





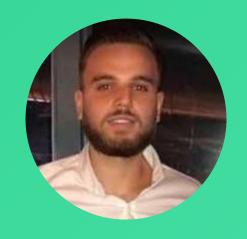


The Team



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The Team



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The Problem

Working from home affects us negatively in various aspects.

Physical needs – Meal times, taking breaks, long sitting.

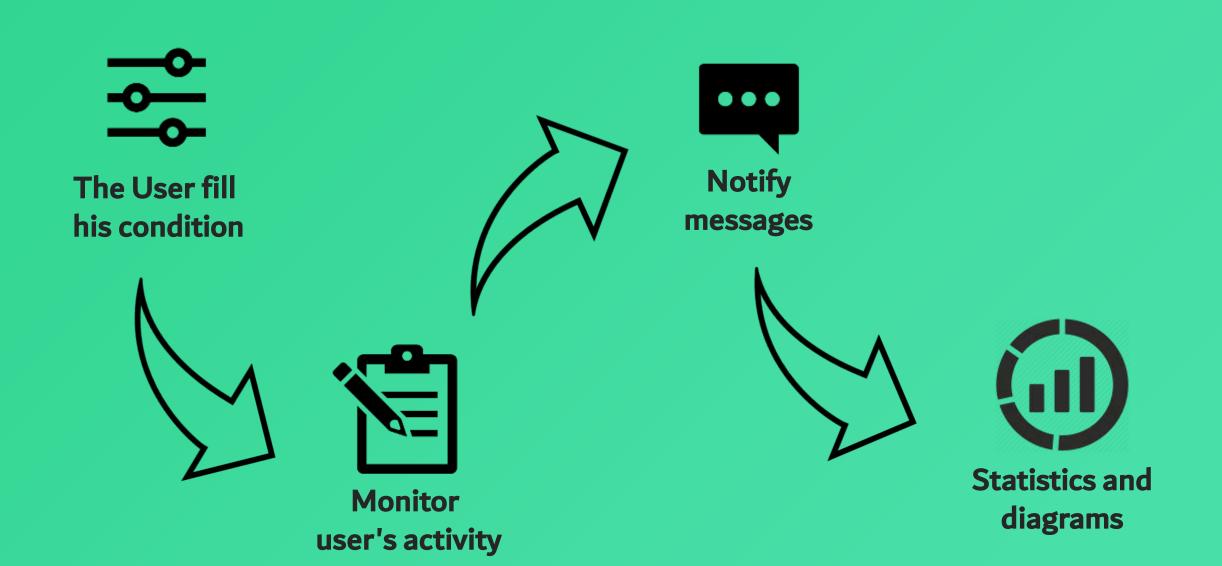
Mental state – Stress, no boundaries between home and office.

Social life – Loneliness, lack of connection.

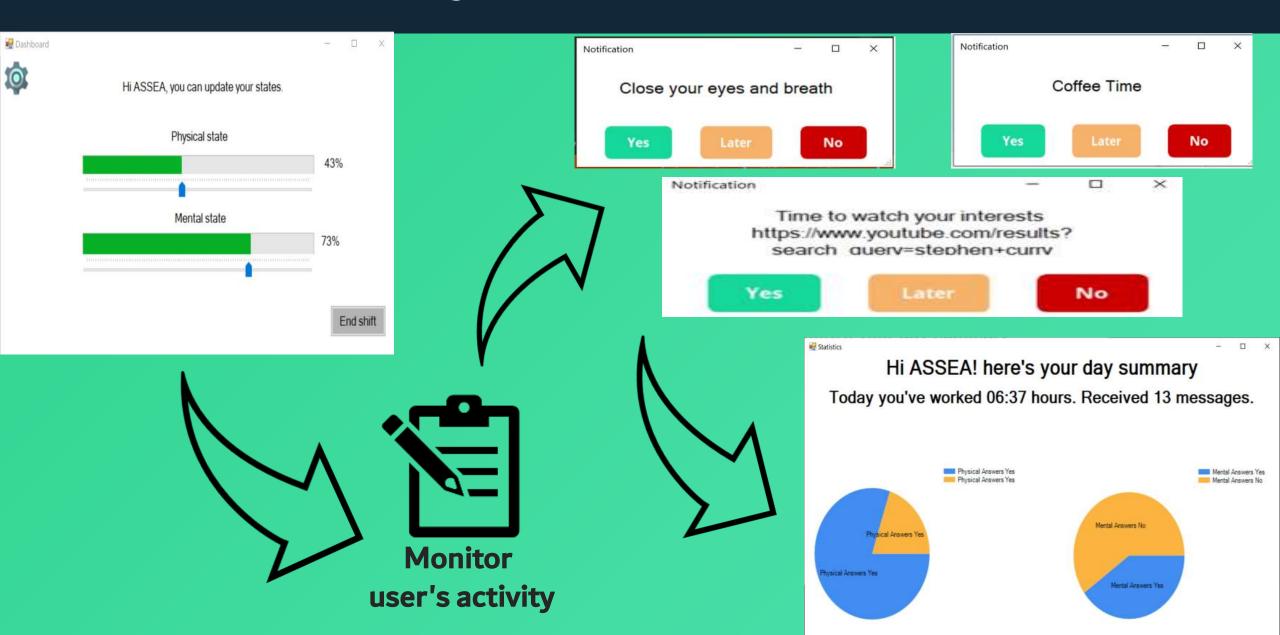
Goal

Help the user to manage his physical needs, mental state and social activity while working from home.

Step by step



Step by step - Visualizations



Features





Notifications



Screenshots

Settings

Settings



Hello, Welcome to ASSEA. Let's set up your application

Name: ASSEA

Lunch Start Time: 13:00:00 ♣

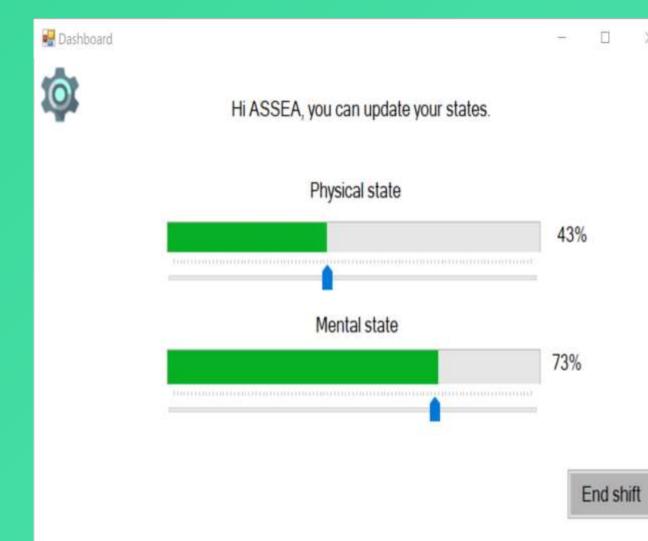
Dinner Start Time: 20:00:00 ♣

Friendly Break Time: 16:00:00 ♣

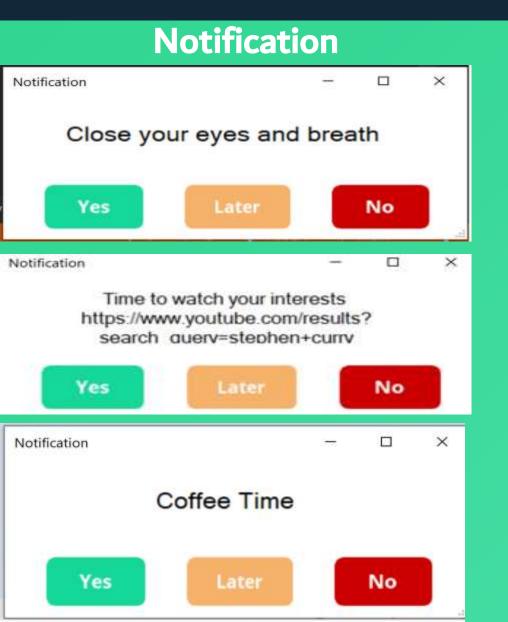
Notifications Frequency: ○ Soft ○ Normal ● Extreme

Interests Sport ✓

Dashboard



Screenshots



Statistics



Technical implementation

Frontend: C# with Windows forms - Shai & Eran

Backend: C# with .NET — Amit & Arnaud & Shai





Thank you
See you next year!