

The YRUU Song Book

Second Edition

by Alison Purcell

This newly revised compendium is meant to be a functional guide to the songs of YRUU. This is a resource for YRUU leaders who seek to use song and music as a method of building community and bringing people together. Songs are classified according to context and setting in which they are most commonly used. However, songs are not confined to the categories in which they stand. Ultimately, it is up to you to decide when and how to use these songs. Feel free to add songs in each section that help you to remember YRUU and help others to feel a part of YRUU in your district or local group.

Editors note: Languages other than English are printed phonetically. Underlined words or phrases can be substituted freely by singers. "Singing the Living Tradition" is the UUA hymnal and "Rise Up Singing" is a group singing songbook.



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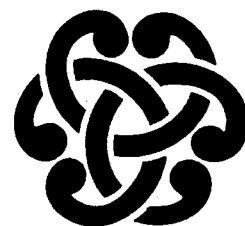
Please return to:

Karen Lapidus, Religious Education Consultant
6236 Diana Drive
Poland, OH 44514
(330) 757-9356 KLUURE@prodigy.net

Karen Lapidus 330-757-9356



FROM THE EDITOR



Ever since I first became involved in YRUU, people have talked about compiling the songs of YRUU. I've seen journals filled with lyrics and chords -- attempting to capture the music that we share with one another. For a long time, I was *THE* "song leader" at the YRUU events I attended. When someone needed a tune or a lyric they would often turn to me for help (whether I could actually help them, well, that's another story). I wish I could say that this songbook was an inspirational thunderbolt, but it wasn't. It is something that people have wanted as long as I can remember. I just was willing to put it together.

Keep in mind that this is a *First Edition* and by no means a finished product. It is a songbook that will morph and change to meet the needs of youth in the future. So, don't be satisfied with this book! Send me edits and new songs to add. There is no way that I could even begin to collect *all* the songs within YRUU. Use this Songbook to spread the joy of song in your local youth group or at a district event. You just might make some harmony.



Acknowledgements

I would like to thank all the people who helped assemble this book and those who nagged me to finish it. Marc Loustau (YRUU Programs Specialist in 1997) laid the foundation for this project and showered me with songbooks from all over in so that I could complete it. Thank you, Sienna Baskin and Jen Harrison for supporting me through the tedium of chords and preciseness of lyrics. I would also like to thank Jessie Eller-Isaacs the YRUU choir at Con Con '97 for singing the words that fill these pages so that youth everywhere could feel the spirit and soul of the music of YRUU. One last thank you to Nick Page for inspiration and support.

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Songs to Bring them In

Morning circle at a conference, the beginning of a meeting, or just simply a bunch of people all standing around; these songs are great for bringing people together.

Yonder Come Day

Caribbean Work Song

Part 1

Yonder come day, day is a breakin'.
Yonder come day, oh my soul.
Yonder come day, day is a breakin',
Sun is a risin', in my soul.

Part 2 -(low part)

Yonder, yonder, yonder, yonder.
Yonder, yonder, day is a breakin' in my soul.

Part 3 -(high part)

Sunrise, sunrise, oh yonder
Sunrise
Sun is a risin' in my soul.

So Glad I'm Here

African American

So glad I'm here, so glad I'm here.
So glad I'm here, so glad I'm here.

I can sing this song, I can sing this song. (2x).
I can walk right in, I can walk right in. (2x).
I can walk right out, I can walk right out. (2x).
I like singing this song, I like singing this song. (2x).
So glad I'm here, so glad I'm here. (2x).

(make up your own verses)

Cool Cat

Hey there, you're a real cool cat.
You got a lot of this and you got a lot of that.
So come on in and get down.

Go Up (cha-cha-cha cha-cha-cha cha-cha-cha)
And Down (cha-cha-cha cha-cha-cha cha-cha-cha)
To the Left (cha-cha-cha cha-cha-cha cha-cha-cha)
And The Right (cha-cha-cha cha-cha-cha cha-cha-cha)

The Good Morning Song

Good Morning, this Morning,
How are you this morning?
I hope you're feeling grand.
The rest of this day is whatever you make it,
let's make this a great day

This is my, my, my, beautiful Monday,
This is my, my, my beautiful day,
when you say, say, say, that you love me,

I LOVE YOU!
This is my, my, my beautiful day.

Woke up this morning, sun coming down,
thought I'd take a walk around,
Hey, Hey, Hey, what a beautiful day
I've got something I wanna do,
Wanna share this day with you
Hey, Hey, Hey, what a beautiful day

This is my, my, my, beautiful Monday,
This is my, my, my beautiful day,
when you say, say, say, that you love me,
I LOVE YOU!
This is my, my, my beautiful day.

*Replace underlined with the day of the week.

Come, Come, Whoever You Are

("Singing the Living Tradition" hymn #188)

Words: adapt. from Rumi

Music: Lynn Adair Ungar

Come, Come whoever you are,
Wanderer, worshiper, lover of leaving,
Ours is no caravan of despair,
Come, yet again, come.



Songs to Bring Them In cont.

The Little Bird Song

Way up in the sky,
The little birds fly.
Way down in the nest,
The little birds rest.

With a wing on the left,
And a wing on the right.
The little birds sleep,
All through the night.

Shhh! YOU'LL WAKE THE DARN BIRDS!

The bright sun comes up.
The dew falls away.
"Good morning, good morning,"
the little birds say.

Morning Has Broken

(*"Singing the Living Tradition"* hymn #38)

Words by Eleanor Farjeon
Music: Gaelic melody

Morning has broken like the first morning,
Blackbird has spoken like the first bird.
Praise for the singing, praise for the morning!
Praise for them, springing fresh from the Word!

Sweet the rain's new fall sunlit from heaven,
Like the first dewfall on the first grass.
Praise for the sweetness of the wet garden,
Sprung in completeness where God's feet pass.

Mine is the sunlight, mine is the morning
Born of the one light Eden saw play.
Praise with elation, praise every morning,
God's recreation of the new day!

Spirit of Life

(*"Singing the Living Tradition"* hymn #123)

Words and music by Carolyn McDade

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
Move in the hand, giving life the shape of justice.
Roots hold me close, wings set me free;
Spirit of Life, come to me, come to me.

The Lighthouse

(From "Rise up Singing")

Chorus:

Let it shine on, let it shine on.
Let the light from the lighthouse
Shine on me! (2x)

D - G - / D -- A / D - G - / D - D A D

My Lord he done just what he said
Let the light from the lighthouse, shine on me!
He healed the sick and he raised the dead
Let the light from the lighthouse shine on me!
D - G D I - - A / D - G D I - - D A D

(chorus)

I know I got religion and I ain't ashamed
Let the light from the lighthouse, shine on me!
Angels in heaven gonna write my name.
Let the light from the lighthouse, shine on me!

(chorus)

Paul and Silas bound in jail
Let the light from the lighthouse, shine on me!
Ain't nobody gonna go their bail.
Let the light from the lighthouse, shine on me!

(chorus)

This Little Light of Mine

African American Spiritual

(*"Singing the Living Tradition"* hymn #118)

This little light of mine,
I'm gonna let it shine.(3x)
Let it shine, let it shine, let it shine.

D --- / G - - D I - - F# Bm / D A D G D

Everywhere I go, I'm gonna let it shine (3x)
Let it shine, let it shine, let it shine.

Put it under a bushel- NO! I'm gonna let it shine (3x)
Let it shine, let it shine, let it shine.

Building up a world, I'm going to let it shine (3x)
Let it shine, let it shine, let it shine.

Songs to Bring Them In cont.



From all that Dwell

(“*Singing the Living Tradition*” hymn # 381)

Composite based on Isaac Watts

From all that dwell below the skies
let faith and hope and love arise.
Let beauty truth and good be sung
through every land by every tongue.

‘Tis a Gift to Be Simple

Words by Joseph Bracket

American Shaker Tune

‘Tis a gift to be simple
‘Tis a gift to be free
‘Tis a gift to come down where we ought to be
And when you find yourself in the place that’s right
It will be in the valley of love and delight

When true simplicity is gained
To bow and to bend we will not be ashamed
Turning, turning will be our delight
For by turning, turning we come round right

Sing of a Blessing

Author unknown

(This song is **Call and Response**: each line is first sung by the leader and then repeated by the participants)

Sing, sing, sing of a blessing.

Sing, sing, sing of a blessing.

A blessing of peace.

A blessing of justice.

Love will increase.

A blessing of peace.

(For next verses replace underlined with):

1. A blessing of love
A blessing among us

2. A blessing of hope
A blessing of courage

3. A blessing of peace
For now and forever

(end with):

Love will release

A blessing of peace

Sing and Rejoice

(traditional round)

(“*Singing the Living Tradition*” hymn #395)

Sing and Rejoice

Sing and Rejoice

Let all things living now sing and rejoice.

Fruit Salad

Part 1

Apples, peaches, pumpkin pie

Part 2

Banana, na, na, na, na

Part 3

Grapes, grapes, grapes, doo-wah!

(Continue singing and improvising on the three parts.
When the song climaxes, everyone shouts:)

Fruit Salad!

Shivering, Afraid of Cold

South Africa/Zulu

by Joseph Shabalala

A-shivering, Afraid of cold.

A-shivering, Afraid of cold.

A-shivering, Afraid of cold

Yo yo yo, Yo yo yo.

N*ah-a-zay-la, wa-za-ma-ma ki-ya. (3x)

Yo yo yo, Yo yo yo.

(*Click sound made with tongue off of the front of palette)

Mixed Up

by Peter, Paul and Mary

Soon Mama my whole world.

Soon Mama my whole wide world.

Soon Mama my whole world.

Soon Mama be get mixed up!

Guitar Sing Along and Silly Songs

Picture this: It is a late night at a conference. What else could you do but sit around and sing songs and as it gets later and you get tired everyone gets more silly and more silly and more silly...

Three Chartreuse Buzzards

(to the tune of "3 Blind Mice")

Three chartruese buzzards (2x).
Sitting in a dead tree (2x).
Oh, look! One has flow away!
What a shame!

2 chartreuse buzzards (2x)
Sitting in a dead tree (2x)
Oh, look! One has flown away.
What a shame.

1 chartreuse buzzard (2x)
Sitting in a dead tree (2x).
Oh look! One had flown away!
What a shame!

No chartreuse buzzards (2x)
Sitting in a dead tree(2x).
Oh, look! One has flown away
What a shame!

Oh look, one has returned!
Let us rejoice!
1 chartreuse buzzard (2x)
Sitting in a dead tree (2x).

*Now proceed to let all the buzzards return until there are 3 again.

YOGI BEAR

(to the tune of "Camp Town Races")

I know someone you don't know.
Yogi Bear (make bear ears).
I know someone you don't know.
Yogi Yogi Bear.
Yogi Yogi Bear, Yogi Yogi Bear.
I know someone you don't know, Yogi, Yogi bear.

*(repeat this format with following verses)

Yogi has a little (hold hands close to the floor) friend,
boo-boo (make a tsk-tsk gesture) bear (make bear

ears).

Yogi has a little friend,
boo-boo, boo-boo bear.

Yogi has a girlfriend too.
Cindy Bear (sassily flip your hair).
Yogi has a girlfriend too,
Cindy, Cindy Bear.

They all have an enemy
Ranger Ralph (stick finger in mouth on "Ralph")
They all have an enemy
Ranger, Ranger Ralph

Boo Boo likes to show his stuff,
look what I got (gesture as if you were opening an overcoat and flashing someone).
Boo Boo likes to show his stuff,
look what I got bear.

They all live in Jelly Stone
Jelly (rub belly) Stone (knock self on forehead).
They all live in Jelly Stone
Jelly, Jelly Stone...

Circle Game

Words and music by Joni Mitchell

(From "Rise up Singing")

Yesterday a child came out to wander
Caught a dragonfly inside a jar
Fearful when the sky was full of thunder
And tearful at the falling of a star

CFC - I - FG - I C F Em - I F G C

Chorus:

And the seasons they go round and round
And the painted ponies go up and down
We're captive on a carousel of time
We can't return, we can only look
Behind from where we came
And go round and round and round in the circle game

CFC / I F - C - I F - I Em F / Em F G C -

Guitar Sing Along and Silly Songs cont.



Then the child moved ten times 'round the seasons
Skated over ten clear frozen streams
Words like "when you're older" must appease her
And promises of someday make her dreams.

(Chorus)

16 springs and 16 summers gone now
Cartwheels turn to car wheels through the town
And they tell her "Take your time it won't be long now
'Til you drag your feet to slow those circles down."

(Chorus)

Years go by and now the child is 20
Though' her dreams have lost some grandeur coming true
There'll be new dreams,
Maybe better dreams and plenty
Before the last revolving year is through

(Chorus)

PUFF (THE MAGIC DRAGON)

*Words and music by Peter, Paul and Mary
(From "Rise up Singing")*

Chorus:

Puff, the magic dragon, lived by the sea
And frolicked in the autumn mist in a land called Honalee.

Little Jackie Paper loved that rascal Puff,
And brought him strings & sealing wax & other fancy stuff. Oh!

G D (Bm) C G / C G A D / 1st /
C G Em A D G D

(Chorus- first two lines repeated twice)

Together they would travel
on a boat with billowed sail
Jackie kept a lookout perched
on Puff's gigantic tail,

Noble kings and princes
would bow whene'er they came,
Pirate ships would lower their flag
when PUFF roared out his name. Oh!

(Chorus)

A dragon lives forever
but not so little boys
Painted wings and giant rings
make way for other toys.

One grey night it happened,
Jackie Paper came no more
And PUFF that mighty dragon,
he ceased his fearless roar.

H is head was bent in sorrow,
green scales fell like rain,
PUFF no longer went to play
along the cherry lane.

W ithout this life-long friend,
PUFF could not be brave,
So PUFF that mighty dragon
sadly slipped into his cave. Oh!

(Chorus)

LEAVING ON A JET PLANE

Words and music by John Denver

All my bags are packed, I'm ready to go
I'm standing here outside your door.
I hate to wake you up to say goodbye.

C G C G / C G C G / C G D

But the dawn is breakin', its early morn
The taxi's waiting, he's blowin' his horn
Already I'm so lonesome I could cry.

Chorus:

So kiss me and smile for me
Tell me that you'll wait for me
Hold me like you'll never let me go.
I'm leavin' on a jet plane
I don't know when I'll be back again
Oh, babe, I hate to go.

G C G C C D7

There's so many times I've let you down
So many times I've played around
I tell you now, they don't mean a thing

Every place I go, I think of you
Every song I sing, I sing for you
When I come back, I'll wear your wedding ring.
(Chorus)

Now the time has come to leave you
One more time let me kiss you
Then close your eyes, I'll be on my way.

Dream about the days to come
When I won't have to leave alone
About the times, I won't have to say,
(Chorus)



Guitar Sing Along and Silly Songs cont.

Mercedez-Benz

Words and music by Janis Joplin

Oh Lord, won't you buy me a Mercedez Benz.
My friends all drive Porches, I must make amends.
Worked hard all my lifetime,
no help from my friends.

Oh Lord, won't you buy me a Mercedez Benz.

D - G D / D --- / - - G D / - - G D

Oh Lord, won't you buy me a color TV.

Dialing for dollars is trying to find me.

I'll wait for delivery, each day until three.

Oh Lord, won't you buy me a color TV.

Oh Lord, won't you buy me a night on the town.
I'm counting on you Lord, please don't let me down.
Prove that you love me and buy the next round.
Oh Lord won't you buy me a night on the town.

Oh Lord, won't you buy me a Mercedez Benz.
My friends all drive Porches, I must make amends
Worked hard all my lifetime,
no help from my friends.

Oh Lord, won't you buy me a Mercedez Benz.

I went to see the doctor of philosophy.
With a poster of Rasputin and a beard down to his knee.

He never did marry or see a B-grade movie.
He graded my performance. He said he could see through me.

I spent four years prostrate to the higher mind, got my paper and I was free.

(Chorus)

I stopped by the bar at 3 A.M.
To seek solace in a bottle or possibly a friend.
I woke up with a headache like my head against a board.

Twice as cloudy as I'd been the night before
when I went in seeking clarity.

I went to the doctor. I went to the mountains.
I looked to the children. I drank from the fountains.
We go to the doctor. We go to the mountains.
We look to the children.
We drink from the fountains.
Yeah, we go to the bible.
We go through the workout.
We read up on revival
and we stand up for the lookout!

There's more than one answer to these questions
pointing me in a crooked line.

The less I seek my source for some definitive
The closer I am to fine.
The closer I am to fine.
The closer I am to fine.

Closer to Fine

Words and music by Emily Saliers

I'm trying to tell you something about my life.
Maybe give me insight between black and white.
The best thing you ever done for me
Is to help me take my life less seriously.
It's only life, after all.

G C G D G C G D

(capo on second fret)

Well, darkness has a hunger that's insatiable.
And lightness has a call that's hard to hear.
I wrap my fear around me like a blanket.
I sailed my ship of safety till I sank it.
I'm crawling on your shores.

Chorus:

I went to the doctor. I went to the mountains.
I looked to the children. I drank from the fountains.
There's more than one answer to these questions
pointing me in a crooked line.
The less I seek my source for some definitive
The closer I am to fine.
The closer I am to fine.

D D D G D C G D G C G D

House of the Rising Sun

*New words and music by John A. Lomax, Alan Lomax & Georgia Turner
(From "Rise up Singing")*

There is a house in New Orleans
They call the Rising Sun.
Its been the ruin of many a poor girl
And me, oh Lord, I'm one.
Dm - A Dm / - C Dm - / G - Dm7 Dm6 / Dm A Dm -

My mother, she's a tailor.
She sews those new blue jeans.
My sweetheart is a glamblin man
Down in New Orleans.

Guitar Sing Along and Silly Songs cont.



The only thing a gambler owns
is a suitcase and a trunk.
And the only time he's satisfied
is when he's on a drunk.

Go tell my baby sister,
not to do what I have done.
Stay away from that house in New Orleans
They call the rising sun.

With one foot on the platform
And the other on the train.
I'm going back to New Orleans
To start my life again.

Both Hands

Words and music by Ani Difranco

Chorus:

I am walking out in the rain.
I am listening to the low moan of the dial tone again.
I am getting nowhere with you.
I can't let it go and I can't get through.

Both hands, now use both hands, oh no don't close
your eyes.

I am writing grafitti on your body.
I am drawing the story of how hard we tried.

The old woman behind the pink curtains and the closed
door on the first floor
She's listening through the air shaft to see how long
our swan song can last.

(Chorus)

I am watching your chest rise and fall like the tides of
my life and the rest of it all.

Your bones have been my bedframe and your flesh has
been my pillow.

I am waiting for sleep to offer up the deep with both
hands.

(Bridge)

In each others shadow we grew less and less tall.
Eventually our theories couldn't explain it all.
And I'm recording our histories now on the bedroom
wall and when we leave the landlord will come and
paint over it all.

(Chorus)

And I am walking out in the rain.
I'm listening to the low moan of the dial tone again.
I am getting nowhere with you.
I can't let it go and I can't get through.

Blowin' In the Wind

Words and music by Bob Dylan

How many roads must a man walk down
Before you call him a man?
Yes & how many seas must a white dove sail
Before she sleeps in the sand?
Yes & how many times must the cannonballs fly
Before they are forever banned?

(Chorus):

The answer my friend, is blowin' in the wind,
The answer is blowing in the wind.

C F C - / C F C G / C F C A m / C F G -
/ " / " / F G C A m / F G C -

How many times must a man look up
Before he can see the sky?
Yes & how many ears must one man have
Before he can hear people cry?
Yes & how many deaths will it take til he knows
that too many people have died?

(Chorus)

How many years can a mountain exist
Before it is washed to the sea?

How many years can some people exist
Before they are allowed to be free?

Yes & how many times can a man turn his head
Pretending he just doesn't see?

(Chorus)

She'll Be Comin' 'Round the Mountain

Railroad Song c.1830

She'll be comin' round the mountain
when she comes (toot, toot!) (2x)
She'll be comin' round the mountain,
She'll be comin' round the mountain
She'll be comin' round the mountain when she
comes (toot, toot!)

D --- / D - A - / D D7 G - / D A D -



Guitar Sing Along and Silly Songs cont.

She'll be ridin' six white horses when she comes
(whoa back!)...
She'll be wearin' pink pajamas when she comes
(scratch, scratch!)...
O we'll all go out to meet her when she comes ("Hi
babe!")...
O we'll kill the old red rooster...(hack, hack!)
O we'll all have chicken and dumplin's... (yum,
yum!)
O she'll have to sleep with grandma... (Move over!)

He gave it to man going up in a balloon.
Told him for to take it to the man in the moon.
That balloon came down about 50 miles away.
Where that man is now I dare not say.

(Chorus)

They dropped the atom bomb one bright summer
day.
Then they dropped the H-bomb the very same way.
Russia went, England went and then the USA.
The human race was finished without a chance to
pray.

(Chorus)

The Cat Came Back

by Harry S. Miller

(From "Rise up Singing")

Old Mr. Johnson had troubles of his own.
He had a yellow cat that just wouldn't leave his
home.
He tried and he tried to give that cat away.
He gave it to a man going far, far away.

Em **D** **C** **B7** / / / /

(Chorus)

But the cat came back the very next day.
The cat came back. They thought he was a goner, but
the cat came back. He just couldn't stay away.

The man around the corner swore he'd shoot that cat
on sight.
He loaded up his gun with nails and dynamite.
He waited and he waited for that cat to come around.
97 pieces of that man is all they found.

(Chorus)

He gave it to a fisherman with a dollar note.
Told him for to take on the river in a boat.
He tied a rope around its neck it must have weighted
a pound.
But they had to drag that river cause the fisherman
was drowned.

(Chorus)

He gave it a man going way out West.
Told him for to take to the one he loved the best.
First the train hit the curve, then it jumped the rail.
Not a soul was left to tell the gruesome tale.

(Chorus)

Teach Your Children

by Crosby, Stills and Nash

(From "Rise Up Singing")

You who are on the road
Must have a code that you can live by.
And so, become yourself
Because the past is just a goodbye.

C **F** / **C G:** / /

Chorus:

Teach your children well
Their father's hell will slowly go by.
And, feed them on your dreams
The one they pick's the one you'll know by.
Don't you ever ask them why- if they told you,
You would cry, so just look at them and sigh
And know they love you.

C F/C G: / / C F/C Am FG/C -

And you, of tender years
Can't know the fears that your elders grew by.
And so, please help them with your youth
They seek the truth before they can die.

Teach your parents well
Their children's hell will slowly go by.
And, feed them on your dreams
The one they pick's the one you'll know by.
And don't you ever ask them why- if they told you,
You would cry, so just look at them and sigh,
And know they love you.

Guitar Sing Along and Silly Songs cont.



Country Roads

by Bill Danoff, Taffy Nivert and John Denver
(From "Rise Up Singing")

Almost heaven, West Virginia
Blue Ridge Mountains, Shenandoah River
Life is old there, older than the trees
Younger than the mountains, growing like a breeze

G - Em - / D - C G ://

Chorus:

Country roads, take me home
To the place I belong
West Virginia, Mountain Mama
Take me home, country roads

G - D - / Em - C - / G - D - / C - G -

All my memories, gather round her
Miner's lady, stranger to blue water
Dark and dusty, painted on the sky
Misty taste of moonshine, teardrop in my eyes

Chorus

(bridge) I hear her voice,
in the morning hours she calls me
Radio reminds me of my home far away
Drivin' down the road,
I get a feelin' that I should have
Been home yesterday, yesterday..
Em D G - / C G D - / Em F C G / D - D7 -

Chorus

Rivers of Babylon

by Brent Dowe and Trevor McNaughton
(from "Rise up Singing")

By the rivers of Babylon, there we sat down
And there we wept, when we remembered Zion
There the wicked carry us away captivity,
 require of us a song
How can we sing King Alfa's song in a strange land?

D --- / A - D - / -- G D / -- A D

Worship

These songs may be used in YRUU worship. They do not require guitar or other musical accompaniment. Participants can learn the songs easily and they can sing them in groups or with accompanied dance movements.

Gathered Here

Words and music by Philip A. Porter
(“Singing the Living Tradition” #389)

Gathered here in the mystery of the hour.
Gathered here in one strong body.
Gathered here in the struggle and the power.
Spirit, draw near.

Hineh Matov

Words: Psalm 133:1 Music: Israeli Round
(trans. from the Hebrew, “How good it is and how pleasant for people to dwell together. Good and pleasant, people in peace together.”)

Part 1

Hine matov u-mah na-yim,
Shevet achim gam ya chad (2x)

Part 2

Hine matov, shevet achim gam ya chad (2x)

Shalom Havayreem

Traditional Hebrew Round
(“Singing the Living Tradition” hymn #400)

Shalom haveyreem!
Shalom haveyreem!
Shalom, shalom!
L’hitraot, l’hitraot,
Shalom, shalom.

Just a Narrow Bridge

All the world is
Just a narrow bridge,
Just a narrow bridge,
Just a narrow bridge. (repeat)

And above all,
above all
Is not to fear,
Not to fear at all. (repeat)

Dona Nobis Pacem

Words: Trad. Latin, Music: Trad. Canon
trans. “Give us peace”
(“Singing the Living Tradition” #362)

Part 1

Dona Nobis Pacem, Pacem
Dona Nobis Pacem

Part 2 ~ (high part)

Dona Nobis Pacem
Dona Nobis Pacem

Part 3 ~ (low part)

Dona Nobis Pacem
Dona Nobis Pacem

We Will Get There (Woyaya)

by Teddy Ose, Sol Amarfia, Loughty Lasisi Amao,
Mac Tontoh, W. Richardson, R.M. Bailey & R.
Bedau
(From “Rise Up Singing”)

We are going, heaven knows where we are going
We'll know we're there.

C - F Em Dm - / C - - -

We will get there,
Heaven knows how we will get there
We know we will.

(bridge)
It will be hard we know
And the road will be muddy and rough.

Am G F - / - - C G

But we'll get there
Heaven knows how we will get there
We know we will.

Worship cont.



Rise up, O Flame

Music: Christoph Praetorius
("Singing the Living Tradition" #362)

Rise up O flame,
by thy light glowing,
show to us beauty, harmony and joy

Love Will Guide Us

Words: Sally Rogers
Music: Traditional, arr by Betty a Wylder
("Singing the Living Tradition" hymn #131)

Chorus:

Love will guide us,
Peace has tried us,
Hope inside us will lead the way
On the road from greed to giving.
Love will guide us through the hard night.

Verse 1:

If you can not sing like angels,
If you can not speak before thousands,
You can give from deep within you.
You can change the world with your love.
(Chorus)

Verse 2:

You are like no other being,
What you can give, no other can give
To the future of our precious children,
To the future of the world where we live.
(Chorus)

The Barge Song

(ed. note: parts to be sung simultaneously)

Part 1

Tra la la la la la la la la (9 la's)
Tra la la la la la la la (7 la's)
Tra la la la la la la la la (9 la's)
Tra la la la la la la (6 la's)

Part 2

Hey, ho
Ho, hey.

Run River Run

Words and Music by Jim Mesina
and Kenny Loggins

If you've been thinking you're all that you got,
Then don't feel alone anymore.
'Cause when we're together, then you've got a lot.
For I am the river and you are the shore.

Chorus:

And it goes on and on,
Watching the river run.
Further and further from things that we've done.
Leaving them one by one.
And we have just begun watching the river run.
Listening and learning and yearning
To run river run.

Whirling and spinning and dancing along,
We pass by the old willow tree.
Where lovers caress as we sing them our song.
Rejoicing together as we meet the sea.

(Chorus)

How Could Anyone Ever Tell You

(excerpted, words and music by Libby Roderick)

How could anyone ever tell you,
You were anything less than beautiful?

How could anyone ever tell you,
You were less than whole?

How could anyone fail to notice
That your loving is a miracle?

How deeply you're connected to my soul.

All I Ask of You

Sufi Dance

All I ask of you
Is forever to remember me
As loving you (2x).

Ishk allah ma bud lay la (4x).
[translation: I am one with God (Allah)]



Worship cont.

We Are a Gentle, Angry People

Words and music by Holly Near
(from "Rise Up Singing")

We are a gentle, angry people
And we are singing, singing for our lives.
We are a gentle, angry people, and we are singing,
singing for our lives.

D - G D / A - D A / D - G D / A - G D

Replace underlined with:

1. a peaceful, loving people
2. black and white together
3. young and old together
4. gay and straight together
5. a gentle, loving people

Amazing Grace

Words: John Newton

Music: Virginia Harmony

("Singing the Living Tradition" hymn #206)

Amazing grace! How sweet the sound
That saved a wretch like me
I once was lost, but now I'm found
Was blind but now I see.

D - G D / -- A - / D D, G D / Bm A G D

'Twas grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed.

Through many dangers, toils and snares
I have already come.
'Tis grace that brought me safe thus far
And grace will lead me home.

When we've been there ten thousand years
Bright shining as the sun,
We've no less days to sing out praise
Than when we first begun.

Mother I Feel You Under My Feet

Mother I feel you under my feet
Mother I feel your heartbeat.
Mother I see you in the eagle's eye
Mother won't you take me higher?

I Know This Rose Will Open

Words and music by Mary E. Grigolia
("Singing the Living Tradition" hymn #396)

I know this rose will open.
I know my fear will burn away.
I know my soul will unfurl its wings.
I know this rose will open.

Step by Step

the Longest March

Words: From the preamble to the Constitution

Music: Irish folk song

("Singing the Living Tradition" hymn #157)

Step by step the longest march
Can be won, can be won.

Many stones can form an arch,
Singly none, singly none.

And by union, what we will
Can be accomplished still;

Drops of water turn a mill,
Singly none, singly none.

Chants

Chants are especially effective at night worships. They are usually sung unaccompanied by outside instruments other than a simple beat from a drum. They can usually be done simultaneously together, if it sounds OK. Like the previous songs in the Worship section, participants can learn the songs easily and can sing them in groups as rounds or with accompanied dance movements.

Wade in the Water

Traditional spiritual - new version by Paul Ashton
(from "Rise Up Singing")

Chorus:

Wade in the water, wade in the water, children
Wade in the water,
God's gonna trouble the water.

Dm - - - / - - - A Dm

1. Who are those children dressed in red?
God's gonna trouble the water.
Must be the children that Moses led/ God's gonna...

Dm - / - A Dm ://

(Chorus)

2. white/God's gonna...
Must be the people getting ready for the fight./
God's gonna...

(Chorus)

3. blue/God's gonna...
Must be the people gonna see this thru/
God's gonna...

(Chorus)

4. black/God's gonna...
Must be the Hypocrites turning back/ God's gonna...
(Chorus)

5. He spoke and divided the sea in 2/ God's gonna...
Allowing all his people to pass on thru/ God's gonna.
(Chorus)

Run Mary, Run

Run Mary, run,
Run Mary, run I say.
Run Mary, run.
I got a right to the tree of life.

The Earth is Our Mother

The earth is our mother
We must take care of her
The Earth is our mother
We must take care of her

Hey-yana-Ho-yana

Hey-yana-ho-yana-hey-yan-yan
Hey-yana-ho-yana-hey-yan-yan

Dear Friends

Dear friends, dear friends,
Let me tell you how I feel.
You have given me all your treasures
I love you so.

Earth, Air, Water, Fire

Earth my body,
Water my blood,
Air my breath, and
Fire my spirit.

We Come From the Goddess

We come from the Goddess
And to Her we shall return
Like a drop of rain
Flowing to the ocean.



We are the old People

(tune of "We Come from the Goddess")

We are the old people.
We are the new people.
We are the same people.
Stronger than before.

Variation:

I am an old woman,
I am a strong woman
I am a weaver
My soul will never die.

Listen, Listen, Listen to My Heart's Song

Listen, listen, listen to my heart's song.
Listen, listen, listen to my heart's song.
I will never forget you, I will never forsake you.
I will never forget you, I will never forsake you.

Spiraling into the Center

Spiraling into the center,
The center of the web.
Spiraling into the center,
The center of the web.

We are the weavers,
We are the woven ones,
We are the dreamers,
We are the dream!

Building Bridges~ (round)

Composed by the Women of
Greeham Common Peace Encampment
(from "Rise Up Singing")

Building bridges between our divisions,
If I reach out to you, will you reach out to me?
With all of our voices, and all of our visions,
Friends we could make such sweet harmony

Witchy-tai-tai hemo wai

Arapahoe Trance Song

Witchy-tai-tai hemo wai
Ora neeka, ora neeka
Hey nay, hey nay, no-ah!

Water Spirits singing, springing 'round my head.
Makes me feel glad that I'm not dead

Spirit of the Wind

Chorus:

Spirit of the wind, carry me
Spirit of the wind, carry me home.
Spirit of the wind, carry me home to myself.

Spirit of the ocean, depth of emotion.
Spirit of the sea, set my soul free.

(Chorus)

Spirit of the storm, help me be reborn.
Spirit of the rain, wash away my pain.

(Chorus)

Spirit of the sun, warm light healing me.
Spirit of the sky, spread my wings and fly.

(Chorus)

Spirit of the earth, help me with my birth.
Spirit of the land, hold me in your hand.

(Chorus)

Spirit of the river, blessed forgiver.
Spirit of the shore, shows me more and more.

(Chorus)

The River is Flowing

The river is flowing, flowing and growing.
The river is flowing, down to the sea.
Mother, carry me, child I will always be.
Father, carry me, down to the sea.



Wearing my Long Wing Feathers

Contemporary Native American
(Also sung as: *Spreading my Long Wing Feathers*)

Wearing my long wing feathers as I fly
Wearing my long wing feathers as I fly
I circle around
I circle around
The boundaries of the Earth
The boundaries of the Sky

We Are a Circle

We are a circle, within a circle
With no beginning and never ending.

Variation:

There is a spark within our heart
Love and devotion, a burning fire.

We are the Flow

Shekinah Mountainwater

We are the flow, we are the ebb,
We are the weavers, we are the web.

Goddess Chant

Isis, Astarte, Diana,
Hecate, Demeter, Kali,
Inanna

Songs to Send them Away Humming

Songs for closing circles, songs for goodbyes, songs that will make you hum until the next time we are together.

We Shall Overcome

Musical and lyrical adap. by Zilphia Horton,
Frank Hamilton, Guy Carawan and Pete Seeger.

(“*Singing the Living Tradition*” hymn #169)

We shall overcome.
We shall overcome.
We shall overcome some day.

Chorus:
Oh, deep in my heart, I do believe
We shall overcome some day.

C F C - (2x) / C F G A m D G D G -

C F C - F G A m - / C F C G C F C -

We are not afraid (2x)
We are not afraid today.

(Chorus)

We shall stand together. (2x)
We shall stand together someday.

(Chorus)

The truth will make us free. (2x)
The truth shall make us free someday.

(Chorus)

We shall live in peace. (2x)
We shall live in peace someday.

(Chorus)

From You I Receive

Words and Music by Joseph
and Nathan Segal

(“*Singing the Living Tradition*” #402)

From you I receive,
To you I give,
Together we share,
By this we live.

Dancing Circles in the Night

If the people lived their lives
As if it were a song
For singing out of light
Provide the music for the stars
To be dancing circles in the night

Freedom is Coming

South African

Freedom is coming. (3x)
Oh, yes I know.

descant: Oh Freedom, Oh freedom, Oh freedom

*Replace underlined with: justice, trust, peace

Oh, yes I know. (4X)

We Have the Power

(originally: “He has no power”)

South Africa

arr by Anders Nyberg

We have the power.
Hallelujah!
We have the power.
Hallelujah!

He has no power.
Hallelujah!
He has no power.
Satan’s had it!



Songs to Send them Away Humming cont.

Go Now in Peace

Words and music by Natalie Sleeth
("Singing the Living Tradition" hymn #413)

Go now in peace
Go now in peace
Let the spirit of love surround you
Everywhere, everywhere
You may go.

We Come from the Mountain

From Harry Belafonte

Part 1

We come from the mountain,
Living in the mountain,
Go back to the mountain,
Turn the world around.

Part 2

We come from the mountain,
Go back
Turn the world around.

*Replace underlined with: forest, fire, ocean, river

I'm On My Way
Traditional African American folk
c. 1750-1875
(from "Rise up Singing")

I'm on my way, to the freedom land.
I'm on my way, to the freedom land.
I'm on my way, to the freedom land.
I'm on my way, thank God, I'm on my way.

D - A - / -- D - / - D7 G - / D A D -

I asked my sister, come and go with me. (3x)
I'm on my way, thank God, I'm on my way.

I asked my brother, come and go with me. (3x)
I'm on my way, thank God, I'm on my way.

If they say no, I'll go anyhow. (3x)
I'm on my way, thank God, I'm on my way.

I'm on my way, and I won't turn back. (3x)
I'm on my way, thank God, I'm on my way.

There is More Love Somewhere

Traditional African American hymn

There is more love somewhere.
There is more love somewhere.
I'm gonna keep on, 'till I find it.,
There is more love somewhere.

*Replace underlined with:
peace, hope, justice

Over My Head

African American Hymn
(From "Rise up Singing")

Over my head, there is music in the air
Over my head, there is music in the air
Over my head, there is music in the air
There must be a god somewhere.

D D A D - / A - D - / - D F# Bm - / Em A D -

*Replace underlined with:
light, stars, love, justice, hope, peace...

Kumbaya

By Marvin V. Frey
trans. "Come on by"
(From "Rise Up Singing")

Kumbaya, my Lord, kumbaya
Kumbaya, my Lord, kumbaya
Kumbaya, my Lord, kumbaya
Oh Lord, kumbaya.

C - F C - / Em - F G - - / C - F (2x) / Am G C -

Someone 's sleeping Lord, kumbaya (3x)
Oh Lord, kumbaya.

We want peace, oh Lord, kumbaya (3x)
Oh Lord, kumbaya.

*Replace underlined with: protesting, singing, praying



Songs to Send them Away Humming cont.

Imagine

by John Lennon

(From "Rise Up Singing")

Imagine there's no Heaven, it's easy if you try
No hell below us, above us only sky
Imagine all the people living for today

G - C - G - C / / C (C, B, A, G) D ---

Imagine there's no countries, it isn't hard to do
Nothing to kill or die for, and no religion too.
Imagine all the people living life in peace

Chorus:

You may say I'm a dreamer
But I'm not the only one
I hope someday you'll join us
And the world will live as one

C D G B7 (2x) / C D G B7 C D G -

Imagine no possessions, I wonder if you can
No need for greed or hunger, a brotherhood of man.
Imagine all the people sharing all the world.

(Chorus)

Sylvie

by Leadbelly

Bring me little water Sylvie.
Bring me little water now.
Bring me little water Sylvie.
Every little once in a while.

Sylvie come a' running bucket in her hand,
Won't you fetch me little water
Every little once in a while.
(repeat first verse)

I Shall Remain Wanderer

by Shelley Koffler

I shall remain wanderer,
'Til my brothers have learned,
My sisters have learned the ways of peace.
I shall remain wanderer,
'Til humanity has learned the ways of peace.

Paz Y Libertad

by Jose Luis Brozeo

Mexican American Folk Singer

Paz que-re mos paz y libertad
En este mundo.
Peace, we want peace
and liberty in this world.

Para los ninos de todo mundo
que-re mos paz y libertad.
For all the children of this world,
we want peace and liberty.

Lean On Me

By Bill Withers

(From "Rise Up Singing")

Sometime, in our lives,
We all have pain, we all have sorrow.
But, if we are wise
We know that there's always tomorrow.

D G / D A --- / 1st / D --- A D -

Chorus:

Lean on me, when you're not strong
And I'll be your friend, I'll help you carry on
For, it won't be long
'Till I'm gonna need somebody to lean on.

Please swallow your pride
If I have things you need to borrow
For no one can fill
Those of your needs that you won't let show.

(bridge) You just call on me brother
When you need a hand.
We all need somebody to lean on.
I just might have a problem that you'd understand
We all need somebody to lean on.

D ----- / ---- A - D - : //

If there is a load
You have to bear, that you can't carry
I'm right up the road
I'll share your load, if you just call me.

Songs to Send them Away Humming cont.



Edelweiss

Words: Oscar Hammerstein,
Music: Richard Rodgers
(From "Rise Up Singing")

Edelweiss, Edelweiss, every morning you greet me.
Small and white, clean and bright
You look happy to meet me.

Blossom of snow may you bloom and grow,
Bloom and grow forever.
Edelweiss, Edelweiss, bless my homeland forever.

G D G C / G Em C D / G D G C / G D G -
D - G - / C A D D 7 / / /

For the Earth Forever Turning

Words and music by Kim Oler
(*"Singing the Living Tradition"* hymn #163)

For the earth forever turning;
For the skies for every sea.
For our lives, for all we cherish,
Sing we our joyful song of peace.

For the mountains, hills, and pastures
In their silent majesty;
For the stars for all the heavens,
Sing we our joyful song of peace.

For the sun, for rain and thunder,
For the seasons' harmony;
For our lives, for all creation,
Sing we our joyful praise to Thee.

For the world we raise our voices,
For the home that gives us birth;
In our joy we sing returning
Home to our blue-green hills of earth.

Will the Circle Be Unbroken

Original version by Charles H. Gabriel
(From "Rise Up Singing")

I was standing by my window
On a cold and cloudy day
When I saw the hearse come rolling
For to carry my mother away

G - C G / - G D 7 G

Chorus:

Will the circle be unbroken,
By and by, Lord, by and by?
There's a better home a-waitin'
In the sky, Lord, in the sky.

Lord, I told that undertaker
"Undertaker please drive slow"
For this body you're a-hauling,
Lord, I hate to see her go

(Chorus)

I followed close behind her,
Tried to hold up and be brave
But I could not hide my sorrow
When they laid her in the grave

(Chorus)

Went back home, Lord, my home was lonesome,
'Cause my mother, she was gone
All my brothers, sisters cryin',
What a home, so sad and lone.

(Chorus)

One by one the seats were emptied,
One by one, they went away.
Now that family, they are parted.
Will they meet again someday?

(Chorus)



Songs to Send them Away Humming cont.

There's a River Flowing in My Soul By Rose Sanders

There's a river flowing in my soul
There's a river flowing in my soul
And it's telling me that I'm somebody
There's a river flowing in my soul

*Replace underlined with: heart, mind

end with:

There's a river flowing, there's a river flowing,
there's a river flowing in my soul!!

Thula Klizeo
by Joseph Shabalala
(trans: "Be still my heart,
for even here I am at home")

Thula Klizio, Nala pasey Kiya.
Thula Klizio, Nala pasey Kiya.
Ey Kiya, Nala pasey Kiya
Ey Kiya, Nala pasey Kiya

We Shall Not Be Moved

Words: textile workers, Music: Black Spiritual
(From "Rise Up Singing")

We shall not, we shall not be moved (2x)
Just like a tree that is planted by the water
We Shall not be moved

G - D - I -- G G / C - G - I - D G -

1. For the Union is behind us, we shall not be moved(2x)
Just like a tree.....
2. We're fighting for our freedom...
3. We're fighting for our children...
4. We are black and white together...
5. We are young and old together...

You Can't Kill the Spirit

You can't kill the spirit.
It is like a mountain.
It is old and strong.
It goes on and on.

Thuma Mina
South African/ arr by Anders Nyberg
(trans: "Hear my Prayer, Oh Lord")

Thuma mina, thuma mina
Thuma mina, so mandla.

Peace Like a River
by Marvin V. Frey
(From "Rise Up Singing")

I've got peace like a river (3x) in my soul (repeat)

Am - - - - E - / Am - - - - Am E Am -

I've got tears like the raindrops...
I've got joy like a fountain...
*I've got pain like an arrow/ fear like and iceberg/
strength like a mountain/ love like the sunshine/
de-termination!*

I Wanna Linger

Hmm-mm, I wanna linger
Hmm-mm, a little longer,
Hmm-mm, a little longer here with you.

Hmm-mm, and as the years go by,
Hmm-mm, I look at you and sigh,
Hmm-mm, this is goodnight, but not good-bye.

Hmm-mm, it's such a perfect night,
Hmm-mm, it doesn't seem quite right,
Hmm-mm, that this should be my last with you.

Hmm-mm, and come September,
Hmm-mm, I will remember,
Hmm-mm, happy days and friendships too.

Hmm-mm, I wanna linger
Hmm-mm, a little longer,
Hmm-mm, a little longer here with you.



Use this Space to add your own songs:

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