

Northern Virginia Dentist

Beautiful

Natural Smiles

- Full Smile Makeovers
- Porcelain Veneers
- All-Porcelain Crowns
- Invisalign Clear Teeth Straightening

INVISALIGN

The Clear Alternative
to Braces

Full-Mouth Rejuvenation

Restore your teeth to full
health, function and beauty

Nader Hawa, D.M.D.
Restorative & Cosmetic Dentist

Minimally Invasive Dental Implants

Full Dental Implant services in the
comfort of Dr. Hawa's office

Comfortable & Effective Sleep Apnea Treatment

Nader Hawa, DMD
General, Cosmetic & Implant Dentistry

Real Patient Stories



New Patient Specials

EXAM, X-RAYS & CONSULTATION

Comprehensive exam including digital X-rays, panoramic X-rays, TMJ check, intraoral photos, perio probing and oral cancer screening. Learn your treatment options, get any questions answered and receive a treatment plan.

FREE CONSULTATIONS

- Cosmetic Consultation
- Dental Implant Consultation
- Full-Mouth Rejuvenation Consultation

Discuss your goals and concerns, review your treatment options, learn how the treatment works and get any questions answered.

\$49



CONTENTS

3	Friendly & Knowledgeable Dentistry	9	No-Prep Porcelain Veneers
4	Minimally Invasive Dental Implants	10	State-of-the-Art Technology
6	Implant-Supported Dentures	11	Invisible & Fast Teeth Straightening
7	Full-Mouth Rejuvenation	12	Real Patient Stories
8	Cosmetic Dentistry	14	Sleep Apnea Treatment
		15	Dental Services

Northern Virginia Dental Arts
General Cosmetic & Implant Dentistry
46175 Westlake Drive
Sterling, VA 20165
703-665-3274
www.novadentalarts.com

Office Hours
Mon, Tues, Wed 7am to 7pm
Thurs 8am to 5pm
Sat 8am to 2pm

GILLEARD MARKETING
©2016 Gilleard Dentist™
www.GilleardDentalMarketing.com
855-833-0629.info@gilleardmarketing.com

AAD American Academy of Cosmetic Dentistry
MEMBER

invisalign
CERTIFIED PROVIDER

Dr. Hawa opened his practice with the mission to improve the quality of people's lives. Dr. Hawa feels strongly that proper and caring dental treatment can make a marked difference to people's lives. "We can improve a person's ability to eat and speak and get a person out of pain. We can also dramatically improve a person's

Improving quality of life

Dr. Hawa would assist in providing a relaxing experience for my patients," says Dr. Hawa. "Each treatment room faces the trees and lake," he adds.

In his eighteen years as a general dentist Dr. Hawa has always pursued a high standard of care. He completes about ten times the required amount of continuing education annually, seeking out the best field of dentistry. He ensures that he keeps up with the most effective dental technologies, techniques and materials.

Even the location of the practice was an important element in Dr. Hawa's quest to provide high-quality dentistry. North Virginia Dental Arts' modern office is located overlooking a lake surrounded by trees. "I felt that the lake location in the pleasant community of Potomac Falls would assist in providing a relaxing atmosphere for my patients," says Dr. Hawa. "Each treatment room faces the trees and lake," he adds.

Patients find Dr. Hawa and his staff friendly and easy to be around. "The atmosphere is so friendly that takes away all feelings of trepidation about being at a dentist," says one patient, Mary Ellen. "They're all very nice, competent and efficient people and they put you at ease," says another patient, Gene.

Up-to-date, quality dentistry

Dr. Hawa utilizes many of the technological breakthroughs in dentistry, such as 3D and laser technology. "They make treatment accurate, efficient and more comfortable," he says. He also uses

quality materials that will endure, and partners with top labs that blend state-of-the-art equipment with expert hand crafting. "I firmly believe that a strong partnership between a good, professional lab and a competent dentist provides the best results for a patient," he says.



friendly, communicative care
At North Virginia Dental Arts the patient always come first. "Our success is based on delivering the highest-quality dental care and treating people like family," says Dr. Hawa. "We communicate with people in order to determine their goals and concerns, answering their questions fully and educating them about their treatment options."

Dr. Hawa utilizes many of the technological breakthroughs in dentistry, such as 3D and laser technology. "They make treatment accurate, efficient and more comfortable," he says. He also uses

Friendly and Knowledgeable Dentistry

appearance by creating beautiful, natural smiles. These results can assist in raising a person's self-confidence and happiness and improve overall health."



Nader Hawa, DMD
Dr. Nader Hawa graduated from the University of Louisville School of Dentistry, one of the top-rated dental schools in the country. He is proficient in all general dental procedures, including endodontics (root canal therapy), extractions, dental implants and full-mouth rejuvenation as well as cosmetic dentistry and Invisalign. He has completed over 24,000 hours of continuing education since graduating dental school in 1998.

Right: Dr. Hawa was voted one of America's Top Dentists by the Consumers' Research Council of America.



Dr. Hawa and his staff are knowledgeable, caring, gentle and kind. It's like going to see family. — Bonnie

**DENTAL
SLEEP
MASTERS**
THE HIGHEST LEVEL OF QUALITY

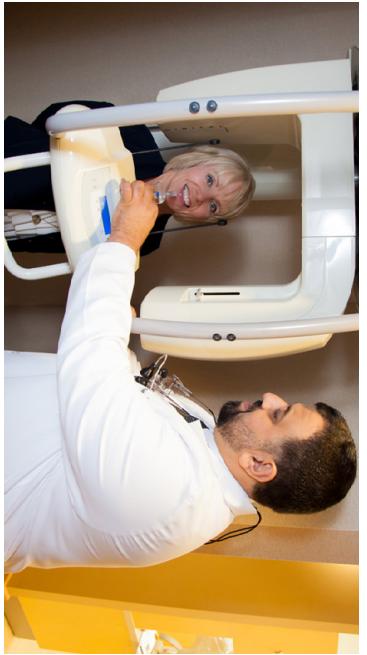
Minimally Invasive Dental Implants

Full Dental Implant Services in the comfort of Dr. Hawa's office

3D Tech = Minimally invasive

Dr. Sanz uses the latest in 3D technology to plan the surgery ahead of time. Using a state-of-the-art 3D imaging system—a dental CT scanner—he can capture 3D X-rays and view the jaw and teeth in 360° view.

"The 3D technology is invaluable," says Dr. Sanz. "It allows me to see exactly where all the structures are to precisely plan the implant placement. I can create a surgical guide that places the implant in the right position and at the correct angle. This eliminates much of the cutting and suturing traditionally connected with dental implant surgery."



Dr. Hawa taking panoramic X-rays of a patient's teeth and jaw

In the past, not all patients were able to take advantage of dental implants for reasons such as lack of bone, or health issues such as diabetes. With recent advances in technology, it has become possible to use dental implants for most cases of missing teeth.

Dr. Hawa has embraced these advances in implant dentistry to provide patients with accurate, comfortable and minimally invasive implant treatment. Together with his in-house implant surgical specialist, periodontist Dr. Javier Sanz, he can provide all phases of dental implant treatment, from surgery to the final teeth. "I believe that having a specialist and a general dentist working on an implant case together gives the patient the best of both worlds," says Dr. Hawa.

Experienced & knowledgeable Implant Dentistry

As a periodontist, Dr. Sanz is a specialist in implant placement. He has placed thousands of implants and has completed extensive advanced education, including his board certification in periodontology. He is also an accomplished researcher and lecturer.

Dr. Sanz is finding the locations in the jaw bone that have the best bone density and volume in which to place the implant, which eliminates the need for bone grafting in many cases.

Where bone grafting is necessary, Dr. Sanz applies special growth factors which he centrifuges from drops of the patient's own blood. This speeds the creation of the new bone and assists in the stability of the dental implant.

Dr. Sanz can also perform a "sinus lift" when the sinus cavity has expanded to the

Not enough bone? No problem!
Bone loss in the jaw occurs when teeth have been missing for an extended period or as a result of periodontitis. Successful implant treatment requires sufficient bone for the implant placement.

The 3D technology additionally assists Dr. Sanz in finding the locations in the jaw bone that have the best bone density and volume in which to place the implant, which eliminates the need for bone grafting in many cases.

Where bone grafting is necessary, Dr. Sanz applies special growth factors which he

centrifuges from drops of the patient's own blood. This speeds the creation of the new

bone and assists in the stability of the dental

implant.

Dr. Sanz can also perform a "sinus lift" when the sinus cavity has expanded to the

point that there isn't enough bone for an implant. This procedure uses bone grafting to add bone to the upper back jaw.

Beautiful new teeth

Patients can also expect the best when it comes to the final restoration—the new tooth or teeth. Depending on the quantity of missing teeth being replaced, Dr. Hawa attaches a crown, a denture or a dental bridge to the implants. "A few implants can support an entire arch of teeth made into a denture or bridge," says Dr. Hawa. "This is a more economical solution than using an implant for every tooth."

Dr. Hawa creates crowns, dentures

and bridges that are natural-looking

and durable. He uses the highest-quality

materials, including ceramic zirconia,

which provides strength without the need for metal.

The Benefits of Dental Implants

Most dentists agree that dental implants are the modern solution for missing teeth, preferred over both dental bridges or single teeth replacement and dentures for multiple tooth replacement. Dental implants have many benefits:



What is a Dental Implant?
A dental implant is an artificial tooth root made of titanium. It is placed in the jawbone and a crown, dental bridge or denture is attached.

Dr. Hawa can replace several or all missing teeth using individual implants, implant-supported dental bridges or implant-supported dentures. For full-teeth replacement using implants, the most economical option is snap-in implant-supported dentures.

FREE IMPLANT CONSULTATION

- Discuss your goals and concerns
- Review your treatment options
- Learn how the treatment works
- Get any questions answered

Call 703-665-3274 to schedule your free consultation.

Real Patient Stories

"My family has been with the practice since it began. We have had a great relationship with the staff and have always had excellent treatment. Our dental care has been their priority. We have always been met with friendliness and courtesy and we appreciate Dr. Hawa's friendly demeanor.

"We continue to get excellent dental care, with a focus on creating and maintaining a healthy smile!" — Mindy

The staff make sure patients are comfortable.

Loose dentures?

Maintain full comfort and chewing ability with Implant-Supported Dentures!



Dr. Hawa can stabilize patients' existing dentures or new dentures using dental implants. Patients can choose between snap-in dentures or fixed-in dentures. With either option, they will have practically normal chewing and biting power, and never experience the discomfort of a loose denture. Implant-supported dentures also prevent the continuous bone loss in the lower face that leads to a prematurely aged look.

Dentures by themselves have many drawbacks, including as low as 10% of regular chewing power and progressive bone loss. The continuous bone loss makes it difficult to keep a denture properly fitted, leading to loose dentures as well as eventual collapse of the lower part of the face.

Denture-wearers typically have the most problems with their lower denture. "It is almost impossible to keep a lower denture stable without some implants to support it," says Dr. Hawa. The suction from the palate of an upper denture helps keep the upper denture stable, however with an implant-supported denture the upper palate can be done away with. "Patients enjoy being able to taste fully and not have the false palate on the roof of their mouth," explains Dr. Hawa.

Snap-In Dentures

To create snap-in dentures, Dr. Hawa places four to six implants in each arch which snap into the patient's existing

dentures or newly created dentures. This is the most economical option using implants. Four implants can be sufficient, but Dr. Hawa prefers to use up to six because of the additional stability and security the extra implants afford. "The extra implants also guarantee more chewing power—as much as 80% to 90% of natural chewing and biting power," says Dr. Hawa. "This means a patient can eat just about anything."

Fixed-in Dentures

To return their dentition to an almost natural state, patients sometimes opt to have fixed-in implant-supported dentures. "Although we call them dentures," says Dr. Hawa, "at this point, the new teeth are really not dentures as they are not removable. They are usually made from denture material but without the top palate but they can also be made from the lifelike ceramic zirconia."

Patients who have been wearing dentures for an extended time would normally need bone grafting to be able to support the implants for fixed-in dentures, but they can also take advantage

Above: Patients can get fixed-in dentures that closely simulate natural teeth, including the All-on-Four procedure is shown above, which doesn't require any bone grafting and can be completed in a visit or two.



All-on-Four. "With all-on-four, patients don't need bone grafting. We use the best available bone, and place special, long implants at an angle to provide the support needed," says Dr. Hawa.

Free Consultation

Dr. Hawa offers a Free Consultation for denture-wearers or people with broken-down teeth, considering getting dentures. Dr. Hawa discusses treatment options and answers any questions. Call 703-665-3274 to schedule a consultation.

To schedule your free consultation, call 703-665-3274.

Left: Bone loss occurs as a result of leaving teeth unplaced and wearing dentures. Without the stimulation from full-force chewing, the bone under the teeth gradually re-absorbs back into the body. Wearing dentures intensifies this process due to the constant friction of the denture on the bony ridge. Eventually, so much bone is lost that the lower part of the face collapses in on itself; The chin moves toward the nose and the mouth and cheeks sink in, causing deep wrinkles and folds.



FULL-MOUTH REJUVENATION



People with badly decayed, broken-down or missing teeth can feel hopeless about being able to regain their smile and chewing function. In a full-mouth rejuvenation Dr. Hawa completely repairs patients' teeth, gums and jaw bone so that full oral function is returned. A full-mouth rejuvenation can include a variety of procedures, including:

- Root canal therapy
- Dental implants
- Implant-supported restorations,
- Teeth extractions
- Periodontal treatment
- Bone grafting and sinus lifts
- Porcelain crowns, veneers and bridges
- Orthodontics

Dr. Hawa has the training and

experience to treat even complex full-mouth rejuvenation cases. He has completed over a hundred full-mouth rejuvenations. He knows what to look for, knows what mistakes not to make and if a specialist is needed, he coordinates the treatment so that the end result is exactly what the patient needs and wants.

FREE CONSULTATION

- Discuss your goals and concerns
- Review your treatment options
- Learn how the treatment works
- Get any questions answered

To schedule your free consultation, call 703-665-3274.



Dr. Hawa uses intraoral photos to show patients in full color what is going in their mouth. The first step of a full-mouth rejuvenation is an exam and thorough diagnostics. This includes panoramic X-rays (above).



Dr. Hawa makes a wax model of the patient's teeth to study them for bite alignment. Laser dentistry is used to make treatment precise and comfortable.

Creating Beautiful Natural Smiles

with experienced
Cosmetic Dentist
Dr. Nadar Hawa

Meticulous planning Dr. Hawa has transformed hundreds of patients' smiles and has focused a large portion of his continuing education on cosmetic dentistry. "I love helping patients have a smile they like," explains Dr. Hawa. "It's something I live for!"

A woman with long, straight blonde hair is smiling warmly at the camera. She is wearing a bright blue sleeveless top. In her hands, she holds a large, vibrant bouquet of flowers, including pink roses, red carnations, and various smaller flowers and greenery. The background is slightly blurred, showing what appears to be an indoor setting with wooden chairs and a table.

**FREE COSMETIC
CONSULTATION**

For a fast smile makeover, and a beautiful, natural-looking smile, Dr. Hawa uses durable and aesthetic porcelain veneers.

Porcelain veneers are thin layers of porcelain that are attached to the front surfaces of teeth to help improve their shape or color or to cover chipped or pitted teeth. They can also be used to straighten mildly crooked teeth or close gaps between the teeth. They are a fast and long-lasting solution for enhancing a smile, and with proper care, they can last a lifetime.

Dr. Hawa has transformed hundreds of patients' smiles using veneers. He uses the highest grade porcelain for his veneers because of its superior aesthetics and strength.

A photograph showing two dentists, a man and a woman, smiling and interacting with a patient. The man, Dr. Suresh, is in the foreground, wearing a white coat and glasses, pointing towards a dental model. The woman, Dr. Hawa, is in the background, also smiling. A dental model of a skull is on the desk between them.

Before & After Smile Gallery



This patient received no-prep veneers.

This patient received e-max porcelain crowns

5-YEAR GUARANTEE FOR

Free Cosmetic Consultation

Meet with Dr. Hawa and learn your treatment options to transform your smile. Get any questions answered. Your free consultation includes:

- Digital and intraoral photos
- See before and after photos
- Review treatment options

Call 703-665-3274 to schedule your free consultation.

- CONDITIONS DR. HAWA CAN FIX WITH COSMETIC DENTISTRY
 - Chips and fractures in teeth
 - Gaps and bad spacing between teeth
 - Yellow, discolored and stained teeth
 - Gummy smiles and uneven gum lines
 - Crooked teeth
 - Missing teeth
 - Old silver fillings

- Gaps and bad spacing between teeth
 - Yellow, discolored and stained teeth
 - Gummy smiles and uneven gum line
 - Crooked teeth
 - Missing teeth
 - Old silver fillings
 - Mismatched or mishapen teeth

Center at the Dawson Academy. He has completed hundreds of smile transformations. "The most important thing for me in dentistry is to make people happy, and cosmetic dentistry is an important part of that," says Dr. Hawa.



TOOLS DR. HAWA USES FOR COSMETIC DENTISTRY

- Invisalign® Clear Teeth Straightening
 - Professional-strength take-home teeth whitening with KÖR
 - Dental Bonding to repair chips and minor fractures
 - Porcelain Crowns
 - Laser gum treatment for gummy smileline
 - Dental Implants for missing teeth

Free Cosmetic Consultation
Meet with Dr. Hawa and learn your treatment options to transform you smile. Get any questions answered.

Free Cosmetic Consultation

5-YEAR GUARANTEE FOR

Free Cosmetic Consultation

Meet with Dr. Hawa and learn your treatment options to transform your smile. Get any questions answered. Your free consultation includes:

- Digital and intraoral photos
- See before and after photos
- Review treatment options

Call 703-665-3274 to schedule your free consultation.

8

you



8 NORTHERN VIRGINIA DENTIST

STATE-OF-THE-ART TECHNOLOGY

Dr. Hawa uses state-of-the-art technology to provide accurate, comfortable and efficient dentistry, and to provide advanced dental care for his patients.

Digital imaging is an important facet of modern dentistry. Dr. Hawa uses digital X-rays, panoramic X-rays and, as needed, 3D X-rays with a dental CT scanner. Panoramic X-rays provide a broad view of the teeth and mouth and 3D X-rays give a 3D, 360° view of the teeth and mouth. He uses 3D X-rays for implant placement.

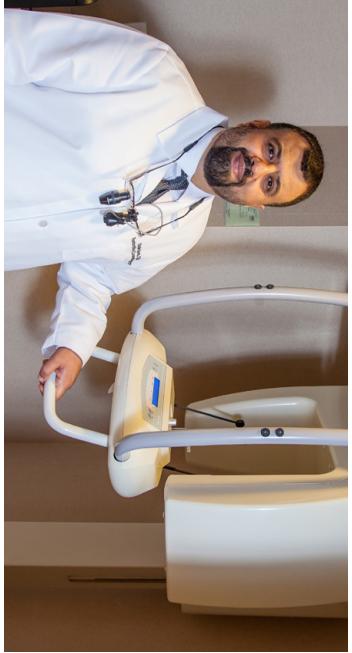
Another must-have in modern dentistry is laser technology. The narrow, precise beam from a laser can cut soft or hard tissue without affecting the surrounding tissues. It also cauterizes as it cuts, eliminating bleeding and reducing any swelling.

Dr. Hawa uses a water-based laser as part of surgeries, for crown preparation for the final shaping of the tooth and for implant placements. He uses it in gum disease treatment to remove bacteria and cauterize the gum tissue. The laser emits a stream of water at the same time as the beam of light, so that the area being treated is automatically cooled.

Right and Far Right: Dr. Hawa uses a dental laser to provide efficient, precise and comfortable surgery and gum disease treatment.



Left: Dr. Hawa uses intraoperative photography to get a color view of the patient's mouth and to be able to show patients the condition of their teeth. **Below:** Dr. Hawa's modern treatment rooms overlook the lake outside the office.



Above: Dr. Hawa's panoramic X-ray system. Below left: Digital X-rays. Below right: Dr. Hawa showing a patient panoramic X-rays.

Invisalign treatment consists of a series of clear plastic aligners that gradually and precisely move teeth into place. Unlike metal braces, they can be removed and only need to be worn 20 to 22 hours in a day. Invisalign has been proven for over a decade to get similar results to traditional metal braces in most cases of crooked, crowded or gapped teeth, or poorly aligned bites.

Invisalign can be used by adults of any age and by teens whose adult dentition has fully erupted. Treatment is about the same length as traditional braces. It costs about the same and Invisalign is covered under most dental insurance policies.

Dr. Hawa has completed over 200 cases of Invisalign. Not only is he an experienced Invisalign provider; he is also an experienced cosmetic dentist, which helps him plan the Invisalign treatment for an aesthetic result.

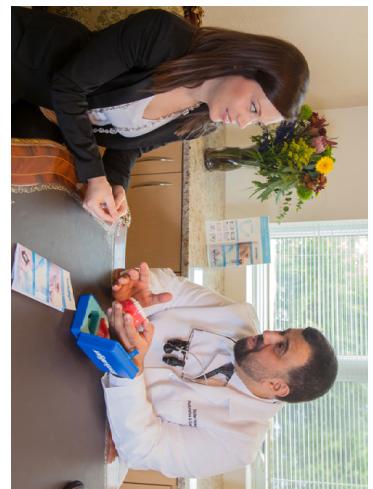
Benefits of Invisalign

Invisalign's greatest benefit is its virtual invisibility, but it has other advantages as well: the smooth, comfortable plastic of the Invisalign aligners can be less irritating than metal braces, and patients can take out their aligners to eat whatever they want and to floss and brush their teeth.



Invisalign Teen
Dr. Hawa is also an Invisalign Teen provider. Many teens prefer Invisalign over traditional metal braces for its superior aesthetics, as well as for its greater comfort. Teens can enjoy the important moments of their lives without braces marring their smiles.

Dr. Hawa is an experienced Invisalign provider who treats teens and adults. Invisalign uses clear "aligners" to gently straighten teeth. It can remedy most cases of crooked teeth or misaligned bites.



Invisalign Teen can be just as effective as metal braces for all the most common teeth-straightening issues when employed by a trained provider such as Dr. Hawa.

Invisalign Teen includes some nifty benefits to ensure success: teens get six spare aligners in case of loss, and indicators embedded in the aligners show how much they've been wearing them. All the same,

studies by Invisalign have shown that on average teens are very compliant and wear their aligners for the correct amount of time. For minor cases of crowding and spacing, Dr. Hawa can help patients with Invisalign Express. "This is a great tool for patients who want quick treatment of cosmetic issues, especially for their front teeth," says Dr. Hawa. "It usually takes about four to five months."

Invisalign Express

For minor cases of crowding and spacing, Dr. Hawa can help patients with Invisalign Express. "This is a great tool for patients who want quick treatment of cosmetic issues, especially for their front teeth," says Dr. Hawa. "It usually takes about four to five months."

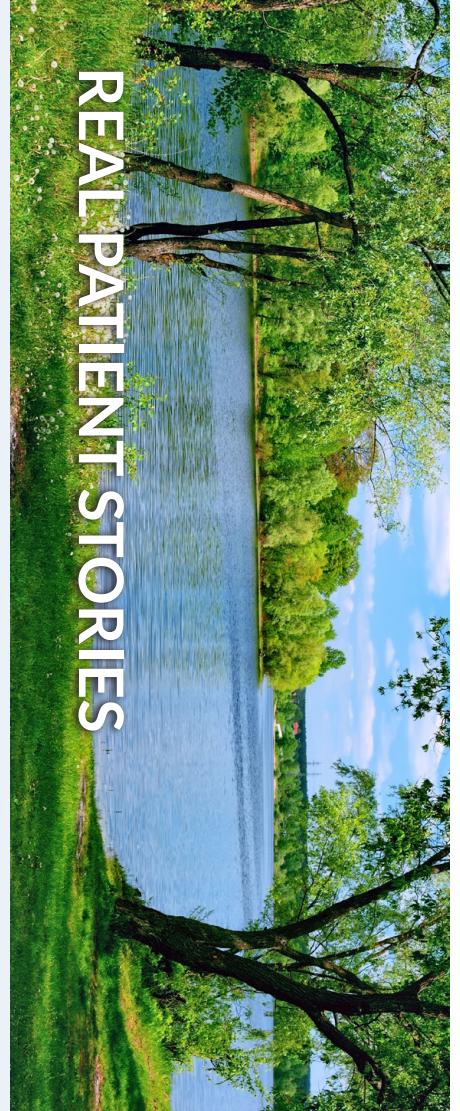


INVISALIGN SPECIALS

- Free Consultation: find out if Invisalign is right for you or your teen
- Interest free financing for one year
- 10% discount if paid in full prior to treatment start
- Free teeth whitening

Call 703-665-3274 to schedule your consultation.

REAL PATIENT STORIES



"I was in pain and I couldn't eat. I had cracked a filling and my molar was in serious pain. I needed an appointment ASAP!

"Dr. Hawa is simply fantastic! I was very impressed at how his entire office made me feel like more than just a set of teeth. My pain was taken seriously and Dr. Hawa immediately put me at ease by taking a very friendly approach. The treatment was quick, perfect, and scheduled around my very busy calendar.

"The follow-up calls his office made were unexpected but very welcome. I could tell he cared about his patients even after they left the

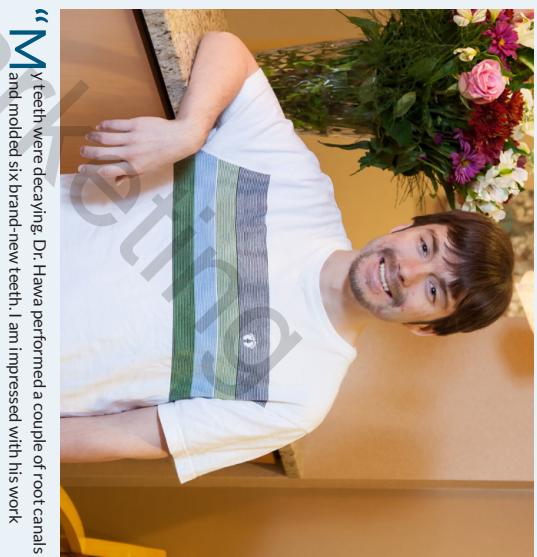
office. As a customer service manager, I can't help noticing the efforts to make sure I felt valued as a customer. It worked this the best dental experience I have had to date.

"I like everything about Dr. Hawa! He is personable and very friendly. The office is very welcoming and the office staff make you feel extremely comfortable.

"My smile has improved now and I can confidently eat what I like.

"FANTASTIC dental expertise, customer service and office. HIGHLY RECOMMENDED!" — Joseph

FANTASTIC dental expertise, customer service and office!" — Joseph



"My teeth were decaying. Dr. Hawa performed a couple of root canals and molded six brand-new teeth. I am impressed with his work beyond words.

"The treatment helped the way my smile looks along with helping keep my mouth healthy in general. The primary nurse was a joy to have around; she was personable and just an all-around nice human being. The office is very relaxed, polite and I feel comfortable. Dr. Hawa himself is one of a kind in the sense that he is extremely good at his job and he has amazing people skills without coming off as being phony. You can joke and he is the epitome of how a doctor should treat their patients.

"My experience was a great one and it was evident that both the nurse and Dr. Hawa took care and precision to do their jobs in an excellent fashion. The benefits of the treatment are spectacular: I am no longer afraid to smile with my mouth open, my tooth decay is not bothering me like it was, and I feel so much better knowing that I have a dentist who I can go to that I can count on and feel comfortable with." — Matt



"Dr. Hawa and his staff are very friendly, professional and approachable. As someone who is not particularly fond of dental visits, Dr. Hawa and his staff make the experience enjoyable.

"I love catching up with my hygienist and Dr. Hawa during my cleanings. The staff do a very good job of building a rapport with their patients. I love how friendly and welcoming they are." — Jordan

The office is great

and the people who work there are even better. My time with these people has been the best. Dr. Hawa is the best doctor I have had." — Scott

"Dr. Hawa and his staff show a high level of professionalism and respect for their patients. Dr. Hawa is friendly, smart and obviously a very good dentist. You will find a friendly and understanding staff there as well."

"Dr. Hawa explains the details of treatment options thoroughly, never trying to sell unnecessary procedures or products. Dr. Hawa is a perfectionist: a crown he ordered for me came from the lab less than perfect in his estimation, so he had them redo it. This meant he had to do a second fitting at no charge to me." — Scott

"Dr. Hawa is extremely good at his job and he has amazing people skills." — Matt

See pages 2 and 5 for more Real Patient Stories

Comfortable & Effective

Sleep Apnea Treatment with Oral Appliance Therapy



Dr. Hawa showing an oral appliance used to treat sleep apnea.

Oral Appliance Therapy is recommended by the American Academy of Sleep Medicine for mild to moderate sleep apnea. Dr. Hawa employs comfortable mouthguard-like devices to prevent sleep apnea.

Onstructive sleep apnea (OSA) is a potentially serious disorder characterized by pauses in breathing for ten seconds or more during sleep. Apnea is a Greek word meaning "without air." Typical symptoms of sleep apnea include excessive daytime sleepiness, impaired concentration, morning headaches and snoring. It occurs when the soft tissue at the back of the throat relaxes during sleep, causing a blockage of the airway.

Oral Appliance Therapy

Traditionally, sleep apnea has been treated by the use of a CPAP (Continuous Positive Airway Pressure), a machine that streams air into the nose and mouth via a mask. While effective, about 50% of patients find they can't tolerate CPAP treatment. For a proven and reliable alternative to sleep apnea treatment, the American Academy of Sleep Medicine recommends oral appliance therapy. Studies have shown a very high effectiveness for sufferers of mild to moderate sleep apnea, and moderate

effectiveness for sufferers of severe sleep apnea.

An oral appliance is used at night to keep the airways continuously open. It works by moving the lower jaw slightly forward. For patients who are not sure if they have sleep apnea,

Dr. Hawa conducts a screening followed by several tests in

conjunction with a partner sleep physician to ascertain the presence of sleep apnea, and if present, what severity.

Dr. Hawa works closely and in coordination with medical

doctors in the treatment of sleep apnea. He fits patients who have

a diagnosis of sleep apnea with a sleep apnea appliance. He takes

various measurements to ensure a correct fit. He uses premium

oral sleep devices that are comfortable and effectively keep the

airway open. Most medical insurances cover oral appliance

therapy.

Dr. Hawa offers a [Free Sleep Apnea Treatment Consultation](#) for

people diagnosed with sleep apnea or for people who suspect they

might have it. Call 703-665-3274 to schedule your consultation.



North Virginia Dental Arts Affordable Dental Plan

maximums, and no waiting periods to begin treatment. Dental benefits coverage begins immediately on plan registration.

Benefits

- Two Teeth Cleanings per year—No Charge (a value of \$36)
- Two Dental examinations per year—No Charge (a value of \$81-\$162)
- Any Necessary X-rays as part of the examinations—No Charge (a value of \$164)

(These three services alone would normally cost \$481-\$562)

No Dental Insurance? No Worries!

Dr. Hawa provides affordable family dentistry with no monthly premiums. With the office's Affordable Dental Plan, patients can save hundreds, even thousands, of dollars every year on their dental care. Unlike conventional insurance plans, with Dr. Hawa's plan there are no deductibles, no yearly

Dental Bonding

Small imperfections of a tooth can be economically remedied with dental bonding—the application of tooth-colored composite material.

Professional Teeth Whitening
Effective teeth whitening with KōR Whitening Deep Bleaching™ System.

Porcelain Crowns

All-porcelain and all-zirconia crowns for maximum durability and aesthetics. All our crowns are no-metal and bio-compatible.

Porcelain Onlays & Inlays

Porcelain restorations that fit over (onlays) or between the cusps of the tooth (inlays). Onlays and inlays are used for large fillings and severely decayed teeth and are more conservative than a crown.

Dental Implants

Natural-looking and natural-acting tooth replacements. [See page 4.](#)

Northern Virginia Dental Arts Services

FRIENDLY, KNOWLEDGEABLE AND RELAXING DENTISTRY

New Patient Exams

• Comprehensive oral exam

• Intraoral photos

• Panoramic X-rays

• Periodontal (gum) exam

• TMJ evaluation

• Oral cancer screening with ViziSite

• Find out what treatment you need and your options

• Get any questions answered

• Custom treatment plan

Cleanings

North Virginia Dental Arts' hygienists each have over 20 years of experience. They keep up to date with the latest technologies and take considerable continuing education. Patients can be assured of thorough and gentle cleanings.

Cosmetic Dentistry

Beautiful, natural-looking smile makeovers with experienced cosmetic dentist

Invisalign® Clear Braces

Invisalign®, Invisalign Teen & Invisalign Express. [See page 11.](#)

No-Prep Porcelain Veneers

Smile transformations without any loss of tooth structure; in as little as two visits! [See page 9.](#)

Dental Bonding

Small imperfections of a tooth can be economically remedied with dental bonding—the application of tooth-colored composite material.

Professional Teeth Whitening
Effective teeth whitening with KōR Whitening Deep Bleaching™ System.

Porcelain Crowns

All-porcelain and all-zirconia crowns for maximum durability and aesthetics. All our crowns are no-metal and bio-compatible.

Porcelain Onlays & Inlays

Porcelain restorations that fit over (onlays) or between the cusps of the tooth (inlays). Onlays and inlays are used for large fillings and severely decayed teeth and are more conservative than a crown.

Dental Implants

Natural-looking and natural-acting tooth replacements. [See page 4.](#)

Dental Bridges

Precisely fitted, durable and aesthetic dental bridges for missing teeth.

One-Visit, High-Tech Root Canals

Gentle and comfortable root canals using a high-tech procedure, including a special rotary device, digital X-rays to ensure the canal is fully cleaned and tooth build-up for full support of the crown.

Sleep Apnea Treatment

Comfortable and effective sleep apnea treatment with Oral Appliance Therapy. [See page 14.](#)

Full-Mouth Rejuvenation

Restoring smiles to full health, function and beauty. [See page 7.](#)

Teeth Extractions

Precise and gentle tooth and wisdom tooth extractions.

Dentures

Meticulously designed dentures. For stability and to prevent bone loss, dentures with dental implants.

Gum Disease Treatment

North Virginia Dental Arts can treat mild to severe gum disease. Most gum disease can be remedied using conservative methods, including laser sterilization, ultrasonic scalers and local slow-release antibiotic treatments.

TMJ (jaw joint) Treatment

Dr. Hawa does a thorough analysis for the causes of TMJ problems and provides treatment options to remedy the issues.

PAYMENT OPTIONS

Dr. Hawa and the staff at Northern Virginia Dental Arts are passionate about helping people get the treatment they need. "I think the most important thing in dentistry is understanding patients and helping them make the best choice within their goals and budget," says Dr. Hawa.

SAME-DAY EMERGENCY TREATMENT

People with dental emergencies should come in right away during office hours. Dr. Hawa will find the source of the pain and does immediate treatment to get the patient out of pain.

PERIODONTAL SERVICES

Dr. Hawa and the staff at Northern Virginia Dental Arts from the age of 2. Dr. Hawa and the hygienists have a good rapport with kids. They offer several children-only services, including:

PERIODONTAL SERVICES

North Virginia Dental Arts offers full in-house periodontal services, including:

PERIODONTAL SERVICES

• 10% discount for payment in full for any treatment over \$1000.

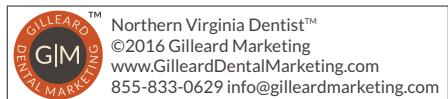
PERIODONTAL SERVICES

• Treatment for gummy smiles

PERIODONTAL SERVICES

• Treatment for uneven gums

**Northern Virginia
Dental Arts**
46175 Westlake Drive
Sterling, VA 20165



Have Missing or Broken-Down Teeth? Do You Hide Your Smile?

**Restore your smile to full
health, function and beauty
with Dental Implants.**



Dental implants are the modern, lasting solution for missing teeth or teeth beyond repair.



"Excellent customer service. Very friendly!"
— Mindy, Dental Implant Patient

Free Implant Consultation

- Discuss your goals and concerns
- Review your treatment options
- Learn how the treatment works
- Get any questions answered

**Call 703-665-3274 to
schedule your consultation!**

www.novadentalarts.com

