



# Sofia Vaz Sousa

📍 Portugal

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## Professional Summary

Hello!

I'm Sofia, a frontend developer with a 12-year background in healthcare, having worked previously as a nurse.

Growing up surrounded by MS-DOS and command lines, programming has always been a part of my life, so transitioning from nursing to software development was just a natural step for me, driven by my passion of problem-solving and making people's lives easier through software. My transition from healthcare allows me to seamlessly integrate skills honed from my previous career on my approach to software development and project leadership.

On my free time, I'm also an avid VR games player. :)

## Skills

- TypeScript
- Next.js
- HTML
- CSS
- SASS
- Storybook
- Agile Methodologies
- Web accessibility
- JavaScript
- React
- Node.js
- CSS Modules
- Styled Components
- Jest
- Git

## Work History

04.2024 - Current

### **Frontend Engineer**

Sword Health - Porto, Portugal

As a frontend Engineer on the Growth Team, I focus on building and improving user-facing features to drive growth. I mainly work with Next.js, CSS Modules, Styled Components and a Node.js based headless CMS to bring things to life.

Being part of the team means consistently releasing new features and conducting A/B tests every week to continuously optimize our work. We work closely with the Marketing Operations team, driving several initiatives that help streamline their processes. It's all about quick iterations and fast learning. My contributions to various initiatives have played a key role in boosting enrollments, and it's really rewarding to see the direct impact of what we're building! :)

*Next.js | React | Styled Components | CSS modules | Agile methodology | node.js*

04.2021 - 12.2023

## **Frontend Developer / Project Lead**

Chorus AB - Stockholm, Sweden

### **PROJECTS:**

**Chorus / Zengio: Zengio Care - May 2023 - December 2023**

#### **Lead Frontend Developer / Project Lead**

Zengio Care is a healthcare solution that streamlines patient flows and care delivery by allowing patients to perform pain and nausea assessments after surgery through their mobile device, this data is then available for the healthcare professionals on a web application. I was responsible for implementing internationalisation both on the web and mobile app, a user's reporting system and improve the application's scalability, as well as, lead the development process in an agile/iterative way.

TypeScript | React | React Native | Redux | Styled Components | Project management | JIRA | Agile methodology

**Evimeria AB/Medical records system - May 2021 - May 2023**

#### **Frontend Developer / Scrum Facilitator**

As the first front-end developer on the project, I actively contributed to the early-stage planning and my extensive clinical experience allowed me to offer valuable insights into the system's design and user flows. Additionally, I assumed the responsibility of Scrum Master within my team, further enhancing my leadership and organisational capabilities in an agile development environment.

TypeScript | React | Redux | SASS | Styled Components | Storybook | MicroFrontends | JEST | JIRA | Agile methodology | FHIR

**Chorus AB/Tobias Tree - April 2021 - December 2023**

#### **Frontend Developer**

App for specialist doctors, managing difficult cases and providing instant emergency contact with medical colleagues worldwide. As front end developer I was responsible for re-structuring the user's list page and implement a new design using an external UI library.

TypeScript | React | Redux | Styled Components

10.2016 - 04.2021

## **Specialist Nurse**

Karolinska University Hospital - Stockholm, Sweden

04.2015 - 04.2016

## **Clinical Nurse Specialist in Intravascular Access**

Guy's and St Thomas' NHS Foundation Trust - London, United Kingdom

04.2013 - 04.2015

## **Specialist Neonatal Nurse**

St. George's Healthcare NHS Trust - London, United Kingdom

04.2010 - 04.2013

## **Staff Registered Nurse**

Imperial College Healthcare NHS Trust - London, United Kingdom

## **Education**

04.2024

UI Design, Technigo - Stockholm, Sweden

A 8-week upskill course where I delved into the realm of UI design. Each week, I focused on a distinct facet of the UI world, seamlessly integrating and building upon the acquired knowledge. At the end of the course, I was able not only honed my UI design skills but also have created a comprehensive project. This project encompassed a responsive website

landing page, ready for development, complete with a style guide and a design system.

Highlights:

- Intro do UI Design
- Visual Design
- Flows & Wireframing
- UI Components & Design Systems
- Responsive Design
- Prototyping, Animation & Testing

02.2021

Web Development, Technigo - Stockholm, Sweden  
Web development bootcamp which consisted in a 24-week fast-paced program focused on **JavaScript (ES6)**, **React**, **React Native**, **Redux**, **HTML5**, **CSS** and server-side programming with **Node.js** and **MongoDB database**. The program is structured into weekly projects that cover a wide range of topics, starting from the basics of programming and progressing to full-stack architecture projects using the latest technologies. Throughout the program, I followed an Agile methodology, including weekly sprints for planning, check-ins, demos, and retrospectives. Additionally, mob-programming and pair-programming were integral parts of the educational experience.

12.2014

Post-Graduate Certificate, Neonatal Nursing Postgraduate Specialist Programme, St. George's University of London - London, United Kingdom

09.2008

Bachelor of Science, Nursing, ESSJP - Porto, Portugal

Languages

English:



Bilingual or Proficient (C2)

Portuguese:



Bilingual or Proficient (C2)

Swedish:



Bilingual or Proficient (C2)