```
1 procedure Swap_Rec (R : in out Rec) is -- R1 is borrowed
2 begin
3    Swap (R.X, R.Y);
4    Swap_Contents (R.X, R.Y);
5 end Swap_Rec;
6
7 R1 : Rec := (...);
8
9 Swap_Rec (R1);
```