

# Lipschitz and bi-Lipschitz Functions

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Let  $Q_0 = [0, 1]^n$  be the unit cube in  $\mathbb{R}^n$  and let  $f: Q_0 \rightarrow \mathbb{R}^m$ ,  $m \geq n$ , have Lipschitz norm bounded by one,

$$(1) \quad \|f\|_{\text{Lip}} = \sup_{\substack{x, y \in Q_0 \\ x \neq y}} \frac{|f(x) - f(y)|}{|x - y|} \leq 1.$$

Then classical results (see e.g. Federer [2] or Stein [5]) assert that

$$Df = \left( \frac{\partial f_i}{\partial x_j} \right)_{i,j}$$

is defined almost everywhere on  $Q_0$ , and  $f$  may be recovered from  $Df$  via integration along line segments parallel to the axes. We also recall two classical qualitative results. Let  $\mathcal{H}(\cdot)$  denote  $n$  dimensional Hausdorff measure and let  $h$  denote  $n$  dimensional Hausdorff content,

$$h(E) = \inf \sum_{j=1}^{\infty} c_n r_j^n$$

where the infimum is taken over all coverings of  $E$  by balls  $B(x_j, r_j)$  with no restrictions on the radii  $r_j$ . Then  $h(E) \leq \mathcal{H}(E)$  and if  $E \subset \mathbb{R}^n$ ,  $h(E) = \mathcal{H}(E)$ . Sard's theorem asserts that  $\mathcal{H}(\{f(x): \text{Rank}(Df(x)) < n\}) = 0$ . A slightly stronger result is that one can decompose

$$Q_0 = G \cup \bigcup_{j=1}^{\infty} K_j$$

where  $\mathcal{H}(f(G)) = 0$  and  $f$  is bi-Lipschitz on each  $K_j$ , i.e. there are constants  $c_j$  such that

$$|f(x) - f(y)| \geq c_j |x - y|, \quad x, y \in K_j.$$

A qualitative version of the last result was first given by Guy David in [1].

**Theorem** (Guy David [1]). *Suppose  $f: Q_0 \rightarrow \mathbb{R}^n$  satisfies  $\|f\|_{\text{Lip}} = 1$  and  $\mathcal{H}(f(Q_0)) \geq \epsilon > 0$ . Then there is  $\delta = \delta(\epsilon) > 0$  and  $K \subset Q_0$  such that  $\mathcal{H}(K)$ ,  $\mathcal{H}(f(K)) \geq \delta$  and*

$$|f(x) - f(y)| \geq \delta |x - y|, \quad x, y \in K.$$

David's result was used to prove boundedness properties for singular integrals on certain surfaces  $S \subset \mathbb{R}^m$ . If  $S = f(\mathbb{R}^n)$  where  $f$  is Lipschitz and satisfies some other criterion, the above theorem can be used to show that for all  $x_0 \in S$  and all  $r > 0$ ,  $S \cap \{x \in \mathbb{R}^m : |x - x_0| \leq r\}$  contains a subset  $K = K(x_0, r)$  such that  $\mathcal{H}(K) \geq cr^n$  and such that singular integrals are known to be bounded operators on  $L^2(K)$ . Real variables methods are then used to show that singular integrals are bounded on  $L^2(S)$ . In this note we present a generalization and strengthening of David's theorem. Our proof is also shorter than David's.

**Theorem.** *Suppose  $f: Q_0 \rightarrow \mathbb{R}^m$  satisfies  $\|f\|_{\text{Lip}} = 1$ . Then for each  $\delta > 0$  there is  $M(\delta) < \infty$  and there are closed sets  $K_1, \dots, K_M \subset Q_0$ ,  $M \leq M(\delta)$ , such that*

$$h\left(f\left(Q_0 \setminus \bigcup_{j=1}^M K_j\right)\right) < \delta$$

and such that

$$|f(x) - f(y)| \geq \frac{\delta}{2} |x - y|, \quad x, y \in K_j, \quad 1 \leq j \leq M.$$

By using truncation methods, the theorem can be seen to have  $L^p$  analogues.

**Corollary.** *Suppose  $f = (f_1, \dots, f_m): Q_0 \rightarrow \mathbb{R}^m$  is such that each  $f_j$  is in the Sobolev space  $W^{1, n+\epsilon}$  (one derivative in  $L^{n+\epsilon}$ ) with  $\|f_j\|_{W^{1, n+\epsilon}} \leq 1$ ,  $1 \leq j \leq m$ . Then the conclusions of the theorem hold with  $M = M(\epsilon, \delta)$ .*

**PROOF.** Fix  $N < \infty$  and build  $F$  such that  $\|F\|_{\text{Lip}} \leq N$  and  $\mathcal{H}(\{x : F(x) \neq f(x)\}) \leq cN^{-(n+\epsilon)}$ . Then use the theorem plus the fact that for any  $G \subset Q_0$ ,  $\mathcal{H}(f(G)) \leq C\mathcal{H}(G)^{(\epsilon/n)/(1+\epsilon/n)}$ .  $\square$

The proof of the theorem is given in section 2. The main tool is a Littlewood-Paley inequality. The theorem can be used to obtain a different approach to Guy David's results on singular integrals; this will appear elsewhere.

It is with great sorrow that I dedicate this paper to the memory of my good friend José-Luis Rubio de Francia.

## 2. Proof of the Theorem

Let  $F(x)$  be a real valued function on  $\mathbb{R}^n$  and let  $F(x, y)$  denote its Poisson (harmonic) extension to  $\mathbb{R}_+^{n+1} = \{(x, y) : x \in \mathbb{R}^n, y > 0\}$ . Also let

$$\nabla F(x, y) = (F_{x_1}(x, y), \dots, F_{x_n}(x, y), F_y(x, y))$$

denote the gradient of  $F$ . Then if  $Q \subset \mathbb{R}^n$  is any cube with sidelength  $\ell(Q)$ , and if  $R(Q) = Q \times (0, \ell(Q)]$ ,  $\nabla F$  satisfies the well-known BMO type estimate

$$(2.1) \quad \iint_{R(Q)} |\nabla F|^2 y \, dx \, dy \leq C \mathfrak{H}(Q) \|F\|_{L^\infty(\mathbb{R}^n)}^2.$$

See Fefferman-Stein [3] or Garnett's book [4] page 240 for the proof.

We denote by  $\mathfrak{D}$  the collection of all dyadic cubes in  $\mathbb{R}^n$ , i.e. the collection of all cubes  $Q$  of form  $\prod_{j=1}^n [a_j 2^{-k}, (a_j + 1) 2^{-k}]$  where  $a_j$  and  $k$  lie in  $\mathbb{Z}$ . For such a cube  $Q$  we denote by  $\ell(Q) = 2^{-k}$  the sidelength of  $Q$ . From now on, all cubes will be dyadic. We also let

$$T(Q) = Q \times \left[ \frac{1}{2} \ell(Q), \ell(Q) \right]$$

denote the top half of  $R(Q)$ . If  $Q, Q' \in \mathfrak{D}$ , we say that  $Q$  and  $Q'$  are semi-adjacent if  $\ell(Q) = \ell(Q')$ ,  $Q \cap Q' = \emptyset$ , and there is  $Q'' \in \mathfrak{D}$  with  $\ell(Q'') = \ell(Q)$ , such that  $Q \cap Q'' \neq \emptyset$ ,  $Q' \cap Q'' \neq \emptyset$ . Then

(2.2) For each  $Q \in \mathfrak{D}$  there are exactly  $5^n - 3^n$  semi-adjacent cubes  $Q'$ .

Let  $f$  satisfy the hypotheses of the theorem; by Whitney's extension theorem (see [2] or [5]) we may assume  $f$  is defined on all of  $\mathbb{R}^n$  and  $\|f\|_{\text{Lip}} \leq 1$  there.

Write  $f = (f_1, \dots, f_m)$  and  $Df = \left( \frac{\partial f_j}{\partial x_k} \right)$ . Let  $F_{j,k}$  be the harmonic extension of  $\frac{\partial f_j}{\partial x_k}$  to  $\mathbb{R}_+^{n+1}$  and let

$$|\nabla Df| = \left( \sum_{j,k} |\nabla F_{j,k}|^2 \right)^{1/2}.$$

Our next lemma says that if  $Q$  and  $Q'$  are semi-adjacent,  $h(f(Q))$  is large but  $f(Q)$  and  $f(Q')$  are not well separated, then  $|\nabla Df|$  must be large somewhere in  $T(Q)$ .

**Lemma 2.1.** *Suppose  $Q$  and  $Q'$  are semi-adjacent and  $h(f(Q)) \geq \delta \mathcal{K}(Q)$ . If there are  $x \in Q$ ,  $x' \in Q'$  such that*

$$|f(x) - f(x')| \leq \frac{\delta}{2} |x - x'|,$$

then

$$\iint_{T(Q)} |\nabla Df|^2 y \, dx \, dy \geq c(\delta) \mathcal{K}(Q),$$

where  $c(\delta) > 0$  is a constant depending only on  $\delta$ .

**PROOF.** Since the hypotheses and conclusions are dilation invariant, it is sufficient to treat the case where  $Q = Q_0$  is the unit cube. Suppose that the lemma is false, so that there is a sequence of functions  $f_j$  satisfying the hypotheses of the lemma but such that

$$\iint_{T(Q_0)} |\nabla Df_j|^2 y \, dx \, dy \leq 2^{-j}.$$

By Arzelà-Ascoli we may assume the  $f_j$  converge uniformly to  $f$  on compacta. Then  $\|f\|_{\text{Lip}} \leq 1$ , and since  $h(f(Q_0)) \geq \liminf h(f_j(Q_0))$ ,  $f$  satisfies the hypotheses of the lemma. On the other hand,

$$\iint_{T(Q_0)} |\nabla Df|^2 y \, dx \, dy = 0,$$

so by the uniqueness principle for harmonic functions  $Df$  is constant a.e. on  $\mathbb{R}^n$ , and consequently  $f$  is linear on  $\mathbb{R}^n$ .

However, there is  $x' \in Q'$  such that

$$|f(x) - f(x')| \leq \frac{\delta}{2} |x - x'|$$

for some  $x \in Q_0$ . This is not possible for a linear map satisfying  $h(f(Q_0)) \geq \delta$  and  $\|f\|_{\text{Lip}} \leq 1$ .  $\square$

Let

$$G_1 = \left\{ Q \in \mathfrak{D}: Q \subset Q_0, h(f(Q)) \leq \frac{\delta}{2} \mathcal{K}(Q) \right\}$$

and let

$$G_1 = \bigcup_{Q \in G_1} Q$$

so that

$$(2.3) \quad h(f(G_1)) \leq \frac{\delta}{2}.$$

The set  $G_1$  is a «garbage» set to be thrown out. Let  $\mathcal{F}$  denote the collection of all unordered pairs of semi-adjacent cubes  $Q, Q'$  such that both  $Q, Q' \notin G_1$ , and such that  $Q, Q'$  satisfy the hypotheses of Lemma 2.1. We enumerate the collection  $\mathcal{F}$  by  $\{(Q_1^1, Q_2^1), (Q_1^2, Q_2^2), (Q_1^3, Q_2^3), \dots\}$  where  $\ell(Q_1^j) \geq \ell(Q_1^{j+1})$ . Let  $c(\delta)$  be the constant of Lemma 2.1, and let

$$G_2 = \left\{ x : \sum_{j=1}^{\infty} \sum_{k=1}^2 \chi_{Q_k^j}(x) \geq C_1 \delta^{-1} c(\delta)^{-1} \right\},$$

where  $C_1$  is a constant to be fixed later.

**Lemma 2.2.**  $\mathcal{H}(G_2) \leq \delta/2$ .

**PROOF.** By Chebychev's inequality,

$$\begin{aligned} \mathcal{H}(G_2) &\leq C_1^{-1} \delta c(\delta) \sum_{j=1}^{\infty} \sum_{k=1}^2 \mathcal{H}(Q_k^j) \\ &\leq C_1^{-1} \delta \sum_{j=1}^{\infty} \sum_{k=1}^2 \iint_{T(Q_k^j)} |\nabla Df|^2 y \, dx \, dy \\ &= C_1^{-1} \delta \iint_{\bigcup_{j,k} T(Q_k^j)} |\nabla Df|^2 \sum_{j,k} \chi_{T(Q_k^j)}(x, y) y \, dx \, dy \\ &\leq C_1^{-1} \delta C(n) \iint_{R(Q_0)} |\nabla Df|^2 y \, dx \, dy \\ &\leq C_1^{-1} \delta C(n) C. \end{aligned}$$

The penultimate inequality follows from remark (2.2), while the final inequality results from Lemma 2.1. The proof is concluded by choosing  $C_1 \geq 2C(n)C$ .  $\square$

Setting  $G = G_1 \cup G_2$ , it follows from (2.3) and Lemma 2.2 that  $h(f(G)) \leq \delta$ . We now divide  $Q_0 \setminus G$  into  $M$  disjoint compacta  $K_\alpha$  so that  $f$  is bi-Lipschitz on each  $K_\alpha$ . To do this we define inductively indices  $\alpha_j$ . To each  $x$  will correspond  $\alpha_j(x)$  and we will define

$$K_\alpha = \left\{ x \in Q_0 \setminus G : \lim_{j \rightarrow \infty} \alpha_j(x) = \alpha \right\}.$$

Each  $\alpha_j(x)$  will be a finite string of zeros and ones,  $\alpha_j(x) = \{\epsilon_1^j(x), \dots, \epsilon_k^j(x)\}$ , where  $\epsilon_l^j = 0$  or 1.

At stage zero we define  $\alpha_0(x) = \{0\}$  for all  $x \in Q_0$ . At stage one, let  $Q_1^1$  and  $Q_2^1$  be the first pair of cubes in  $\mathfrak{F}$ . Define

$$\begin{aligned}\alpha_1(x) &= \{0, 0\} && \text{on } Q_1^1 \\ \alpha_1(x) &= \{0, 1\} && \text{on } Q_2^1 \\ \alpha_1(x) &= \{0\} && \text{on } Q_0 \setminus (Q_1^1 \cup Q_2^1).\end{aligned}$$

We suppose by induction that  $\alpha_0, \alpha_1, \dots, \alpha_{k-1}$  have been defined and that  $\alpha_{k-1}$  is constant on each  $Q \in \mathcal{D}$  with  $\ell(Q) \leq \ell(Q_1^{k-1}) = \ell(Q_2^{k-1})$ . Let  $Q_1^k$  and  $Q_2^k$  be the  $k^{\text{th}}$  pair of cubes in  $\mathfrak{F}$ , and suppose  $\alpha_{k-1}(x) = \{\epsilon_1, \dots, \epsilon_s\}$  on  $Q_1^k$ ,  $\alpha_{k-1}(x) = \{\epsilon'_1, \dots, \epsilon'_t\}$  on  $Q_2^k$ .

*Case 1.*  $s = t$ . Define

$$\begin{aligned}\alpha_k(x) &= \{\epsilon_1, \dots, \epsilon_s, 0\} && \text{on } Q_1^k \\ \alpha_k(x) &= \{\epsilon'_1, \dots, \epsilon'_t, 1\} && \text{on } Q_2^k \\ \alpha_k(x) &= \alpha_{k-1}(x) && \text{on } Q_0 \setminus (Q_1^k \cup Q_2^k).\end{aligned}$$

*Case 2.*  $s > t$ . Define  $\epsilon'_{t+1} = 2 - 2^{1+\epsilon_t}$  and

$$\begin{aligned}\alpha_k(x) &= \alpha_{k-1}(x) && \text{on } Q_0 \setminus Q_2^k \\ \alpha_k(x) &= \{\epsilon'_1, \dots, \epsilon'_t, \epsilon'_{t+1}\} && \text{on } Q_2^k.\end{aligned}$$

*Case 3.*  $s < t$ . Reverse the roles of  $Q_1^k$  and  $Q_2^k$  and apply Case 2.

The procedure guarantees that  $\alpha_l(x)$  distinguishes between points in  $Q_1^k$  and  $Q_2^k$  whenever  $l \geq k$ . More precisely, if  $l \geq k$ ,  $Q_1 \subset Q_1^k$ ,  $Q_2 \subset Q_2^k$ ,  $\alpha_l(x) = \{\epsilon_1, \dots, \epsilon_u\}$  on  $Q_1$ ,  $\alpha_l(x) = \{\epsilon'_1, \dots, \epsilon'_v\}$  on  $Q_2$ , then  $u, v \geq k+1$  and there is  $j \leq k+1$  such that

$$(2.4) \quad \epsilon_j \neq \epsilon'_j.$$

Let  $C_1$  be the constant in the definition of  $G_2$ , and for  $\alpha = \{\epsilon_1, \dots, \epsilon_s\}$  define  $\rho(\alpha) = s$  to be the «length» of  $\alpha$ . Then by the definition of  $G_2$  and the  $\alpha_j$ 's,

$$\rho(\alpha_j(x)) \leq 1 + C_1 \delta^{-1} c(\delta)^{-1}$$

for all  $x \in Q_0 \setminus G_2$ . If  $x \in Q_0 \setminus G$  we see therefore that  $\alpha(x) = \lim_{j \rightarrow \infty} \alpha_j(x)$  is well defined and

$$\rho(\alpha(x)) \leq 1 + C_1 \delta^{-1} c(\delta)^{-1}.$$

For  $s \leq 1 + C_1 \delta^{-1} c(\delta)^{-1}$  and  $\alpha = \{\epsilon_1, \dots, \epsilon_s\}$  a string of zeros and ones, define

$$K_\alpha = \{x \in Q_0 \setminus G : \alpha(x) = \alpha\}.$$

Then there are at most  $M(\delta)$  sets  $K_\alpha$ , so we need only check that  $f$  is bi-Lipschitz on each  $K_\alpha$ . To this end, suppose  $x, y \in K_\alpha$ , but

$$|f(x) - f(y)| < \frac{\delta}{2} |x - y|.$$

Then  $x \in Q$ ,  $y \in Q'$  where  $Q$  and  $Q'$  are semi-adjacent. Since  $x, y \notin G_1$ ,  $h(f(Q)), h(f(Q')) \geq l(Q)$ . Therefore the pair  $(Q, Q')$  must show up in  $\mathcal{F}$  as a pair  $(Q_1^k, Q_2^k)$ . By (2.4),  $\alpha_l(x) \neq \alpha_l(y)$  whenever  $l \geq k$ , so  $\alpha(x) \neq \alpha(y)$ . This contradiction completes the proof of the theorem.  $\square$

## References

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