Patricia Somera

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EDUCATION

University of Massachusetts: Boston, MA Class of 2023

Bachelor of Science, Biology

GPA: 3.64

Honors College (2019-2023)

Dedham High School: Dedham, MA Class of 2019

RELEVANT COURSEWORK

Chemical Principles I/II General Biology I/II Calculus I

Organic Chemistry I/II Genetics Introductory Statistics

Biochemistry I Cellular Biology Sociology

College Physics Population Biology Psychology

TECHNICAL AND LAB SKILLS

DNA extraction Genetic Transformation Titration

Chromatography Crystallization Extraction

Distillation

EXPERIENCE

Maria Eden Aguilar Gianan, Private Psychiatric Clinic in Dedham, MA August 2020 - present

Psychiatry Student Shadower

- Shadows a psychiatric nurse weekly in a private clinic every summer
- Listening to the patients and their concerns
- Evaluating the patients' change of mood, sleep and weight
- Determining what medications to give them
- Refilling their medication
- Scheduling their next appointment

7 Cups, Virtual Safe Space

August 2020 - present

Listener

- Provide online emotional support to ages 18 and up by listening to them and giving advice
- Specifically help people with Bipolar Personality Disorder, managing emotions, Bipolar Disorder, Obsessive Compulsive Disorder and Anxiety.

VA Hospital, West Roxbury, MA

November 2019 – February 2020

Volunteer

- Assist in planning and hosting events and activities for patients
- Work with patients by providing them food and drinks during movie nights
- Went around to each patient's room and help them pick presents for their family

NewBridge on the Charles, Dedham, MA

July 2016 - August 2016

Volunteer as a Friendly Visitor and a Music Therapist

- Provided soothing music to the residents and helped them engage in activities related to music
- Visited residents and had friendly conversations with them about how they feel and what they are thinking
- Assisted in transporting residents on wheelchairs to different places in the building

CONFERENCES AND WORKSHOPS

2021 Honors College R Workshop, University of Massachusetts- Boston

Spring 2021

Participation

- Spent 5 days learning about R coding
- Created graphs, tables and charts

ACTIVITIES

- UMB Phi Delta Epsilon
- UMB Hoy Pinoy: Dance Deputy
- UMB First Year Leadership Institute
- Dance Fever Studio: Competitive ballroom dancer

SKILLS

Language Skills: Introductory Sign Language, Intermediate Tagalog, Introductory Spanish, Introductory Malay