FFA-Norm values

Based on the 2009 Paper by Kohls, Sauer and Walach

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1	Summary	
	• This analyses comprises (a) descriptive (summary) statistics as well as (b) norm values	
	• All analyses were based on the FMI13 as presented in Kohls, Sauer and Walach (2009):	
	Kohls, N., Sauer, S., & Walach, H. (2009). Facets of mindfulness – Results of an online study investigating the Freiburg mindfulness inventory. <i>Personality and Individual Differences</i> , 46(2), 224–230. https://doi.org/10.1016/j.paid.2008.10.009	

• Results are presented for (a) a general factor solution (b) and for the two factor solution, based on the

• The present norm analyses includes the following norm values: z-values, T values, percentage rank

paper of Kohls, Sauer and Walach (2009)

empirical, percentage rank based on a normal distribution

- For the descriptive analyses, typical statistics are reproted, ie. mean, sd, range, quartiles, skewness, kurtosis as well as a "0-1-standardized mean", defined as mean/3 (as 3 is the theoretical upper limit of each score). This statistics is meant to easy comparison.
- A number of subgroup results are presented: by sex (female and male), continuous mindfulness training (yes or no), whether intensive mindfulnes retreats have been conducted (yes or noy), whether Vipassana training is practiced (yes or no), age (median split, ie., 49 years)

2 Setup

Load R-Packages and other functions used.

```
library(easystats)
library(here)
library(tidyverse)
#library(knitr)
library(DataExplorer)
#library(scales)

source("R-code/funs.R")
source("R-code/01-prepare-data.R")
```

3 Prepare data

```
d <- prepare_FMI_data()

## The following items were matched to the *presence* factor: FFA_1 FFA_2 FFA_3 FFA_5 FFA_7 FFA_10

## The following items were matched to the *acceptance* factor: FFA_4 FFA_6 FFA_8 FFA_9 FFA_11 FFA_12:

## mutating factors to character variables

The column names are:

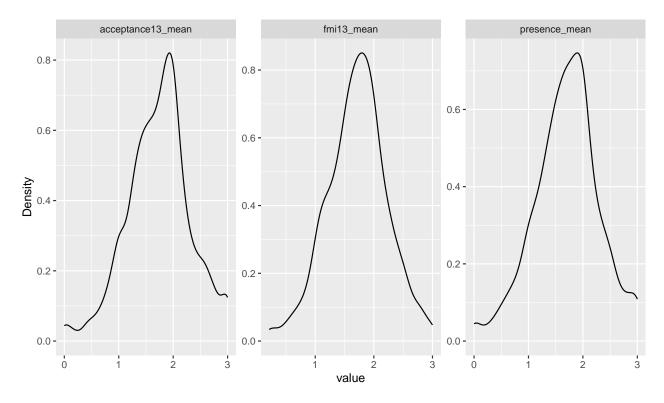
d2 <-</pre>
```

```
d %>%
    select(-starts_with("FFA_"))
names(d2)
```

4 Describe data

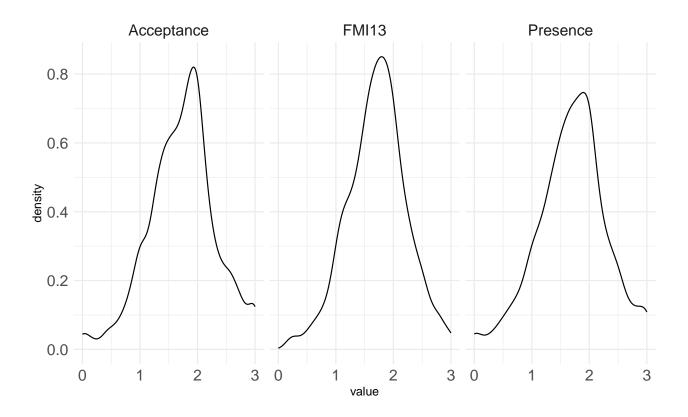
4.1 Visualization of item distribution

```
d2 %>%
  select(ends_with("_mean")) %>%
  plot_density() + theme_minimal()
```



NULL

Alternative visualization, keeping the x-axis constant:



5 Results for the FMI13 overall scale (general factor solution)

5.1 descriptives

```
d2 %>%
  select(ends_with("_mean")) %>%
  describe_distribution(iqr = FALSE, range = TRUE, quartiles = TRUE) %>%
  mutate(Mean01 = Mean/3) %>%
  relocate(Mean01, .after = Mean) %>%
  knitr::kable(digits = 2)
```

Variable	Mean	Mean01	SD	Min	Max	Q1	Q3	Skewness	Kurtosis	n	n_Missing
fmi13_mean	1.71	0.57	0.51	0.21	3	1.36	2	-0.15	0.16	1012	0
presence_mean	1.70	0.57	0.59	0.00	3	1.33	2	-0.24	0.19	1012	0
acceptance13_mea	an1.73	0.58	0.58	0.00	3	1.43	2	-0.22	0.27	1012	0

5.2 Norms

 $fmi13_mean$

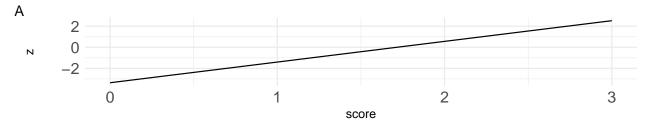
score	perc_rank	\mathbf{z}	stanine	Т	perc_normal
0.0	0.00	-3.37	1.00	16.35	0.00
0.1	0.00	-3.17	1.00	18.31	0.00
0.2	0.00	-2.97	1.00	20.28	0.00
0.3	0.01	-2.78	1.00	22.24	0.00
0.4	0.01	-2.58	1.00	24.21	0.00
0.5	0.02	-2.38	1.00	26.17	0.01
0.6	0.02	-2.19	1.00	28.13	0.01
0.7	0.03	-1.99	1.02	30.10	0.02
0.8	0.04	-1.79	1.41	32.06	0.04
0.9	0.05	-1.60	1.80	34.02	0.06
1.0	0.09	-1.40	2.20	35.99	0.08
1.1	0.12	-1.20	2.59	37.95	0.11
1.2	0.15	-1.01	2.98	39.92	0.16
1.3	0.21	-0.81	3.38	41.88	0.21
1.4	0.25	-0.62	3.77	43.84	0.27
1.5	0.34	-0.42	4.16	45.81	0.34
1.6	0.40	-0.22	4.55	47.77	0.41
1.7	0.45	-0.03	4.95	49.74	0.49
1.8	0.58	0.17	5.34	51.70	0.57
1.9	0.64	0.37	5.73	53.66	0.64
2.0	0.76	0.56	6.13	55.63	0.71
2.1	0.80	0.76	6.52	57.59	0.78
2.2	0.83	0.96	6.91	59.56	0.83
2.3	0.89	1.15	7.30	61.52	0.88
2.4	0.91	1.35	7.70	63.48	0.91
2.5	0.95	1.54	8.09	65.45	0.94
2.6	0.96	1.74	8.48	67.41	0.96
2.7	0.97	1.94	8.88	69.38	0.97
2.8	0.99	2.13	9.00	71.34	0.98
2.9	0.99	2.33	9.00	73.30	0.99
3.0	1.00	2.53	9.00	75.27	0.99

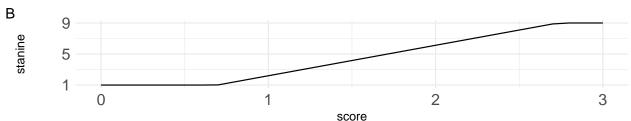
score	perc_rank	Z	stanine	\mathbf{T}	perc_normal
0.0	0.01	-2.86	1.00	21.37	0.00
0.1	0.01	-2.69	1.00	23.06	0.00
0.2	0.02	-2.53	1.00	24.74	0.01
0.3	0.02	-2.36	1.00	26.43	0.01
0.4	0.02	-2.19	1.00	28.12	0.01
0.5	0.04	-2.02	1.00	29.80	0.02
0.6	0.04	-1.85	1.30	31.49	0.03
0.7	0.06	-1.68	1.64	33.18	0.05
0.8	0.06	-1.51	1.97	34.86	0.07
0.9	0.09	-1.34	2.31	36.55	0.09
1.0	0.15	-1.18	2.65	38.24	0.12
1.1	0.15	-1.01	2.98	39.92	0.16
1.2	0.21	-0.84	3.32	41.61	0.20
1.3	0.21	-0.67	3.66	43.30	0.25
1.4	0.29	-0.50	4.00	44.99	0.31
1.5	0.40	-0.33	4.33	46.67	0.37

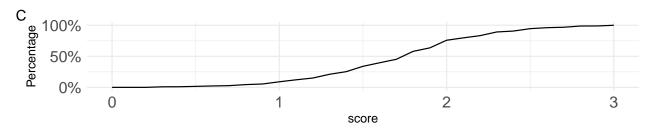
score	perc_rank	\mathbf{Z}	stanine	${ m T}$	perc_normal
1.6	0.40	-0.16	4.67	48.36	0.43
1.7	0.52	0.00	5.01	50.05	0.50
1.8	0.52	0.17	5.35	51.73	0.57
1.9	0.64	0.34	5.68	53.42	0.63
2.0	0.77	0.51	6.02	55.11	0.70
2.1	0.77	0.68	6.36	56.79	0.75
2.2	0.84	0.85	6.70	58.48	0.80
2.3	0.84	1.02	7.03	60.17	0.85
2.4	0.89	1.19	7.37	61.85	0.88
2.5	0.93	1.35	7.71	63.54	0.91
2.6	0.93	1.52	8.05	65.23	0.94
2.7	0.96	1.69	8.38	66.91	0.95
2.8	0.96	1.86	8.72	68.60	0.97
2.9	0.98	2.03	9.00	70.29	0.98
3.0	1.00	2.20	9.00	71.97	0.99

score	perc_rank	\mathbf{Z}	stanine	Τ	perc_normal
0.0	0.01	-2.99	1.00	20.06	0.00
0.1	0.01	-2.82	1.00	21.78	0.00
0.2	0.01	-2.65	1.00	23.51	0.00
0.3	0.02	-2.48	1.00	25.24	0.01
0.4	0.02	-2.30	1.00	26.96	0.01
0.5	0.03	-2.13	1.00	28.69	0.02
0.6	0.04	-1.96	1.08	30.42	0.03
0.7	0.04	-1.79	1.43	32.14	0.04
0.8	0.05	-1.61	1.77	33.87	0.05
0.9	0.08	-1.44	2.12	35.60	0.07
1.0	0.13	-1.27	2.47	37.33	0.10
1.1	0.13	-1.09	2.81	39.05	0.14
1.2	0.17	-0.92	3.16	40.78	0.18
1.3	0.24	-0.75	3.50	42.51	0.23
1.4	0.24	-0.58	3.85	44.23	0.28
1.5	0.33	-0.40	4.19	45.96	0.34
1.6	0.42	-0.23	4.54	47.69	0.41
1.7	0.42	-0.06	4.88	49.41	0.48
1.8	0.51	0.11	5.23	51.14	0.55
1.9	0.63	0.29	5.57	52.87	0.61
2.0	0.75	0.46	5.92	54.60	0.68
2.1	0.75	0.63	6.26	56.32	0.74
2.2	0.82	0.80	6.61	58.05	0.79
2.3	0.87	0.98	6.96	59.78	0.84
2.4	0.87	1.15	7.30	61.50	0.87
2.5	0.90	1.32	7.65	63.23	0.91
2.6	0.94	1.50	7.99	64.96	0.93
2.7	0.94	1.67	8.34	66.68	0.95
2.8	0.96	1.84	8.68	68.41	0.97
2.9	0.98	2.01	9.00	70.14	0.98
3.0	1.00	2.19	9.00	71.87	0.99

```
norms <-
d2 %>%
  select(ends_with("_mean")) %>%
  map(~ compute_all_norms(.,
                          min_score = 0,
                          max_score = 3,
                          by = .1),
      digits = 2)
p_norm1 <-
norms %>%
  pluck(1) %>%
  ggplot(aes(x = score, y = z)) +
  geom_line() +
  scale_y_continuous(breaks = c(-2, 0, 2)) +
  theme(strip.text = element_text(size = 14),
                axis.text = element_text(size =14))
p_norm2 <-
norms %>%
  pluck(1) %>%
  ggplot(aes(x = score, y = stanine)) +
  geom_line() +
  scale_y_continuous(breaks = c(1, 5, 9)) +
  theme(strip.text = element_text(size = 14),
                axis.text = element_text(size =14))
p_norm3 <-
norms %>%
  pluck(1) %>%
  ggplot(aes(x = score, y = perc_rank)) +
  geom_line() +
  labs(y = "Percentage") +
  scale_y_continuous(breaks = c(0, .5, 1),
                     labels = c("0\%", "50\%", "100\%")) +
  theme(strip.text = element_text(size = 14),
                axis.text = element_text(size =14))
see::plots(p_norm1, p_norm2, p_norm3, tags = TRUE,
           n_{rows} = 3)
```







```
#
# see::plots(p_norm1, p_norm2, p_norm3, tags = TRUE,
# n_rows = 3,
# title = "FMI-13R mean value (x-axis) vs. different norm values (y-axis)")
```

6 Norm values for different subgroups

The following subgroup variables were considered:

```
subgroup_vars <- c("Geschlecht", "Achts_regel", "Retreats", "Vip_regel", "age_below_md")
subgroup_vars</pre>
```

```
## [1] "Geschlecht" "Achts_regel" "Retreats" "Vip_regel" "age_below_md"
```

6.1 Split by sex

6.1.1 Stats

```
d2 %>%
  #filter(Geschlecht %in% c("männlich", "weiblich")) %>%
  mutate(Geschlecht = as.character(Geschlecht)) %>%
  describe_fmi_stats(var = Geschlecht)
```

Table 5: Geschlecht=female

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_1	mealn73	0.58	0.57	(0.00, 3.00)	1.29, 2.07	-0.09	-0.13	515	0
$fmi13_mean$	1.71	0.57	0.51	(0.21, 3.00)	1.36, 2.07	-0.11	-0.27	515	0
presence_mean	1.72	0.57	0.58	(0.00, 3.00)	1.33, 2.00	-0.11	-0.10	515	0

Variable	Mean	${\rm Mean}_01$	SD	Range	Quartiles	Skewness	Kurtosis	\mathbf{n}	$n_Missing$
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Table 6: Geschlecht=male

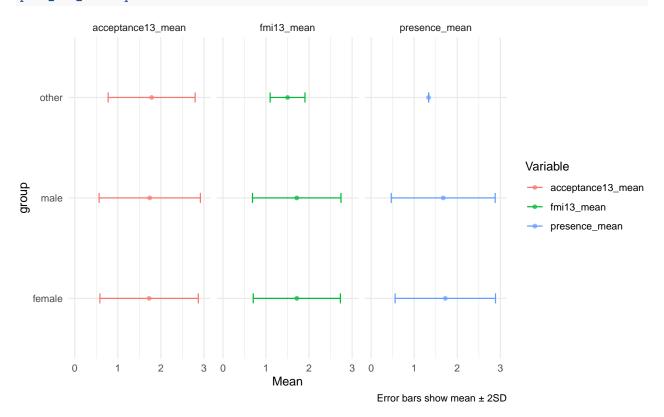
Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	mealn74	0.58	0.59	(0.00, 3.00)	1.43, 2.00	-0.34	0.65	495	0
$fmi13_mean$	1.71	0.57	0.51	(0.21, 3.00)	1.43, 2.00	-0.19	0.58	495	0
presence_mean	n 1.67	0.56	0.60	(0.00, 3.00)	1.33, 2.00	-0.35	0.42	495	0

Table 7: Geschlecht=other

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	meah.79	0.60	0.51	(1.43, 2.14)	1.61, 1.96	9.14e-16	-2.00	2	0
$fmi13_mean$	1.50	0.50	0.20	(1.36, 1.64)	1.43, 1.57	0.00	-2.00	2	0
presence_mean	n 1.33	0.44	0.00	(1.33, 1.33)	1.33, 1.33			2	0

Plot:

plot_fmi_descriptives(var = Geschlecht)



6.1.2 Norms

for (i in unique(d2\$Geschlecht)) {
 cat("Group: ", i, "\n")

```
d2 %>%
  filter(Geschlecht == i) %>%
  select(ends_with("_mean")) %>%
  map(~ knitr::kable(compute_all_norms(., min_score = 0, max_score = 3, by = .1), digits = 2)) %>% p.
}
```

Group: male $fmi13_mean$

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.33	1.00	16.67	0.00
0.1	0.00	-3.14	1.00	18.61	0.00
0.2	0.00	-2.94	1.00	20.56	0.00
0.3	0.01	-2.75	1.00	22.50	0.00
0.4	0.02	-2.55	1.00	24.45	0.01
0.5	0.02	-2.36	1.00	26.40	0.01
0.6	0.03	-2.17	1.00	28.34	0.02
0.7	0.03	-1.97	1.06	30.29	0.02
0.8	0.05	-1.78	1.45	32.23	0.04
0.9	0.05	-1.58	1.84	34.18	0.06
1.0	0.08	-1.39	2.23	36.13	0.08
1.1	0.12	-1.19	2.61	38.07	0.12
1.2	0.15	-1.00	3.00	40.02	0.16
1.3	0.19	-0.80	3.39	41.96	0.21
1.4	0.23	-0.61	3.78	43.91	0.27
1.5	0.33	-0.41	4.17	45.86	0.34
1.6	0.39	-0.22	4.56	47.80	0.41
1.7	0.46	-0.03	4.95	49.75	0.49
1.8	0.59	0.17	5.34	51.69	0.57
1.9	0.65	0.36	5.73	53.64	0.64
2.0	0.77	0.56	6.12	55.58	0.71
2.1	0.81	0.75	6.51	57.53	0.77
2.2	0.84	0.95	6.90	59.48	0.83
2.3	0.90	1.14	7.28	61.42	0.87
2.4	0.91	1.34	7.67	63.37	0.91
2.5	0.94	1.53	8.06	65.31	0.94
2.6	0.96	1.73	8.45	67.26	0.96
2.7	0.96	1.92	8.84	69.21	0.97
2.8	0.98	2.12	9.00	71.15	0.98
2.9	0.98	2.31	9.00	73.10	0.99
3.0	1.00	2.50	9.00	75.04	0.99

score	$perc_rank$	\mathbf{z}	stanine	Τ	$perc_normal$
0.0	0.02	-2.77	1.00	22.27	0.00
0.1	0.02	-2.61	1.00	23.92	0.00
0.2	0.03	-2.44	1.00	25.58	0.01
0.3	0.03	-2.28	1.00	27.24	0.01
0.4	0.04	-2.11	1.00	28.90	0.02
0.5	0.05	-1.94	1.11	30.55	0.03
0.6	0.05	-1.78	1.44	32.21	0.04
0.7	0.07	-1.61	1.77	33.87	0.05

score	perc_rank	Z	stanine	Т	perc_normal
0.8	0.07	-1.45	2.11	35.53	0.07
0.9	0.10	-1.28	2.44	37.18	0.10
1.0	0.15	-1.12	2.77	38.84	0.13
1.1	0.15	-0.95	3.10	40.50	0.17
1.2	0.21	-0.78	3.43	42.15	0.22
1.3	0.21	-0.62	3.76	43.81	0.27
1.4	0.29	-0.45	4.09	45.47	0.33
1.5	0.40	-0.29	4.43	47.13	0.39
1.6	0.40	-0.12	4.76	48.78	0.45
1.7	0.53	0.04	5.09	50.44	0.52
1.8	0.53	0.21	5.42	52.10	0.58
1.9	0.65	0.38	5.75	53.76	0.65
2.0	0.78	0.54	6.08	55.41	0.71
2.1	0.78	0.71	6.41	57.07	0.76
2.2	0.86	0.87	6.75	58.73	0.81
2.3	0.86	1.04	7.08	60.38	0.85
2.4	0.90	1.20	7.41	62.04	0.89
2.5	0.94	1.37	7.74	63.70	0.91
2.6	0.94	1.54	8.07	65.36	0.94
2.7	0.96	1.70	8.40	67.01	0.96
2.8	0.96	1.87	8.73	68.67	0.97
2.9	0.97	2.03	9.00	70.33	0.98
3.0	1.00	2.20	9.00	71.99	0.99

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.01	-2.96	1.00	20.4	0.00
0.1	0.01	-2.79	1.00	22.1	0.00
0.2	0.02	-2.62	1.00	23.8	0.00
0.3	0.03	-2.45	1.00	25.5	0.01
0.4	0.03	-2.28	1.00	27.2	0.01
0.5	0.03	-2.11	1.00	28.9	0.02
0.6	0.04	-1.94	1.12	30.6	0.03
0.7	0.04	-1.77	1.46	32.3	0.04
0.8	0.05	-1.60	1.80	34.0	0.05
0.9	0.06	-1.43	2.14	35.7	0.08
1.0	0.12	-1.26	2.48	37.4	0.10
1.1	0.12	-1.09	2.82	39.1	0.14
1.2	0.15	-0.92	3.16	40.8	0.18
1.3	0.22	-0.75	3.50	42.5	0.23
1.4	0.22	-0.58	3.84	44.2	0.28
1.5	0.31	-0.41	4.18	45.9	0.34
1.6	0.41	-0.24	4.52	47.6	0.41
1.7	0.41	-0.07	4.86	49.3	0.47
1.8	0.51	0.10	5.20	51.0	0.54
1.9	0.62	0.27	5.54	52.7	0.61
2.0	0.76	0.44	5.88	54.4	0.67
2.1	0.76	0.61	6.22	56.1	0.73
2.2	0.82	0.78	6.56	57.8	0.78
2.3	0.86	0.95	6.90	59.5	0.83

score	$perc_rank$	\mathbf{z}	stanine	${ m T}$	perc_normal
2.4	0.86	1.12	7.24	61.2	0.87
2.5	0.90	1.29	7.58	62.9	0.90
2.6	0.94	1.46	7.92	64.6	0.93
2.7	0.94	1.63	8.26	66.3	0.95
2.8	0.96	1.80	8.60	68.0	0.96
2.9	0.97	1.97	8.94	69.7	0.98
3.0	1.00	2.14	9.00	71.4	0.98

Group: female $fmi13_mean$

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.39	1.00	16.10	0.00
0.1	0.00	-3.19	1.00	18.08	0.00
0.2	0.00	-2.99	1.00	20.06	0.00
0.3	0.00	-2.80	1.00	22.03	0.00
0.4	0.00	-2.60	1.00	24.01	0.00
0.5	0.01	-2.40	1.00	25.99	0.01
0.6	0.01	-2.20	1.00	27.96	0.01
0.7	0.02	-2.01	1.00	29.94	0.02
0.8	0.04	-1.81	1.38	31.92	0.04
0.9	0.06	-1.61	1.78	33.89	0.05
1.0	0.10	-1.41	2.17	35.87	0.08
1.1	0.13	-1.22	2.57	37.85	0.11
1.2	0.15	-1.02	2.97	39.83	0.15
1.3	0.23	-0.82	3.36	41.80	0.21
1.4	0.28	-0.62	3.76	43.78	0.27
1.5	0.35	-0.42	4.15	45.76	0.34
1.6	0.40	-0.23	4.55	47.73	0.41
1.7	0.44	-0.03	4.94	49.71	0.49
1.8	0.57	0.17	5.34	51.69	0.57
1.9	0.62	0.37	5.73	53.66	0.64
2.0	0.75	0.56	6.13	55.64	0.71
2.1	0.79	0.76	6.52	57.62	0.78
2.2	0.83	0.96	6.92	59.59	0.83
2.3	0.88	1.16	7.31	61.57	0.88
2.4	0.90	1.35	7.71	63.55	0.91
2.5	0.95	1.55	8.10	65.52	0.94
2.6	0.97	1.75	8.50	67.50	0.96
2.7	0.97	1.95	8.90	69.48	0.97
2.8	1.00	2.15	9.00	71.45	0.98
2.9	1.00	2.34	9.00	73.43	0.99
3.0	1.00	2.54	9.00	75.41	0.99

perc_normal	Т	stanine	Z	perc_rank	score
0.00	20.46	1.00	-2.95	0.00	0.0
0.00	22.18	1.00	-2.78	0.00	0.1
0.00	23.89	1.00	-2.61	0.01	0.2

score	perc_rank	\mathbf{z}	stanine	Т	perc_normal
0.3	0.01	-2.44	1.00	25.61	0.01
0.4	0.01	-2.27	1.00	27.32	0.01
0.5	0.03	-2.10	1.00	29.04	0.02
0.6	0.03	-1.92	1.15	30.75	0.03
0.7	0.06	-1.75	1.49	32.47	0.04
0.8	0.06	-1.58	1.84	34.19	0.06
0.9	0.09	-1.41	2.18	35.90	0.08
1.0	0.14	-1.24	2.52	37.62	0.11
1.1	0.14	-1.07	2.87	39.33	0.14
1.2	0.20	-0.90	3.21	41.05	0.19
1.3	0.20	-0.72	3.55	42.77	0.23
1.4	0.29	-0.55	3.90	44.48	0.29
1.5	0.39	-0.38	4.24	46.20	0.35
1.6	0.39	-0.21	4.58	47.91	0.42
1.7	0.50	-0.04	4.93	49.63	0.49
1.8	0.50	0.13	5.27	51.34	0.55
1.9	0.63	0.31	5.61	53.06	0.62
2.0	0.76	0.48	5.96	54.78	0.68
2.1	0.76	0.65	6.30	56.49	0.74
2.2	0.82	0.82	6.64	58.21	0.79
2.3	0.82	0.99	6.98	59.92	0.84
2.4	0.88	1.16	7.33	61.64	0.88
2.5	0.93	1.34	7.67	63.35	0.91
2.6	0.93	1.51	8.01	65.07	0.93
2.7	0.95	1.68	8.36	66.79	0.95
2.8	0.95	1.85	8.70	68.50	0.97
2.9	0.98	2.02	9.00	70.22	0.98
3.0	1.00	2.19	9.00	71.93	0.99

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.02	1.00	19.77	0.00
0.1	0.00	-2.85	1.00	21.52	0.00
0.2	0.00	-2.67	1.00	23.27	0.00
0.3	0.01	-2.50	1.00	25.02	0.01
0.4	0.01	-2.32	1.00	26.77	0.01
0.5	0.02	-2.15	1.00	28.53	0.02
0.6	0.03	-1.97	1.06	30.28	0.02
0.7	0.03	-1.80	1.41	32.03	0.04
0.8	0.05	-1.62	1.76	33.78	0.05
0.9	0.09	-1.45	2.11	35.53	0.07
1.0	0.14	-1.27	2.46	37.28	0.10
1.1	0.14	-1.10	2.81	39.03	0.14
1.2	0.18	-0.92	3.16	40.78	0.18
1.3	0.26	-0.75	3.51	42.53	0.23
1.4	0.26	-0.57	3.86	44.28	0.28
1.5	0.34	-0.40	4.21	46.03	0.35
1.6	0.42	-0.22	4.56	47.78	0.41
1.7	0.42	-0.05	4.91	49.53	0.48
1.8	0.51	0.13	5.26	51.28	0.55

perc_normal	T	stanine	\mathbf{z}	perc_rank	score
0.62	53.03	5.61	0.30	0.63	1.9
0.68	54.78	5.96	0.48	0.75	2.0
0.74	56.53	6.31	0.65	0.75	2.1
0.80	58.28	6.66	0.83	0.83	2.2
0.84	60.03	7.01	1.00	0.87	2.3
0.88	61.79	7.36	1.18	0.87	2.4
0.91	63.54	7.71	1.35	0.90	2.5
0.94	65.29	8.06	1.53	0.93	2.6
0.96	67.04	8.41	1.70	0.93	2.7
0.97	68.79	8.76	1.88	0.97	2.8
0.98	70.54	9.00	2.05	0.98	2.9
0.99	72.29	9.00	2.23	1.00	3.0

Group: other \$fmi13_mean

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.0	-7.42	1.00	-24.25	0.00
0.1	0.0	-6.93	1.00	-19.30	0.00
0.2	0.0	-6.43	1.00	-14.35	0.00
0.3	0.0	-5.94	1.00	-9.40	0.00
0.4	0.0	-5.44	1.00	-4.45	0.00
0.5	0.0	-4.95	1.00	0.50	0.00
0.6	0.0	-4.45	1.00	5.45	0.00
0.7	0.0	-3.96	1.00	10.40	0.00
0.8	0.0	-3.46	1.00	15.35	0.00
0.9	0.0	-2.97	1.00	20.30	0.00
1.0	0.0	-2.47	1.00	25.25	0.01
1.1	0.0	-1.98	1.04	30.20	0.02
1.2	0.0	-1.48	2.03	35.15	0.07
1.3	0.0	-0.99	3.02	40.10	0.16
1.4	0.5	-0.49	4.01	45.05	0.31
1.5	0.5	0.00	5.00	50.00	0.50
1.6	0.5	0.49	5.99	54.95	0.69
1.7	1.0	0.99	6.98	59.90	0.84
1.8	1.0	1.48	7.97	64.85	0.93
1.9	1.0	1.98	8.96	69.80	0.98
2.0	1.0	2.47	9.00	74.75	0.99
2.1	1.0	2.97	9.00	79.70	1.00
2.2	1.0	3.46	9.00	84.65	1.00
2.3	1.0	3.96	9.00	89.60	1.00
2.4	1.0	4.45	9.00	94.55	1.00
2.5	1.0	4.95	9.00	99.50	1.00
2.6	1.0	5.44	9.00	104.45	1.00
2.7	1.0	5.94	9.00	109.40	1.00
2.8	1.0	6.43	9.00	114.35	1.00
2.9	1.0	6.93	9.00	119.30	1.00
3.0	1.0	7.42	9.00	124.25	1.00

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0	-Inf	1	-Inf	0
0.1	0	-Inf	1	-Inf	0
0.2	0	-Inf	1	-Inf	0
0.3	0	-Inf	1	-Inf	0
0.4	0	-Inf	1	-Inf	0
0.5	0	-Inf	1	-Inf	0
0.6	0	-Inf	1	-Inf	0
0.7	0	-Inf	1	-Inf	0
0.8	0	-Inf	1	-Inf	0
0.9	0	-Inf	1	-Inf	0
1.0	0	-Inf	1	-Inf	0
1.1	0	-Inf	1	-Inf	0
1.2	0	-Inf	1	-Inf	0
1.3	0	-Inf	1	-Inf	0
1.4	1	Inf	9	Inf	1
1.5	1	Inf	9	Inf	1
1.6	1	Inf	9	Inf	1
1.7	1	Inf	9	Inf	1
1.8	1	Inf	9	Inf	1
1.9	1	Inf	9	Inf	1
2.0	1	Inf	9	Inf	1
2.1	1	Inf	9	Inf	1
2.2	1	Inf	9	Inf	1
2.3	1	Inf	9	Inf	1
2.4	1	Inf	9	Inf	1
2.5	1	Inf	9	Inf	1
2.6	1	Inf	9	Inf	1
2.7	1	Inf	9	Inf	1
2.8	1	Inf	9	Inf	1
2.9	1	Inf	9	Inf	1
3.0	1	Inf	9	Inf	1

score	perc_rank	Z	stanine	Τ	perc_normal
0.0	0.0	-3.54	1.00	14.64	0.00
0.1	0.0	-3.34	1.00	16.62	0.00
0.2	0.0	-3.14	1.00	18.60	0.00
0.3	0.0	-2.94	1.00	20.58	0.00
0.4	0.0	-2.74	1.00	22.56	0.00
0.5	0.0	-2.55	1.00	24.54	0.01
0.6	0.0	-2.35	1.00	26.52	0.01
0.7	0.0	-2.15	1.00	28.50	0.02
0.8	0.0	-1.95	1.10	30.48	0.03
0.9	0.0	-1.75	1.49	32.46	0.04
1.0	0.0	-1.56	1.89	34.44	0.06
1.1	0.0	-1.36	2.28	36.42	0.09
1.2	0.0	-1.16	2.68	38.40	0.12
1.3	0.0	-0.96	3.08	40.38	0.17
1.4	0.0	-0.76	3.47	42.36	0.22
1.5	0.5	-0.57	3.87	44.34	0.29

score	perc_rank	Z	stanine	Т	perc_normal
1.6	0.5	-0.37	4.26	46.32	0.36
1.7	0.5	-0.17	4.66	48.30	0.43
1.8	0.5	0.03	5.06	50.28	0.51
1.9	0.5	0.23	5.45	52.26	0.59
2.0	0.5	0.42	5.85	54.24	0.66
2.1	0.5	0.62	6.24	56.22	0.73
2.2	1.0	0.82	6.64	58.20	0.79
2.3	1.0	1.02	7.04	60.18	0.85
2.4	1.0	1.22	7.43	62.16	0.89
2.5	1.0	1.41	7.83	64.14	0.92
2.6	1.0	1.61	8.22	66.12	0.95
2.7	1.0	1.81	8.62	68.10	0.96
2.8	1.0	2.01	9.00	70.08	0.98
2.9	1.0	2.21	9.00	72.06	0.99
3.0	1.0	2.40	9.00	74.04	0.99

6.2 Split by continuous mindfulness training

6.2.1 Stats

describe_fmi_stats(var = Achts_regel)

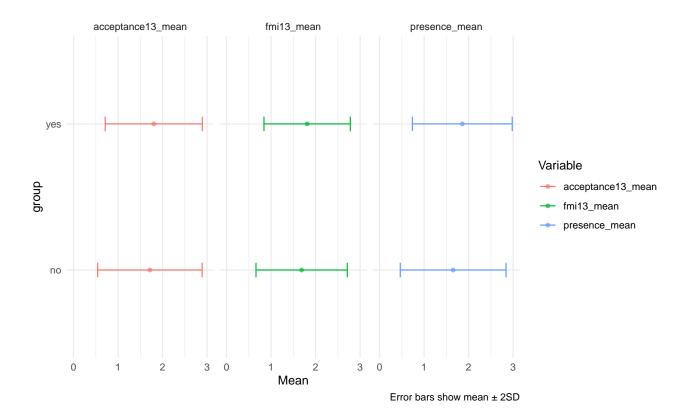
Table 17: Achts_regel=no

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	mealn72	0.57	0.59	(0.00, 3.00)	1.29, 2.00	-0.21	0.18	792	0
$fmi13_mean$	1.69	0.56	0.51	(0.21, 3.00)	1.36, 2.00	-0.16	0.05	792	0
presence_mean	1.65	0.55	0.59	(0.00, 3.00)	1.33, 2.00	-0.23	0.13	792	0

Table 18: Achts_regel=yes

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	mealn80	0.60	0.55	(0.00, 3.00)	1.43, 2.14	-0.19	0.64	220	0
$fmi13_mean$	1.81	0.60	0.49	(0.21, 3.00)	1.50, 2.07	-0.02	0.52	220	0
presence_mean	n 1.86	0.62	0.56	(0.00, 3.00)	1.50, 2.17	-0.20	0.45	220	0

plot_fmi_descriptives(var = Achts_regel)



6.2.2 Norms

```
for (i in unique(d2$Achts_regel)) {
  cat("Group: ", i, "\n")
  d2 %>%
    filter(Achts_regel == i) %>%
    select(ends_with("_mean")) %>%
    map(~ knitr::kable(compute_all_norms(., min_score = 0, max_score = 3, by = .1), digits = 2)) %>% pr
}
```

Group: no $fmi13_mean$

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.29	1.00	17.11	0.00
0.1	0.00	-3.09	1.00	19.06	0.00
0.2	0.00	-2.90	1.00	21.01	0.00
0.3	0.01	-2.70	1.00	22.96	0.00
0.4	0.01	-2.51	1.00	24.91	0.01
0.5	0.02	-2.31	1.00	26.86	0.01
0.6	0.03	-2.12	1.00	28.81	0.02
0.7	0.03	-1.92	1.15	30.76	0.03
0.8	0.05	-1.73	1.54	32.71	0.04
0.9	0.06	-1.53	1.93	34.66	0.06
1.0	0.10	-1.34	2.32	36.61	0.09
1.1	0.13	-1.14	2.71	38.56	0.13
1.2	0.17	-0.95	3.10	40.51	0.17
1.3	0.23	-0.75	3.49	42.46	0.23
1.4	0.27	-0.56	3.88	44.41	0.29

score	perc_rank	\mathbf{z}	stanine	\mathbf{T}	perc_normal
1.5	0.36	-0.36	4.27	46.36	0.36
1.6	0.42	-0.17	4.66	48.31	0.43
1.7	0.48	0.03	5.05	50.26	0.51
1.8	0.60	0.22	5.44	52.21	0.59
1.9	0.65	0.42	5.83	54.16	0.66
2.0	0.78	0.61	6.22	56.11	0.73
2.1	0.81	0.81	6.61	58.06	0.79
2.2	0.84	1.00	7.00	60.01	0.84
2.3	0.90	1.20	7.39	61.97	0.88
2.4	0.91	1.39	7.78	63.92	0.92
2.5	0.95	1.59	8.17	65.87	0.94
2.6	0.97	1.78	8.56	67.82	0.96
2.7	0.97	1.98	8.95	69.77	0.98
2.8	0.99	2.17	9.00	71.72	0.99
2.9	0.99	2.37	9.00	73.67	0.99
3.0	1.00	2.56	9.00	75.62	0.99

score	perc_rank	Z	stanine	Τ	perc_normal
0.0	0.01	-2.78	1.00	22.18	0.00
0.1	0.01	-2.61	1.00	23.87	0.00
0.2	0.02	-2.44	1.00	25.55	0.01
0.3	0.02	-2.28	1.00	27.23	0.01
0.4	0.03	-2.11	1.00	28.92	0.02
0.5	0.05	-1.94	1.12	30.60	0.03
0.6	0.05	-1.77	1.46	32.28	0.04
0.7	0.07	-1.60	1.79	33.97	0.05
0.8	0.07	-1.44	2.13	35.65	0.08
0.9	0.10	-1.27	2.47	37.33	0.10
1.0	0.16	-1.10	2.80	39.02	0.14
1.1	0.16	-0.93	3.14	40.70	0.18
1.2	0.23	-0.76	3.48	42.38	0.22
1.3	0.23	-0.59	3.81	44.07	0.28
1.4	0.32	-0.43	4.15	45.75	0.34
1.5	0.43	-0.26	4.49	47.43	0.40
1.6	0.43	-0.09	4.82	49.12	0.46
1.7	0.55	0.08	5.16	50.80	0.53
1.8	0.55	0.25	5.50	52.48	0.60
1.9	0.67	0.42	5.83	54.16	0.66
2.0	0.79	0.58	6.17	55.85	0.72
2.1	0.79	0.75	6.51	57.53	0.77
2.2	0.85	0.92	6.84	59.21	0.82
2.3	0.85	1.09	7.18	60.90	0.86
2.4	0.90	1.26	7.52	62.58	0.90
2.5	0.94	1.43	7.85	64.26	0.92
2.6	0.94	1.59	8.19	65.95	0.94
2.7	0.97	1.76	8.53	67.63	0.96
2.8	0.97	1.93	8.86	69.31	0.97
2.9	0.98	2.10	9.00	71.00	0.98
3.0	1.00	2.27	9.00	72.68	0.99

score	$\mathrm{perc}_\mathrm{rank}$	\mathbf{Z}	stanine	${ m T}$	perc_{-}	_normal
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$\begin{array}{c ccccccccccccccccccccccccccccccccccc$
0.1 0.01 -2.75 1.00 22.49 0 0.2 0.01 -2.58 1.00 24.19 0 0.3 0.02 -2.41 1.00 25.89 0 0.4 0.02 -2.24 1.00 27.60 0 0.5 0.03 -2.07 1.00 29.30 0 0.6 0.04 -1.90 1.20 31.00 0 0.7 0.04 -1.73 1.54 32.71 0 0.8 0.06 -1.56 1.88 34.41 0 0.9 0.09 -1.39 2.22 36.12 0 1.0 0.14 -1.22 2.56 37.82 0 1.1 0.14 -1.05 2.90 39.52 0 1.2 0.18 -0.88 3.25 41.23 0 1.3 0.26 -0.71 3.59 42.93 0 1.4 0.26 -0.54 3.93 44.63 0 1.5 0.34 -0.37 4.27 46.34
0.2 0.01 -2.58 1.00 24.19 0 0.3 0.02 -2.41 1.00 25.89 0 0.4 0.02 -2.24 1.00 27.60 0 0.5 0.03 -2.07 1.00 29.30 0 0.6 0.04 -1.90 1.20 31.00 0 0.7 0.04 -1.73 1.54 32.71 0 0.8 0.06 -1.56 1.88 34.41 0 0.9 0.09 -1.39 2.22 36.12 0 1.0 0.14 -1.22 2.56 37.82 0 1.1 0.14 -1.05 2.90 39.52 0 1.2 0.18 -0.88 3.25 41.23 0 1.3 0.26 -0.71 3.59 42.93 0 1.4 0.26 -0.54 3.93 44.63 0 1.5 0.34 -0.37 4.27 46.34 0 1.6 0.43 -0.20 4.61 48.04
0.3 0.02 -2.41 1.00 25.89 0 0.4 0.02 -2.24 1.00 27.60 0 0.5 0.03 -2.07 1.00 29.30 0 0.6 0.04 -1.90 1.20 31.00 0 0.7 0.04 -1.73 1.54 32.71 0 0.8 0.06 -1.56 1.88 34.41 0 0.9 0.09 -1.39 2.22 36.12 0 1.0 0.14 -1.22 2.56 37.82 0 1.1 0.14 -1.05 2.90 39.52 0 1.2 0.18 -0.88 3.25 41.23 0 1.3 0.26 -0.71 3.59 42.93 0 1.4 0.26 -0.54 3.93 44.63 0 1.5 0.34 -0.37 4.27 46.34 0 1.6 0.43 -0.20 4.61 48.04 0 1.7 0.43 -0.03 4.95 49.74
0.4 0.02 -2.24 1.00 27.60 0 0.5 0.03 -2.07 1.00 29.30 0 0.6 0.04 -1.90 1.20 31.00 0 0.7 0.04 -1.73 1.54 32.71 0 0.8 0.06 -1.56 1.88 34.41 0 0.9 0.09 -1.39 2.22 36.12 0 1.0 0.14 -1.22 2.56 37.82 0 1.1 0.14 -1.05 2.90 39.52 0 1.2 0.18 -0.88 3.25 41.23 0 1.3 0.26 -0.71 3.59 42.93 0 1.4 0.26 -0.54 3.93 44.63 0 1.5 0.34 -0.37 4.27 46.34 0 1.6 0.43 -0.20 4.61 48.04 0 1.7 0.43 -0.03 4.95 49.74 0 1.8 0.53 0.14 5.29 51.45 <
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1.5 0.34 -0.37 4.27 46.34 0 1.6 0.43 -0.20 4.61 48.04 0 1.7 0.43 -0.03 4.95 49.74 0 1.8 0.53 0.14 5.29 51.45 0 1.9 0.64 0.32 5.63 53.15 0 2.0 0.76 0.49 5.97 54.86 0 2.1 0.76 0.66 6.31 56.56 0 2.2 0.82 0.83 6.65 58.26 0 2.3 0.87 1.00 6.99 59.97 0 2.4 0.87 1.17 7.33 61.67 0
1.6 0.43 -0.20 4.61 48.04 0 1.7 0.43 -0.03 4.95 49.74 0 1.8 0.53 0.14 5.29 51.45 0 1.9 0.64 0.32 5.63 53.15 0 2.0 0.76 0.49 5.97 54.86 0 2.1 0.76 0.66 6.31 56.56 0 2.2 0.82 0.83 6.65 58.26 0 2.3 0.87 1.00 6.99 59.97 0 2.4 0.87 1.17 7.33 61.67 0
1.7 0.43 -0.03 4.95 49.74 0 1.8 0.53 0.14 5.29 51.45 0 1.9 0.64 0.32 5.63 53.15 0 2.0 0.76 0.49 5.97 54.86 0 2.1 0.76 0.66 6.31 56.56 0 2.2 0.82 0.83 6.65 58.26 0 2.3 0.87 1.00 6.99 59.97 0 2.4 0.87 1.17 7.33 61.67 0
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2.0 0.76 0.49 5.97 54.86 0 2.1 0.76 0.66 6.31 56.56 0 2.2 0.82 0.83 6.65 58.26 0 2.3 0.87 1.00 6.99 59.97 0 2.4 0.87 1.17 7.33 61.67 0
2.1 0.76 0.66 6.31 56.56 0 2.2 0.82 0.83 6.65 58.26 0 2.3 0.87 1.00 6.99 59.97 0 2.4 0.87 1.17 7.33 61.67 0
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2.3 0.87 1.00 6.99 59.97 0 2.4 0.87 1.17 7.33 61.67
2.4 0.87 1.17 7.33 61.67
2.5 0.90 1.34 7.67 63.37 0
2.6 0.94 1.51 8.02 65.08
2.7 0.94 1.68 8.36 66.78
2.8 0.96 1.85 8.70 68.48
$2.9 \qquad 0.98 2.02 \qquad 9.00 70.19 \qquad 0.98 $
3.0 1.00 2.19 9.00 71.89

Group: yes \$fmi13_mean

score	perc_rank	\mathbf{z}	stanine	\mathbf{T}	perc_normal
0.0	0.00	-3.73	1.00	12.68	0.00
0.1	0.00	-3.53	1.00	14.74	0.00
0.2	0.00	-3.32	1.00	16.80	0.00
0.3	0.01	-3.11	1.00	18.86	0.00
0.4	0.01	-2.91	1.00	20.92	0.00
0.5	0.01	-2.70	1.00	22.99	0.00
0.6	0.01	-2.50	1.00	25.05	0.01
0.7	0.01	-2.29	1.00	27.11	0.01
0.8	0.02	-2.08	1.00	29.17	0.02
0.9	0.02	-1.88	1.25	31.23	0.03

score	perc_rank	\mathbf{Z}	stanine	Т	perc_normal
1.0	0.06	-1.67	1.66	33.29	0.05
1.1	0.08	-1.46	2.07	35.35	0.07
1.2	0.09	-1.26	2.48	37.42	0.10
1.3	0.14	-1.05	2.90	39.48	0.15
1.4	0.19	-0.85	3.31	41.54	0.20
1.5	0.27	-0.64	3.72	43.60	0.26
1.6	0.32	-0.43	4.13	45.66	0.33
1.7	0.37	-0.23	4.54	47.72	0.41
1.8	0.51	-0.02	4.96	49.79	0.49
1.9	0.57	0.18	5.37	51.85	0.57
2.0	0.70	0.39	5.78	53.91	0.65
2.1	0.77	0.60	6.19	55.97	0.72
2.2	0.81	0.80	6.61	58.03	0.79
2.3	0.87	1.01	7.02	60.09	0.84
2.4	0.90	1.22	7.43	62.16	0.89
2.5	0.92	1.42	7.84	64.22	0.92
2.6	0.94	1.63	8.26	66.28	0.95
2.7	0.95	1.83	8.67	68.34	0.97
2.8	0.97	2.04	9.00	70.40	0.98
2.9	0.98	2.25	9.00	72.46	0.99
3.0	1.00	2.45	9.00	74.52	0.99

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.01	-3.31	1.00	16.85	0.00
0.1	0.01	-3.14	1.00	18.64	0.00
0.2	0.01	-2.96	1.00	20.42	0.00
0.3	0.01	-2.78	1.00	22.20	0.00
0.4	0.01	-2.60	1.00	23.99	0.00
0.5	0.01	-2.42	1.00	25.77	0.01
0.6	0.01	-2.24	1.00	27.56	0.01
0.7	0.02	-2.07	1.00	29.34	0.02
0.8	0.02	-1.89	1.22	31.12	0.03
0.9	0.05	-1.71	1.58	32.91	0.04
1.0	0.09	-1.53	1.94	34.69	0.06
1.1	0.09	-1.35	2.29	36.47	0.09
1.2	0.12	-1.17	2.65	38.26	0.12
1.3	0.12	-1.00	3.01	40.04	0.16
1.4	0.20	-0.82	3.36	41.82	0.21
1.5	0.29	-0.64	3.72	43.61	0.26
1.6	0.29	-0.46	4.08	45.39	0.32
1.7	0.40	-0.28	4.44	47.18	0.39
1.8	0.40	-0.10	4.79	48.96	0.46
1.9	0.53	0.07	5.15	50.74	0.53
2.0	0.69	0.25	5.51	52.53	0.60
2.1	0.69	0.43	5.86	54.31	0.67
2.2	0.79	0.61	6.22	56.09	0.73
2.3	0.79	0.79	6.58	57.88	0.78
2.4	0.85	0.97	6.93	59.66	0.83
2.5	0.90	1.14	7.29	61.45	0.87

score	perc_rank	Z	stanine	Т	perc_normal
2.6	0.90	1.32	7.65	63.23	0.91
2.7	0.92	1.50	8.00	65.01	0.93
2.8	0.92	1.68	8.36	66.80	0.95
2.9	0.96	1.86	8.72	68.58	0.97
3.0	1.00	2.04	9.00	70.36	0.98

perc_normal	Τ	stanine	Z	perc_rank	score
0.00	16.96	1.00	-3.30	0.00	0.0
0.00	18.80	1.00	-3.12	0.00	0.1
0.00	20.63	1.00	-2.94	0.01	0.2
0.00	22.46	1.00	-2.75	0.01	0.3
0.01	24.30	1.00	-2.57	0.01	0.4
0.01	26.13	1.00	-2.39	0.02	0.5
0.01	27.96	1.00	-2.20	0.02	0.6
0.02	29.80	1.00	-2.02	0.02	0.7
0.03	31.63	1.33	-1.84	0.03	0.8
0.05	33.46	1.69	-1.65	0.05	0.9
0.07	35.30	2.06	-1.47	0.09	1.0
0.10	37.13	2.43	-1.29	0.09	1.1
0.13	38.96	2.79	-1.10	0.12	1.2
0.18	40.80	3.16	-0.92	0.18	1.3
0.23	42.63	3.53	-0.74	0.18	1.4
0.29	44.46	3.89	-0.55	0.27	1.5
0.36	46.30	4.26	-0.37	0.38	1.6
0.43	48.13	4.63	-0.19	0.38	1.7
0.50	49.96	4.99	0.00	0.45	1.8
0.57	51.80	5.36	0.18	0.59	1.9
0.64	53.63	5.73	0.36	0.73	2.0
0.71	55.46	6.09	0.55	0.73	2.1
0.77	57.30	6.46	0.73	0.83	2.2
0.82	59.13	6.83	0.91	0.86	2.3
0.86	60.97	7.19	1.10	0.86	2.4
0.90	62.80	7.56	1.28	0.90	2.5
0.93	64.63	7.93	1.46	0.92	2.6
0.95	66.47	8.29	1.65	0.92	2.7
0.97	68.30	8.66	1.83	0.95	2.8
0.98	70.13	9.00	2.01	0.97	2.9
0.99	71.97	9.00	2.20	1.00	3.0

6.3 Split by retreats

6.3.1 Stats

```
describe_fmi_stats(var = Retreats)
```

Table 25: Retreats=Multiple retreats per year

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	mealn81	0.60	0.48	(0.71, 3.00)	1.57, 2.04	-0.03	-0.06	116	0
$fmi13_mean$	1.82	0.61	0.43	(0.71, 3.00)	1.57, 2.00	0.03	0.32	116	0
presence_mean	n 1.84	0.61	0.50	(0.33, 3.00)	1.50, 2.04	-0.15	0.28	116	0

Table 26: Retreats=Never

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	$n_Missing$
acceptance13_1	mealn70	0.57	0.60	(0.00, 3.00)	1.29, 2.00	-0.27	0.21	673	0
$fmi13_mean$	1.68	0.56	0.52	(0.21, 3.00)	1.36, 2.00	-0.18	0.10	673	0
presence_mean	1.64	0.55	0.59	(0.00, 3.00)	1.33, 2.00	-0.28	0.20	673	0

Table 27: Retreats=Once a year

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	$n_Missing$
acceptance13_1	mealn 73	0.58	0.50	(0.71, 3.00)	1.43, 2.00	0.59	0.46	58	0
$fmi13_mean$	1.71	0.57	0.45	(0.57, 2.93)	1.43, 1.98	0.30	0.36	58	0
presence_mean	1.68	0.56	0.55	(0.17, 3.00)	1.33, 2.00	0.04	0.25	58	0

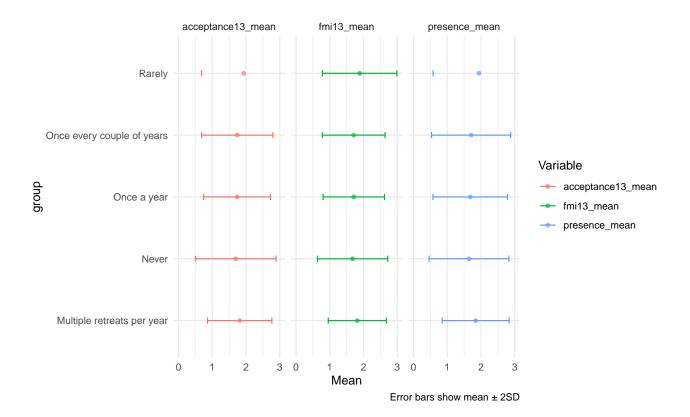
Table 28: Retreats=Once every couple of years

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	meah74	0.58	0.53	(0.29, 3.00)	1.43, 2.11	0.14	0.12	86	0
$fmi13_mean$	1.71	0.57	0.46	(0.93, 2.93)	1.36, 2.07	0.38	-0.32	86	0
presence_mean	n 1.71	0.57	0.59	(0.67, 3.00)	1.33, 2.17	0.20	-0.44	86	0

Table 29: Retreats=Rarely

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	meah93	0.64	0.63	(0.14, 3.00)	1.57, 2.29	-0.38	0.35	79	0
$fmi13_mean$	1.89	0.63	0.55	(0.29, 2.79)	1.57, 2.29	-0.51	0.60	79	0
presence_mean	1.94	0.65	0.68	(0.00, 3.00)	1.50, 2.33	-0.60	0.63	79	0

plot_fmi_descriptives(var = Retreats)



6.3.2 Norms

```
for (i in unique(d2$Retreats)) {
  cat("Group: ", i, "\n")
  d2 %>%
    filter(Retreats == i) %>%
    select(ends_with("_mean")) %>%
    map(~ knitr::kable(compute_all_norms(., min_score = 0, max_score = 3, by = .1), digits = 2)) %>%
    print()
}
```

Group: Never \$fmi13_mean

score	perc_rank	\mathbf{z}	stanine	${ m T}$	perc_normal
0.0	0.00	-3.22	1.00	17.82	0.00
0.1	0.00	-3.03	1.00	19.74	0.00
0.2	0.00	-2.83	1.00	21.66	0.00
0.3	0.01	-2.64	1.00	23.58	0.00
0.4	0.01	-2.45	1.00	25.50	0.01
0.5	0.02	-2.26	1.00	27.42	0.01
0.6	0.03	-2.07	1.00	29.34	0.02
0.7	0.04	-1.87	1.25	31.26	0.03
0.8	0.06	-1.68	1.64	33.18	0.05
0.9	0.07	-1.49	2.02	35.10	0.07
1.0	0.11	-1.30	2.40	37.02	0.10
1.1	0.14	-1.11	2.79	38.94	0.13
1.2	0.17	-0.91	3.17	40.86	0.18
1.3	0.24	-0.72	3.56	42.78	0.24

score	perc_rank	\mathbf{Z}	stanine	\mathbf{T}	perc_normal
1.4	0.29	-0.53	3.94	44.70	0.30
1.5	0.36	-0.34	4.32	46.62	0.37
1.6	0.41	-0.15	4.71	48.54	0.44
1.7	0.47	0.05	5.09	50.46	0.52
1.8	0.60	0.24	5.47	52.37	0.59
1.9	0.66	0.43	5.86	54.29	0.67
2.0	0.77	0.62	6.24	56.21	0.73
2.1	0.81	0.81	6.63	58.13	0.79
2.2	0.85	1.01	7.01	60.05	0.84
2.3	0.90	1.20	7.39	61.97	0.88
2.4	0.92	1.39	7.78	63.89	0.92
2.5	0.95	1.58	8.16	65.81	0.94
2.6	0.97	1.77	8.55	67.73	0.96
2.7	0.97	1.97	8.93	69.65	0.98
2.8	0.99	2.16	9.00	71.57	0.98
2.9	0.99	2.35	9.00	73.49	0.99
3.0	1.00	2.54	9.00	75.41	0.99

score	$\mathrm{perc}_\mathrm{rank}$	${f z}$	stanine	Τ	perc_normal
0.0	0.01	-2.78	1.00	22.23	0.00
0.1	0.01	-2.61	1.00	23.91	0.00
0.2	0.02	-2.44	1.00	25.60	0.01
0.3	0.02	-2.27	1.00	27.29	0.01
0.4	0.03	-2.10	1.00	28.98	0.02
0.5	0.05	-1.93	1.13	30.67	0.03
0.6	0.05	-1.76	1.47	32.36	0.04
0.7	0.08	-1.60	1.81	34.05	0.06
0.8	0.08	-1.43	2.15	35.74	0.08
0.9	0.11	-1.26	2.49	37.43	0.10
1.0	0.16	-1.09	2.82	39.12	0.14
1.1	0.16	-0.92	3.16	40.81	0.18
1.2	0.23	-0.75	3.50	42.49	0.23
1.3	0.23	-0.58	3.84	44.18	0.28
1.4	0.32	-0.41	4.17	45.87	0.34
1.5	0.42	-0.24	4.51	47.56	0.40
1.6	0.42	-0.07	4.85	49.25	0.47
1.7	0.55	0.09	5.19	50.94	0.54
1.8	0.55	0.26	5.53	52.63	0.60
1.9	0.68	0.43	5.86	54.32	0.67
2.0	0.80	0.60	6.20	56.01	0.73
2.1	0.80	0.77	6.54	57.70	0.78
2.2	0.86	0.94	6.88	59.38	0.83
2.3	0.86	1.11	7.21	61.07	0.87
2.4	0.91	1.28	7.55	62.76	0.90
2.5	0.95	1.45	7.89	64.45	0.93
2.6	0.95	1.61	8.23	66.14	0.95
2.7	0.97	1.78	8.57	67.83	0.96
2.8	0.97	1.95	8.90	69.52	0.97
2.9	0.98	2.12	9.00	71.21	0.98

score	perc_rank	Z	stanine	Т	perc_normal
3.0	1.00	2.29	9.00	72.90	0.99

Γ	Γ	stanine	Z	perc_rank	score
1	21.61	1.00	-2.84	0.01	0.0
9	23.29	1.00	-2.67	0.01	0.1
6	24.96	1.00	-2.50	0.02	0.2
3	26.63	1.00	-2.34	0.02	0.3
1	28.31	1.00	-2.17	0.02	0.4
8	29.98	1.00	-2.00	0.03	0.5
5	31.65	1.33	-1.83	0.05	0.6
3	33.33	1.67	-1.67	0.05	0.7
0	35.00	2.00	-1.50	0.07	0.8
7	36.67	2.33	-1.33	0.10	0.9
5	38.35	2.67	-1.17	0.15	1.0
2	40.02	3.00	-1.00	0.15	1.1
9	41.69	3.34	-0.83	0.20	1.2
7	43.37	3.67	-0.66	0.27	1.3
4	45.04	4.01	-0.50	0.27	1.4
2	46.72	4.34	-0.33	0.35	1.5
9	48.39	4.68	-0.16	0.43	1.6
6	50.06	5.01	0.01	0.43	1.7
4	51.74	5.35	0.17	0.53	1.8
1	53.41	5.68	0.34	0.64	1.9
8	55.08	6.02	0.51	0.76	2.0
6	56.76	6.35	0.68	0.76	2.1
3	58.43	6.69	0.84	0.83	2.2
0	60.10	7.02	1.01	0.87	2.3
8	61.78	7.36	1.18	0.87	2.4
5	63.45	7.69	1.35	0.91	2.5
3	65.13	8.03	1.51	0.95	2.6
0	66.80	8.36	1.68	0.95	2.7
7	68.47	8.69	1.85	0.96	2.8
5	70.15	9.00	2.01	0.98	2.9
2	71.82	9.00	2.18	1.00	3.0

Group: Once every couple of years $fmi13_mean$

perc_normal	Т	stanine	Z	perc_rank	score
0.00	13.26	1.00	-3.67	0.00	0.0
0.00	15.41	1.00	-3.46	0.00	0.1
0.00	17.56	1.00	-3.24	0.00	0.2
0.00	19.72	1.00	-3.03	0.00	0.3
0.00	21.87	1.00	-2.81	0.00	0.4
0.00	24.02	1.00	-2.60	0.00	0.5
0.01	26.17	1.00	-2.38	0.00	0.6
0.02	28.32	1.00	-2.17	0.00	0.7
0.03	30.47	1.09	-1.95	0.00	0.8

score	perc_rank	Z	stanine	Т	perc_normal
0.9	0.00	-1.74	1.52	32.62	0.04
1.0	0.07	-1.52	1.96	34.78	0.06
1.1	0.09	-1.31	2.39	36.93	0.10
1.2	0.14	-1.09	2.82	39.08	0.14
1.3	0.23	-0.88	3.25	41.23	0.19
1.4	0.28	-0.66	3.68	43.38	0.25
1.5	0.37	-0.45	4.11	45.53	0.33
1.6	0.48	-0.23	4.54	47.68	0.41
1.7	0.51	-0.02	4.97	49.84	0.49
1.8	0.60	0.20	5.40	51.99	0.58
1.9	0.63	0.41	5.83	54.14	0.66
2.0	0.73	0.63	6.26	56.29	0.74
2.1	0.80	0.84	6.69	58.44	0.80
2.2	0.87	1.06	7.12	60.59	0.86
2.3	0.92	1.27	7.55	62.74	0.90
2.4	0.92	1.49	7.98	64.90	0.93
2.5	0.95	1.70	8.41	67.05	0.96
2.6	0.97	1.92	8.84	69.20	0.97
2.7	0.97	2.14	9.00	71.35	0.98
2.8	0.99	2.35	9.00	73.50	0.99
2.9	0.99	2.57	9.00	75.65	0.99
3.0	1.00	2.78	9.00	77.80	1.00

score	perc_rank	\mathbf{z}	stanine	T	perc_normal
0.0	0.00	-2.91	1.00	20.88	0.00
0.1	0.00	-2.74	1.00	22.58	0.00
0.2	0.00	-2.57	1.00	24.29	0.01
0.3	0.00	-2.40	1.00	26.00	0.01
0.4	0.00	-2.23	1.00	27.70	0.01
0.5	0.00	-2.06	1.00	29.41	0.02
0.6	0.00	-1.89	1.22	31.11	0.03
0.7	0.05	-1.72	1.56	32.82	0.04
0.8	0.05	-1.55	1.90	34.52	0.06
0.9	0.10	-1.38	2.25	36.23	0.08
1.0	0.17	-1.21	2.59	37.94	0.11
1.1	0.17	-1.04	2.93	39.64	0.15
1.2	0.22	-0.87	3.27	41.35	0.19
1.3	0.22	-0.69	3.61	43.05	0.24
1.4	0.29	-0.52	3.95	44.76	0.30
1.5	0.45	-0.35	4.29	46.46	0.36
1.6	0.45	-0.18	4.63	48.17	0.43
1.7	0.56	-0.01	4.97	49.87	0.49
1.8	0.56	0.16	5.32	51.58	0.56
1.9	0.63	0.33	5.66	53.29	0.63
2.0	0.72	0.50	6.00	54.99	0.69
2.1	0.72	0.67	6.34	56.70	0.75
2.2	0.81	0.84	6.68	58.40	0.80
2.3	0.81	1.01	7.02	60.11	0.84
2.4	0.92	1.18	7.36	61.81	0.88

score	perc_rank	\mathbf{z}	stanine	Τ	perc_normal
2.5	0.93	1.35	7.70	63.52	0.91
2.6	0.93	1.52	8.04	65.22	0.94
2.7	0.93	1.69	8.39	66.93	0.95
2.8	0.93	1.86	8.73	68.64	0.97
2.9	0.97	2.03	9.00	70.34	0.98
3.0	1.00	2.20	9.00	72.05	0.99

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.30	1.00	17.03	0.00
0.1	0.00	-3.11	1.00	18.92	0.00
0.2	0.00	-2.92	1.00	20.82	0.00
0.3	0.01	-2.73	1.00	22.71	0.00
0.4	0.01	-2.54	1.00	24.60	0.01
0.5	0.01	-2.35	1.00	26.50	0.01
0.6	0.01	-2.16	1.00	28.39	0.02
0.7	0.01	-1.97	1.06	30.29	0.02
0.8	0.01	-1.78	1.44	32.18	0.04
0.9	0.05	-1.59	1.81	34.07	0.06
1.0	0.12	-1.40	2.19	35.97	0.08
1.1	0.12	-1.21	2.57	37.86	0.11
1.2	0.15	-1.02	2.95	39.76	0.15
1.3	0.21	-0.84	3.33	41.65	0.20
1.4	0.21	-0.65	3.71	43.54	0.26
1.5	0.35	-0.46	4.09	45.44	0.32
1.6	0.45	-0.27	4.47	47.33	0.39
1.7	0.45	-0.08	4.85	49.23	0.47
1.8	0.55	0.11	5.22	51.12	0.54
1.9	0.63	0.30	5.60	53.01	0.62
2.0	0.74	0.49	5.98	54.91	0.69
2.1	0.74	0.68	6.36	56.80	0.75
2.2	0.84	0.87	6.74	58.70	0.81
2.3	0.87	1.06	7.12	60.59	0.86
2.4	0.87	1.25	7.50	62.48	0.89
2.5	0.93	1.44	7.88	64.38	0.92
2.6	0.95	1.63	8.25	66.27	0.95
2.7	0.95	1.82	8.63	68.17	0.97
2.8	0.97	2.01	9.00	70.06	0.98
2.9	0.97	2.20	9.00	71.95	0.99
3.0	1.00	2.38	9.00	73.85	0.99

Group: Multiple retreats per year $fmi13_mean$

perc_normal	Τ	stanine	Z	perc_rank	score
0.00	7.83	1.00	-4.22	0.00	0.0
0.00	10.15	1.00	-3.99	0.00	0.1
0.00	12.47	1.00	-3.75	0.00	0.2
0.00	14.79	1.00	-3.52	0.00	0.3

score	perc rank	Z	stanine	T	perc_normal
	<u> </u>				
0.4	0.00	-3.29	1.00	17.11	0.00
0.5	0.00	-3.06	1.00	19.43	0.00
0.6	0.00	-2.82	1.00	21.75	0.00
0.7	0.00	-2.59	1.00	24.07	0.00
0.8	0.02	-2.36	1.00	26.39	0.01
0.9	0.02	-2.13	1.00	28.71	0.02
1.0	0.03	-1.90	1.21	31.04	0.03
1.1	0.07	-1.66	1.67	33.36	0.05
1.2	0.09	-1.43	2.14	35.68	0.08
1.3	0.13	-1.20	2.60	38.00	0.12
1.4	0.16	-0.97	3.06	40.32	0.17
1.5	0.22	-0.74	3.53	42.64	0.23
1.6	0.28	-0.50	3.99	44.96	0.31
1.7	0.34	-0.27	4.46	47.28	0.39
1.8	0.51	-0.04	4.92	49.60	0.48
1.9	0.59	0.19	5.38	51.92	0.58
2.0	0.76	0.42	5.85	54.24	0.66
2.1	0.78	0.66	6.31	56.57	0.74
2.2	0.80	0.89	6.78	58.89	0.81
2.3	0.90	1.12	7.24	61.21	0.87
2.4	0.91	1.35	7.71	63.53	0.91
2.5	0.93	1.58	8.17	65.85	0.94
2.6	0.95	1.82	8.63	68.17	0.97
2.7	0.97	2.05	9.00	70.49	0.98
2.8	0.99	2.28	9.00	72.81	0.99
2.9	0.99	2.51	9.00	75.13	0.99
3.0	1.00	2.75	9.00	77.45	1.00
	1.00		3.00	10	1.00

score	perc_rank	Z	stanine	Τ	perc_normal
0.0	0.00	-3.71	1.00	12.89	0.00
0.1	0.00	-3.51	1.00	14.90	0.00
0.2	0.00	-3.31	1.00	16.92	0.00
0.3	0.00	-3.11	1.00	18.93	0.00
0.4	0.01	-2.91	1.00	20.95	0.00
0.5	0.01	-2.70	1.00	22.96	0.00
0.6	0.01	-2.50	1.00	24.98	0.01
0.7	0.02	-2.30	1.00	26.99	0.01
0.8	0.02	-2.10	1.00	29.01	0.02
0.9	0.03	-1.90	1.20	31.02	0.03
1.0	0.08	-1.70	1.61	33.03	0.04
1.1	0.08	-1.50	2.01	35.05	0.07
1.2	0.12	-1.29	2.41	37.06	0.10
1.3	0.12	-1.09	2.82	39.08	0.14
1.4	0.18	-0.89	3.22	41.09	0.19
1.5	0.28	-0.69	3.62	43.11	0.25
1.6	0.28	-0.49	4.02	45.12	0.31
1.7	0.39	-0.29	4.43	47.14	0.39
1.8	0.39	-0.08	4.83	49.15	0.47
1.9	0.52	0.12	5.23	51.17	0.55

score	perc_rank	Z	stanine	Т	perc_normal
2.0	0.75	0.32	5.64	53.18	0.62
2.1	0.75	0.52	6.04	55.20	0.70
2.2	0.84	0.72	6.44	57.21	0.76
2.3	0.84	0.92	6.85	59.23	0.82
2.4	0.86	1.12	7.25	61.24	0.87
2.5	0.92	1.33	7.65	63.26	0.91
2.6	0.92	1.53	8.05	65.27	0.94
2.7	0.97	1.73	8.46	67.29	0.96
2.8	0.97	1.93	8.86	69.30	0.97
2.9	0.98	2.13	9.00	71.32	0.98
3.0	1.00	2.33	9.00	73.33	0.99

score	perc_rank	\mathbf{z}	stanine	Τ	perc_normal
0.0	0.00	-3.80	1.00	11.98	0.00
0.1	0.00	-3.59	1.00	14.08	0.00
0.2	0.00	-3.38	1.00	16.18	0.00
0.3	0.00	-3.17	1.00	18.27	0.00
0.4	0.00	-2.96	1.00	20.37	0.00
0.5	0.00	-2.75	1.00	22.47	0.00
0.6	0.00	-2.54	1.00	24.57	0.01
0.7	0.00	-2.33	1.00	26.67	0.01
0.8	0.02	-2.12	1.00	28.77	0.02
0.9	0.03	-1.91	1.17	30.87	0.03
1.0	0.09	-1.70	1.59	32.97	0.04
1.1	0.09	-1.49	2.01	35.07	0.07
1.2	0.11	-1.28	2.43	37.16	0.10
1.3	0.18	-1.07	2.85	39.26	0.14
1.4	0.18	-0.86	3.27	41.36	0.19
1.5	0.23	-0.65	3.69	43.46	0.26
1.6	0.33	-0.44	4.11	45.56	0.33
1.7	0.33	-0.23	4.53	47.66	0.41
1.8	0.43	-0.02	4.95	49.76	0.49
1.9	0.60	0.19	5.37	51.86	0.57
2.0	0.75	0.40	5.79	53.95	0.65
2.1	0.75	0.61	6.21	56.05	0.73
2.2	0.84	0.82	6.63	58.15	0.79
2.3	0.88	1.03	7.05	60.25	0.85
2.4	0.88	1.24	7.47	62.35	0.89
2.5	0.91	1.44	7.89	64.45	0.93
2.6	0.93	1.65	8.31	66.55	0.95
2.7	0.93	1.86	8.73	68.65	0.97
2.8	0.99	2.07	9.00	70.75	0.98
2.9	0.99	2.28	9.00	72.84	0.99
3.0	1.00	2.49	9.00	74.94	0.99

Group: Rarely fmi13_mean

score	perc_rank	Z	stanine	Τ	perc_normal
0.0	0.00	-3.42	1.00	15.83	0.00
0.1	0.00	-3.24	1.00	17.64	0.00
0.2	0.00	-3.05	1.00	19.45	0.00
0.3	0.01	-2.87	1.00	21.27	0.00
0.4	0.01	-2.69	1.00	23.08	0.00
0.5	0.04	-2.51	1.00	24.89	0.01
0.6	0.04	-2.33	1.00	26.70	0.01
0.7	0.04	-2.15	1.00	28.52	0.02
0.8	0.05	-1.97	1.07	30.33	0.02
0.9	0.05	-1.79	1.43	32.14	0.04
1.0	0.05	-1.60	1.79	33.95	0.05
1.1	0.08	-1.42	2.15	35.77	0.08
1.2	0.08	-1.24	2.52	37.58	0.11
1.3	0.09	-1.06	2.88	39.39	0.14
1.4	0.13	-0.88	3.24	41.21	0.19
1.5	0.24	-0.70	3.60	43.02	0.24
1.6	0.30	-0.52	3.97	44.83	0.30
1.7	0.35	-0.34	4.33	46.64	0.37
1.8	0.44	-0.15	4.69	48.46	0.44
1.9	0.49	0.03	5.05	50.27	0.51
2.0	0.63	0.21	5.42	52.08	0.58
2.1	0.68	0.39	5.78	53.89	0.65
2.2	0.71	0.57	6.14	55.71	0.72
2.3	0.77	0.75	6.50	57.52	0.77
2.4	0.80	0.93	6.87	59.33	0.82
2.5	0.89	1.11	7.23	61.14	0.87
2.6	0.90	1.30	7.59	62.96	0.90
2.7	0.90	1.48	7.95	64.77	0.93
2.8	1.00	1.66	8.32	66.58	0.95
2.9	1.00	1.84	8.68	68.40	0.97
3.0	1.00	2.02	9.00	70.21	0.98

score	perc_rank	Z	stanine	\mathbf{T}	perc_normal
0.0	0.03	-2.85	1.00	21.48	0.00
0.1	0.03	-2.71	1.00	22.95	0.00
0.2	0.04	-2.56	1.00	24.42	0.01
0.3	0.04	-2.41	1.00	25.90	0.01
0.4	0.04	-2.26	1.00	27.37	0.01
0.5	0.04	-2.12	1.00	28.84	0.02
0.6	0.04	-1.97	1.06	30.31	0.02
0.7	0.05	-1.82	1.36	31.79	0.03
0.8	0.05	-1.67	1.65	33.26	0.05
0.9	0.05	-1.53	1.95	34.73	0.06
1.0	0.08	-1.38	2.24	36.20	0.08
1.1	0.08	-1.23	2.54	37.68	0.11
1.2	0.15	-1.08	2.83	39.15	0.14
1.3	0.15	-0.94	3.12	40.62	0.17
1.4	0.19	-0.79	3.42	42.10	0.21
1.5	0.28	-0.64	3.71	43.57	0.26

score	perc_rank	Z	stanine	Т	perc_normal
1.6	0.28	-0.50	4.01	45.04	0.31
1.7	0.35	-0.35	4.30	46.51	0.36
1.8	0.35	-0.20	4.60	47.99	0.42
1.9	0.46	-0.05	4.89	49.46	0.48
2.0	0.58	0.09	5.19	50.93	0.54
2.1	0.58	0.24	5.48	52.40	0.60
2.2	0.68	0.39	5.78	53.88	0.65
2.3	0.68	0.54	6.07	55.35	0.70
2.4	0.76	0.68	6.36	56.82	0.75
2.5	0.82	0.83	6.66	58.30	0.80
2.6	0.82	0.98	6.95	59.77	0.84
2.7	0.87	1.12	7.25	61.24	0.87
2.8	0.87	1.27	7.54	62.71	0.90
2.9	0.91	1.42	7.84	64.19	0.92
3.0	1.00	1.57	8.13	65.66	0.94

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.09	1.00	19.08	0.00
0.1	0.00	-2.93	1.00	20.68	0.00
0.2	0.01	-2.77	1.00	22.28	0.00
0.3	0.03	-2.61	1.00	23.88	0.00
0.4	0.03	-2.45	1.00	25.48	0.01
0.5	0.03	-2.29	1.00	27.08	0.01
0.6	0.05	-2.13	1.00	28.68	0.02
0.7	0.05	-1.97	1.06	30.28	0.02
0.8	0.05	-1.81	1.37	31.87	0.03
0.9	0.05	-1.65	1.69	33.47	0.05
1.0	0.05	-1.49	2.01	35.07	0.07
1.1	0.05	-1.33	2.33	36.67	0.09
1.2	0.09	-1.17	2.65	38.27	0.12
1.3	0.15	-1.01	2.97	39.87	0.16
1.4	0.15	-0.85	3.29	41.47	0.20
1.5	0.24	-0.69	3.61	43.07	0.24
1.6	0.29	-0.53	3.93	44.67	0.30
1.7	0.29	-0.37	4.25	46.27	0.35
1.8	0.41	-0.21	4.57	47.87	0.42
1.9	0.47	-0.05	4.89	49.47	0.48
2.0	0.63	0.11	5.21	51.07	0.54
2.1	0.63	0.27	5.53	52.67	0.61
2.2	0.70	0.43	5.85	54.27	0.67
2.3	0.76	0.59	6.17	55.87	0.72
2.4	0.76	0.75	6.49	57.47	0.77
2.5	0.78	0.91	6.81	59.07	0.82
2.6	0.85	1.07	7.13	60.67	0.86
2.7	0.85	1.23	7.45	62.27	0.89
2.8	0.90	1.39	7.77	63.87	0.92
2.9	0.94	1.55	8.09	65.47	0.94
3.0	1.00	1.71	8.41	67.07	0.96

Group: Once a year \$fmi13_mean

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.76	1.00	12.37	0.00
0.1	0.00	-3.54	1.00	14.57	0.00
0.2	0.00	-3.32	1.00	16.77	0.00
0.3	0.00	-3.10	1.00	18.96	0.00
0.4	0.00	-2.88	1.00	21.16	0.00
0.5	0.00	-2.66	1.00	23.36	0.00
0.6	0.02	-2.44	1.00	25.56	0.01
0.7	0.02	-2.22	1.00	27.76	0.01
0.8	0.02	-2.00	1.00	29.96	0.02
0.9	0.02	-1.78	1.43	32.15	0.04
1.0	0.07	-1.56	1.87	34.35	0.06
1.1	0.07	-1.34	2.31	36.55	0.09
1.2	0.10	-1.13	2.75	38.75	0.13
1.3	0.14	-0.91	3.19	40.95	0.18
1.4	0.21	-0.69	3.63	43.15	0.25
1.5	0.38	-0.47	4.07	45.34	0.32
1.6	0.45	-0.25	4.51	47.54	0.40
1.7	0.52	-0.03	4.95	49.74	0.49
1.8	0.66	0.19	5.39	51.94	0.58
1.9	0.67	0.41	5.83	54.14	0.66
2.0	0.79	0.63	6.27	56.33	0.74
2.1	0.83	0.85	6.71	58.53	0.80
2.2	0.83	1.07	7.15	60.73	0.86
2.3	0.90	1.29	7.59	62.93	0.90
2.4	0.91	1.51	8.03	65.13	0.93
2.5	0.95	1.73	8.47	67.33	0.96
2.6	0.97	1.95	8.90	69.52	0.97
2.7	0.98	2.17	9.00	71.72	0.99
2.8	0.98	2.39	9.00	73.92	0.99
2.9	0.98	2.61	9.00	76.12	1.00
3.0	1.00	2.83	9.00	78.32	1.00

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.04	1.00	19.58	0.00
0.1	0.00	-2.86	1.00	21.39	0.00
0.2	0.02	-2.68	1.00	23.20	0.00
0.3	0.02	-2.50	1.00	25.01	0.01
0.4	0.02	-2.32	1.00	26.82	0.01
0.5	0.02	-2.14	1.00	28.63	0.02
0.6	0.02	-1.96	1.09	30.44	0.03
0.7	0.03	-1.78	1.45	32.25	0.04
0.8	0.03	-1.59	1.81	34.06	0.06
0.9	0.05	-1.41	2.17	35.87	0.08
1.0	0.14	-1.23	2.54	37.68	0.11
1.1	0.14	-1.05	2.90	39.49	0.15
1.2	0.21	-0.87	3.26	41.29	0.19
1.3	0.21	-0.69	3.62	43.10	0.25

score	perc_rank	\mathbf{z}	stanine	${ m T}$	perc_normal
1.4	0.33	-0.51	3.98	44.91	0.31
1.5	0.43	-0.33	4.34	46.72	0.37
1.6	0.43	-0.15	4.71	48.53	0.44
1.7	0.57	0.03	5.07	50.34	0.51
1.8	0.57	0.22	5.43	52.15	0.59
1.9	0.67	0.40	5.79	53.96	0.65
2.0	0.79	0.58	6.15	55.77	0.72
2.1	0.79	0.76	6.52	57.58	0.78
2.2	0.86	0.94	6.88	59.39	0.83
2.3	0.86	1.12	7.24	61.20	0.87
2.4	0.88	1.30	7.60	63.01	0.90
2.5	0.95	1.48	7.96	64.82	0.93
2.6	0.95	1.66	8.33	66.63	0.95
2.7	0.97	1.84	8.69	68.44	0.97
2.8	0.97	2.02	9.00	70.25	0.98
2.9	0.98	2.21	9.00	72.06	0.99
3.0	1.00	2.39	9.00	73.87	0.99

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.50	1.00	14.98	0.00
0.1	0.00	-3.30	1.00	17.00	0.00
0.2	0.00	-3.10	1.00	19.02	0.00
0.3	0.00	-2.90	1.00	21.04	0.00
0.4	0.00	-2.69	1.00	23.06	0.00
0.5	0.00	-2.49	1.00	25.08	0.01
0.6	0.00	-2.29	1.00	27.10	0.01
0.7	0.00	-2.09	1.00	29.12	0.02
0.8	0.02	-1.89	1.23	31.14	0.03
0.9	0.03	-1.68	1.63	33.16	0.05
1.0	0.09	-1.48	2.04	35.18	0.07
1.1	0.09	-1.28	2.44	37.20	0.10
1.2	0.10	-1.08	2.84	39.22	0.14
1.3	0.19	-0.88	3.25	41.24	0.19
1.4	0.19	-0.67	3.65	43.26	0.25
1.5	0.31	-0.47	4.05	45.27	0.32
1.6	0.53	-0.27	4.46	47.29	0.39
1.7	0.53	-0.07	4.86	49.31	0.47
1.8	0.57	0.13	5.27	51.33	0.55
1.9	0.69	0.34	5.67	53.35	0.63
2.0	0.79	0.54	6.07	55.37	0.70
2.1	0.79	0.74	6.48	57.39	0.77
2.2	0.86	0.94	6.88	59.41	0.83
2.3	0.91	1.14	7.29	61.43	0.87
2.4	0.91	1.34	7.69	63.45	0.91
2.5	0.91	1.55	8.09	65.47	0.94
2.6	0.93	1.75	8.50	67.49	0.96
2.7	0.93	1.95	8.90	69.51	0.97
2.8	0.93	2.15	9.00	71.53	0.98
2.9	0.98	2.35	9.00	73.55	0.99

score	perc_rank	Z	stanine	Т	perc_normal
3.0	1.00	2.56	9.00	75.57	0.99

6.4 Split by Vipassana continuously

6.4.1 Stats

describe_fmi_stats(var = Vip_regel)

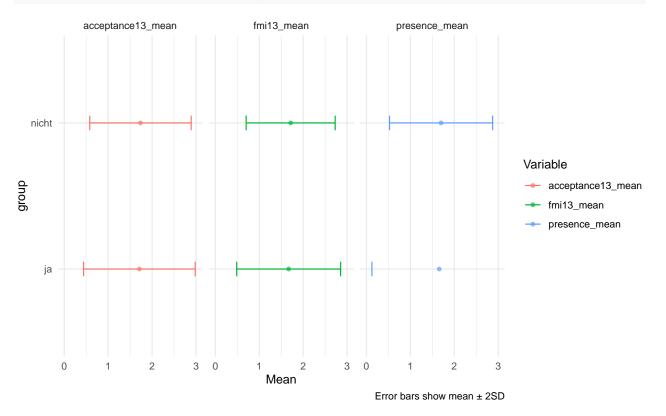
Table 45: Vip_regel=ja

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	meah71	0.57	0.64	(0.29, 3.00)	1.43, 2.14	-0.02	0.04	33	0
$fmi13_mean$	1.67	0.56	0.59	(0.43, 2.79)	1.36, 2.14	-0.21	0.02	33	0
presence_mean	n 1.66	0.55	0.77	(0.00, 3.00)	1.33, 2.17	-0.37	-0.18	33	0

Table 46: Vip_regel=nicht

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	_mealn73	0.58	0.58	(0.00, 3.00)	1.43, 2.00	-0.22	0.28	979	0
$fmi13_mean$	1.71	0.57	0.51	(0.21, 3.00)	1.36, 2.00	-0.14	0.16	979	0
presence_mea	n 1.70	0.57	0.59	(0.00, 3.00)	1.33, 2.00	-0.22	0.19	979	0





6.4.2 Norms

```
for (i in unique(d2$Vip_regel)) {
  cat("Group: ", i, "\n")
  d2 %>%
    filter(Vip_regel == i) %>%
    select(ends_with("_mean")) %>%
    map(~ knitr::kable(compute_all_norms(., min_score = 0, max_score = 3, by = .1), digits = 2)) %>%
    print()
}
```

Group: nicht $fmi13_mean$

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.00	-3.39	1.00	16.14	0.00
0.1	0.00	-3.19	1.00	18.11	0.00
0.2	0.00	-2.99	1.00	20.09	0.00
0.3	0.01	-2.79	1.00	22.06	0.00
0.4	0.01	-2.60	1.00	24.04	0.00
0.5	0.01	-2.40	1.00	26.01	0.01
0.6	0.02	-2.20	1.00	27.99	0.01
0.7	0.03	-2.00	1.00	29.96	0.02
0.8	0.04	-1.81	1.39	31.93	0.04
0.9	0.05	-1.61	1.78	33.91	0.05
1.0	0.09	-1.41	2.18	35.88	0.08
1.1	0.12	-1.21	2.57	37.86	0.11
1.2	0.15	-1.02	2.97	39.83	0.15
1.3	0.21	-0.82	3.36	41.81	0.21
1.4	0.25	-0.62	3.76	43.78	0.27
1.5	0.34	-0.42	4.15	45.76	0.34
1.6	0.39	-0.23	4.55	47.73	0.41
1.7	0.45	-0.03	4.94	49.70	0.49
1.8	0.58	0.17	5.34	51.68	0.57
1.9	0.63	0.37	5.73	53.65	0.64
2.0	0.76	0.56	6.13	55.63	0.71
2.1	0.80	0.76	6.52	57.60	0.78
2.2	0.83	0.96	6.92	59.58	0.83
2.3	0.89	1.16	7.31	61.55	0.88
2.4	0.91	1.35	7.71	63.53	0.91
2.5	0.95	1.55	8.10	65.50	0.94
2.6	0.96	1.75	8.50	67.48	0.96
2.7	0.97	1.94	8.89	69.45	0.97
2.8	0.99	2.14	9.00	71.42	0.98
2.9	0.99	2.34	9.00	73.40	0.99
3.0	1.00	2.54	9.00	75.37	0.99

\$presence_mean

score	$perc_rank$	\mathbf{z}	stanine	${ m T}$	perc_normal
0.0	0.01	-2.90	1.00	21.04	0.00
0.1	0.01	-2.73	1.00	22.75	0.00
0.2	0.01	-2.55	1.00	24.45	0.01

score	perc_rank	Z	stanine	Т	perc_normal
0.3	0.01	-2.38	1.00	26.16	0.01
0.4	0.02	-2.21	1.00	27.86	0.01
0.5	0.04	-2.04	1.00	29.56	0.02
0.6	0.04	-1.87	1.25	31.27	0.03
0.7	0.06	-1.70	1.59	32.97	0.04
0.8	0.06	-1.53	1.94	34.68	0.06
0.9	0.09	-1.36	2.28	36.38	0.09
1.0	0.14	-1.19	2.62	38.09	0.12
1.1	0.14	-1.02	2.96	39.79	0.15
1.2	0.21	-0.85	3.30	41.50	0.20
1.3	0.21	-0.68	3.64	43.20	0.25
1.4	0.29	-0.51	3.98	44.91	0.31
1.5	0.40	-0.34	4.32	46.61	0.37
1.6	0.40	-0.17	4.66	48.32	0.43
1.7	0.51	0.00	5.00	50.02	0.50
1.8	0.51	0.17	5.35	51.73	0.57
1.9	0.64	0.34	5.69	53.43	0.63
2.0	0.77	0.51	6.03	55.14	0.70
2.1	0.77	0.68	6.37	56.84	0.75
2.2	0.84	0.85	6.71	58.55	0.80
2.3	0.84	1.03	7.05	60.25	0.85
2.4	0.89	1.20	7.39	61.96	0.88
2.5	0.94	1.37	7.73	63.66	0.91
2.6	0.94	1.54	8.07	65.37	0.94
2.7	0.96	1.71	8.41	67.07	0.96
2.8	0.96	1.88	8.76	68.78	0.97
2.9	0.98	2.05	9.00	70.48	0.98
3.0	1.00	2.22	9.00	72.19	0.99

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.01	-3.00	1.00	19.96	0.00
0.1	0.01	-2.83	1.00	21.69	0.00
0.2	0.01	-2.66	1.00	23.42	0.00
0.3	0.02	-2.48	1.00	25.15	0.01
0.4	0.02	-2.31	1.00	26.88	0.01
0.5	0.03	-2.14	1.00	28.62	0.02
0.6	0.03	-1.97	1.07	30.35	0.02
0.7	0.03	-1.79	1.42	32.08	0.04
0.8	0.05	-1.62	1.76	33.81	0.05
0.9	0.08	-1.45	2.11	35.54	0.07
1.0	0.13	-1.27	2.46	37.28	0.10
1.1	0.13	-1.10	2.80	39.01	0.14
1.2	0.17	-0.93	3.15	40.74	0.18
1.3	0.24	-0.75	3.49	42.47	0.23
1.4	0.24	-0.58	3.84	44.20	0.28
1.5	0.33	-0.41	4.19	45.93	0.34
1.6	0.42	-0.23	4.53	47.67	0.41
1.7	0.42	-0.06	4.88	49.40	0.48
1.8	0.51	0.11	5.23	51.13	0.55

score	perc_rank	\mathbf{z}	stanine	Т	perc_normal
1.9	0.63	0.29	5.57	52.86	0.61
2.0	0.75	0.46	5.92	54.59	0.68
2.1	0.75	0.63	6.27	56.33	0.74
2.2	0.82	0.81	6.61	58.06	0.79
2.3	0.87	0.98	6.96	59.79	0.84
2.4	0.87	1.15	7.30	61.52	0.88
2.5	0.90	1.33	7.65	63.25	0.91
2.6	0.94	1.50	8.00	64.99	0.93
2.7	0.94	1.67	8.34	66.72	0.95
2.8	0.96	1.85	8.69	68.45	0.97
2.9	0.98	2.02	9.00	70.18	0.98
3.0	1.00	2.19	9.00	71.91	0.99

Group: ja \$fmi13_mean

score	perc_rank	Z	stanine	Τ	perc_normal
0.0	0.00	-2.82	1.00	21.78	0.00
0.1	0.00	-2.65	1.00	23.47	0.00
0.2	0.00	-2.48	1.00	25.16	0.01
0.3	0.00	-2.31	1.00	26.85	0.01
0.4	0.00	-2.15	1.00	28.55	0.02
0.5	0.06	-1.98	1.05	30.24	0.02
0.6	0.09	-1.81	1.39	31.93	0.04
0.7	0.09	-1.64	1.72	33.62	0.05
0.8	0.09	-1.47	2.06	35.31	0.07
0.9	0.09	-1.30	2.40	37.00	0.10
1.0	0.12	-1.13	2.74	38.69	0.13
1.1	0.12	-0.96	3.08	40.38	0.17
1.2	0.12	-0.79	3.41	42.07	0.21
1.3	0.21	-0.62	3.75	43.76	0.27
1.4	0.27	-0.45	4.09	45.45	0.32
1.5	0.39	-0.29	4.43	47.15	0.39
1.6	0.52	-0.12	4.77	48.84	0.45
1.7	0.52	0.05	5.11	50.53	0.52
1.8	0.70	0.22	5.44	52.22	0.59
1.9	0.73	0.39	5.78	53.91	0.65
2.0	0.73	0.56	6.12	55.60	0.71
2.1	0.73	0.73	6.46	57.29	0.77
2.2	0.79	0.90	6.80	58.98	0.82
2.3	0.85	1.07	7.13	60.67	0.86
2.4	0.88	1.24	7.47	62.36	0.89
2.5	0.94	1.41	7.81	64.05	0.92
2.6	0.94	1.57	8.15	65.75	0.94
2.7	0.94	1.74	8.49	67.44	0.96
2.8	1.00	1.91	8.83	69.13	0.97
2.9	1.00	2.08	9.00	70.82	0.98
3.0	1.00	2.25	9.00	72.51	0.99

 ${\tt \$presence_mean}$

score	perc_rank	Z	stanine	Т	perc_normal
0.0	0.03	-2.16	1.00	28.37	0.02
0.1	0.03	-2.03	1.00	29.68	0.02
0.2	0.09	-1.90	1.20	30.98	0.03
0.3	0.09	-1.77	1.46	32.29	0.04
0.4	0.09	-1.64	1.72	33.59	0.05
0.5	0.09	-1.51	1.98	34.90	0.07
0.6	0.09	-1.38	2.24	36.21	0.08
0.7	0.12	-1.25	2.50	37.51	0.11
0.8	0.12	-1.12	2.76	38.82	0.13
0.9	0.15	-0.99	3.02	40.12	0.16
1.0	0.21	-0.86	3.29	41.43	0.20
1.1	0.21	-0.73	3.55	42.73	0.23
1.2	0.24	-0.60	3.81	44.04	0.28
1.3	0.24	-0.47	4.07	45.34	0.32
1.4	0.30	-0.33	4.33	46.65	0.37
1.5	0.45	-0.20	4.59	47.96	0.42
1.6	0.45	-0.07	4.85	49.26	0.47
1.7	0.58	0.06	5.11	50.57	0.52
1.8	0.58	0.19	5.37	51.87	0.57
1.9	0.67	0.32	5.64	53.18	0.62
2.0	0.67	0.45	5.90	54.48	0.67
2.1	0.67	0.58	6.16	55.79	0.72
2.2	0.76	0.71	6.42	57.09	0.76
2.3	0.76	0.84	6.68	58.40	0.80
2.4	0.82	0.97	6.94	59.71	0.83
2.5	0.91	1.10	7.20	61.01	0.86
2.6	0.91	1.23	7.46	62.32	0.89
2.7	0.91	1.36	7.72	63.62	0.91
2.8	0.91	1.49	7.99	64.93	0.93
2.9	0.97	1.62	8.25	66.23	0.95
3.0	1.00	1.75	8.51	67.54	0.96

$\$acceptance 13_mean$

score	perc_rank	\mathbf{z}	stanine	Τ	perc_normal
0.0	0.00	-2.69	1.00	23.09	0.00
0.1	0.00	-2.53	1.00	24.66	0.01
0.2	0.00	-2.38	1.00	26.23	0.01
0.3	0.03	-2.22	1.00	27.81	0.01
0.4	0.03	-2.06	1.00	29.38	0.02
0.5	0.03	-1.90	1.19	30.96	0.03
0.6	0.06	-1.75	1.51	32.53	0.04
0.7	0.06	-1.59	1.82	34.10	0.06
0.8	0.09	-1.43	2.14	35.68	0.08
0.9	0.12	-1.27	2.45	37.25	0.10
1.0	0.12	-1.12	2.77	38.83	0.13
1.1	0.12	-0.96	3.08	40.40	0.17
1.2	0.18	-0.80	3.39	41.97	0.21
1.3	0.24	-0.65	3.71	43.55	0.26
1.4	0.24	-0.49	4.02	45.12	0.31
1.5	0.33	-0.33	4.34	46.70	0.37

score	perc_rank	Z	stanine	Т	perc_normal
1.6	0.45	-0.17	4.65	48.27	0.43
1.7	0.45	-0.02	4.97	49.84	0.49
1.8	0.64	0.14	5.28	51.42	0.56
1.9	0.67	0.30	5.60	52.99	0.62
2.0	0.73	0.46	5.91	54.57	0.68
2.1	0.73	0.61	6.23	56.14	0.73
2.2	0.82	0.77	6.54	57.71	0.78
2.3	0.85	0.93	6.86	59.29	0.82
2.4	0.85	1.09	7.17	60.86	0.86
2.5	0.85	1.24	7.49	62.43	0.89
2.6	0.91	1.40	7.80	64.01	0.92
2.7	0.91	1.56	8.12	65.58	0.94
2.8	0.94	1.72	8.43	67.16	0.96
2.9	0.97	1.87	8.75	68.73	0.97
3.0	1.00	2.03	9.00	70.30	0.98

6.5 Split by Age

6.5.1 Stats

Median age in sample?

```
d2$Alter %>% median()

## [1] 49
d2 <-
    d2 %>%
    mutate(age_below_md = if_else(Alter < median(Alter), "young", "old"))

describe_fmi_stats(var = age_below_md)</pre>
```

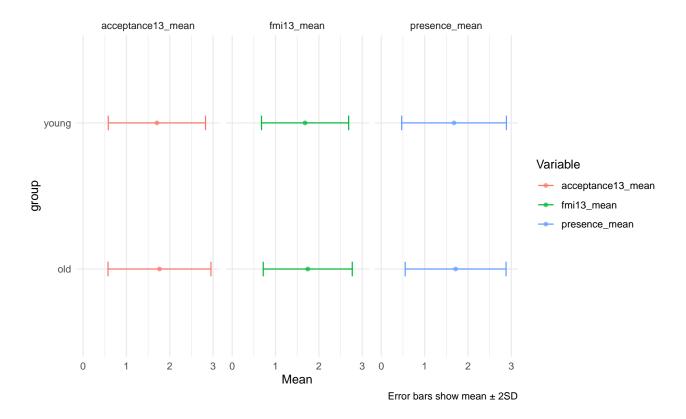
Table 53: $age_below_md=old$

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	mealn76	0.59	0.59	(0.00, 3.00)	1.43, 2.14	-0.38	0.41	526	0
$fmi13_mean$	1.74	0.58	0.51	(0.21, 3.00)	1.43, 2.07	-0.29	0.25	526	0
presence_mean	n 1.71	0.57	0.58	(0.00, 3.00)	1.33, 2.00	-0.38	0.39	526	0

Table 54: age_below_md=young

Variable	Mean	Mean_0	1 SD	Range	Quartiles	Skewness	Kurtosis	n	n_Missing
acceptance13_	mealn70	0.57	0.56	(0.00, 3.00)	1.29, 2.00	-0.03	0.17	486	0
$fmi13_mean$	1.68	0.56	0.50	(0.21, 3.00)	1.36, 2.00	0.01	0.14	486	0
presence_mean	1.68	0.56	0.60	(0.00, 3.00)	1.33, 2.00	-0.09	0.05	486	0

```
plot_fmi_descriptives(var = age_below_md)
```



6.5.2 Norms

```
for (i in unique(d2$age_below_md)) {
  cat("Group: ", i, "\n")
  d2 %>%
    filter(age_below_md == i) %>%
    select(ends_with("_mean")) %>%
    map(~ knitr::kable(compute_all_norms(., min_score = 0, max_score = 3, by = .1), digits = 2)) %>%
    print()
}
```

Group: young \$fmi13_mean

score	perc_rank	\mathbf{z}	stanine	${ m T}$	perc_normal
0.0	0.00	-3.34	1.00	16.56	0.00
0.1	0.00	-3.14	1.00	18.55	0.00
0.2	0.00	-2.95	1.00	20.54	0.00
0.3	0.01	-2.75	1.00	22.53	0.00
0.4	0.01	-2.55	1.00	24.52	0.01
0.5	0.01	-2.35	1.00	26.51	0.01
0.6	0.02	-2.15	1.00	28.50	0.02
0.7	0.02	-1.95	1.10	30.49	0.03
0.8	0.04	-1.75	1.49	32.47	0.04
0.9	0.06	-1.55	1.89	34.46	0.06
1.0	0.09	-1.35	2.29	36.45	0.09
1.1	0.12	-1.16	2.69	38.44	0.12
1.2	0.16	-0.96	3.09	40.43	0.17
1.3	0.22	-0.76	3.48	42.42	0.22

score	perc_rank	Z	stanine	Т	perc_normal
1.4	0.27	-0.56	3.88	44.41	0.29
1.5	0.39	-0.36	4.28	46.40	0.36
1.6	0.45	-0.16	4.68	48.38	0.44
1.7	0.50	0.04	5.07	50.37	0.51
1.8	0.62	0.24	5.47	52.36	0.59
1.9	0.66	0.44	5.87	54.35	0.67
2.0	0.78	0.63	6.27	56.34	0.74
2.1	0.83	0.83	6.67	58.33	0.80
2.2	0.86	1.03	7.06	60.32	0.85
2.3	0.90	1.23	7.46	62.31	0.89
2.4	0.91	1.43	7.86	64.29	0.92
2.5	0.95	1.63	8.26	66.28	0.95
2.6	0.96	1.83	8.65	68.27	0.97
2.7	0.96	2.03	9.00	70.26	0.98
2.8	0.99	2.22	9.00	72.25	0.99
2.9	0.99	2.42	9.00	74.24	0.99
3.0	1.00	2.62	9.00	76.23	1.00

${\tt \$presence_mean}$

score	$\mathrm{perc}_\mathrm{rank}$	${f z}$	stanine	Τ	perc_normal
0.0	0.01	-2.78	1.00	22.23	0.00
0.1	0.01	-2.61	1.00	23.89	0.00
0.2	0.02	-2.45	1.00	25.54	0.01
0.3	0.02	-2.28	1.00	27.20	0.01
0.4	0.02	-2.11	1.00	28.85	0.02
0.5	0.03	-1.95	1.10	30.51	0.03
0.6	0.03	-1.78	1.43	32.16	0.04
0.7	0.07	-1.62	1.76	33.82	0.05
0.8	0.07	-1.45	2.09	35.47	0.07
0.9	0.10	-1.29	2.42	37.12	0.10
1.0	0.15	-1.12	2.76	38.78	0.13
1.1	0.15	-0.96	3.09	40.43	0.17
1.2	0.23	-0.79	3.42	42.09	0.21
1.3	0.23	-0.63	3.75	43.74	0.27
1.4	0.31	-0.46	4.08	45.40	0.32
1.5	0.43	-0.30	4.41	47.05	0.38
1.6	0.43	-0.13	4.74	48.70	0.45
1.7	0.56	0.04	5.07	50.36	0.51
1.8	0.56	0.20	5.40	52.01	0.58
1.9	0.66	0.37	5.73	53.67	0.64
2.0	0.77	0.53	6.06	55.32	0.70
2.1	0.77	0.70	6.40	56.98	0.76
2.2	0.84	0.86	6.73	58.63	0.81
2.3	0.84	1.03	7.06	60.28	0.85
2.4	0.88	1.19	7.39	61.94	0.88
2.5	0.92	1.36	7.72	63.59	0.91
2.6	0.92	1.52	8.05	65.25	0.94
2.7	0.95	1.69	8.38	66.90	0.95
2.8	0.95	1.86	8.71	68.56	0.97
2.9	0.97	2.02	9.00	70.21	0.98

score	perc_rank	Z	stanine	Т	perc_normal
3.0	1.00	2.19	9.00	71.86	0.99

$\$acceptance 13_mean$

score perc_	Z	stanine	Т	perc_normal
0.0	-3.03	1.00	19.67	0.00
0.1	-2.85	1.00	21.45	0.00
0.2	-2.68	1.00	23.23	0.00
0.3	-2.50	1.00	25.02	0.01
0.4	-2.32	1.00	26.80	0.01
0.5	-2.14	1.00	28.58	0.02
0.6	-1.96	1.07	30.36	0.02
0.7	-1.79	1.43	32.14	0.04
0.8	-1.61	1.78	33.92	0.05
0.9	-1.43	2.14	35.70	0.08
1.0	-1.25	2.50	37.49	0.11
1.1	-1.07	2.85	39.27	0.14
1.2	-0.90	3.21	41.05	0.19
1.3	-0.72	3.57	42.83	0.24
1.4	-0.54	3.92	44.61	0.29
1.5	-0.36	4.28	46.39	0.36
1.6	-0.18	4.63	48.17	0.43
1.7	0.00	4.99	49.95	0.50
1.8	0.17	5.35	51.74	0.57
1.9	0.35	5.70	53.52	0.64
2.0	0.53	6.06	55.30	0.70
2.1	0.71	6.42	57.08	0.76
2.2	0.89	6.77	58.86	0.81
2.3	1.06	7.13	60.64	0.86
2.4	1.24	7.48	62.42	0.89
2.5	1.42	7.84	64.21	0.92
2.6	1.60	8.20	65.99	0.95
2.7	1.78	8.55	67.77	0.96
2.8	1.96	8.91	69.55	0.97
2.9	2.13	9.00	71.33	0.98
3.0	2.31	9.00	73.11	0.99

Group: old \$fmi13_mean

score	perc_rank	\mathbf{z}	stanine	Τ	perc_normal
0.0	0.00	-3.39	1.00	16.06	0.00
0.1	0.00	-3.20	1.00	18.01	0.00
0.2	0.00	-3.00	1.00	19.96	0.00
0.3	0.01	-2.81	1.00	21.90	0.00
0.4	0.01	-2.61	1.00	23.85	0.00
0.5	0.02	-2.42	1.00	25.80	0.01
0.6	0.03	-2.23	1.00	27.74	0.01
0.7	0.03	-2.03	1.00	29.69	0.02
0.8	0.05	-1.84	1.33	31.64	0.03

score	perc_rank	Z	stanine	Т	perc_normal
0.9	0.05	-1.64	1.72	33.58	0.05
1.0	0.09	-1.45	2.11	35.53	0.07
1.1	0.12	-1.25	2.50	37.48	0.11
1.2	0.14	-1.06	2.88	39.42	0.15
1.3	0.20	-0.86	3.27	41.37	0.19
1.4	0.23	-0.67	3.66	43.32	0.25
1.5	0.29	-0.47	4.05	45.27	0.32
1.6	0.34	-0.28	4.44	47.21	0.39
1.7	0.41	-0.08	4.83	49.16	0.47
1.8	0.54	0.11	5.22	51.11	0.54
1.9	0.61	0.31	5.61	53.05	0.62
2.0	0.74	0.50	6.00	55.00	0.69
2.1	0.77	0.69	6.39	56.95	0.76
2.2	0.81	0.89	6.78	58.89	0.81
2.3	0.89	1.08	7.17	60.84	0.86
2.4	0.90	1.28	7.56	62.79	0.90
2.5	0.94	1.47	7.95	64.73	0.93
2.6	0.96	1.67	8.34	66.68	0.95
2.7	0.97	1.86	8.73	68.63	0.97
2.8	0.99	2.06	9.00	70.57	0.98
2.9	0.99	2.25	9.00	72.52	0.99
3.0	1.00	2.45	9.00	74.47	0.99

${\tt \$presence_mean}$

score	perc_rank	\mathbf{z}	stanine	T	perc_normal
0.0	0.01	-2.95	1.00	20.53	0.00
0.1	0.01	-2.78	1.00	22.25	0.00
0.2	0.01	-2.60	1.00	23.97	0.00
0.3	0.01	-2.43	1.00	25.69	0.01
0.4	0.03	-2.26	1.00	27.41	0.01
0.5	0.05	-2.09	1.00	29.12	0.02
0.6	0.05	-1.92	1.17	30.84	0.03
0.7	0.06	-1.74	1.51	32.56	0.04
0.8	0.06	-1.57	1.86	34.28	0.06
0.9	0.09	-1.40	2.20	36.00	0.08
1.0	0.14	-1.23	2.54	37.72	0.11
1.1	0.14	-1.06	2.89	39.43	0.15
1.2	0.19	-0.88	3.23	41.15	0.19
1.3	0.19	-0.71	3.57	42.87	0.24
1.4	0.28	-0.54	3.92	44.59	0.29
1.5	0.37	-0.37	4.26	46.31	0.36
1.6	0.37	-0.20	4.61	48.03	0.42
1.7	0.48	-0.03	4.95	49.75	0.49
1.8	0.48	0.15	5.29	51.46	0.56
1.9	0.61	0.32	5.64	53.18	0.62
2.0	0.77	0.49	5.98	54.90	0.69
2.1	0.77	0.66	6.32	56.62	0.75
2.2	0.84	0.83	6.67	58.34	0.80
2.3	0.84	1.01	7.01	60.06	0.84
2.4	0.90	1.18	7.35	61.77	0.88

perc_normal	${ m T}$	stanine	\mathbf{z}	perc_rank	score
0.91	63.49	7.70	1.35	0.94	2.5
0.94	65.21	8.04	1.52	0.94	2.6
0.95	66.93	8.39	1.69	0.96	2.7
0.97	68.65	8.73	1.86	0.96	2.8
0.98	70.37	9.00	2.04	0.98	2.9
0.99	72.09	9.00	2.21	1.00	3.0

 $\$acceptance 13_mean$

score	perc_rank	Z	stanine	Τ	perc_normal
0.0	0.01	-2.97	1.00	20.32	0.00
0.1	0.01	-2.80	1.00	22.00	0.00
0.2	0.02	-2.63	1.00	23.69	0.00
0.3	0.02	-2.46	1.00	25.37	0.01
0.4	0.02	-2.29	1.00	27.05	0.01
0.5	0.03	-2.13	1.00	28.74	0.02
0.6	0.04	-1.96	1.08	30.42	0.03
0.7	0.04	-1.79	1.42	32.11	0.04
0.8	0.06	-1.62	1.76	33.79	0.05
0.9	0.08	-1.45	2.09	35.47	0.07
1.0	0.12	-1.28	2.43	37.16	0.10
1.1	0.12	-1.12	2.77	38.84	0.13
1.2	0.16	-0.95	3.10	40.52	0.17
1.3	0.23	-0.78	3.44	42.21	0.22
1.4	0.23	-0.61	3.78	43.89	0.27
1.5	0.30	-0.44	4.11	45.57	0.33
1.6	0.37	-0.27	4.45	47.26	0.39
1.7	0.37	-0.11	4.79	48.94	0.46
1.8	0.48	0.06	5.12	50.62	0.52
1.9	0.60	0.23	5.46	52.31	0.59
2.0	0.73	0.40	5.80	53.99	0.66
2.1	0.73	0.57	6.14	55.68	0.71
2.2	0.81	0.74	6.47	57.36	0.77
2.3	0.85	0.90	6.81	59.04	0.82
2.4	0.85	1.07	7.15	60.73	0.86
2.5	0.89	1.24	7.48	62.41	0.89
2.6	0.94	1.41	7.82	64.09	0.92
2.7	0.94	1.58	8.16	65.78	0.94
2.8	0.96	1.75	8.49	67.46	0.96
2.9	0.97	1.91	8.83	69.14	0.97
3.0	1.00	2.08	9.00	70.83	0.98

7 Overview on descriptive statistics per subgroup

```
subgroup_stats <- list()
for (i in seq_along(subgroup_vars)){
subgroup_stats[[i]] <-</pre>
```

Variable	Mean	SD	IQR	Range	n	subgroup_var	group
$fmi13_mean$	1.71	0.51	0.71	(0.21, 3.00)	515	Geschlecht	female
presence_mean	1.72	0.58	0.67	(0.00, 3.00)	515	Geschlecht	female
acceptance13_me	an 1.73	0.57	0.86	(0.00, 3.00)	515	Geschlecht	female
$fmi13_mean$	1.71	0.51	0.57	(0.21, 3.00)	495	Geschlecht	$_{ m male}$
presence_mean	1.67	0.60	0.67	(0.00, 3.00)	495	Geschlecht	$_{ m male}$
acceptance13_me	an 1.74	0.59	0.57	(0.00, 3.00)	495	Geschlecht	$_{ m male}$
$fmi13_mean$	1.50	0.20	0.29	(1.36, 1.64)	2	Geschlecht	other
presence_mean	1.33	0.00	0.00	(1.33, 1.33)	2	Geschlecht	other
acceptance13_me	an 1.79	0.51	0.71	(1.43, 2.14)	2	Geschlecht	other
$fmi13_mean$	1.69	0.51	0.64	(0.21, 3.00)	792	$Achts_regel$	no
presence_mean	1.65	0.59	0.67	(0.00, 3.00)	792	$Achts_regel$	no
acceptance13_me	an 1.72	0.59	0.71	(0.00, 3.00)	792	$Achts_regel$	no
$fmi13_mean$	1.81	0.49	0.57	(0.21, 3.00)	220	$Achts_regel$	yes
presence_mean	1.86	0.56	0.67	(0.00, 3.00)	220	$Achts_regel$	yes
acceptance13_me	an 1.80	0.55	0.71	(0.00, 3.00)	220	$Achts_regel$	yes
$fmi13_mean$	1.82	0.43	0.43	(0.71, 3.00)	116	Retreats	Multiple retreats per year
presence_mean	1.84	0.50	0.62	(0.33, 3.00)	116	Retreats	Multiple retreats per year
acceptance13_me	an 1.81	0.48	0.54	(0.71, 3.00)	116	Retreats	Multiple retreats per year
$fmi13_mean$	1.68	0.52	0.64	(0.21, 3.00)	673	Retreats	Never
presence_mean	1.64	0.59	0.67	(0.00, 3.00)	673	Retreats	Never
acceptance13_me	an 1.70	0.60	0.71	(0.00, 3.00)	673	Retreats	Never
$fmi13_mean$	1.71	0.45	0.57	(0.57, 2.93)	58	Retreats	Once a year
presence_mean	1.68	0.55	0.67	(0.17, 3.00)	58	Retreats	Once a year
acceptance13_me	an 1.73	0.50	0.57	(0.71, 3.00)	58	Retreats	Once a year
$fmi13_mean$	1.71	0.46	0.71	(0.93, 2.93)	86	Retreats	Once every couple of
							years
presence_mean	1.71	0.59	0.83	(0.67, 3.00)	86	Retreats	Once every couple of
							years
acceptance13_me	an 1.74	0.53	0.71	(0.29, 3.00)	86	Retreats	Once every couple of
							years
$fmi13_mean$	1.89	0.55	0.71	(0.29, 2.79)	79	Retreats	Rarely
presence_mean	1.94	0.68	0.83	(0.00, 3.00)	79	Retreats	Rarely
acceptance13_me	an 1.93	0.63	0.71	(0.14, 3.00)	79	Retreats	Rarely

Variable	Mean	SD	IQR	Range	n	subgroup_var	group
fmi13_mean	1.67	0.59	0.79	(0.43, 2.79)	33	Vip_regel	ja
presence_mean	1.66	0.77	1.00	(0.00, 3.00)	33	Vip_regel	ja
$acceptance 13_me$	an 1.71	0.64	0.79	(0.29, 3.00)	33	Vip_regel	ja
$fmi13_mean$	1.71	0.51	0.64	(0.21, 3.00)	979	Vip_regel	nicht
presence_mean	1.70	0.59	0.67	(0.00, 3.00)	979	Vip_regel	nicht
$acceptance 13_me$	an 1.73	0.58	0.57	(0.00, 3.00)	979	Vip_regel	nicht
$fmi13_mean$	1.74	0.51	0.64	(0.21, 3.00)	526	age_below_md	old
presence_mean	1.71	0.58	0.67	(0.00, 3.00)	526	age_below_md	old
$acceptance 13_me$	an 1.76	0.59	0.71	(0.00, 3.00)	526	age_below_md	old
$fmi13_mean$	1.68	0.50	0.64	(0.21, 3.00)	486	age_below_md	young
presence_mean	1.68	0.60	0.67	(0.00, 3.00)	486	age_below_md	young
$acceptance 13_me$	an 1.70	0.56	0.71	(0.00, 3.00)	486	age_below_md	young

```
subgroup_stats_long <-
subgroup_stats_df %>%
select(Variable, Mean, SD, group, subgroup_var) %>%
mutate(Subscale = str_remove(Variable, "_mean")) %>%
pivot_longer(-c(Variable, group, Mean, Subscale, subgroup_var), values_to = "SD")
display(subgroup_stats_long)
```

Variable	Mean	group	subgroup_var	Subscale	name	SD
fmi13_mean	1.71	female	Geschlecht	fmi13	SD	0.51
presence_mean	1.72	female	Geschlecht	presence	SD	0.58
acceptance13_mean	1.73	female	Geschlecht	acceptance13	SD	0.57
fmi13_mean	1.71	male	Geschlecht	fmi13	SD	0.51
presence_mean	1.67	male	Geschlecht	presence	SD	0.60
$acceptance 13_mean$	1.74	male	Geschlecht	acceptance 13	SD	0.59
fmi13_mean	1.50	other	Geschlecht	fmi13	SD	0.20
presence_mean	1.33	other	Geschlecht	presence	SD	0.00
$acceptance 13_mean$	1.79	other	Geschlecht	acceptance 13	SD	0.51
fmi13_mean	1.69	no	$Achts_regel$	fmi13	SD	0.51
presence_mean	1.65	no	$Achts_regel$	presence	SD	0.59
$acceptance 13_mean$	1.72	no	$Achts_regel$	acceptance 13	SD	0.59
fmi13_mean	1.81	yes	$Achts_regel$	fmi13	SD	0.49
presence_mean	1.86	yes	$Achts_regel$	presence	SD	0.56
$acceptance 13_mean$	1.80	yes	$Achts_regel$	acceptance 13	SD	0.55
fmi13_mean	1.82	Multiple retreats per year	Retreats	fmi13	SD	0.43
presence_mean	1.84	Multiple retreats per year	Retreats	presence	SD	0.50
$acceptance 13_mean$	1.81	Multiple retreats per year	Retreats	acceptance 13	SD	0.48
fmi13_mean	1.68	Never	Retreats	fmi13	SD	0.52
presence_mean	1.64	Never	Retreats	presence	SD	0.59
$acceptance 13_mean$	1.70	Never	Retreats	acceptance 13	SD	0.60
fmi13_mean	1.71	Once a year	Retreats	fmi13	SD	0.45
presence_mean	1.68	Once a year	Retreats	presence	SD	0.55
$acceptance 13_mean$	1.73	Once a year	Retreats	acceptance 13	SD	0.50
fmi13_mean	1.71	Once every couple of years	Retreats	fmi13	SD	0.46
presence_mean	1.71	Once every couple of years	Retreats	presence	SD	0.59
$acceptance 13_mean$	1.74	Once every couple of years	Retreats	acceptance 13	SD	0.53
fmi13_mean	1.89	Rarely	Retreats	fmi13	SD	0.55
presence_mean	1.94	Rarely	Retreats	presence	SD	0.68

Mean	group	subgroup_var	Subscale	name	SD
1.93	Rarely	Retreats	acceptance13	SD	0.63
1.67	$_{ m ja}$	Vip_regel	fmi13	SD	0.59
1.66	$_{ m ja}$	Vip_regel	presence	SD	0.77
1.71	ja	Vip_regel	acceptance 13	SD	0.64
1.71	nicht	Vip_regel	fmi13	SD	0.51
1.70	nicht	Vip_regel	presence	SD	0.59
1.73	nicht	Vip_regel	acceptance 13	SD	0.58
1.74	old	age_below_md	fmi13	SD	0.51
1.71	old	age_below_md	presence	SD	0.58
1.76	old	age_below_md	acceptance 13	SD	0.59
1.68	young	age_below_md	fmi13	SD	0.50
1.68	young	age_below_md	presence	SD	0.60
1.70	young	age_below_md	acceptance 13	SD	0.56
	1.93 1.67 1.66 1.71 1.71 1.70 1.73 1.74 1.71 1.76 1.68 1.68	1.93 Rarely 1.67 ja 1.66 ja 1.71 ja 1.71 nicht 1.70 nicht 1.73 nicht 1.74 old 1.71 old 1.76 old 1.68 young 1.68 young	1.93 Rarely Retreats 1.67 ja Vip_regel 1.66 ja Vip_regel 1.71 ja Vip_regel 1.72 nicht Vip_regel 1.73 nicht Vip_regel 1.74 old age_below_md 1.71 old age_below_md 1.76 old age_below_md 1.68 young age_below_md 1.68 young age_below_md	1.93 Rarely Retreats acceptance13 1.67 ja Vip_regel fmi13 1.66 ja Vip_regel presence 1.71 ja Vip_regel acceptance13 1.71 nicht Vip_regel fmi13 1.70 nicht Vip_regel presence 1.73 nicht Vip_regel acceptance13 1.74 old age_below_md fmi13 1.71 old age_below_md acceptance13 1.68 young age_below_md fmi13 1.68 young age_below_md presence	1.93 Rarely Retreats acceptance13 SD 1.67 ja Vip_regel fmi13 SD 1.66 ja Vip_regel presence SD 1.71 ja Vip_regel acceptance13 SD 1.71 nicht Vip_regel presence SD 1.70 nicht Vip_regel presence SD 1.73 nicht Vip_regel acceptance13 SD 1.74 old age_below_md fmi13 SD 1.71 old age_below_md presence SD 1.76 old age_below_md acceptance13 SD 1.68 young age_below_md presence SD 1.68 young age_below_md presence SD

```
# subgroup_stats_long %>%
# ggplot(aes(x = Variable, color = group)) +
# geom_errorbar(aes(ymin = Mean-SD, ymax = Mean+SD), position = "dodge") +
# geom_point2(aes(y = Mean), alpha = .7, size = 2) +
# facet_wrap(subgroup_vars ~ Variable, scales = "free")
```

7.1 Regression models

7.1.1 m1

```
m1 <- lm(PHQ_Sum ~ presence_mean + acceptance13_mean, data = d2)
parameters(m1) %>% display()
```

Parameter	Coefficient	SE	95% CI	t(1009)	p
(Intercept)	8.47	0.29	(7.90, 9.04)	29.09	< .001
presence mean	0.98	0.22	(0.56, 1.41)	4.54	< .001
acceptance13 mean	-1.79	0.22	(-2.22, -1.35)	-8.08	< .001

performance(m1) %>% display

AIC	AICc	BIC	R2	R2 (adj.)	RMSE	Sigma
4957.88	4957.92	4977.56	0.06	0.06	2.79	2.80

Standardized data:

```
parameters(m1, standardize = "refit") %>% display
```

Parameter	Coefficient	SE	95% CI	t(1009)	p
(Intercept) presence mean acceptance13 mean	-2.91e-16	0.03	(-0.06, 0.06)	-9.55e-15	> .999
	0.20	0.04	(0.11, 0.29)	4.54	< .001
	-0.36	0.04	(-0.45, -0.27)	-8.08	< .001

```
summary(m1)
##
## Call:
## lm(formula = PHQ_Sum ~ presence_mean + acceptance13_mean, data = d2)
## Residuals:
##
      Min
                1Q Median
                               3Q
                                      Max
## -5.1756 -2.1170 -0.5514 1.4387
                                   9.9491
## Coefficients:
                    Estimate Std. Error t value Pr(>|t|)
                                 0.2911 29.093 < 2e-16 ***
## (Intercept)
                      8.4692
## presence_mean
                      0.9818
                                 0.2162
                                          4.541 6.28e-06 ***
## acceptance13_mean -1.7878
                                 0.2214 -8.077 1.88e-15 ***
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## Residual standard error: 2.796 on 1009 degrees of freedom
```

Adjusted R-squared: 0.06217

8 Session info

Multiple R-squared: 0.06403,

F-statistic: 34.51 on 2 and 1009 DF, p-value: 3.175e-15

sessionInfo()

```
## R version 4.2.1 (2022-06-23)
## Platform: x86_64-apple-darwin17.0 (64-bit)
## Running under: macOS Big Sur ... 10.16
## Matrix products: default
          /Library/Frameworks/R.framework/Versions/4.2/Resources/lib/libRblas.0.dylib
## LAPACK: /Library/Frameworks/R.framework/Versions/4.2/Resources/lib/libRlapack.dylib
##
## locale:
## [1] en US.UTF-8/en US.UTF-8/en US.UTF-8/C/en US.UTF-8/en US.UTF-8
## attached base packages:
## [1] stats
                 graphics grDevices utils
                                               datasets methods
                                                                   base
##
## other attached packages:
                                                                 stringr_1.5.1
## [1] DataExplorer_0.8.2 lubridate_1.9.3
                                              forcats_1.0.0
## [5] dplyr_1.1.4
                           purrr_1.0.2
                                              readr_2.1.5
                                                                 tidyr_1.3.1
## [9] tibble_3.2.1
                           ggplot2_3.5.1
                                              tidyverse_2.0.0
                                                                 here_1.0.1
## [13] see_0.9.0
                                                                 performance_0.12.3
                           report_0.5.9
                                              parameters_0.22.2
## [17] modelbased_0.8.8
                           insight_0.20.4
                                              effectsize_0.8.9
                                                                 datawizard_0.12.3
## [21] correlation_0.8.5 bayestestR_0.14.0
                                              easystats_0.7.3
## loaded via a namespace (and not attached):
## [1] splines_4.2.1
                           yaml_2.3.8
                                              pillar_1.9.0
                                                                 lattice_0.21-8
## [5] glue_1.6.2
                           digest 0.6.33
                                              colorspace_2.1-0
                                                                 sandwich 3.0-2
## [9] htmltools_0.5.7
                           Matrix_1.5-4.1
                                              pkgconfig_2.0.3
                                                                 haven_2.5.4
## [13] xtable_1.8-4
                           mvtnorm_1.2-2
                                              patchwork_1.2.0
                                                                 scales 1.3.0
```

##	[17]	tzdb_0.4.0	timechange_0.2.0	emmeans_1.8.9	farver_2.1.1
##	[21]	generics_0.1.3	TH.data_1.1-2	withr_3.0.0	cli_3.6.2
##	[25]	survival_3.5-5	magrittr_2.0.3	<pre>estimability_1.4.1</pre>	evaluate_0.23
##	[29]	fansi_1.0.6	MASS_7.3-60	tools_4.2.1	${\tt data.table_1.15.4}$
##	[33]	hms_1.1.3	lifecycle_1.0.4	multcomp_1.4-25	munsell_0.5.0
##	[37]	networkD3_0.4	compiler_4.2.1	tinytex_0.52	rlang_1.1.4
##	[41]	grid_4.2.1	rstudioapi_0.16.0	htmlwidgets_1.6.4	igraph_2.0.2
##	[45]	labeling_0.4.3	rmarkdown_2.28	gtable_0.3.4	codetools_0.2-19
##	[49]	R6_2.5.1	<pre>gridExtra_2.3</pre>	zoo_1.8-12	knitr_1.48
##	[53]	fastmap_1.1.1	utf8_1.2.4	rprojroot_2.0.4	stringi_1.8.3
##	[57]	parallel_4.2.1	vctrs_0.6.5	tidyselect_1.2.0	xfun_0.47
##	[61]	coda_0.19-4			