British Columbia Antenatal Record Part 1 Attending physician/midwife: Referring physician/midwife: Mother's name Date of birth (DD/MM/YYYY) Age at EDD Surname Given name Mother's maiden name Ethnic origin Address Language preferred Occupation Work hrs/day No. of school yrs. completed Partner's name Ethnic origin of newborn's Partner's work Age Phone number Personal health number 2. Allergies ■ None known Medications/herbals Beliefs & practices Yes (reaction) Gravida **Obstetrical History** Term Preterm Abortion (Induced Spontaneous Living Children Place of birth/ Hrs. in Gest. Type Birth Weight | Breastfed | Present health Date Perinatal complications abortion of birth labour age 4. LMP (DD/MM/YYYY) When stopped (DD/MM/YYYY) EDD by dates (DD/MM/YYYY) Confirmed EDD (DD/MM/YYYY) 1st US (DD/MM/YYYY) Menses cycle Contraceptives GA by US (WEEKS + DAYS) 5. Present Pregnancy 7. Medical History 8. Lifestyle & Social No Yes (specify) No Yes (specify) Discussed Concerns Referred ☐ IVF pregnancy ☐ Surgery □ Diet/Food Safety Folic acid Bleeding ■ Nausea Anesthesia ☐ Physical Activity/rest/work Infections or fever ☐ Uterine/Cx procedure ☐ OTC drugs/vitamins Other ☐ STIs/infections ☐ Alcohol ☐ never ☐ quit (DD/MM/YYYY) Drinks/wk: before pregnancy _ Susceptible to chicken pox 6. Family History Binge drinking $\ \square$ No $\ \square$ Yes Yes (specify) Thromboembolic/coag. ☐ TWEAK score (see reverse) ☐ Heart disease ☐ Hypertension ☐ Substance use ☐ No ☐ Yes Hypertension ☐ GI Heroin Cocaine ☐ Marijuana ☐ Solvents □ Diabetes ☐ Other ☐ Urinary Prescription Unknown Depression/psychiatric Endocrine/diabetes ☐ Smoking ☐ never ☐ quit (DD/MM/YYYY) ☐ Alcohol/drug use □ Neurologic Cig/day: before pregnancy ____ ☐ Thromboembolic/coag. ☐ Hx of mental illness □ Exposure 2nd hand smoke □ No □ Yes Maternal Newborn's Father ☐ Inherited disease/defect Financial & housing \Box ☐ Anxiety Depression ☐ Bipolar Ethnic (e.g. Taysachs, Sickle) ☐ Support system PP depression ☐ Unknown ☐ Other ☐ IPV ☐ Other ☐ Other ☐ Public Health Nursing follow-up/assessment 9. Physical Examination 10. First Trimester Topics Discussed: Plans to breastfeed Date (DD/MM/YYYY) | BP Height (CM) Pre-pregnant weight (KG) | Pre-pregnant BMI Prenatal Genetic Screening Genetic counselling offered HIV & other tests Yes Baby's Best Chance Prenatal education Breastfeeding ■ No Seat belt use Sexual relations 11. Summary Head & neck Musculoskeletal Breasts & nipples Varicles & skin Heart & lungs Pelvic exam

Abdomen

Swabs/cervix cytology

MD/MW

SIGNATURE:

British Columbia Antenatal Record Part 2

12. Intende	ed place of l	birth					Al	Alternate place of birth (Hospital)											
13. Investigations/Result ABO group Rh factor PP vaccinat									Prenatal Genetic Screening Type Result			Surname			Given n	ame			
						ccinat	tion indi	cated		,			Address						
Antibody titre (DD/MM/YYYY) Results									G	Gest. diabetes screen (24–28 wks)									
1 HIV test done								Yes		` '									
2			HBs	Ag do	ne		Yes 🗌	No]							
Rhig given (DD/MM/YYYY) 1 (DD/MM/YYYY)							☐ Negative			GBS screen (35–37 wks) Yes No (DD/MM/YYYY) Result			Phone numb	er		Persona	al health nui	mber	
2								i ositive			YYY)	Result		or Actual Concerns					
Hemoglobin Partner/hou								contact		□ Cc	opv :	to hospital		UI AGUAI GUIIGGIIIS	•				
1st 3rd NB vaccinat										Edinburgh Postnatal Depression Scale			Lifestyle						
Other tests (e.g						s (e.g	j. Hep C, TSH,			(28-32 weeks) (DD/MM/YYYY) Score			Pregnancy	У					
Urine C & S	S result			Van	oonaj					(BD/WW/TTTT)			Luboui	p.					
										Follow-up Yes No				-					
14. Age Pre-pregnant weight (KG)			jht (KG)	Height (CM)			LMP (DD/MM/YYYY)		YYY)	Cor		onfirmed EDD (DD/MM/YYYY)	Postpartu	m					
													Newborn						
16. Date	B.P.	Urine	Wt.	(KG)	Gest wks.		undus (CM)	FHR	FM	Pres. Pos				Comments					Next visit
																Give	Pregnancy I	Passport	
															1 st tri serum 10	−13 ⁺⁶ wk	s / NT 11-	13 ⁺⁶ wks	
																2nd tri se	rum 15-20	I+6 weeks	
																2 1100	1011110 20	WOORG	
															At 20 wk	s copy to	patient / to	hospital	
									Reassess diet, physical activity, smoking, alcohol & substance						ance use				
															Discuss	s fetal mo	ovement 26-	-32 wks	
															At 36 wks	s copy to	patient / to	hospital	
							1												
SYMPHYSIS - FUNDUS HEIGHT (cm) Use a soft tape measure (cm) Top of symphysis to top of fundus 90%							17. Second & Third Trimester Topic Call schedule Risks/benefits of planned o					☐ Preterm labour ☐ Birth plan	☐ VB		☐ Doula ☐ Newborn scr		Infan	stfeeding It safe sle	
						50%	10 0	use of I		olood pro		<u>_</u>	ent 🗌 Ce	sarean	bloodspot/h	earing	☐ Infan	t car seat	S
35			/		41		11	st US (DD/	-		1111110	GA by US (WEEKS + DAYS))	If maternal prenata	al screen above cut	-off, amn	io:	☐ Yes	☐ No
	RGE FOR D	ATES /		[].	-	10%	-	-				,							
30	OR TWINS		/ /	11			1												
25			/																
20	1//		MALL F	ı I OR D∤ ∟ '	ATES											1			
20	1																		
GESTATION AGE (WEEKS) 16 18 20 22 24 26 28 30 32 34 36 38 40							SIGN	ATURE:							MD/MW				
10 18	20 22 24	20 20 30	J 32 3	- JO	JO 41		1									1			