

Community Mental Health Common Assessment Project









Core + Self OCAN 2.0

Revision 2.0.5



OCAN Consumer Self-Assessment

Welcome to this opportunity to speak with your own voice

This agency is providing you the opportunity to complete the OCAN Consumer Self-assessment. This formal process is becoming standard across the province to ensure consumers' views about their needs are heard.

Why we would like you to take this opportunity:

- You can choose to bring this information to other agencies to reduce the number of times you have to answer questions. These questions are becoming common to all community mental health agencies.
- Agencies can work with you to better find the right help the first time because it asks a broad set of questions to cover all your needs.
- You can fully discuss your needs. The answers you give will help determine what services you will receive, and how to prioritize your goals.
- You can record your comments in every section, as well as your hopes, dreams and goals so that a plan can be developed to help you get there.

You decide how many of the questions you answer and the amount of time you need to complete it. You can decide whether or not you want some help, and choose this help from a number of options including a peer support worker, other trusted worker, family, friends, etc. You also have the option to answer some or all of the questions.

Name	:								
Date	of Birth (YYYY-MM-DD):								
Start	Date (YYYY-MM-DD):	Completion Date (Y	YYY-MN	1-DD):					
Wher	NSTRUCTIONS: When you have completed this assessment, your worker will have a conversation with you about your needs.								
	Please ✓ tick one box in each		g the foll	owing ke	ey:				
	eed = this area is not a serious problem for r								
	leed = this area is not a serious problem for			·					
Unmo	et Need = this area remains a serious proble	m for me despite any	help I an	n given					
			No Need	Met Need	Unmet Need	I Don't Want to Answer			
1.	Accommodation								
	What kind of place do you live in? Comments								
2.	Food								
	Do you get enough to eat? Comments								
3.	Looking After the Home								
	Are you able to look after your home? Comments								
4.	Self-Care								
	Do you have problems keeping clean and t	idy?							
5.	Daytime Activities								
	How do you spend your day? Comments								
6.	Physical Health								
	How well do you feel physically? Comments								

No Need = this area is not a serious problem for me at all
Met Need = this area is not a serious problem for me because of the help I am given
Unmet Need = this area remains a serious problem for me despite any help I am given

		No Need	Met Need	Unmet Need	I Don't Want to Answer
7.	Psychotic Symptoms				
	Do you ever hear voices or have problems with your thoughts?				
	Comments				
8.	Information on Condition and Treatment				
	Have you been given clear information about your medication?				
	Comments				
9.	Psychological Distress				
	Have you recently felt very sad or low?				
	Comments				
10.	Safety to Self				
	Do you ever have thoughts of harming yourself?				
	Comments				
11.	Safety to Others				
	Do you think you could be a danger to other people's safety?				
	Comments				
12.	Alcohol				
	Does drinking cause you any problems?				
	Comments				
13.	Drugs				
	Do you take any drugs that aren't prescribed?				
	Comments				
14.	Other Addictions				
	Do you have any other addictions – such as gambling?				
	Comments				
15.	Company				
	Are you happy with your social life?				
	Comments				

No N	No Need = this area is not a serious problem for me at all							
Met	Met Need = this area is not a serious problem for me because of the help I am given							
Unn	Unmet Need = this area remains a serious problem for me despite any help I am given							
		No Need	Met Need	Unmet Need	I Don't Want to Answer			
16.	Intimate Relationships							
	Do you have a partner?							
	Comments							
17.	Sexual Expression							
	How is your sex life?							
	Comments							
18.	Child Care							
	Do you have any children under 18?							
	Comments							
19.	Other Dependents							
	Do you have any dependents other than children under 18, such	as an eld	derly par	ent or bel	oved pet?			
	Comments	Γ						
20.	Basic Education							
	Any difficulty in reading, writing or understanding English?							
	Comments	T						
21.	Telephone							
	Do you know how to use a telephone?							
	Comments	T						
22.	Transport							
	How do you find using the bus, streetcar or train?							
	Comments							
23.	Money							
	How do you find budgeting your money?							
	Comments							
24.	Benefits							
	Are you getting all the money you are entitled to?							
	Comments							

Please write a few sentences to answer the following questions:			
What are your hopes for the future?			
What do you think you need in order to get there?			
How do you view your mental health?			
Is spirituality an important part of your life?			
Is culture (heritage) an important part of your life?			

CORE + Self OCAN

Using CORE + Self OCAN

This agency is using the CORE + Self OCAN which provides consumers the opportunity to complete the OCAN Consumer Self-assessment to ensure consumers' views about their needs are heard. It also includes the Consumer Information Summary and Service Use sections of OCAN which capture the information that this agency reports as a community mental health service provider.

Important points to communicate to the consumer:

Use of consumer responses

The answers consumers provide to questions in OCAN will be used to help them get the support they need. This information may only be used and shared with other agencies if they agree. A consumer may refuse to share any information they wish, and may change their mind at a later time. Choosing not to complete OCAN will not prevent consumers from receiving services.

- Information collected using the self-assessment represents their view of where they are today.
- > Sharing that information can be an essential part of getting the services they need.
- They decide how and when their information is used and shared with others.

Consumer consent

The agency will provide a consent form to consumers with the OCAN. The consent is the place for them to indicate their desire to use OCAN and how they want their information to be shared with others.

Start Date ((YYYY-MM-DD))*:	

	Consumer Information Summary							
1. OCAN Lead Assessment								
OCAN completed by OCAN Lead?* □ Yes □ No								
2. Reason for OCAN (select one)*								
☐ Initial OCAN ☐ Review								
□ Reassessment □ Re-key								
☐ (Prior to) Discharge ☐ Other (e.g., consumer request)								
☐ Significant change								
3. Consumer Information								
First Name: Date of Birth (YYYY-MM-DD):* ☐ Estimate	☐ Unknown							
Middle Initial: Health Card Number:								
Last Name: Version Code:								
Preferred Name: Issuing Territory:								
Address: Service Recipient Location (county, district, municipa	ality):*							
City: LHIN Consumer Resides in:*								
Province:								
Postal Code:								
Phone Number: Ext:								
Email Address:								
3b. Gender (select one)* □ Male □ Female □ Other □ Consumer declined to answer Unknown	er 🗆							
3c. Marital Status (select one)								
□ Single □ Partner or significant other □ Separated □ Consumer declir	ned to answer							
☐ Married or in common-law relationship ☐ Widowed ☐ Divorced ☐ Unknown								
4. Mental Health Functional Centre Use (for the last 6 months)								
Mental Health Functional Centre 1 Mental Health Functional Centre 2	2							
OCAN Lead:*] Yes □ No							
Staff Worker Name:* Staff Worker Name:*								
Staff Worker Phone Number:* Ext: Staff Worker Phone Number:* Ex	xt:							
Organization LHIN:* Organization LHIN:*								
Organization Name:* Organization Name:*								
Organization Number:* Organization Number:*								
Program Name:* Program Name:* Program Name:*								
Program Name:* Program Name:*								
Program Name:* Program Number:* Program Number:*								
Program Name:* Program Number:* Program Number:* Functional Centre Name:* Functional Centre Name:*								
Program Name:* Program Number:* Program Number:* Program Number:* Functional Centre Name:* Functional Centre Number:* Functional Centre Number:*								
Program Name:* Program Number:* Program Number:* Functional Centre Name:* Functional Centre Number:* Functional Centre Number:* Service Delivery LHIN:* Program Name:* Functional Centre Name:* Functional Centre Number:* Service Delivery LHIN:*								
Program Name:* Program Number:* Program Number:* Functional Centre Name:* Functional Centre Number:* Functional Centre Number:* Service Delivery LHIN:* Referral Source:* Program Name:* Functional Centre Name:* Functional Centre Number:* Functional Centre Number:* Referral Source:*								

^{*} Mandatory fields

					VZ.(
Service Initiation Date (YYYY-MM-DD):			Service Initiation Date (YYYY-MM-DD):		
Exit Date (YYYY-MM-DD):			Exit Date (YYYY-MM-DD):		
Exit Disposition:			Exit Disposition:		
Mental Health Functional Centre 3			Mental Health Functional Cent	re 4	
OCAN Lead:*	□ Yes	□ No	OCAN Lead:*	□ Yes	□ No
Staff Worker Name:*			Staff Worker Name:*		
Staff Worker Phone Number:*	Ext:		Staff Worker Phone Number:*	Ext:	
Organization LHIN:*			Organization LHIN:*		
Organization Name:*			Organization Name:*		
Organization Number:*			Organization Number:*		
Program Name:*			Program Name:*		
Program Number:*			Program Number:*		
Functional Centre Name:*			Functional Centre Name:*		
Functional Centre Number:*			Functional Centre Number:*		
Service Delivery LHIN:*			Service Delivery LHIN:*		
Referral Source:*			Referral Source:*		
Request for Service Date (YYYY-MM-DD):			Request for Service Date (YYYY-MM-DD):		
Service Decision Date (YYYY-MM-DD):			Service Decision Date (YYYY-MM-DD):		
Accepted:			Accepted:		
Service Initiation Date (YYYY-MM-DD):			Service Initiation Date (YYYY-MM-DD):		
Exit Date (YYYY-MM-DD):			Exit Date (YYYY-MM-DD):		
Exit Disposition:			Exit Disposition:		
5. Family Doctor Information					
□ Yes □ No	□ None a	vailable	☐ Consumer declined to answer ☐ Un	known	
Name:			Address:		
Phone Number:			City:		
Ext:			Province:		
Email Address:			Postal Code:		
Last seen:					
6. Psychiatrist Information					
□ Yes □ No	☐ None a	vailable	☐ Consumer declined to answer ☐ Un	known	
Name:			Address:		
Phone Number:			City:		
Ext:			Province:		
Email Address:			Postal Code:		
Last seen:					
7. Other Contact					
□ Yes □ No			☐ Consumer declined to answer ☐ Unknown		
Contact Type:					
Name:			Address:		
Phone Number:			City:		
Ext:			Province:		

^{*} Mandatory fields

Email Address:		Postal (Code:			
Last seen:						
Other Contact						
□ Yes □ No		☐ Cons	sumer declined to answer	☐ Unknown		
Contact Type:						
Name:		Addres	S:			
Phone Number:		City:				
Ext:		Provinc	e:			
Email Address:		Postal (Code:			
Last seen:						
8. Other Agency						
□ Yes □ No		☐ Cons	sumer declined to answer	☐ Unknown		
Name:		Addres	S:			
Phone Number:		City:				
Ext:		Provinc	e:			
Email Address:		Postal (Code:			
Last seen:						
9. Consumer Capacity (select all that apply)						
9a. Power of Attorney for Personal Care:	□ Yes	□ No	☐ Consumer dec	lined to answer	☐ Unknov	wn
Power of Attorney or SDM Name:						
Address:						
Phone Number: Ext:						
9b. Power of Attorney for Property	□ Yes	□ No	☐ Consumer dec	lined to answer	☐ Unknov	wn
Power of Attorney:						
Address:						
Phone Number: Ext:						
9c. Guardian	□ Yes	□ No	☐ Consumer dec	lined to answer	☐ Unknov	wn
Name:						
Address:						
Phone Number: Ext:						
9d. Areas of concern						
Finance/property:	☐ Yes	□ No	☐ Unknown			
Treatment decisions:	□ Yes	□ No	☐ Unknown			
10. Age in years for onset of mental illness:		☐ Estimate	☐ Consumer declined to	o answer □ L	Jnknown	□ N/A
11. Age of first psychiatric hospitalization:		☐ Estimate	☐ Consumer declined to	o answer □ U	Jnknown	□ N/A
12. Date when consumer first entered your of (YYYY-MM):	organization	☐ Estimate	☐ Consumer declined to	o answer □ U	Jnknown	□ N/A
13. What culture do you (consumer) identify	with?					
14. Aboriginal Origin (select one)*						
☐ Aboriginal ☐ Non-aboriginal		☐ Consume	er declined to answer	□ Unknown		
15. Citizenship Status (select one)		2 2 . 7 3 3 . 1 1 6				
☐ Canadian citizen	☐ Temporary resi	ident	☐ Consumer	declined to ansv	ver	

^{*} Mandatory fields

☐ Permanent resident	☐ Refugee		l Unknown	
16. Length of time lived in Canada (numbe	r of years/months):			
17. Service recipient preferred language:*				
18. Language of service provision:*				
19. Do you currently have any legal issues	? (select one)*			
☐ Civil ☐ Criminal ☐] None	☐ Consumer declined	I to answer	□ Unknown
20. Current Legal Status (select all that app	oly)			
Pre-Charge		Outcomes		
☐ Pre-charge diversion		☐ Charges withdrawn	ı	
☐ Court diversion program		☐ Stay of proceedings	S	
		☐ Awaiting sentence		
Pre-Trial		□ NCR		
☐ Awaiting fitness assessment		☐ Conditional dischar	ge	
☐ Awaiting trial (with or without bail)		☐ Conditional sentend	ce	
☐ Awaiting criminal responsibility assessmen	t (ncr)	☐ Restraining order		
☐ In community on own recognizance		☐ Peace bond		
☐ Unfit to stand trial		☐ Suspended sentend	ce	
Custody Status		Other		
☐ ORB detained – community access		□ No legal problem (ii custody)	ncludes absolute d	lischarge and time served – end of
☐ ORB conditional discharge		☐ Consumer declined	I to answer	
☐ On parole		☐ Unknown	i to answer	
☐ On probation		- Olikilowii		
21. Where do you live? (select one)*				
☐ Approved homes & homes for special care		☐ Private non-profit h	ousing	
☐ Correctional/probation facility		☐ Private house/Apt.	SR owned/mai	rket rent
☐ Domicillary hostel		☐ Private house/Apt.	other/subsidize	ed
☐ General hospital		☐ Retirement home/s	enior's residence	9
☐ Psychiatric hospital		☐ Rooming/boarding	house	
☐ Other specialty hospital		☐ Supportive housing	– congregate liv	ving
☐ No fixed address		☐ Supportive housing	_	I
☐ Hostel/shelter		☐ Other		
☐ Long term care facility/nursing home		☐ Consumer declined	I to answer	
☐ Municipal non-profit housing		□ Unknown		
22. Do you receive any support? (select or	-			
□ Independent	☐ Supervised non-fac	ility		declined to answer
☐ Assisted/supported	☐ Supervised facility		□ Unknown	
23. Do you live with anyone? (select one)*				
□ Self	☐ Children		☐ Non-relative	
☐ Spouse/partner	□ Parents			declined to answer
☐ Spouse/partner and others	☐ Relatives		□ Unknown	
24. What is your current employment statu	-			
☐ Independent/competitive	☐ Non-paid work expe			declined to answer
☐ Assisted/supportive	☐ No employment – o	ther activity	☐ Unknown	

^{*} Mandatory fields

☐ Alternative businesses	☐ Casual/sporadic						
☐ Sheltered workshop	☐ No employment of a	ny kind					
25. Are you currently in school? (select one	25. Are you currently in school? (select one)*						
☐ Not in school	☐ Vocational/training o	entre	□ Other				
☐ Elementary/junior high school	☐ Adult education		☐ Consumer declined to answer				
☐ Secondary/high school	☐ Community college		□ Unknown				
☐ Trade school	☐ University						
26. Psychiatric History							
26a. Have you been hospitalized due to yoเ	ır mental health during	the past two years? (select one)*				
☐ Yes ☐ No		☐ Consumer declined	to answer Unknown				
26b. If Yes,							
Total number of admissions for mental hea	Ith reasons:						
If <u>Initial OCAN</u> , list hospital admissions for the	past 2 years OR if Reas	sessment, list hospital a	admissions since last OCAN				
Total number of hospitalization days for me	ental health reasons:						
	in hospital for the past 2	years OR <u>If Reassessn</u>	nent, list total number of days spent in hospital				
since last OCAN							
27 How many times did you visit on Emers	anay Danarimani in the	last 6 manths for ma	ntal haalth respons 2*				
27. How many times did you visit an Emerg		e last 6 months for me					
□ None	□ 2 - 5		☐ Consumer declined to answer				
	□ > 6		☐ Unknown				
28. Community Treatment Order:*			As an array				
☐ Issued CTO ☐ No CTO		☐ Consumer declined	to answer				
29. Diagnostic Categories (select all that ap <i>This information is collected from a variety of s a qualified diagnosing practitioner.</i>		port, and should not be	used for diagnosis without being confirmed by				
☐ Adjustment disorders		☐ Mood disorder					
☐ Anxiety disorder		☐ Personality disorder	rs				
☐ Delirium, dementia, and amnestic and cogn	itive disorders	☐ Schizophrenia and	other psychotic disorders				
☐ Developmental handicap		☐ Sexual and gender	identity disorders				
☐ Disorder of childhood/adolescence		☐ Sleep disorders					
☐ Dissociative disorders		☐ Somatoform disorde	ers				
☐ Eating disorders		☐ Substance related of	disorders				
☐ Factitious disorders		☐ Intellectual disability	or impairment				
☐ Impulse control disorders not elsewhere cla	ssified	☐ Consumer declined	to answer				
☐ Mental disorders due to general medical co	nditions	☐ Unknown					
30. Other Illness Information (select all that	apply)						
☐ Concurrent disorder (substance abuse)		☐ Other chronic illnes	ses				
☐ Dual diagnosis (developmental disability)		☐ Other physical disal	bilities				
31. What is your highest level of education	? (select one)*						
☐ No formal schooling	☐ Some secondary/hig	gh school	☐ College/university				
☐ Some elementary/junior high school	☐ Secondary/high sch	ool	☐ Consumer declined to answer				
☐ Elementary/junior high school	☐ Some college/univer	rsity	□ Unknown				
32. What is your primary source of income	? (select one)*						

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☐ Employment	□ Social assistance		☐ Other	
☐ Employment insurance	☐ Disability assistance	e	☐ Consumer declined to answer	
☐ Pension	☐ Family		□ Unknown	
□ODSP	☐ No source of income	е		
33. Presenting Issues*				
☐ Activities of daily living		☐ Problems with add	ictions	
☐ Attempted suicide		☐ Problems with rela	tionships	
☐ Educational		☐ Problems with subs	stance abuse	
□ Financial		☐ Sexual abuse		
☐ Housing		☐ Specific symptom of	of serious mental illness	
□ Legal		☐ Threat to others		
☐ Occupational/employment/vocational		☐ Threat to self		
☐ Physical abuse		□ Other		
34. Comments:				

Completion Date (YYYY-MM-DD)*: