

## **Lateral flow testing for vaccination support volunteers**

Lateral flow devices (LFDs) are one of the tools being used to help detect COVID-19 and reopen society. Getting into the habit of regular testing as part of our everyday lives will play an important role as restrictions are cautiously lifted and we begin to get back to more normal ways of life.

The scientific community knows that between one in four and one in three people who have COVID-19 never show any symptoms but that does not mean they are not infectious. Using LFDs enables the NHS to rapidly identify people in the population who are asymptomatic, with results produced in 30 minutes.

We also know that lateral flow devices are effective at finding people with high viral loads who are most infectious and most likely to transmit the virus to others. This is not a mandatory requirement for vaccination support volunteers, but we are hoping you will all give your support to this request wherever possible.

From the 9<sup>th</sup> April 2021, everyone in England will be able to access free, regular, rapid coronavirus testing. To find out more please contact the volunteer coordinator listed as the requester on any of your accepted shifts.

Keep reading for the NHS Test and Trace guide for self-testing using a Lateral Flow Device (LFD).