

one manic episode. We agreed not to use her full name.ĈLEAH: I had really bad anxiety and I took Xanax and I took too much Xanax.ĈSTEIN: While she was recovering, Leah heard about the probiotic study and decided to volunteer.ĈLEAH: It makes perfect sense to me. You know, your brain is just another organ. You know, it's definitely affected by what goes on in the rest of your body.ĈSTEIN: It's too soon to know whether the probiotic being tested in that study is helping. But Leah suspects it might be.ĈLEAH: It seems like, you know, maybe it helped me because, you know, I'm doing really well and like, I'm about to graduate college and I'm just, you know, doing everything right.ĈUNIDENTIFIED WOMAN: All righty. So we are going to move on to the final scan, OK?ĈSTEIN: Back at UCLA, Mayer's team is almost done scanning Pria Tewari's brain.Ĉ(SOUNDBITE OF MRI SCANNING)ĈSTEIN: While they're finishing up, Mayer explains that he's also been studying the effects of probiotics on the brain. He gave healthy women yogurt containing a probiotic