www.rourkebabyrecord.ca





Le Collège des médecins de famille du Canada

Past problems/Risk factors:	Family history:		Rourke Baby Record: Evidence-Based Infant/Child Health Maintenance GUIDE III						
			NAME: Birth Day				(d/m/yr):		M [] F []
DATE OF VISIT	9 months (option	nal)		12-13 months			15 months (optional)		
GROWTH* Correct percentiles until 24-36 months if < 37 weeks gestation	Height	Weight	Head circ.	Height	Weight (x3 BW)	HC (avg 47cm)	Height	Weight	Head Circ.
PARENTAL CONCERNS									
NUTRITION°	□ Breastfeeding*/Vitamin D 400 IU/day* □ Formula Feeding - iron-fortified □ [720-960 mLs[24-32 oz] /day*] □ No bottles in bed □ Avoid sweetened liquids □ Cereal, meat/alternatives, fruits, vegetables □ 1st introduction cow's milk products ○ No egg white, nut products, or honey □ Choking/safe foods*			○ Breastfeeding* ○ Homogenized milk ○ Encourage standard cup instead of bottle [500-750 mLs(16-24 oz) /day*] ○ Appetite reduced ○ Choking/safe foods*			 ○ Breastfeeding* ○ Homogenized milk ○ Encourage standard cup instead of bottle [500-750 mLs(16-24 oz)/day*] ○ Choking/safe foods* 		
EDUCATION AND ADVICE ✓ discussed and no concerns X if concerns		it)* ide/Smoke detectors cluding: ② Electric p mily issues g/Night waking** smoke* hermometers*	Soothability/ Parental fatig Teething/Den Active health	Falls/stairs/walkers* responsiveness gue/depression** ntal cleaning/Fluoric ty living/screen time	rater < 49°C/bath safety* ordinal control con				
DEVELOPMENT ^{®®} (Inquiry and observation of milestones) Tasks are set after the time of normal milestone acquisition. Absence of any item suggests consideration for further assessment of development. NB-Correct for age if < 37 weeks gestation ✓ if attained X if not attained	 Looks for an object seen hidden Babbles a series of different sounds (eg. baba, duhduh) Responds differently to different people Makes sounds/gestures to get attention or help Sits without support Stands with support when helped into standing position Opposes thumb and fingers when grasps objects Plays social games with you (eg. nose touching, peek-a-boo) Cries or shouts for attention No parent/caregiver concerns 			Responds to own name Understands simple requests, eg. Where is the ball? Makes at least 1 consonant/vowel combination Says 3 or more words (do not have to be clear) Crawls or 'bum' shuffles Pulls to stand/walks holding on Shows distress when separated from parent/caregiver Follows your gaze to jointly reference an object No parent/caregiver concerns			 Says 5 or more words (words do not have to be clear) Picks up and eats finger foods Walks sideways holding onto furniture Shows fear of strange people/places Crawls up a few stairs/steps Tries to squat to pick up toys from the floor No parent/caregiver concerns 		
PHYSICAL EXAMINATION Evidence-based screening for specific conditions is highlighted, but an appropriate age-specific focused physical examination is recommended at each visit. ✓ if normal X if abnormal	 ○ Fontanelles ○ Eyes (red reflex)* ○ Corneal light reflex/Cover-uncover test & inquiry* ○ Hearing inquiry/screening* ○ Hips* 			 ○ Fontanelles ○ Eyes (red reflex)* ○ Corneal light reflex/Cover-uncover test & inquiry* ○ Hearing inquiry/screening* ○ Tonsil size/Teeth* ○ Hips* 		 Fontanelles Eyes (red reflex)* Corneal light reflex/Cover-uncover test & inquiry* Hearing inquiry/screening* Tonsil size/Teeth* Hips* 			
PROBLEMS AND PLANS	○ Anti-HBs and HbsAG° (If HbsAg positive mother) ○ Hemoglobin (If at risk)*			○ Hemoglobin (If at risk)*					
IMMUNIZATION Provincial guidelines vary	Record on Guide V: Immunization Record			Record on Guide V: Immunization Record			Record on Guide V: Immunization Record		
	Signature			Signature			Signature		

Strength of recommendation based on literature review using the classification of the Canadian Task Force on Preventive Health Care: Good (bold type); Fair (italic type); Consensus (plain type).