

Microwave Meatballs

Recipe by: Taste of Home, modified by the O'Connor clan

Servings: 4

Amount	Ingredient
1 pound	ground beef
1 teaspoon	powdered onion
1/2 teaspoon	powdered garlic
1/2 cup	bread crumbs or panko or finely crushed crackers
1/2 teaspoon	basil
1 tablespoon	Parmesan
pinch	pepper
dash	Worcestershire sauce
1 jar	spaghetti sauce

- mix ingredients in large bowl; shape into small meatballs (about 24)
- arrange on microwave safe plate 1 inch apart; cover with **paper towels()
- microwave on high 4-6 minutes (depending on strength of microwave) until they look cooked
- empty sauce into pan; add microwaved meatballs; cover and cook at medium heat for 5 minutes; stir; reduce heat to low and simmer for an additional 10-20 minutes