# Why I didn't want to give this presentation

## ... and procrastinated working on it for 2 weeks

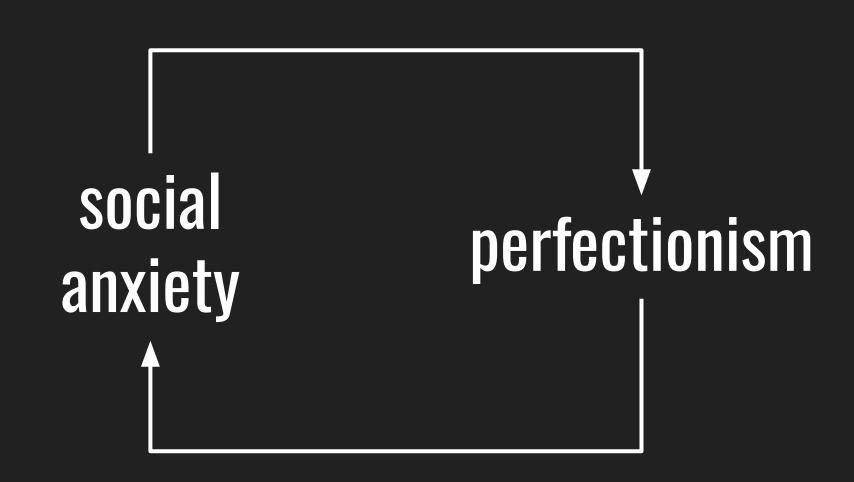


#### ... but I'll do it anyway

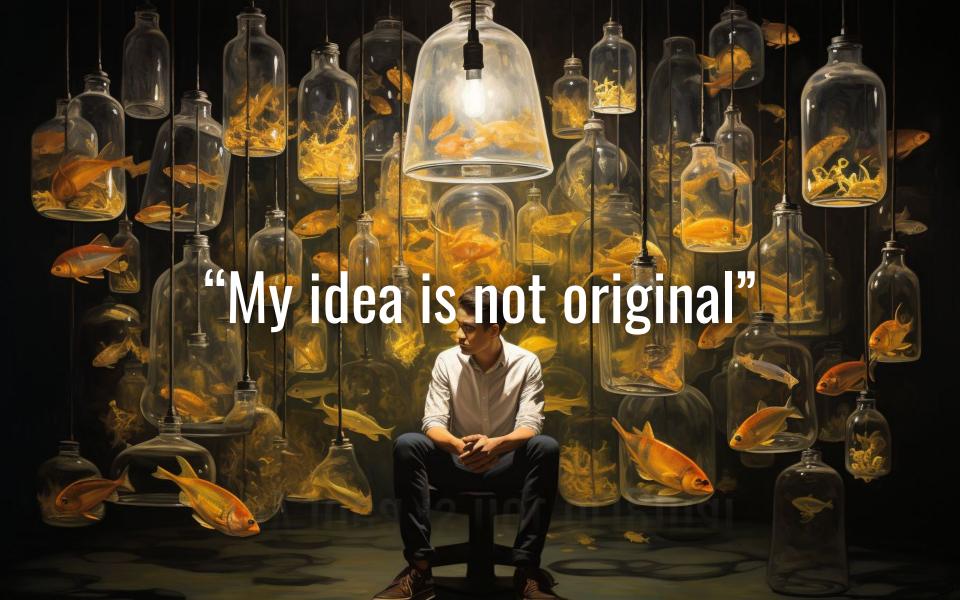
# social anxiety

## social anxiety

#### perfectionism







#### Your perspective is



#### Maybe... Probably not.

#### Not for too long at least;)

#### Focus on the message.



#### No, it doesn't. Nothing is.

#### Perfection is overrated.



#### Expertise is relative.

#### Ok, but why?

## "A black belt is a white belt that never quit"

#### Because you don't want to.

## JUST DO IT.

Some shoe guy

