British Columbia Antenatal Record Part 1 Attending physician/midwife: Referring physician/midwife: Mother's name Date of birth (DD/MM/YYYY) Age at EDD Surname Given name Mother's maiden name Ethnic origin Address Language preferred Occupation Work hrs/day No. of school yrs. completed Partner's name Ethnic origin of newborn's Partner's work Age Phone number Personal health number 2. Allergies ■ None known Medications/herbals Beliefs & practices Yes (reaction) Gravida **Obstetrical History** Term Preterm Abortion (Induced Spontaneous Living Children Place of birth/ Hrs. in Gest. Type Birth Weight | Breastfed | Present health Date Perinatal complications abortion of birth labour age 4. LMP (DD/MM/YYYY) When stopped (DD/MM/YYYY) EDD by dates (DD/MM/YYYY) Confirmed EDD (DD/MM/YYYY) 1st US (DD/MM/YYYY) Menses cycle Contraceptives GA by US (WEEKS + DAYS) 5. Present Pregnancy 7. Medical History 8. Lifestyle & Social No Yes (specify) No Yes (specify) Discussed Concerns Referred ☐ IVF pregnancy ☐ Surgery □ Diet/Food Safety Folic acid Bleeding ■ Nausea Anesthesia ☐ Physical Activity/rest/work Infections or fever ☐ Uterine/Cx procedure ☐ OTC drugs/vitamins Other ☐ STIs/infections ☐ Alcohol ☐ never ☐ quit (DD/MM/YYYY) Drinks/wk: before pregnancy _ Susceptible to chicken pox 6. Family History Binge drinking $\ \square$ No $\ \square$ Yes Yes (specify) Thromboembolic/coag. ☐ TWEAK score (see reverse) ☐ Heart disease ☐ Hypertension ☐ Substance use ☐ No ☐ Yes Hypertension ☐ GI Heroin Cocaine ☐ Marijuana ☐ Solvents □ Diabetes ☐ Other ☐ Urinary Prescription Unknown Depression/psychiatric Endocrine/diabetes ☐ Smoking ☐ never ☐ quit (DD/MM/YYYY) ☐ Alcohol/drug use □ Neurologic Cig/day: before pregnancy ____ ☐ Thromboembolic/coag. ☐ Hx of mental illness □ Exposure 2nd hand smoke □ No □ Yes Maternal Newborn's Father ☐ Inherited disease/defect Financial & housing \Box ☐ Anxiety Depression ☐ Bipolar Ethnic (e.g. Taysachs, Sickle) ☐ Support system PP depression ☐ Unknown ☐ Other ☐ IPV ☐ Other ☐ Other ☐ Public Health Nursing follow-up/assessment 9. Physical Examination 10. First Trimester Topics Discussed: Plans to breastfeed Date (DD/MM/YYYY) | BP Height (CM) Pre-pregnant weight (KG) | Pre-pregnant BMI Prenatal Genetic Screening Genetic counselling offered HIV & other tests Yes Baby's Best Chance Prenatal education Breastfeeding ■ No Seat belt use Sexual relations 11. Summary Head & neck Musculoskeletal Breasts & nipples Varicles & skin Heart & lungs Pelvic exam

Abdomen

Swabs/cervix cytology

MD/MW

SIGNATURE:

British Columbia Antenatal Record Part 2

12. Intende	ed place of b	oirth					Al	ternate pla	ace of b	irth (Hos	spita	al)							
13. Investigations / Result ABO group Rh factor										renatal G	ene	tic Screening Result	Surname			Given n	ame		
PP va						ccinat	ion indi	cated	.,	/he		nesuit	Address						
Antihody ti	tre (DD/MM/	vvvv) Re	esulte	S.T.	S.				G	est diah	etes	s screen (24–28 wks)	Audioss						
Antibody titre (DD/MM/YYYY) Results HIV test done								Yes		1									
2 HBsAg done								Yes 🗌	No										
Rhig given (DD/MM/YYYY) 1 IDD/MM/YYYY)								Negative Positive	G	GBS screen (35 – 37 wks)			Phone numb	er		Persona	al health nur	mber	
2								1 0011110	(D	D/MM/YY	(YY)	Result	15. Potential	or Actual Concerns	:				
Hemoglobin Partner/hou												to hospital	Lifestyle						
1st 3rd NB vaccinat Other tests (e.g										Edinburgh Postnatal Depression Scale (28–32 weeks)			Pregnancy	y					
Urine C & S result							.,	, - ,		(DD/MM/YYYY) Score			Labour						
									Fo	Follow-up Yes No			Breastfeed	ding					
14. Age	14. Age Pre-pregnant weight (KG)				ht (CM))	LMP	MP (DD/MM/YYYY)				nfirmed EDD (DD/MM/YYYY)	Postpartu	m					
													Newborn						
16 . Date	B.P.	Urine	Wt. ((KG)	Gest. wks.		undus (CM)	FHR	FM	Pres. Pos			•	Comments					Next visit
																Give	Pregnancy F	Passport	
															1 st tri serum 10	–13+6 wk	s / NT 11-	13 ⁺⁶ wks	
																2 nd tri se	rum 15-20	⁺⁶ weeks	
																	1411110 20	WOORG	
															At 20 wk	s copy to	patient / to	hospital	
								Reassess diet, physical activity, smoking, alcohol & substance use											
															Discuss	s fetal mo	ovement 26-	-32 wks	
						-				-									
						+													
						+													
						+													
															At 36 wks	s copy to	patient / to	hospital	
SYMPHYSIS - FUNDUS HEIGHT (cm) Use a soft tape measure (cm) Top of symphysis to top of fundus 90%								Call sch	edule			ics Discussed Preterm labour or Birth plan	☐ Ho	ospital admission BAC	☐ Doula ☐ Newborn scr	eening:		stfeeding It safe sle	
40					7	50%		use of b	olood/b	lood pro	duc	ts Pain managem		sarean	bloodspot/h			t car seat	
35					4	30 /6		ther Inves st US (DD/I	-		nme	ents GA by US (WEEKS + DAYS)	ı	If maternal prenata	al screen above cut	-off, amn	iio:	☐ Yes	☐ No
	RGE FOR D	ATES /		ľΙ.	_	10%				,						,			
30	OR TWINS		//	11			_												
25			, /		+														
20	1/	SM	/ALL FO	ı I OR DA	ATES														
15	GESTAT 20 22 24		-	\perp		n	SIGN	ATURE:							MD/MW				
10 10		_0 20 30			JU 40	-	1									1			

British Columbia Antenatal Record Part 2

12. Intende	ed place of b	oirth					Al	ternate pla	ace of b	irth (Hos	spita	al)							
13. Investigations / Result ABO group Rh factor										renatal G	ene	tic Screening Result	Surname			Given n	ame		
PP va						ccinat	ion indi	cated	.,	/he		nesuit	Address						
Antihody ti	tre (DD/MM/	vvvv) Re	esulte	S.T.	S.				G	est diah	etes	s screen (24–28 wks)	Audioss						
Antibody titre (DD/MM/YYYY) Results HIV test done								Yes		1									
2 HBsAg done								Yes 🗌	No										
Rhig given (DD/MM/YYYY) 1 IDD/MM/YYYY)								Negative Positive	G	GBS screen (35 – 37 wks)			Phone numb	er		Persona	al health nur	mber	
2								1 0011110	(D	D/MM/YY	(YY)	Result	15. Potential	or Actual Concerns	:				
Hemoglobin Partner/hou												to hospital	Lifestyle						
1st 3rd NB vaccinat Other tests (e.g										Edinburgh Postnatal Depression Scale (28–32 weeks)			Pregnancy	y					
Urine C & S result							.,	, - ,		(DD/MM/YYYY) Score			Labour						
									Fo	Follow-up Yes No			Breastfeed	ding					
14. Age	14. Age Pre-pregnant weight (KG)				ht (CM))	LMP	MP (DD/MM/YYYY)				nfirmed EDD (DD/MM/YYYY)	Postpartu	m					
													Newborn						
16 . Date	B.P.	Urine	Wt. ((KG)	Gest. wks.		undus (CM)	FHR	FM	Pres. Pos			•	Comments					Next visit
																Give	Pregnancy F	Passport	
															1 st tri serum 10	–13+6 wk	s / NT 11-	13 ⁺⁶ wks	
																2 nd tri se	rum 15-20	⁺⁶ weeks	
																	1411110 20	WOORG	
															At 20 wk	s copy to	patient / to	hospital	
								Reassess diet, physical activity, smoking, alcohol & substance use											
															Discuss	s fetal mo	ovement 26-	-32 wks	
						-				-									
						+													
						+													
						+													
															At 36 wks	s copy to	patient / to	hospital	
SYMPHYSIS - FUNDUS HEIGHT (cm) Use a soft tape measure (cm) Top of symphysis to top of fundus 90%								Call sch	edule			ics Discussed Preterm labour or Birth plan	☐ Ho	ospital admission BAC	☐ Doula ☐ Newborn scr	eening:		stfeeding It safe sle	
40					7	50%		use of b	olood/b	lood pro	duc	ts Pain managem		sarean	bloodspot/h			t car seat	
35					4	30 /6		ther Inves st US (DD/I	-		nme	ents GA by US (WEEKS + DAYS)	ı	If maternal prenata	al screen above cut	-off, amn	iio:	☐ Yes	☐ No
	RGE FOR D	ATES /		ľΙ.	_	10%				,						,			
30	OR TWINS		//	11			_												
25			, /		+														
20	1/	SM	/ALL FO	ı I OR DA	ATES														
15	GESTAT 20 22 24		-	\perp		n	SIGN	ATURE:							MD/MW				
10 10		_0 20 30			JU 40	-	1									1			