{-s^2 + (\beta - \alpha)}{s^2 + \alpha} \quad (4.12)$$

where  $k_1 = \frac{k}{mg}$ .

In the equation (4.6)  $x_{ZMP}(s)$  is the output and  $U(s)$  is the input of the system. It allows for the ZMP of the humanoid robot to be controlled by the position of its ankle joint.

The state space representation of the dynamical system in the standard form is:

$$\dot{\mathbf{x}} = \mathbf{Ax} + \mathbf{Bu} \quad (4.13)$$

$$y = \mathbf{Cx} + Du \quad (4.14)$$

where  $\mathbf{x}$  is a state ( $n$ -vector),  $y$  is the output (escalar),  $u$  - control (scalar),  $\mathbf{A}$  -  $n \times n$  constant matrix,  $\mathbf{B}$  -  $n \times 1$  constant matrix,  $\mathbf{C}$  -  $1 \times n$  constant matrix and  $D$  a scalar.

To obtain the state representation of the inverted pendulum system let us define state variables  $x_1$  and  $x_2$  by:

$$x_1 = \theta \quad (4.15)$$

$$x_2 = \dot{x}_1 = \dot{\theta} \quad (4.16)$$

where angle  $\theta$  denotes the rotation of the pendulum about the ankle and  $\dot{\theta}$  its angular velocity. We consider the ZMP as the output of the system, then  $y = x_{ZMP}$  in the XZ plane case. From the definition of state space equations (4.13) - (4.16) and the linearized equations of the inverted pendulum motions (4.2) and (4.3) we obtain the state space representation of the system:

$$\begin{bmatrix} \dot{x}_1 \\ \dot{x}_2 \end{bmatrix} = \begin{bmatrix} 0 & 1 \\ -\alpha & 0 \end{bmatrix} \begin{bmatrix} x_1 \\ x_2 \end{bmatrix} + \begin{bmatrix} 0 \\ 1 \end{bmatrix} u \quad (4.17)$$

$$y = \begin{bmatrix} -k_1\beta & 0 \end{bmatrix} \begin{bmatrix} x_1 \\ x_2 \end{bmatrix} + \begin{bmatrix} k_1 \end{bmatrix} u \quad (4.18)$$

### 4.3 Feedback in state space. The Linear Quadratic Regulator

The quadratic optimal control method is one of the control methods applied in state space systems and it provides a systematic way of computing the state

feedback control gain matrix (Ogata, 2010). Given the state space system equation

$$\dot{\mathbf{x}} = \mathbf{A}\mathbf{x} + \mathbf{B}\mathbf{u} \quad (4.19)$$

the LQR determines the matrix  $\mathbf{K}$  of the optimal control vector

$$\mathbf{u}(t) = -\mathbf{K}\mathbf{x}(t) \quad (4.20)$$

so as to minimize the performance index

$$J = \int_0^{\infty} (\mathbf{x}^T \mathbf{Q} \mathbf{x} + \mathbf{u}^T \mathbf{R} \mathbf{u}) dt \quad (4.21)$$

where  $\mathbf{Q}$  is a positive-definite (or positive-semidefinite) Hermitian or real symmetric matrix and  $\mathbf{R}$  is a positive-definite Hermitian or real symmetric matrix. Note that the matrices  $\mathbf{Q}$  and  $\mathbf{R}$  determine the relative importance of the error and the expenditure of the energy of the control signals. The linear control law given by equation (4.20) is the optimal control law. Therefore, if the unknown elements of the matrix  $\mathbf{K}$  are determined so as to minimize the performance index, then  $\mathbf{u}(t) = -\mathbf{K}\mathbf{x}(t)$  is optimal for any initial state  $x(0)$ .

The optimum  $K$  matrix is obtained from equations 4.22 and 4.23.

$$K = R^{-1} B^T P \quad (\text{continuous case}) \quad (4.22)$$

$$K = (R + B^T P B)^{-1} B^T P A \quad (\text{discrete case}) \quad (4.23)$$

where  $P$  is a positive-definite Hermitian or real symmetric matrix and it is necessary to compute the algebraic Riccati Equation

$$P \rightarrow A^T P + P A - P B R^{-1} B^T P + Q = 0 \quad (\text{continuous case}) \quad (4.24)$$

$$P \rightarrow A^T P A + P - A^T P B (R + B^T P B)^{-1} B^T P A + Q = 0 \quad (\text{discrete case}) \quad (4.25)$$

In order to obtain the controller design for further simulations and experiments, the following mechanical parameters of the inverted pendulum (corresponding to Rh-2 humanoid robot) were taken:  $m = 62.416 \text{ kg}$ ,  $l=1.03 \text{ m}$ ,  $k=200$ . The high stiffness value is due to the rigidity of the pendulum (the leg in this case). If it has a high stiffness, the pendulum will behave as a so rigid link, but if it is lower, the pendulum will be considered as a flexible link and will react in a slower way.

For the optimum response of the control system, it is suggested [REFEREN-CIA?](#) to take  $Q = C^T C = \begin{bmatrix} 0.9487 & 0 \\ 0 & 0 \end{bmatrix}$  and  $R = 1$ . After the LQR controller was designed, the control gains matrix  $K = [12.5527 \quad 4.9178]$  was obtained using a sample time  $T = 0.03 \text{ s}$ .

The block diagram showing the optimal configuration for the single inverted pendulum system is presented in Figure 4.3. The controller maintain desired ( $x_{ZMP}$ ) position , and also  $\theta$ , of the single inverted pendulum close to zero. Thus, the reference input of the control system in Figure 4.3 is zero. A further point of interest for the humanoid robot is to have command tracking so that the real humanoid robot joints could be positioned anywhere and this can be achieved by adding an offset to the desired angle of the ankle joint.

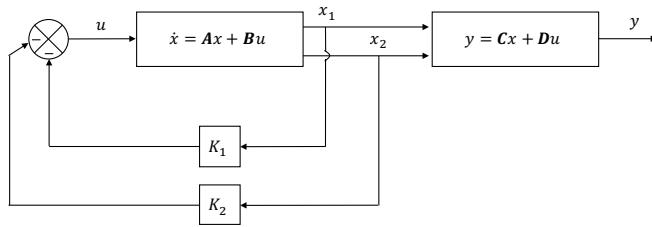


Figure 4.3: LQR controller block diagram

Figure 4.4 shows simulation results with the designed LQR control system

when the initial pendulum angle  $\theta(0) = 5^\circ = 0.08\text{rad}$ . It can be seen how the inverted pendulum system returns to its reference position (zero).

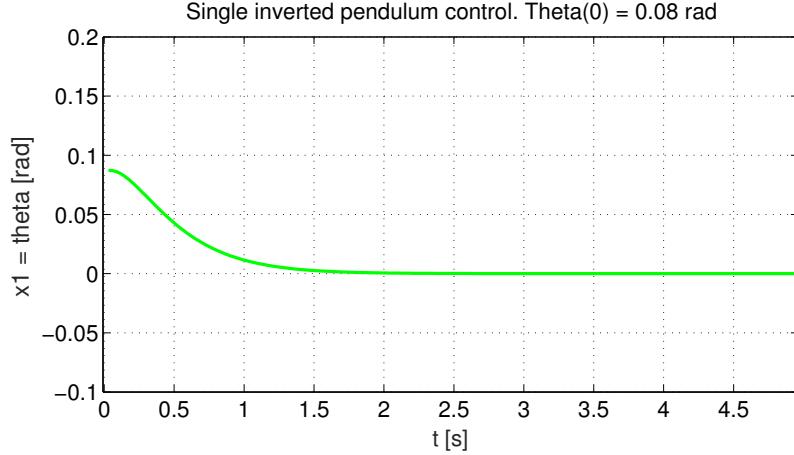


Figure 4.4: Linear inverted pendulum control with initial perturbations.

The state space representation 4.17, 4.18 is a controllable canonical form that is important for the LQR controller design. It is desired to keep the actual ZMP, measured and computed by force-torque sensors located in the feet of the humanoid robot, close to its stable reference position as was discussed in previous sections. As the system is a type 0 plant, it is necessary to insert an integrator in order to design a ZMP servo control system (type 1) and remove the steady state error. Therefore, we feed the output signal  $y$  (which indicates the real ZMP) back to the input and an integrator in the feedforward path as is shown in Figure 4.5. Here,  $z$  denotes the error between the actual and the reference ZMP,  $u$  represents the commanded angle to the system and  $u_D$  is the corresponding angle to the reference ZMP ( $r$ ).

Thus, referring equations 4.17 and 4.18 and Figure 4.5 and considering the actual ZMP position as the output of the system and  $r$  as the reference input signal we obtain the equations for the closed loop system as follows:

$$\dot{\mathbf{x}} = \mathbf{Ax} + \mathbf{Bu} \quad (4.26)$$

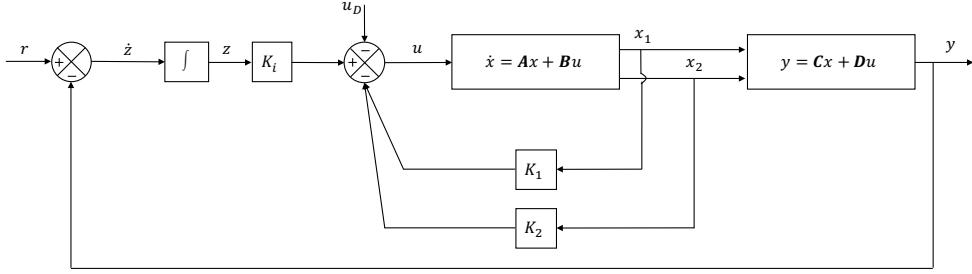


Figure 4.5: ZMP LQR control system.

$$y = \mathbf{Cx} + \mathbf{Du} \quad (4.27)$$

$$u = -\mathbf{Kx} + K_i z - K_u u_D \quad (4.28)$$

$$\dot{z} = r - y = r - (\mathbf{Cx} + \mathbf{Du}) \quad (4.29)$$

For the type 1 servo system, the state error equation is given by:

$$\begin{bmatrix} \dot{\mathbf{x}} \\ \dot{z} \end{bmatrix} = \begin{bmatrix} \mathbf{A} & \mathbf{0} \\ -\mathbf{C} & 0 \end{bmatrix} \begin{bmatrix} \mathbf{x} \\ z \end{bmatrix} + \begin{bmatrix} \mathbf{B} \\ 0 \end{bmatrix} u \quad (4.30)$$

and the control signal  $u$  is given by:

$$u = \begin{bmatrix} -\mathbf{K} & K_i \end{bmatrix} \begin{bmatrix} \mathbf{x} \\ z \end{bmatrix} - K_u u_D \quad (4.31)$$

Figure 4.6 shows simulation results with the designed LQR control system with an integrator in the direct control loop. One can see how the output  $y$  reaches the step reference of ZMP. Note that the output goes to negative values when the reference suddenly changes its value. This abrupt change makes the

output derivative to reach higher values, so it can be solved reducing the abrupt change of the reference signal, i.e., using a ramp signal instead of a step. In Figure 4.7 the reference change is smaller and the output is smoother.

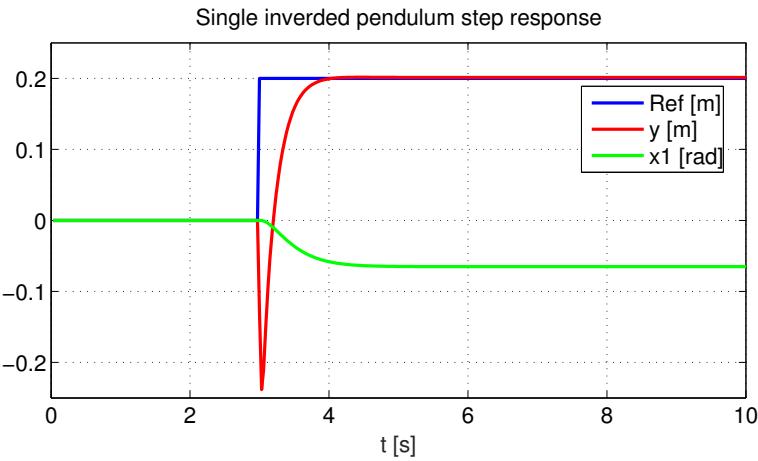


Figure 4.6: Linear inverted pendulum step response.

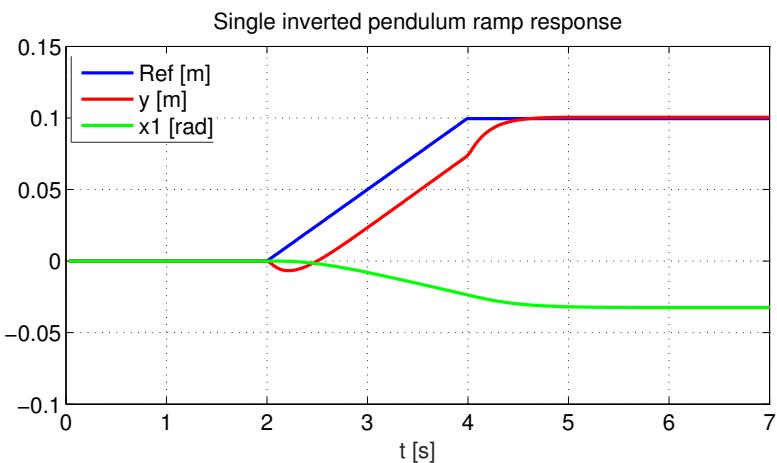


Figure 4.7: Linear inverted pendulum ramp response.

## 4.4 Stabilizer

Previously it was shown that the dynamics of a humanoid robot can be a single inverted pendulum and how the pendulum maintains a desired position thanks to the controller designed. Now, let us introduce the detailed stabilizer structure (Figure 4.8).

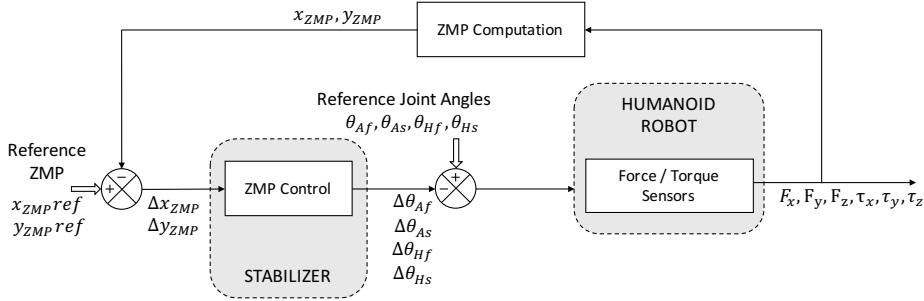


Figure 4.8: Stabilizer architecture.

The sensorial system of the robot consisting of two six-axis force-torque sensors located at the robot ankles, provide the controller the real distribution of the forces and torques  $F_x, F_y, F_z, \tau_x, \tau_y, \tau_z$  at the contact point of the foot with the ground. After the actual ZMP position  $x_{ZMP}, y_{ZMP}$  is computed, the ZMP errors ( $\Delta x_{ZMP}, \Delta y_{ZMP}$ ) can be estimated. These errors are the input data for the Stabilizer and it controls the error in ZMP positioning of the humanoid robot by the motion of the ankle and hip joints.

## 4.5 Control strategies

Humans are capable of performing numerous dynamical movements in a wide variety of complex and novel environments while robustly rejecting a large

spectrum of disturbances. Human movements such as a forward step and rapid arm rotations allow them to maintain overall balance in non-stability situations. Many researchers have studied how humans unwittingly use their body parts to recover balance as a response of external disturbances and make an approach for studying the stability of humanoid robots.

When the humanoid robot is in a stable posture, perturbations may appear and they can be classified according the direction of action of that perturbations (remember the ZMP areas previously mentioned). All of them can be decomposed in anteroposterior disturbances (sagittal plane) and mediolateral disturbances (frontal plane). Studies of quiet stance have suggested separate postural strategies for balance in both planes depending on the stance position [Day, et al. 1993; Winter, et al. 1996]. There are three main mechanisms that can be applied to regain balance in such planes depending on the level of the disturbance: ankle, hip and step strategies.

The first is the ankle strategy. This strategy is applied in the sagittal plane or anteroposterior disturbances. For low intensity disturbances, the body can be considered as a nearly stiff pendulum, and balance adjustments are mainly made in the ankle joint, with the body balancing like a single inverted pendulum (Nashner, 1985).

In the hip strategy, the resulting motion is mainly applied to the hip joints (Horak, et al. 1990). It can be applied independently or in combination of the ankle strategy. The hip joint movement is triggered when the external disturbance increases and the ankle strategy is not enough to keep balance. The hip strategy, same as ankle one, acts in the anteroposterior direction.

The last one is the step strategy. When these postural corrections become insufficient, the base of support must be adjusted (Carr, et al. 1987; Horak, et al. 1990). The modification of the support base leads new balance stability limits.

Figure (?) summarizes this three strategies and Figure 4.9 shows the levels for strategy triggering. These limits are not fixed and they depend of the humanoid

design as the sole surface or the height of the whole body, environmental conditions, i. e, standing in a flat surface has different strategy limits than in a narrow surface.

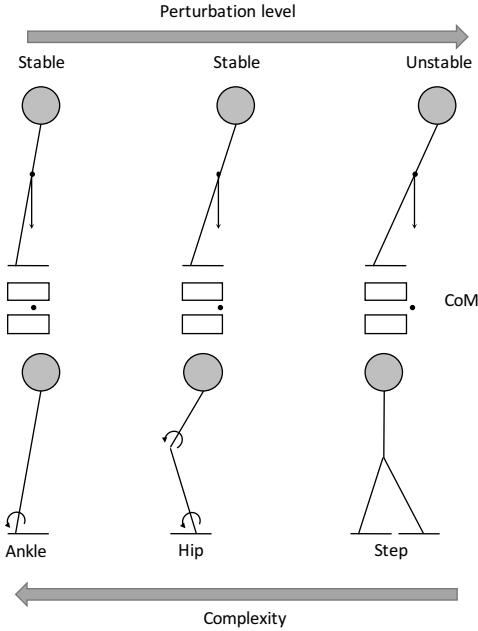


Figure 4.9: Recovery strategies.

In the mediolateral direction or frontal plane, the disturbances are compensated by the lateral movement of the hip joint in the case of upright stance. Double support in frontal plane, means there are two support points and a pendulum can not be considered. Both legs and the trunk of the robot make a parallelogram with the ground (see Figure 4.10 (a)). If a disturbance appears, and the hips maintain their perpendicular angles to the body, the feet will begin to loose contact with the ground as shown in Figure 4.10 (b). Then, to maintain stability, the angles of the parallelogram must keep on their relationship without loosing contact between feet and the ground, and the motion is applied to ankle and hip joints (Figure 4.10 (c)).

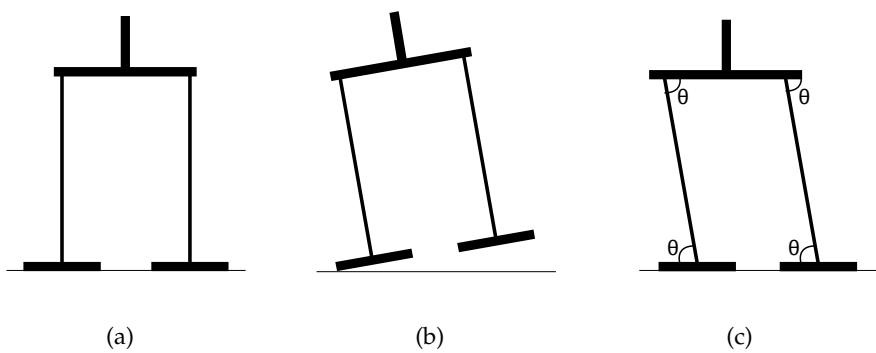


Figure 4.10: Influence of hip and ankle angles in the frontal plane stability.



# Chapter 5

## Experimental results

In this chapter the experimental results are presented and discussed. All the experiments have been executed on TEO humanoid robot.

### 5.1 ZMP computation

Using F-T sensors located at the ankles of the robot, the ZMP values are obtained from equations (2.16) and (2.17), where the distance between the ground and the sensor center is 194 milimeters (sensor height is obtained from [APPENDIX: planes](#)).

Data read form de Data Acquisition Card is scaled to SI units, clustered to a YARP Bottle object and sent through YARP ports. Each sensor rate is about  $20\mu s$ , thus four sensors reading rate is about  $80\mu s$ . The problem comes when the data is sent trough YARP ports and there is a client receiving and processing this data. Then the update rate hugely decreases to  $10 - 50ms$ , deppending on the reader processing cycle. That occurs because the arrival of updates is delayed until the client completes processing and no updates will ever be lost on the client side (Metta, Fitzpatrick, & Natale, 2006).

For a better visual observation of the ZMP data, it has been developed a Python User Interfase using the module *Matplotlib* to represent the ZMP in the

ground X-Y plane with the sole borders in both single and double support. The ZMP stability areas are also represented according to the limits obtained later in section [section](#) as shown in Figure [FIGURA: dos imagenes de single y double support con las areas pintadas.](#)

## 5.2 Stabilizer

The Stabilizer structure explained in section [4.4](#) is now implemented in TEO robot through the ZMP LQR controller designed in section [4.3](#).

Firstly the stabilizer is designed to control the ZMP position through commanding different angular positions to robot joint ankles.

### 5.2.1 ZMP areas

As mentioned before, the robot can recover its balance or not depending on the ZMP position and which parts of its body are compensating the fall down. Remember that the ankle strategy should be enough to recover from a low disturbance but if it increases, it should change to the hip strategy or even make a step. In order to decide when the stability strategy should change, some experiments have been done taking the robot in an increasing ZMP position until it loses balance.

Firstly, the ankle strategy ZMP limit was obtained starting from an upright position -blocking arms, neck and trunk joints-, and giving increasing ZMP reference positions. After [five](#) tests, the average ZMP limit forwards is [0.74 m](#) and backwards [0.02 m](#). The big difference of ZMP limit between forwards and backwards is mainly due to the shape of the supporting area (the sole). The mechanical design of the robot feet and legs, make that forwards there is a greater surface in contact with the ground because the center of the ankle joint is displaced rearwards of the center of the sole (see [APPENDIX:PLANES](#)).

[Quizá una gráfica de los experimentos y el límite en cada uno de ellos con la](#)

media?

Then, to obtain the hip strategy ZMP limit the same test is repeated but this time the ZMP position references starts from the ankle strategy ZMP limit until the loss of balance. After **tests** done, the average ZMP limit forwards is **X m** and backwards **X m**.

Al final, una figura con la huella del pie y las zonas delimitadas.

### 5.2.2 Ankle strategy

### 5.2.3 Hip strategy



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