

## Local Government Resources: Health and Wellbeing

If you have any concerns about the physical or mental wellbeing of someone you are supporting the following resources will provide information and guidance:

Nottinghamshire County Council Mental Health and Wellbeing – General information and sources of support: <a href="https://www.nottinghamshire.gov.uk/care/adult-social-care/mental-health-wellbeing">www.nottinghamshire.gov.uk/care/adult-social-care/mental-health-wellbeing</a>

Newark and Sherwood District Council Social Care Services for Adults and Children: www.newark-sherwooddc.gov.uk/healthandwellbeng/socialcare

# Local Social Housing Information:

If you need any information to support someone who may have housing requirements the following resource may be useful:

Newark and Sherwood District Council, information on local social housing providers: www.newark-sherwooddc.gov.uk/housing

### **Council Websites**

For general information and support both the Nottinghamshire County Council and Newark and Sherwood District Council websites provide you guidance and contact details that can assist you:

Nottinghamshire County Council: www.nottinghamshire.gov.uk

Newark and Sherwood District Council: <a href="https://www.newark-sherwooddc.gov.uk/">https://www.newark-sherwooddc.gov.uk/</a>

To find your local council you can also search by postcode on GOV.UK: www.gov.uk/find-local-council

### Government and NHS Websites

Understanding your data protection rights: www.gov.uk/data-protection

Nottinghamshire Health Care - NHS site. General information on A-Z of community services: www.nottinghamshirehealthcare.nhs.uk

#### Other Useful Websites

Support to find reliable and trusted contractors and tradespersons: <u>www.trustatrader.com</u>