Bio 1M: Course introduction

1 Introduction — Chapter 1

1.1 Ground rules

Expectations of professor

- Start and end on time
- Focus on conceptual understanding
- Make clear what terminology and facts must be learned
- Open to questions both in class (within reason) and at office hours
- Available by email and on Facebook
 - I am not your friend
 - ... on Facebook

Expectations of students

- Start and end on time
- Print the notes from the web and bring them to class
- Don't talk while other students are talking, or while I am responding to student questions
- If you must talk at other times, be inobtrusive
- Don't use your computer in class
- If you must use your computer in class, be inobtrusive
 - And don't connect to the internet

Structure of presentation

- $\bullet\,$ Required material will be clearly outlined in the notes
- Required terminology will be presented in **bold**
- General ideas and approaches presented in class may also be required; you should take notes on these in your own words

Why come to class?

- It's required
- Listening and thinking and talking will help you understand concepts, instead of just memorizing
 - Classroom discussion makes the course more interesting and memorable
- Details and terminology should be covered in sufficient detail in the notes; concepts may not be

Why read the book?

- It's interesting
- The book will explain some things in a better way (for you personally) than I do
- Familiarity improves understanding

Taking notes

- You will need to develop your own style of taking notes
 - Many people benefit from writing things down, or using their own words
- If a new concept is making sense to you right now, write something that will help you remember
- If there's something I think you all need to write down, I will write it for you (or mark it as an answer)

Evaluation

- You are not responsible for details unless they are in the notes
 - and not responsible for terminology unless it's in **bold**
- You are responsible for relevant ideas and concepts from lectures and readings
- Conceptual questions, logical inference questions and application questions are fair game
 - Practice questions will be available
- Dushoff is responsible only for your midterm/exam evaluation (and only for half of that)

2 Thinking conceptually

Deductive thinking

- Science proceeds by advancing hypotheses and comparing them to facts
- Facts can be observed from nature, or we can construct experiments to test specific hypotheses
- Basic, logical thinking is very *simple*, but it is often not *easy* for humans to think clearly about abstract concepts

2.1 Example: cards and drinks

Deductive thinking

- You are the manager of a restaurant
- You can see some people's drinks clearly, and tell whether the drinks are alcoholic or not (but not the people's ages)
- You can see other people's faces clearly, and tell whether they are underage or legal-age (but not what they are drinking)
- You want to test the hypothesis that everything is OK:
 - everybody who is drinking alcohol is of legal age
- Which of the four groups of people do you need to check out?

Deductive thinking

- You go to a job interview, and are shown some playing cards.
- Some cards are face up, and you can see that they are aces or kings.
- Some cards are face down, and you can see whether they have bicycles or airplanes on the back
- The interviewer asks you to test the hypothesis that all of the aces have airplanes on the back
- Which of the four groups of cards do you need to turn over?

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Thinking conceptually

- Logical interpretation and inference is simple, but not always easy
 - This is true for everyone
- Being on familiar ground helps us think clearly
 - This will work for different people in different ways: learning facts, stories, mechanisms, etc.
- Practice clear thinking about simple questions

2.2 Logical inference

Inference

- Does the last statement follow from the first two?
- ullet Cats have four legs. Mammals have four legs. Therefore, cats are mammals
- Cows can fly. Dushoff is a cow. *Therefore*, Dushoff can fly.

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Why are simple things difficult?

- Probably because we've evolved to be good at certain kinds of thinking
- Example: training pigeons
 - Pigeons can be trained to do remarkably complicated things with their bills to get food
 - and with their feet to avoid electric shocks
 - but not the other way around!
- Why does this make sense?

Assignment: Logical equivalence

- Are these two statements logically equivalent?
 - Tall people are mean
 - Mean people are tall
- Are these two statements logically equivalent?
 - Good food is not cheap
 - Cheap food is not good
- Consider this an assignment

Logical equivalence

- Statements are **logically equivalent** if they express the same fact in different words. In other words, if either one is true, the other one must be true.
 - And vice versa
- Different people find it useful to think about logical equivalence in different ways
 - Can you construct an example where one is true and the other is false?
 - What would it take for each statement to be true?
 - What would it take to falsify each statement?

3 The cell theory — Sec 1.2

All living organisms are composed of cells

- A **cell** is a highly organized compartment bounded by a membrane
- Genes made of DNA
- Proteins made of amino acids
- What about viruses?

Where do cells come from?

- Are they generated spontaneously?
 - If we leave damp bread out, molds just appear
- Do they come only from other cells?

The Pasteur experiment

- Fig 1.2
- Why was it necessary to have two flasks?
- What if the first flask had also failed to grow cells?
- Does this prove all cells come from cells?
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4 Doing biology — Sec 1.6

Hypotheses

- We pursue science by evaluating **hypotheses** (sing., hypothesis). These are proposed explanations of facts.
- We use hypotheses to make predictions, and use experiments and observations to attempt to **falsify** hypotheses to prove they are false.
 - Most hypotheses cannot be proved to be true, instead, if we fail to falsify them, we say that they are supported
 - If a hypothesis explains many facts, and survives attempts at falsification, we tend to believe it

4.1 Observational studies

- Look for ways to collect data that will support or challenge hypotheses
- Scientists are cautious about making conclusions from observational studies

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Example: Why are giraffes so tall?

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- •
- What can you do to investigate?

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• How likely are you to be convinced?

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4.2 Experiments

Example: How do ants navigate through landscapes?

- Many species of ants move efficiently through landscapes while finding food and returning to their nests
- How do ants navigate through landscapes?
- Fig 1.10–12

Interpretation

- What would you think if the modified ants didn't navigate normally this time?
 Why do we test the normal ants again?
- What should we conclude?–

Example: Vitamin C

- I want to find out whether Vitamin C is good for mice, so I raise a mouse on a standard diet, with Vitamin C supplement, to see whether it has a long, happy, healthy life.
- What is wrong with this experiment?
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Control

- Good experiments are **controlled**: we have two or more groups that differ only in some factor we want to study
 - flask neck, vitamin C
- Groups should be as similar as possible, except for the factor that we wish to study

Replication

- Good experiments are **replicated**: each group has more than one **replicate**
 - A replicate is a unit which is subjected to a chosen treatment mouse, a troop of baboons, a flask
- Replicates should be **independent**. Replicates in the same group should not have anything in common that they don't share with other groups (except for the factor we are studying).
 - What if we put all the mice that get vitamin supplements in one cage, and the others in another cage?

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• Example: I want to see how injecting a particular vaccine affects mouse behaviour

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Randomization

- Good experiments are randomized: units are assigned to treatments randomly
 - First, arrange the experiment
 - e.g., first pick which mice to put into which cages, then decide at random which cages get supplements

Assignment: Car Trouble

- A brother calls his sister because something is wrong with his car
- She arrives, and they have this conversation:
 - Sister: I have a tow hitch, and a tow rope, but I obviously can't tow you.
 - Brother: That's OK, I can tow you!
 - Sister: I guess so. If we're careful.
- Each person drives their own car. Nothing is wrong with the sister's car. What is wrong with the brother's car?