

Mini Meatloaves

Recipe by: Texas Beef Council, modified by the O'Connor clan

Servings: 5

Amount	Ingredient
1 pound	hamburger
1 teaspoon	onion powder
1/2 teaspoon	garlic powder
1/2 teaspoon	italian seasoning
pinch	pepper
1/2 cup panko or dry bread crumbs	
1/4 cup	parmesan
1	egg
	ketchup

- preheat oven to 400
- mix all ingredients except ketchup in large bowl
- form into 8-10 small balls; place on baking sheet and flatten slightly
- bake 15-20 minutes; internal temperature to 160; cover in ketchup and cook an additional 5 minutes