



*Autumn Spa Day ....at the Jade Forest  
for women*

*Saturday, October 12th, 2013*

*10am-7pm, 90 Beckett Point Road*

*Let us pamper your body, mind & heart. We'll have the sauna and hot tub ready as well as delicious, organic food and Wild Sage teas.*

*Christine Schoper, Suzanne Carlson, Heather Sky, Ellen Falconer & Connie Segal will be available for massage and/or facial appointments.*

*Autumn spa package: one hour massage, one hour facial, sauna, hot tub and lovely food - \$150. Just facial or massage plus the extras - \$90. 1 ½ hour massage plus extras - \$115. Or just eat, soak & sweat - \$30... Please call 385-7771 to schedule your time! (Quiet time 10-2)*

