



# Official Central Park Conservancy Running Map

Offering both hilly and flat terrain, and a combination of surfaces, Central Park is a runner's paradise. Take this map with you on your next run in the Park and tell us about it!

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## Leave Your Mark in Central Park

Celebrate life's important milestones, honor someone special, or commemorate the finish of a 5K run or marathon with a paving stone on Gilder Run. These one-of-a-kind granite stones, located on the steps of beautiful Bridge No. 24, are a unique way to leave your legacy by engraving your name, in stone, in Central Park.

[centralparknyc.org/engravegilder](http://centralparknyc.org/engravegilder)

## About Central Park Conservancy

Central Park Conservancy is a private nonprofit organization founded in 1980 to restore, manage, and enhance Central Park in partnership with the public, for the enjoyment of all. Central Park Conservancy raises 75% of the annual budget essential to keeping Central Park beautiful.

### Map Key

	6.02 mile loop		1.71 mile lower loop
	5.14 mile lower loop		1.66 mile bridle path loop
	4.92 mile upper loop		1.58 mile Reservoir loop
	4.04 mile loop		1.42 mile upper loop
	Restrooms / Closed Winter		Park Drive (shared by pedestrians, bicyclists, and vehicles)
	Wheelchair Accessible		Transverse Roads (for vehicles only)
	Visitor Centers		Pedestrian Paths (for pedestrians only)
	Drinking Fountains		
	Emergency Call Boxes or Dial 911		